

# the Hippo

JUNE 5- 11, 2014

CELEBRATE THE  
GARDEN P. 43

IDEAS FOR  
FAMILY FUN P. 29

LOCAL NEWS, FOOD, ARTS AND ENTERTAINMENT

FREE

## Come on, *Get Happy*

**Find joy in  
food, friends, Fido  
and funny stuff**

**INSIDE: GET READY FOR RIBFEST**

Car Accidents • Personal Injury  
Medical Malpractice • Workplace Injuries  
Wrongful Death • Sexual Abuse

**Stephen Law Group**

Robert Stephen, Esq.

Call today for a FREE consultation.

Serving Clients throughout NH for over 20 years.

Manchester • Concord • North Andover, MA

**www.StephenLaw.com • 603.663.1007**

089979

**Wood Floors Refinished**

Call for your Free Estimate

NEW HAMPSHIRE

**WOOD FLOOR RESTORATION**

(603)-724-1715

0898160

**CAMPO ENOTECA**

969 Elm Street Manchester, NH  
603-625-0256

**NOW OPEN 4 PM DAILY**

Modern Roman Cuisine  
Fresh Pasta  
Small Plates  
Full Bar

**www.CampoEnoteca.com**

091117

## Graffiti run amok



While Manchester is a safe place to live, work and play, to many the sight of graffiti-covered buildings, highway walls and overpasses sure doesn't give off that message.

The local graffiti isn't the work of gangs marking their turf; it's the work of kids who see themselves as artists or who are just trying to get some local fame. Nonetheless, it gives off the instant impression that the town might be a bit dangerous and that other things might be amiss.

What does it say about a state and city that it can't even keep the highway walls clean-looking? What else might we be neglecting?

Cleaning this up will take a multi-pronged approach, and I think it should go without much debate that the state and city need to make this happen.

First, the state and city need to enact a cleaning program much like the mowing program to remove the graffiti on a regular schedule on public and private surfaces. If the city and state can regulate billboards and signage, then there should be no problem with them removing unwanted graffiti from privately owned structures with or without permission.

Second, the state and city should enact fines and recovery costs for those caught vandalizing public or private property and for the programs that keep the graffiti off structures. It is difficult to catch those doing the graffiti in the act, but additional cameras might help.

Third, building owners need to be proactive and notify the city and state of needed clean-up or do it themselves. In most cases, it's just a 20-minute job with a little paint.

Fourth and finally, provide legal spaces for graffiti artists to work. As an art form, graffiti is both popular and interesting, and it could be used to attract more artists and younger tech types to the city. Graffiti isn't bad — it just needs to be in appropriate places and placed in context. If we don't give artists a place to do their work, they will continue to use the public and private structures as their illegal canvases.

This isn't just a Manchester problem. It's a state problem too. And the state needs to work with the city to improve the overall aesthetic of what visitors see going up Interstates 93 and 293. Why did Manchester spend all that money making Exit 5 off Interstate 293 that attractive if it was just going to allow \$5 worth of paint to undermine it? 🐘

**the Hippo**

JUNE 5 - 11, 2014  
VOL. 14 NO. 23

News and culture weekly serving Metro southern New Hampshire  
Published every Thursday  
(1st copy free; 2nd \$1).  
49 Hollis St., Manchester, N.H. 03101  
P 603-625-1855 F 603-625-2422  
www.hippopress.com  
e-mail: news@hippopress.com

## EDITORIAL

**Executive Editor**  
Amy Diaz, adiaz@hippopress.com, ext. 29

**Managing Editor**  
Meghan Siegler, msiegler@hippopress.com, ext. 13

**Editorial Design**  
Ashley McCarty, hippolayout@gmail.com

**Copy Editor**  
Lisa Parsons, lparsons@hippopress.com

**Staff Writers**  
Emelia Attridge  
eatridge@hippopress.com, ext. 30  
Kaitlin Joseph  
listings@hippopress.com, ext. 10  
Kelly Sennott  
ksennott@hippopress.com, ext. 12  
Rebecca Fishow  
rfishow@hippopress.com, ext. 36

**Contributors** Deidre Ashe, Joel Bergeron, Sid Ceaser, Allison Willson Dudas, Rick Ganley, Jennifer Graham, Henry Homeyer, Dave Long, Lauren Mifsud, Stefanie Phillips, Eric W. Saeger, Sarah Shermus, Gil Talbot, Michael Witthaus. To reach the newsroom call 625-1855, ext. 13.

**Listings**  
Arts listings: arts@hippopress.com  
Inside/Outside listings: listings@hippopress.com  
Food & Drink listings: food@hippopress.com  
Music listings: music@hippopress.com

## BUSINESS

**Publisher**  
Jody Reese, Ext. 21

**Associate Publisher**  
Dan Szczesny

**Associate Publisher**  
Jeff Rapsis, Ext. 23

**Production**  
Andrew Mason, Katie Ruiz, Joshua Falkenburg, Ken Duquet

**Circulation Manager**  
Doug Ladd, Ext. 35

**Advertising Manager**  
Charlene Cesarini, Ext. 26

**Account Executives**  
Alyse Savage, 603-493-2026  
Katharine Stickney, Ext. 44  
Roxanne Macaig, Ext. 27  
Doreen Astbury, Ext. 11  
Lorian Jewett, Ext. 31  
Tammie Boucher, support staff, Ext. 25

**Reception & Bookkeeping**  
Gloria Zogopoulos

To place an ad call 625-1855, Ext. 26  
For Classifieds dial Ext. 25  
or e-mail classifieds@hippopress.com.

Unsolicited submissions are not accepted and will not be returned or acknowledged. Unsolicited submissions will be destroyed.

**ON THE COVER**  
**14 COME ON, GET HAPPY** Having a bad day? The Hippo has a few cures for your blues. Play with a pet, check out a comedy show, savor a good meal with friends or log on to your favorite upbeat social media site (upbeat being the key word there). Whatever's got you down, the Hippo has ideas for making life a little more joyful.



Also on the cover, plans for the popular Rock'n Ribfest are underway (p. 42). Now that spring has finally sprung, celebrate greens and blooms at Herb & Garden Day (p. 43). Or find ideas for family fun in Kiddie Pool (p. 29).

## INSIDE THIS WEEK

**NEWS & NOTES**  
4 What to do about wild boars; juvenile justice system anticipating age change; new Holocaust memorial in Nashua; PLUS News in Brief.  
9 Q&A  
10 QUALITY OF LIFE INDEX  
12 SPORTS

### THIS WEEK 20

**THE ARTS:**  
22 THEATER  
What's on your '80s Mixtape?  
24 ART  
NH Institute of Art end-of-the-year exhibit.  
27 CLASSICAL  
Listings for events around town.

**INSIDE/OUTSIDE:**  
29 KIDDIE POOL  
Family fun events this weekend.  
30 TREASURE HUNT  
There's gold in your attic.  
32 GARDENING GUY  
Henry Homeyer offers advice on your outdoors.  
34 CAR TALK  
Click and Clack give you their advice.  
36 HEALTHY HIPPO  
Health and wellness advice.  
**OTHER LISTINGS:** Children & Teens p. 28; Continuing Education p. 33; Crafts p. 34; Health & Wellness p. 37; Misc. p. 40

**FOOD:**  
42 RIB TIME! Rock'n Ribfest returns; Herb & Garden Day; Renovations at Surf in Nashua; In the Kitchen; Cookbook Throwdown; Weekly Dish; Wine deals in Red, White & Green; Perishables, From the Pantry; Just Desserts.

**POP CULTURE:**  
56 REVIEWS CDs, books, TV and more. Amy Diaz is bummed out by *Maleficent* and *A Million Ways to Die in the West* and (but in a good way) *The Railway Man*.

**NITE:**  
66 BANDS, CLUBS, NIGHTLIFE  
Mary Gauthier; Tristan Omand; Nightlife, music & comedy listings and more.  
69 ROCK AND ROLL CROSSWORD  
A puzzle for the music-lover.  
70 MUSIC THIS WEEK  
Live music at your favorite bars and restaurants.

**ODDS & ENDS:**  
76 SIGNS OF LIFE  
76 SUDOKU  
77 CROSSWORD  
78 NEWS OF THE WEIRD  
78 THIS MODERN WORLD



## Do you have type 2 diabetes that is not adequately controlled after 3 months of metformin treatment?

If you are at least 18 years of age, you may qualify to participate in a clinical study that compares an investigational anti-diabetes medication, combining insulin glargine and a GLP-1 receptor agonist, to insulin glargine alone and to the GLP-1 receptor agonist alone.

If eligible, you will receive at no cost:

- Study-related medical examinations
- Study-related investigational medication
- Diabetes testing supplies
- Compensation for time and travel (where permitted)
- Diet and lifestyle counseling

For more information, or to find out if you qualify, please contact:



**LixiLan-O**

Foundation Medical Partners Clinical Trials  
603-577-7574

091873



New England College

\$200 per credit  
7 week sessions  
online & on-campus

**Get Ahead  
This Summer**  
Starts July 7

Contact [advising@nec.edu](mailto:advising@nec.edu) • 603.428.2420 • [www.nec.edu](http://www.nec.edu)

091280

## Now Open !

# At the heart of great health is a primary care practice



...who understands your unique healthcare needs.

- Highlander Way Internal Medicine is accepting new patients and conveniently located near the Manchester airport
- Same day appointments as a benefit to our patients
- Access to the region's best specialists
- Single Electronic Medical Record (MyChart) that connects you to our entire network



MALGORZATA TARAS, MD



LAWRENCE SPECTOR, APRN

**CMC**  
CATHOLIC MEDICAL CENTER

Highlander Way  
Internal Medicine  
PRIMARY CARE

603-314-5900 MON-FRI 8AM-5PM 1 HIGHLANDER WAY, MANCHESTER, NH 03103

090700





## DUI first offense law

State House and Senate negotiators reached a tentative deal last week on legislation that allows limited driver's licenses for first-time drunken drivers to go to work, medical treatment, school or other locations approved by a New Hampshire judge, the Associated Press reported. The sides agreed that a license must be suspended for 45 days before the limited license is issued.

Initially, House negotiators proposed a 14-day suspension, while Senate negotiators wanted 60 days. House negotiators then proposed a compromise of a 30-day suspension, arguing that it was enough time to arrange for counseling and would not be too big of a burden on friends and family who would have to drive offenders to work. Critics of the proposed compromise said it was not a stiff enough punishment.

If the legislation gets approved, people applying for the special license would have their cars fitted with an ignition interlock device and could drive only to specified locations, including work and alcohol or drug treatment programs. If the bill gets a final approval this week, the law will take effect in 2016.

## Brown support

U.S. Sen. Kelly Ayotte and former New Hampshire Govs. Craig Benson and Steve Merrill endorsed Republican U.S. Senate candidate Scott Brown last Tuesday during an event at Norton's Classic Cafe in Nashua, the Union Leader reported. Ayotte described working with Brown in the Senate and commented that she needs him as a teammate to repeal President Barack Obama's health care law and help small businesses. Brown will compete against former U.S. Sen. Bob Smith, former state Sen. Jim Rubens and Republican activist Karen Testerman in the Senate primaries.

## Disaster fund grant

New Hampshire's groundfishery is receiving more than \$2 million in federal disaster funds, NHPR reported. The funds will come from the The National Oceanic and Atmospheric Association and is a chunk of the nearly \$33 million Congress allocated for five New England states and New York. The "Northeast Groundfish Disaster" was declared in 2012 and addresses drastically reduced fishing stocks, which have threatened the economy. Officials have begun discussing how the money gets used, and 28 groundfish permit holders in the state receive state checks for more than \$32,000.

## Housing report

According to the Monthly Housing Report from RE/MAX of New England, in April, single-family home sales fell, while the median price of homes continued to rise, NHBR reported. This year, 1,243 homes sold sales in April, down 7.9 percent from a year earlier. The median price rose 2.6 percent to \$200,000 - about a \$5,000 increase. Despite fewer closings, there were 5.3 percent more pending sales than last April's 1,843.

## Swastika sighting

In the parking lot outside of The Lantos Foundation for Human Rights and Justice, a Concord organization that fights anti-Semitism, someone used lighter fluid to form a swastika, police say. According to the Associated Press, police discovered the 6x6-foot swastika on May 28. It was never lighted, and the person who formed it walked away.

## Hospital tax settlement

A tentative settlement has been reached with 25 New Hampshire hospitals over Medicaid rates and a tax on hospital revenues that has been deemed unconstitutional, Seacoastonline reported. The agreement gives the hospitals more money for the care they provide in exchange for dropping a federal lawsuit over Medicaid rates and puts on hold the hospitals' state court challenge to the constitutionality of the hospital tax. For several months, legislators have been negotiat-

ing a settlement to address the 5.5 percent tax assessed on net patient revenues, Seacoastonline reported. Last winter, a judge ruled that the tax, which brings the state about \$185 million yearly, is unconstitutional.

## Parental rights

House and Senate negotiators have reached an agreement on a bill that would require courts to terminate the parental rights of rapists when petitions are filed by women who give birth after being sexually assaulted, the Associated Press reported. The bill would affect men who are convicted of sexual assault, or if a fact-finding hearing shows the the child was conceived as a result of sexual assault. Currently, termination of parental rights is optional. Negotiators agreed that different language should be considered in new legislation next year.

## Housing discrimination

Lawmakers in the House and Senate could not come up with solutions for a housing discrimination bill last week, ending discussion until the bill possible comes back next year, the Concord Monitor reported. The bill prevented landlords from discriminating against domestic violence victims or people receiving federal housing subsidies. It passed in the house but senators suggested creating a committee that would study the issue further after hearing objections from landlords. During the committee of conference last week, Senators stayed firm that the bill needed

The New Hampshire Association for the Blind honored **Concord** Hospital for creating an educational video about helping people with sight disabilities through the health care system, the Concord Monitor reported. The video has been sent to every major hospital in the state and has gone national.

**Belmont** High School's Red Raider logo — a profile image of a Native American's head — isn't going away, WMUR reported. The Shaker Regional School Board voted down the student council's request to change the logo but the board encouraged a public vote on the issue at next year's district meeting.

Students at Memorial High School in **Manchester** cut off their hair in support of graduate Jessica Moran, who was diagnosed with Acute Lymphoblastic Leukemia in February and has lost her hair in treatment.

A New Hampshire soldier who was killed in Afghanistan in 2010 has been honored with a bridge in his name in **Derry**, according to the Associated Press. Gov. Maggie Hassan ceremonially signed a bill on Memorial Day naming a bridge after Lance Cpl. Michael Geary on West Broadway Road.

further study after members of the House suggested applying the protection only to veterans who receive specific housing subsidies or, for victims of domestic violence.

## Gas prices fall slightly

According to the Associated Press, the state's gas prices fell less than a penny last week to 4 cents lower than the nation-

al average. The average price of a gallon of gas Monday was \$3.60 a gallon, according to gasbuddy.com. A year ago, New Hampshire gas prices were 13.8 cents lower, but prices are 4.1 percent lower than they were a month ago. The national average is six tenths of a penny per gallon higher than it was a year ago, and it has decreased by less than a penny per gallon in the last month. ☁

## BEST WEEK

### PLATOON PROPOSERS

A soldier from New Hampshire, Army Spc. Nicholas Greenwood, surprised his girlfriend, Christina Gatto, by enlisting his entire platoon to help with a marriage proposal, WMUR reported. During his weekend pass, and with the camera rolling, the men marched up to her, singing a cadence before Greenwood came out from the back of the formation and got down on one knee. The sentimental soldier, who's known Gatto since fifth grade, has held on to her love letters and notes. Gatto responded to the performance by saying "yes."

## WORST WEEK

### LOONS

New Hampshire Fish and Game Department conservation officers are seeking help from the public in identifying suspects who allegedly shot two endangered loons on two separate occasions last week, Seacoast Online reported. One loon was found wounded in a field near the Cochecho River in Dover. The loon was taken to an emergency veterinary hospital, but it later died. Another bird was found dead on a Lake Winnepesaukee shore in Gilford. Shooting or killing the bird is a misdemeanor, and penalties could result in jail time.



# Will your child attend Kindergarten this fall?

## Consider the Elliot Child Care Center Kindergarten program



**E**lliot Health System is proud to offer a full day Kindergarten program at our on-site child care center in Manchester, offering children a safe, enriching, and engaging environment in which to learn and grow, while at the same time allowing families the flexibility of a full day option for care.

### We Offer

- A balanced learning environment which includes a structured phonics letter book program and daily hands on experiences
- Highly qualified and experienced teaching staff
- Low child: teacher ratio
- Comparable/affordable rates
- Price includes full day care, breakfast, AM/PM snacks
- Hours 6:30AM-6PM
- Open minor holidays, school vacation days, and snow days for working families

**Interested? Please call Judy Durant at 663-3357 to learn more!**

**The Elliot**  
*Live Better!*

091872



Take a summer studio art course just for fun or for graduate credit. Courses offered in July and August.

### COURSE OFFERINGS

- Watercolor
- Photography
- Printmaking
- Encaustic and Mixed Media
- Professional Development in the Arts

**Plymouth State**  
UNIVERSITY  
COLLEGE OF GRADUATE STUDIES

**Explore the Arts**  
**at Plymouth State University**

[plymouth.edu/graduate](http://plymouth.edu/graduate)

091987

# Security

# Trust

# Confidence

Everyone considers these words when selecting an expert to help manage their money. Regardless of the size of your wealth, this is where Bank of New Hampshire comes in.

Investment management and trust services from Bank of New Hampshire, New Hampshire's local bank.



**Bank of New Hampshire**

*New Hampshire's local bank*

WEALTH MANAGEMENT SERVICES

Take control of your financial future.

Call Bank of New Hampshire today.

1.800.832.0912



**Strong Client Relationships**

**Local Investment Officers**

**Local Decisions**

**From a Name You Can Trust**

# Wilbur's creepy cousin

## NH asks residents to report wild boar sightings

By Rebecca Fishow  
rfishow@hippopress.com

During the past few weeks biologist Tony Musante has been trekking through southwestern New Hampshire in pursuit of the state's elusive feral swine population.

He has been responding to calls from farmers who have identified the animals' handiwork — rooting damage in hay fields, gardens and yards — and investigating sightings by hunters who have caught the animals on trail cameras. The calls and leads are the result of a new effort by New Hampshire Fish and Game and the U.S. Wildlife Services, which are asking people to report any sightings of what U.S. Wildlife Services calls the nation's largest and most destructive non-native mammal species.

"We received some funding, and that trickles down into the state. It gives us the ability to increase efforts toward limiting the population — more manpower and equipment," Musante said.

The hogs Musante is tracking, with hopes of eventually eliminating, aren't the small, pink-skinned, domestic animals celebrated in movies like *Charlotte's Web* or *Babe*. These massive mammals can reach 220 pounds and have different genetics than farm pigs. They are often dark-skinned, covered in bristly hair, and considered invasive, destructive and potentially dangerous.

"The most obvious problem is the damage they can cause," said Musante, a wildlife disease biologist for USDA/APHIS-Wildlife Services. "They root and dig. They can root up whole fields looking for grubs and insects.



Seen one of these lately? The state is asking residents to report wild boar sightings.

They also browse native vegetation. ... They carry as many as 30 diseases and 37 parasites, which could hurt people, pets, other wildlife."

It's unclear how many feral swine are roaming the state, but there are likely a couple hundred. The number doesn't appear to be changing.

Their scientific name is *Sus scrofa*, but they go by razorback, wild boar or feral swine — and whatever you call them, state officials want them out.

"It's an invasive species not native to the northeast of the country," said Mark Ellingwood, wildlife division chief of New Hampshire Fish and Game. "The long and short of it is it has quite a negative impact because of aggressive feeding. And they reproduce rapidly, have high survival rates and can quickly raise their numbers to high

levels in short order. .... No specific predators focus on them."

They degrade the natural plant system and destroy as much as 1,000 acres per hour. They consume native species of animals too, including amphibians, nesting birds, wild turkey, grouse and young mammals like deer fawn, Ellingwood said.

Another problem is the potential for disease. The hogs have been known to carry swine brucellosis, which can impact reproduction in domestic pigs and cause disease in humans, pseudorabies virus, a fatal livestock and animal disease, and swine fever, which hasn't been found in the U.S. since the 1970s but could cause mass mortality, Mudante said. So far Mudante hasn't seen these diseases in the state, but "we did have a positive pseudorabies test in New Hampshire," he said.

The animal has been most prevalent in Sullivan, Cheshire and Grafton counties. It is the wild native of domestic pigs from northern and Central Europe likely carted to the southern region of the U.S. by 16th- and 17th-century explorers. Nationally, the species' population is growing significantly, and it's making rapid inroads from southern states to the north, said Ellingwood.

Most likely, the majority of the state's population comes from The Blue Mountain Forest Reserve (also known as Corbin Park) historic facility located in southwest New Hampshire established in 1890 by Austin Corbin, who bought up dozens of New Hampshire farms in order to create one of the nation's largest hunting preserves.

"It was established to preserve specific species, including Russian boar," Ellingwood said. "They have been grandfathered into the state in ways that result in being able to hold those animals there. Of course, they are escape artists, if you will. Sometimes they get out."

Since the 1940s, New Hampshire law has listed them as free-ranging private property, the same as escaped farm animals.

"Meaning you have owners' permission to hunt them," Mudante said. "But trying to decide who owns them is pretty difficult."

Licensed hunters can shoot them, though Fish and Game doesn't endorse it, and anyone is permitted to kill the hogs if they see them on their property to protect their land.

Officials in New Hampshire track and trap the animals; if they are not able to trace the boars to any domestic source, they "essentially euthanize animals if and when that opportunity exists," Ellingwood said. 🐾

## Juvenile justice

### State's juvenile correctional system expected to include 17-year-olds starting in 2015

By Rebecca Fishow  
rfishow@hippopress.com

There are a few major differences between the state's adult and juvenile justice systems. One of the biggest disparities: while the adult system is primarily focused on dealing with the individual convict, the juvenile system provides services that encompass the entire family, with a goal of rehabilitation rather than punishment.

"When you're dealing with an adult, there is a whole difference lens," said Maggie Bishop, director of the Department of Health and Human Service's Division for Children, Youth and Families. "You are looking at just that person. We don't just serve a person, we serve a person and a whole family," Bishop said. "If a youth comes in on a delinquency

petition, we'll provide any service needed to remedy the situation. ... We have all kinds of options, including residential programs, foster homes and community-based services."

For the last 18 years, those services have been limited to youth 16 and younger. The state is one of 10 that defines 17-year-olds as adults for the purpose of criminal justice, and at any given time there are about 10 inmates of this age in the county jails and state prison.

Soon, though, the law could be redefined. Gov. Maggie Hassan is expected to sign off on House Bill 1624, which passed both chambers of the legislature with ease in April and will go into effect in July 2015. It brings 17-year-olds back to the juvenile system.

Raising the age of juvenile delinquency is "in the best interest of children," said State Rep. Mary Beth Walz, who sponsored HB

1624. "We also know juveniles don't have full brain development until they are in their mid 20s, and they make stupid, kid mistakes. ... One problem is they learn from the adults, and we don't really want 17-year-olds learning from the adults."

Advocates of the change argue that 17-year-olds are more developmentally similar to younger teens than they are to older convicts and ought to receive the same treatment and protection. That means more access to varied and developmentally appropriate services and emotional health care, less public visibility and shelter from adult criminals.

Studies also show that 17-year-olds who go through juvenile justice systems have 20 to 30 percent lower recidivism rates than their counterparts treated as adults, said Disability Rights Center Policy Director Michael Skib-

bie, who helped craft the bill.

"The juvenile system is, with a few minor exceptions, a confidential process. There is much less public labeling, which can disable your ability to get student loans, employment, to protect your reputation," he said.

The bill also has a provision that would require the courts to, if necessary, determine the competency of minors to waive counsel in delinquency proceedings. It also would require DHHS to conduct a study of services for juveniles to determine whether they are consistent with current evidence-based practices when compared with alternative services, and whether they are cost-effective.

### Better timing

If (for most intents and purposes) young people receive the legal rights and responsi-



ities of adults at age 18, why does the state treat 17-year-olds as adults when it comes to criminal justice?

In 1996, state legislators lowered the age of criminal prosecution as an adult in reaction to police statements that Massachusetts drug dealers were using 17-year-olds as drug mules and runners. After Massachusetts lowered its age of delinquency to include 16- and 17-year-olds, the fear was that Massachusetts drug dealers were recruiting New Hampshire teens. Last October, however, Massachusetts raised the state's delinquency age to include 17-year-olds.

"So that original argument doesn't exist anymore," said Walz.

The current legislation isn't the first of its kind in the state. Similar bills were killed in 2007 and 2008 and at least two other times.

"What happened was a bill like this has to go through a policy committee and it made it through that back then," Walz said. "Then, because it costs more money to take individuals as juveniles, it also has to go through finance committee ... and it got killed because of the financial crisis."

Along with a more stable economy, recent federal efforts to prevent rape in correctional facilities have made including 17-year-olds in the juvenile system more cost-effective as well, Walz said.

The federal 2003 Prison Rape Elimination Act requires that all inmates ages 17 or younger be separated by sight and sound from inmates who are 18 or older. There are so few 17-year-olds in the men's and women's state prisons that the requirement wouldn't cause much of a financial problem, but all 10 of the state's county jails, where most 17-year-olds are held, would have to construct special facilities for them.

"It was going to cost millions," Walz said. "So the net cost of raising the age of juvenile delinquency is actually a net savings."

## Financial concerns remain

Jeff Lyons, public information officer for the State Department of Corrections, said those potential savings are far from guaranteed.

The bill stipulates that prosecutors of juveniles of any age who are charged with a major crime like rape, murder or kidnapping can ask for them to be tried as adults.

And, while DCYF supports the bill, it has concerns about whether it will be able to finance the added workload.

"We were supportive of the policy; we're just concerned about financial impact," Bishop said.

She said she isn't sure exactly how much extra funding it would require, but if all the 16-year-olds stayed in the system for another year, that alone would mean an additional approximately \$5,000,000.

Skibbie doubted that the costs would actually be that high, and mentioned that preventing recidivism and criminal records

means more people will be employed later on and fewer will be on public benefit, which will save the state overall.

According to New Hampshire Circuit Court Administrative Judge Hon. Edwin Kelly, back when 17-year-olds were treated as juveniles, the system had much deeper pockets and was more inclined to dole out the cash to help teens. Now, parents, educators and others responsible for a child's welfare are expected to prove they have investigated other resources and community services before the courts step in.

"It's a tighter budget, but my view is that budget issue created an opportunity to look at what really is the best way to deal with the [juvenile justice system] issues," Kelly said. "Simply having the court say 'Go to rehab or do X or Y' may not really be the best way."

The New Hampshire Association of Chiefs of Police maintains a position that the shift would do more harm than good.

"In the past, when we tried them as juveniles, we started to see an escalation of offenses 17-year-olds were committing," said Pat Sullivan, the association's executive director. "The system we currently have in place is working. ... It's a tool to address the seriousness of the offenses being committed and [it's] holding them accountable for their actions."

Sullivan said putting them into the juvenile system, which is "already financially strapped," would mean less treatment and fewer services for younger offenders "who are just starting to make mistakes in life and commit those crimes."

## A perspective from the courts

Kelly says the courts never take a position on policy — they leave that to the legislators.

"Having said that, from a judge's perspective, there are always competing issues with having 17-year-olds in the adult system," Kelly said.

While the possibility of imprisoning these teens for offenses like shoplifting or possession of marijuana is meant to be a stricter course of action than juvenile correction, in reality, the opposite tends to happen, Kelly said. More of them are getting off easy for crimes that would have resulted in much more attention in the juvenile system.

"Law enforcement and prosecution had kind of a feeling they didn't want young people to go to jail ... so [the offenders] might find themselves paying a fine for an offense that would have had them previously under order of court for a longer period of time in order to get services and stay out of trouble," he said.

Kelly said youth tend to commit crimes like shoplifting, assault, and drug possession.

"In very, very few cases was it not a family dynamic issue," he said.

There will always be underage people who commit DWIs, he said — an offense that has been and will remain an adult offense. ☁

# YO HO!

## You Could Win an All-Inclusive 7-Night Trip for 2 to the Jamaican Grande Resort\*

Including Airfare, Courtesy of Penny Pitou Travel & Travel Impressions

\*You must be present at the Best of NH 2014 Party and must be 18 or older to enter and win.

# Time to Set Sail for the Best Party of the Year

## The New Hampshire magazine

# BEST OF NH 2014



Help out our HEROIC partners!

These and more priceless treasures await you

Thursday June 19 5:30 p.m. to 8 p.m.  
at the Verizon Wireless Arena  
in Manchester



Sample the **best food and drink** from 70 winners

Enjoy the **best bands** and other talent

PURCHASE TICKETS at [www.bestofnh.com](http://www.bestofnh.com) or call 603-624-1442

EVENT SPONSORS:

PRESENTED BY

AUTOFAIR



Captain Morgan WHITE RUM





## Sculptural reminder

State's first Holocaust Memorial opens to the public



The new Holocaust Memorial on Main Street in Nashua. Courtesy photo.

By Rebecca Fishow  
rfishow@hippopress.com

*"Today, I'm not advocating for tolerance. I'm advocating for intolerance. We must be intolerant of hate speech. We must be intolerant of those who advocate violence against anyone. We can have difference of opinion. We can disagree with one another, but in a civil society, we are allowed to express our volition of free will without fear of reprisal."*

On June 1, Rabbi Henry Morse of Congregation Sha'ar Hashamayim spoke those words in front of more than 100 people at a ribbon cutting ceremony for the state's only Holocaust Memorial, on Main Street in Nashua.

It was a sunny day, and the crowd of diverse religions, ethnicities and ages listened intently to the many speakers who shared similar sentiments.

The ceremony's messages were "never forget" and "never again." Those are also the words that former Nashua alderman and Holocaust survivor Fred Teeboon hope the haunting and powerful monument will continue to convey for hundreds of years to come.

For Teeboon, the memorial is both personal and public. He's one of the few living Holocaust survivors — nearly all of his family on both his mother's and father's sides were killed by the Nazis after Holland was invaded in 1940. Teeboon survived because his mother identified the home of a Christian member of the Dutch underground who provided shelter.

"Six million Jews and 14 million civilians were slaughtered," Teeboon said in an interview. "I knew the real Nazis, but after my generations, they don't. We feel children today are not adequately educated about what happened."

Visitors of the memorial walk down a patch of railroad that symbolizes the journey of victims in crowded cattle-trains, from their homes into the gas chambers, Teeboon said.

They come to six large granite panels, each representing the walls of an extermination camp. In the middle of the arrangement is a brick column that represents a crematorium, topped with a polished black granite cube that reflects the image of visitors and may remind them they are part of the things around them.

"The design is not to be an entertaining, cute thing with rainbows here and there," sculptor John Weidman, who created the monument, said in an interview. "There weren't rainbows. ... All their was was hope and desperation, and that black cube in center, I could just not imagine anything else to say except black. Forget words — there are no words for it."

Teeboon's efforts to create the Holocaust memorial began in the 1980s after a visit to the concentration camp Dachau. Four years ago, while he was alderman-at-large, he took his idea to Weidman.

"I approached him after I saw him unveiling a big sculpture we have at Rivier College," he said. I said, 'John you build these wonderful monuments. I'm intrigued by the size and materials. Maybe we can talk about doing a Holocaust memorial.'"

After the pair came up with a model, Teeboon approached the city to get approval and began his fundraising efforts, securing \$150,000 primarily from private donors. Support came from local Jewish synagogues, Christian churches and a Masonic Temple from Massachusetts. The City of Nashua donated the land.

In the beginning, not everybody was supportive, Teeboon said. He received a comment via the Internet from someone who said, "I don't want to walk by Main Street and see this ugly reminder of what was a European problem, because I don't want to scare my little girl," he said. "My response was, 'You better kiss the ground you live on.' ... It's a reminder to protect where you live."



## OVER THE RIVER/ THROUGH THE WOODS RUN FOR THE ANIMALS

June 7th  
10am

Northeast Delta Dental  
1 Delta Dr, Concord NH

Register online at

[www.capitalareaseries.com](http://www.capitalareaseries.com)

## All Proceeds Benefit

For more information, contact

Kathleen Gleason

[kgleason@nedelta.com](mailto:kgleason@nedelta.com)

(603) 223-1317



POPE MEMORIAL  
SPCA  
Concord-Merrimack County



# Extreme nonprofit makeover

Building on Hope gives nonprofits facility upgrades

Completely renovating a building is no easy task. But doing it in 10 days and including state-of-the-art facilities for the special needs of local nonprofits? That's something only a network of a couple hundred volunteers, builders, architects and designers could pull off. Building on Hope co-chair Jonathan Halle talks about the extreme makeovers it gives to one nonprofit every two years, the latest being Opportunity Networks, which serves adults with developmental and acquired disabilities.

**Q:** *Where did the idea for Building on Hope come from?*

Building on Hope came out of a discussion in 2009 amongst a bunch of friends ... [who] said, 'What we want to do is a feel-good project. We want to come together and so something for a nonprofit that can't do it on their own because they have little money for capital improvement.'

*Tell me about some of your past projects.*

The first time, Karen Van Der Beken from Easter Seals was sitting right there when we were discussing ideas. Easter Seals had a bungalow house up on Mammoth Road that was the home to six boys in the latter part of their Easter Seals experience. ... We said, 'Let's just renovate a building. We're going to do it green.' ... We decided we were going to give everybody equal billing, so it was a truly fun experience. That first project, known as Krol House, was essentially done in 10 days. We had more than 400 companies and 500 volunteers, and we estimated it was more than \$350,000 in costs. It was the first one and it absolutely came alive. ... In 2012 we did an application process and we chose Girls Inc. in Manchester. They owned an old church on the West Side, and they have more than 100 girls that participated in that program every day. ... They were doing great things with a building that was falling down around them. It was awful. So we took on what ended up being a little more than \$400,000 of renovation. We completely gutted the building. We insulated the roof and put on new roof. We built them a commercial kitchen. They did all bathrooms and classrooms over, we did a computer room, large multipurpose room. We built them a library.

*What was unique about the latest renovation, for Opportunity Networks?*

They applied in 2010 and we thought their project was too big. It was about a \$700,000 renovation. When it came around the second time, Emily Shakra [a committee member]



Jonathan Halle

urged us to meet with them. ... We said, if you can finance half, Building on Hope will find a way to find the other half. So they did. ... We completely gutted 7,000 square feet, and we rebuilt their entire space [in Nashua]. ... They now have a contemporary entryway with a waterfall in the front area. ... All the staff have private offices. Staff and clients have separate bathrooms that are completely tiled. We gave a new commercial kitchen, cafeteria, and social area. We gave them a computer room. We gave them a movement room ... with a basketball hoop, mirrors, a ballet bar ... We put in a creative arts room with has a handicapped pottery wheel and the oven and everything else that goes along with it. At the centerpiece we put in a 35-chair theater that has a 120- by 90-foot screen. ... The last space we did, which is completely new to their programing, is ... a touch effect room. There are tactile boards on the walls that have different textures, a ball pit — it's for kids who are over-the-top autistic.

*What is a day like during the project?*

We work from 7 in the morning to 10 o'clock [at night], so myself, along with a Liberty Hill contractor and another from Harvey Construction, have managed the week. ... We have a hospitality committee who found food donations. Everyone who shows up has breakfast, lunch and dinner. ... Each one of the builds have had between 10 and 15 interior designers who each take a different room. They are responsible for design and finding volunteers and funding whatever they are doing in room. When you divide it up and everyone is just doing one room, its not as overwhelming as you think. It's all about delegating responsibility.

*What's next for Building on Hope?*

We'll meet monthly, and about a year from now we'll ... pick another lucky group and do it all over. We're are nothing but a band of crazies, if you will. This is really a barn-raising effort. — *Rebecca Fishow*

## Five favorites

**Favorite food:** ice cream  
**Favorite book:** anything from Dr. Seuss  
**Favorite kind of music:** reggae  
**Favorite movie:** I'm not a big movie buff.  
**Favorite thing about NH:** The people. They have huge hearts.

# Redefine Strength

Specialized care where you need it.



Ankle  
 Back  
 Elbow  
 Foot  
 Hand  
 Hip  
 Knee  
 Muscle & Joint Pain  
 Neck  
 Shoulder  
 Spine  
 Wrist

Our doctors at The Center for Bone and Joint Health are dedicated experts, providing specialized bone and joint care in Nashua and the surrounding areas.

Through the combined dedication of five individual specialty practices and physical therapy services, the doctors and staff of The Center for Bone and Joint Health are the leading bone and joint providers in the region, offering compassionate treatment for bone, joint, and muscle injuries and conditions.

To make an appointment, call 603-577-2399.

**The Center for Bone and Joint Health**  
 Dedicated, Compassionate Care.

[www.CenterForBoneAndJointHealth.org](http://www.CenterForBoneAndJointHealth.org)  
 17 Prospect Street, Nashua, NH

Foundation Foot & Ankle | Granite State Orthopaedics  
 Nashua Rheumatology | Neurosurgery of Southern New Hampshire  
 Rehabilitation Services | Victory Sports Medicine



**Day or Evening classes available!**  
**NH Classes in**  
 Concord, Franklin, Keene, Lebanon,  
 Peterborough, Merrimack & Portsmouth  
**VT Classes in**  
 Brattleboro



**GREAT JOB POSSIBILITIES**

**Enrollment limited - REGISTER NOW!**

- Training features:**
- Hospital care, home & long-term care
  - Red Cross CPR & First Aid certification
  - Career planning & life-skills training
  - Classroom & clinical training



**American Red Cross**

**CALL the American Red Cross**  
**603-225-6697 x215**

**Darlene's Perm Special**

**\$65\***

**includes wash, cut & blow dry**

**Coupon valid until 6/30/14**  
 Cash or Checks only\*Restrictions apply

**See Darlene at**  
**THE HAIR AFTER**  
**603.627.9872**  
 25 S. River Rd • Bedford Sq. Plaza • Bedford, NH

**BANKRUPTCY**

Money Problems? Bank Foreclosure? Bills Beyond Control?

**Call Us- We Can Help**

**We Are A Debt Relief Agency.**

**DAHAR LAW FIRM**  
**(603) 622-6595**  
 www.dahar.com  
 vdaharpa@att.net

**QUALITY OF LIFE INDEX**

**Never pick a pink lady slipper**

There's a myth that it's illegal to pick the state's wildflower, the pink lady slipper, which is why, some believe, the flower is now thriving in the Granite State, according to WMUR.com. Six to 15 inches tall, the flowers are blooming in cool, wet forests through July. The myth is false; there's no fine for picking them in New Hampshire, but unlike its other family members -- like the lilac, also of the orchard family -- it doesn't do well with being cut or transported. (In contrast, the other lady slipper species in the state -- the ram's head lady slipper, small yellow lady slipper, large yellow lady slipper and showy lady slipper -- are listed as endangered or threatened.)

**QOL Score:** +1 (for lots of blooming pink lady slippers)

**Comment:** *The pretty lady should be admired, not picked, anyway.*

**Street closings**

A sewer replacement project is causing Nashua's Park and Court Streets, adjacent to the Nashua Public Library, to close to through traffic from 7 a.m. to 5 p.m. June 2 through June 20, according to a recent email by Carol Luers Eyman from the library. On those days, library users won't be able to park on Court Street (though they will have access to the large library parking lot). Further east, Salem has been having issues right at one of the worst intersections in town, where Route 28 crosses with Main Street. Last week, a water main break caused a sinkhole, which in turn caused many more street closings.

**QOL Score:** -1

**Comment:** *QOL is getting the map out to find alternate routes around these road closures.*

**Rock star down**

Bret Michaels fans who came out to watch his show at the Palace Theater last week got a scare as the former Poison lead singer was rushed off stage during the performance. According to WMUR, the show stopped three songs into the set because Michael's blood sugar dropped to dangerously low levels. (Michaels was diagnosed with diabetes as a child, WMUR reported.) Michaels returned to the stage briefly to announce he couldn't continue and later showed his appreciation for local paramedics with shoutouts on Facebook and Twitter, according to an article on newhampshire.com

**QOL Score:** 0 (-1 for Michaels fans, +1 for the shoutout to local paramedics)

**Comment:** *At least he wasn't poisoned.*

**NH kids are creative**

Local students who competed at the Destination Imagination Global Finals registered 12 "Top 20" wins in their Challenge age groups, according to a press release. More than 1,400 teams from 16 countries competed at the University of Tennessee in Knoxville. Among top distinctions: the Pinkerton Academy improvisational challenge team scored the highest of all teams in their age group and in the think-on-your-feet "Instant Challenge" portion of the competition. Hollis-Brookline finished third in the world in the secondary level technical challenge, and Sunapee Central Elementary School finished seventh in the world in the elementary level of the service learning challenge.

**QOL Score:** +1

**Comment:** *QOL wishes there was a program like this to foster creativity in adults. According to creativeminds.org, studies show that at age 5, we are using about 80 percent of our creative potential. By 12, our creative output has declined to about 2 percent of our potential, and it tends to stay there for the rest of our lives.*


**QOL score: 75**

**Net change: +1**

**QOL this week: 76**

*What's affecting your Quality of Life here in New Hampshire? Let us know at [news@hippopress.com](mailto:news@hippopress.com).*


**MORTGAGES TAILORED TO YOUR NEEDS.**



At The Merrimack, we've been serving the mortgage needs of our neighbors for more than 145 years. Whether you're purchasing or building a home, or looking to refinance, we can provide financing that fits.

**Call the Merrimack County Savings Bank Mortgage Center at 800-541-0006 to speak with one of our mortgage specialists:**

<b>Jan Chittick</b> NMLS #922214	<b>Julie Cosgrove</b> NMLS #910400	<b>Larry George</b> NMLS #162531
<b>Matt Thomas</b> NMLS #523419	<b>Mary Tillotson</b> NMLS #523420	



**Banking As It Should Be.™**  
 www.TheMerrimack.com  
 NMLS #433938





Keeping your employees smiling is our business.

**A**t Northeast Delta Dental, we are committed to helping companies of all sizes find the right dental insurance coverage to fit their needs. We offer a variety of dental plans, including voluntary plans available at no cost to the employer, and employer-sponsored plans with varying contribution levels.

Our program designs encourage your employees to seek care early, which helps prevent minor problems from becoming major health issues. You will be surprised at the big smiles we bring to your business!

For more information, talk to your insurance advisor or call 1-800-537-1715.

Watch our video series, *Better Benefits*, at [nedelta.com](http://nedelta.com).



# MANCHESTER COMMUNITY COLLEGE OPEN HOUSE

Learn more about in-demand fields like Cyber Security, Graphic Design, HVAC, Building Construction & Health Care!

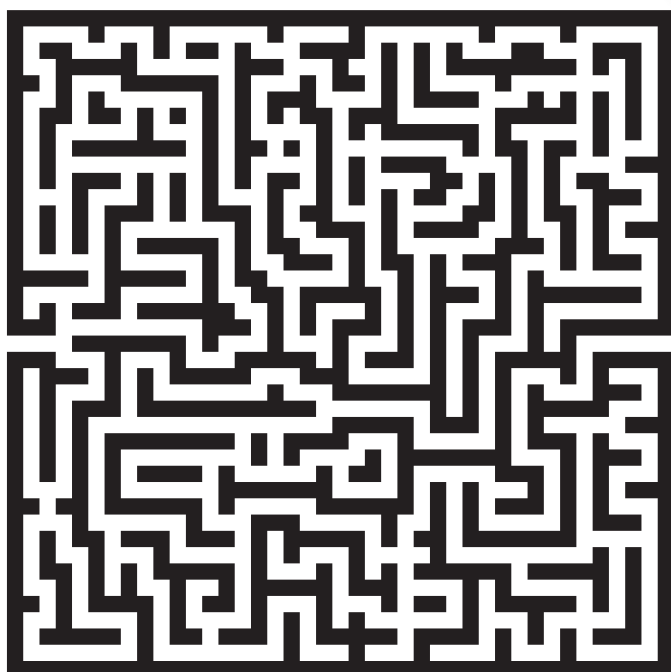
**Wednesday  
June 11 • 4-7pm**



1066 Front Street, Manchester NH • [www.mccnh.edu](http://www.mccnh.edu)

## WEB SEARCH

**A** Potential customers. → **B** You.



What Is The  
Shortest Distance  
Between You  
And Your New  
Customers?

## DIRECT MAIL

**A** You. → **B** Potential customers.



It's that simple.

With the **US Mail**, you can pinpoint, you can blanket an entire area, you can be flashy, or simple. You won't infest people with "cookies," you won't get stopped by spyware.

Mail is one of the most powerful and safest avenues in marketing today, like it's been for decades - tested time and time again.

Call us and see what we can deliver for your business.



[WWW.MAILWAYS.NET](http://WWW.MAILWAYS.NET) | **800-539-SEND**

Your Direct Mail Specialists For Over 60 Years.



## RENTAL SPACE

For Crafters & Artists  
monthly \$30  
Contact Betty for details  
(603) 486-1990

Email for details:  
Auntiecontest2014@hotmail.com  
Like us on Facebook/AuntieAtticNH  
270 Amory St. Manchester



**ALDEN**  
OF SUNAPEE  
1-603-863-5327  
1-800-287-9660  
71 Main St. Newport NH

Looking for a  
light weight kayak?  
We have light weight craft from  
companies like:  
Epic \* Eddyline \* Current Designs  
Stellar \* Wenonah Canoes \* And More  
We also have lift assist devices from:  
Thule \* Yakima \* Malone  
Come see why so many people exclaim  
"OMG I had no idea you had  
\$000 many kayaks"  
And that's why we're confident...  
We'll help you get the right boat the first  
time.

aldenofsunapee.com  
Serving the Lake Sunapee Region since 1988



# Races ain't over till they're over

When is the time to panic in a major-league baseball season?

I ask because there has been considerable consternation around Red Sox Nation over the

fortunes of the team after how it's played through the year's first 40 games. To many, panic gripped the hub during a 10-game losing streak at the end of May, their first since 1994. It left them 10 games under .500, dead last in the AL East, and had Sports Illustrated baseball writer **Tom Verducci** claiming, "it's already too late for the Red Sox."

Of course that was then and this is now. As I write this, the Sox have just finished a sweep of the hated D-Rays and are riding a seven-game win streak that reminds folks of last year's magical season where different heroes surfaced every game — like Sunday, where in addition to the brilliant pitching of **Jon Lester**, **Brock Holt** had four doubles and the first major-league hits by just-up-from-the-minors **Garin Cecchini** and **Alex Hassan** played a role in the win.

So the panic has subsided a bit, but before it did everyone had a theory — put **Xander Bogaerts** at the lead-off spot, release **Grady Sizemore**, send **Clay Buchholz** to the DL (which they did), bring back **Stephen Drew**. Mine was that it's the hangover from winning it all that saps a little bit of desire and focus. And maybe things were just evening out after everything went right a year ago. If you read this space regularly, you might recall me saying that I was astounded at every benchmark over what they were doing because I just didn't think they were that good. But they kept proving me wrong and closed out the surprisingly enjoyable season with a World Series win over the Cardinals.

The feeling that it was a karma summer still lingers a bit. And I wonder if they won't be like **Joe Hardy** returning to mid-

dle age again after calling off his deal with the devil in *Damn Yankees*. But one thing I do know is June 1 is too early to throw in the towel as so many did after the team hit rock bottom when the losing streak reached 10 games a week ago Sunday.

You know the old saying, baseball's a marathon, not a sprint, and they are just at the quarter turn. There have been times when it was over for everyone very early, like when the Tigers jumped out 35-5 in 1984 and ran away from everyone. But that's rare, and comebacks by teams getting hot are much more common. The Yanks were languishing at .500 in mid-May before being sparked by **Joe DiMaggio's** 56-game hitting streak in 1941 and they went on to clinch the pennant earlier than any team in history. The 1951 Giants made up 13.5 games in six weeks on the Dodgers to force a playoff. The Mets trailed the Cubs by nine games in mid-August in 1969 and won the division by 8.5 games! And two teams have survived 10-game losing streaks to later win the division, the last being Atlanta in 1982.

Level heads prevail when things go bad and they have the knack to act with a sense of urgency rather than panic when they do. Here are a few thoughts on how the brass and Red Sox Nation handled the crisis:

**Second Guessing on Ellsbury — Panic Move:** Short of a major trade, who didn't think there was going to be a production drop in center field? Letting **Jacoby Ellsbury** walk over a contract lasting seven years wasn't a mistake — come see me in 2019 for the verdict. It was the brass not finding an adequate replacement until **Jackie Bradley Jr.** showed he could hit enough to reap the benefits of his considerable defensive ability. Now they have to let Jackie find his way at the plate.

**Bringing Back Stephen Drew — Part Panic, Part Right Move:** I think this partly was strategic to keep him away from the Yankees. But in addition to the defensive

issues, they needed more combined production from the left side of the infield, and this was a way to do it without a major trade. But, since it sends white-hot **Brock Holt** to the bench, 10 days later it now seems a bit hasty.

**Xander Bogaerts to Third — Panic Move:** Has anyone noticed, following his day of disappointment, Bogaerts has been knocking the cover off the ball and playing much better defensively too? Maybe he needed that shot of reality. But if they want the giant advantage of having a steady fielding shortstop who is a productive middle-of-the-order hitter, a learning curve is necessary. And two months, when it was really cold, isn't enough time to determine that.

**Buchholz to the DL — Right Move:** With the highest ERA among starters in baseball he's been awful. So the annual June stint to the DL that lets him clear his head and figure it out is a good move. And with replacement **Ruby De La Rosa** throwing seven impressive shutouts innings on Saturday, it's already paid dividends.

**Middlebrooks to the Minors — Right Move:** To get ahead of the e-mailers, I'm looking wrong and they are looking right on **Will Middlebrooks**. In addition to his renewed struggles (and missing power) at the plate, he's looking like one of those guys who always seems to get hurt at the wrong time. Bottom line: Playing time is earned and he hasn't done that.

So with the Sox six games out as I write this, and two wild cards up for grabs, I'll turn to the wisdom of **Yogi Berra**, who famously once said, "It ain't over till it's over." Especially true when you recall that in the miserable season of 1978 the Yanks made up seven games in one week on the Red Sox.

You just have to get hot at the right time.

Email Dave Long at [dlong@hippopress.com](mailto:dlong@hippopress.com).

**You Can Now Book Tee-Times Online**  
The new online reservation system at Derryfield Country Club lets members and non-members book Tee-Times in advance up to these number of days;

- 14 Days: Single and Family Members
- 10 Days: Senior members and College Student Members
- 3 Days: Intermediate Members
- 2 Days: Junior Members
- 7 Days: Non Members

**DERRYFIELD COUNTRY CLUB**  
[www.DerryfieldGolf.com](http://www.DerryfieldGolf.com)

## GREAT GOLF & SUMMER FUN

**GET OUT FOR SOME FAMILY FUN!**  
  
**Moms Play Mini Golf FREE on MOTHER'S DAY!**  
Route 3A | Hookset NH | (603) 627-0099 | [legendsgolfnh.com](http://legendsgolfnh.com)  
**Try our DRIVING RANGE**  
Buy a LARGE Bucket/Get a Small Bucket Free  
One coupon per customer. Coupons may not be combined.  
Mats only. Expires end of 2014 season. HP5-14a

**BEAVER MEADOW GOLF COURSE**  
**Concord's Best Golf Value**

**2014 Membership Rates\***

Senior - \$725	Junior - \$357
Senior II - \$641	Collegiate - \$780
7 Days - \$1197	Twilight - \$835
Family - \$2158	*Includes limited privileges at Loudon Country Club.
Family ad on - \$326	

Join our eClub at our new website...  
**BeaverMeadowGolfCourse.com**  
or 603-228-8954  
1 Beaver Meadow Dr. • Concord, NH



# Bonner back to NBA finals

**The Big Story:** **Matt Bonner** and his San Antonio Spurs are headed back to the NBA Finals after knocking off the Oklahoma City Thunder in six games. Interesting to note that their turnaround happened after **Coach Gregg Popovich** finally woke up and put Bonner back in the starting lineup in Game 5. And while he was scoreless in 17 minutes he was still valuable as his presence drew the rampaging **Serge Ibaka** to the perimeter, which left the middle open, where **Tim Duncan** cleaned up for 22 points in the Spurs' 112-87 win for a 3-2 series lead. Bonner followed that up with a six-point, three-rebound effort in 14 minutes in the 112-107 Game 6 win that sent the Spurs to the Finals again.

**Sports 101:** Who is the only player from a series-losing team to be named MVP of the NBA Finals?

**The Numbers:** The consecutive game winning streak for the Bedford lacrosse team hit 58 as they closed out the regular season at 18-0 with an 11-4 win over neighboring Goffstown. **Tyler Sullivan** led the Bulldog attack with four goals while **Dan Colella** chipped in three goals and three assists.

**The Numbers II:** The other big lacrosse story is the Derryfield girls and boys teams standing at a combined 30 wins against no losses after the 14-0 girls downed John Stark 15-4 and Pelham 12-4 while the boys moved to 16-0 after a 17-3 win over Windham. The stars were **Polly Carter** and **Brynn Polgrean**, who combined for 23 goals, while **Grant Alenson**, **Mike Chiasson** and **Jim O'Brien** combined for 11 vs. Windham.

**Sports 101 Answer:** It's the logo — **Jerry West** — who was the only player from a losing team to be Finals MVP, which ironically came the first year it became an award, in 1969, when the Celtics beat the Lakers in **Bill Russell's** final season.

**On This Date – June 5: 1948 - Richie Ashburn** sets NL rookie record by hitting in 23 straight games. **Born: 1945 - John Carlos**, track star who, along with **Tommie Smith**, gave the black power salute during the medal ceremony at the 1968 Olympic games in Mexico City. **Died: 2004 - Ronald Reagan**, actor who played dying Notre Dame legend **George Gipp** in the Hollywood film *Knute Rockne All American*. ☁

## The Numbers

**0** – hits allowed in a clutch effort by Memorial hurler **Brian Shea** as the Crusaders were 6-0 winners over Nashua South, which pretty much locked up a playoff berth for the 7-10 southenders.

**3** – number of guys — **Tanner Pearson**, **Tyler Toffoli** and goaltender **Martin Jones** — who played in Manchester for the Monarchs now on the L.A.

Kings roster as they face the Rangers in the Stanley Cup Finals.

**7** – goals scored by **Will (down) Towner** and **Tyler Tambouris** in consecutive lacrosse matches for Trinity when the Pioneers beat Kennett 20-6 and followed that with a 20-10 win over West.

**13** – combined strikeouts from Trinity's **Jenna Nalette** (7) and **Autumn Lansiegné** (6) when Nalette got the win in an 11-1 rout

of Lebanon and Lansiegné had six k's in three innings of relief.

**55** – million dollars **John Daly** says he lost while satisfying his gambling addiction according to a recent interview published on Yahoo Sports.

**100** – number of career goals scored by **Kristin Cameron** after scoring in a losing cause during Bishop Guertin's 14-3 loss to Hanover on Tuesday. ☁

## Sports Glossary

**Two-Month Jacoby Ellsbury Update:** They miss the 14 steals, but the .269 average, two meager homers and 22 RBI are nothing to write home about and hardly the type of start to stem the Sox' team-wide offensive issues they've had so far.

**Joe Hardy:** The guy middle-aged dufus **Joe Boyd** becomes after selling his soul to the devil in the 1950s Broadway musical *Damn Yankees* and major motion picture of the same name. He did it to see the Yankees lose just once after vanquishing the American League year after year. And with a snap of the fingers from the big fella downstairs (a.k.a. **Mr. Applegate**), he's a musical version of **Roy Hobbs** and out of nowhere leads his beloved Washington Senators on a furious charge all summer. But after missing his wife he exercises his **Kevin Love** out clause in his deal with the devil just in time and returns home after hitting the homer to win the pennant after morphing back into Boyd.

**The 1969 New York Mets:** They'd been a good-natured baseball laughing stock since entering the NL in 1962 and more of the same was expected after an eighth-place finish in 1968. After 41 games they were 18-23 and well behind the division-leading Cubs. On July 1 it was eight games back and on Aug. 13 they still trailed by nine games. But the Cub suddenly collapsed and the Mets galloped past them to win the NL East by 8.5 games.

# It's About time to Update & Upgrade Trade in and Save



May 12<sup>th</sup> — June 14<sup>th</sup>

**25% OFF**  
ANY Bellman's Watch  
with the trade-in of any  
watch in any condition.

*Bellman's*

IT'S A MATTER OF TRUST

1650 Elm Street \* Manchester, NH \* ph. 603.625.4653  
www.bellmans.com \* Facebook.com/bellmanjewelers



## Anytime. Anywhere. Any day...

That's when you can count on State Farm.™

We know life doesn't come with a schedule.

That's why at State Farm you can always count on us for whatever you need – 24/7, 365.



**Sandy Ackerson, Agent**  
399 Boynton St.  
Bedford, NH 03110  
Bus: 603.622.2918  
sandy@sandyackerson.com



**Rene C LeClerc Ins Agcy Inc**  
Rene LeClerc, President  
1100 Hooksett Rd.  
Hooksett, NH 03106  
Bus: 603.668.0009



**Dick Lombardi, Agent**  
1837 Elm St.  
Manchester, NH 03104  
Bus: 603.623.4675  
dick.lombardi.gz15@statefarm.com

GET TO A BETTER STATE™.  
CONTACT AN AGENT TODAY.

 **State Farm**





# Come on, Get Happy

**Find joy in  
food, friends, Fido  
and funny stuff**

Some people are happier than others, walking under proverbial rainbows instead of storm clouds, but even those people wake up on the wrong side of the bed every now and then. So what's the best way to turn your day — or your life — around? The Hippo explored a handful of ways to find joy, from culinary experiences to playing with a pet. Comedy shows can make you laugh out loud and forget a bad day, while bonding with new pals on social media sites can bring you long-lasting pleasure. So come on — get happy!

## The best medicine

Comedy on the stage or from within

By Rebecca Fishow  
rfishow@hippopress.com

Why does comedy make people happy? Local comedian Dave Carter, who co-organizes the Shaskeen Pub's weekly comedy night, says it's a complex question. He says we all have a different baseline of happiness, and what we're looking for is a difference from the day-to-day grind.

"Whether that's going to movies, watching *Game of Thrones*, or coming to comedy night, it's an escape from day-to-day," he said. "Some people out there who are fans of comedy really need it and on the aggregate, it makes them happier."

Studies show that laughing for at least 10 minutes a day release "happy hormones" like endorphins and serotonin into the brain while reducing the prevalence of stress hormones.

"It's like the runner's high, except it's the laughter's high," said certified laughter teacher and founder of the New England Center of Laughter Marcia Wyman, who



### What makes you happy?



I think for the most part, being successful. I never really thought of that, to tell you the truth. Being able to succeed at what you love to do. Definitely being around positive people that could lift you up as well. ”

— TANYA ASHE, MANCHESTER

teaches people to harness their childlike sources of laughter from within.

Whether you're catching some yuks at a comedy show or taking a laughter yoga class, setting and achieving a weekly quota of chuckles could equate to a happier, healthier life.

### Let them entertain you

On Wednesday nights, Carter and his co-organizer, comedian Nick Lavalley, bring comedians to the Shaskeen Pub who range from pros from Comedy Central to up-and-comers from the greater Boston area to hometown heroes. Their goal is to foster a lot of laughs and create a big-city entertainment feel to a city of only 120,000 residents.

There's a reason the West Coast showcase-style event falls on humpday night. A night of laughs is just what the doctor ordered to beat the workweek blues.

"Folks come in, people who are regulars of first-timers, and say Wednesday





## What makes you happy?



Skateboarding.”

GREG BOURQUE, MANCHESTER

has always been known as humpday but in order to get over it, I come to comedy night and laugh,” Carter said. “Almost weekly people will say, ‘That was an awesome show. I came in here in a crappy mood’ or ‘I knew this was going to be a crappy week and I was able to come to [comedy night] and be entertained.’”

Carter said jokes that focus on local subjects get the biggest laughs, because they give people the sense that they are all in it together, that they are part of a specific community.

But the local angle doesn't stop outsiders and passersby from getting happy, either, Carter said.

“I had the opportunity to sit down after a show and talk with two groups, one from Ireland and one from Kentucky. ... They had a tremendous time, even though the cultural translation was lost,” he said.

Actually, any joke people can relate to get warm responses, Carter said. Universal appeal is key. Scott Hayward, owner of Tupelo Music Hall, agrees. Tupelo has been interspersed comedy nights into its music-heavy entertainment calendar for nearly seven years, and Hayward said that audience really like it when their own experiences are brought out and poke-fun at on stage.

“It seems jokes that come across the best make us realize we're kind of full of [it] ourselves,” he said. “Nothing is better than a joke that makes us see how silly [we] are. They can cut a big problem down to something a lot smaller.”

Comedy nights have a whole different feel than music nights at Tupelo, Hayward said. Most people who come for bands pretty much know what they are getting and have certain expectations. Listeners may be focused in on the guitarist, or listening to the words, and it has a way of bringing back memories in a sometimes complex way. But comedy nights are light and easy to digest.

“There's an element of surprise. And there's a lot of interaction. Some comedians work off the crowd. ... It's more ‘on the edge of your seat,’” Hayward said. “Comedy is a lot less complicated. ... People just forget about everything and laugh.”

### Do-it-yourself yuks

Comedians are on the top of the list of laugh-inspiring resources, but what if we could be our own inspiration?

According to certified laughter teacher and founder of the New England Center of Laughter Marcia Wyman, on average children laugh between 300 and 400 times per day, while adults only laugh 16.

“And that's only if somebody makes us laugh,” she said. “If no one brings comedy, we don't laugh.”

Laughter Yoga inspires a unique form of chuckles that doesn't involve humor, comedy or jokes, said Wyman, who in 2010 suffered a stroke that left her left side paralyzed.

“My attitude was, if I'm going to be crippled for rest of my life, I might as well laugh about it, and lo and behold, I found a documentary on laughter yoga and found an instructor in Massachusetts to teach me how to do it.”

The practice doesn't have side effects and doesn't cost anything. Instead of laughing at things or people, it's laughing for the sake of laughing. Since 2010 Wyman has been teaching laughter yoga classes across the state for groups as large as 300 people and as small as just one.

In her classes, Wyman trains her students to relax by thinking up images that trigger laughter. Some of the exercises have strange names, like “milk shake,” “hot sand” and “gorilla.”

During the “milk shake” exercise, people pretend they are holding a glass in each hand. They pour one into the other, and then pour it back again, making sound effects as they go. Then they bring the glass up to their mouth to drink, and they laugh.

Picture a whole room of people pantomiming and saying, Uhhhh. Uhhhh. Uhhhhahahahaha!

Hot sand goes something like this: oo oo oooo ouch ouch ouch ouch.

“And then we're laughing,” Wyman said. “We're childlike and the body doesn't know the difference between real laughter and fake. Once you get the fake going it almost always dissolves into real laughter.”

The images don't necessarily have to be funny, either. Laughter yoga teaches people how to trigger laughter when thinking about things like “I don't have any money.” Laugh experts say that teaches the brain to change its opinion about what it's reacting to.

Of course, newcomers to Laughter Yoga often bring a fair share of skepticism.

“Oh yes, they are skeptical, but they always leave with a smile,” Wyman said. “They say, ‘Boy this is the best half-hour I've ever spent. I wish I'd done this earlier in my life.’”

# GET YOUR GOLDEN TICKET

# NOW

for the 2014  
Granite State  
Family  
Candy Shop



## Open House & Tour\*

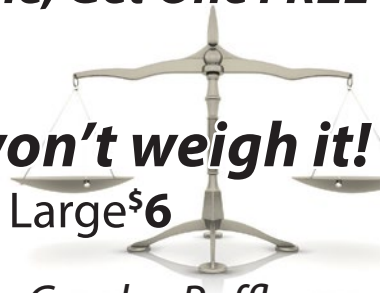
Saturday, June 28th | 10am-8pm

**50% OFF**  
**ALL CHOCOLATES & CANDIES**  
Throughout our Concord Store



### Grand Opening

of our  
**Make-Your-Own Sundae Bar!!**  
**Buy One, Get One FREE**



**Don't worry, we won't weigh it!**  
Small \$5 | Large \$6

Samples • Maple Cotton Candy • Raffles  
Face Painting & Special Guests...

**Contoocook Creamery with fresh local milks & cheeses**

\*Tours at 11am, 1pm & 4pm and are limited to **Golden Ticket** holders that must be purchased in advance for \$5. includes a **FREE** trip to the Sundae Bar!

**GRANITE STATE**  
*Candy Shoppe*  
& Ice Cream  
Since.....1927



13 Warren St. in Concord, NH  
832 Elm St in Manchester, NH

[www.GraniteStateCandyShoppe.com](http://www.GraniteStateCandyShoppe.com)



# What's not to 'like'?

How online 'friends' and social media sites can make you happy

By Kelly Sennott  
ksennott@hippopress.com

Last week, Boston Globe magazine published an article about how social media can ruin your life. Around the same time, CBS released a similar story, about how Facebook over-sharers tend to be lonely.

In fact, this year alone, The New Yorker, NPR, CNN and many other news sources have published stories about how Facebook can become a sewer of unhappiness.

But some people, like Tyler Gutierrez, who runs social media at Dyn Inc., think Twitter, Facebook, Instagram and Pinterest aren't all bad.

They say there are reasons we love perusing family photos, tales of friends' vacations and party ideas through online networks. They help us keep in touch with the people we love, and they put the ideas we enjoy — how to cook healthier, run more efficiently, squeeze a meditation in during your lunch break — right at our fingertips.

Gutierrez thinks some of the studies cited in the "social media is bad" stories are a bit out of date anyway. You can do so many things on social media today you couldn't a year ago, he said.

For instance, there's a new app called Happier, which is like Twitter for happy moments, where users share the small moments on it that brighten their day. Kickstarter, Meetup and GoFundMe, he said, are arguably social media sites for positive projects.

"I think there are a lot of social media platforms out there that are focused on positive changes. They connect people with similar interests. I think we miss a lot of that in the news, and we don't see that as much as we do the negative effects," Gutierrez said. (His favorite social media platform: Instagram, which helps hone his love of photography.)

Social media *can* make you happier. It's just a matter of using it the right way.

"It's a dichotomy, as most things are," said Debra LeClair of Full Spectrum Well-



## What makes you happy?

“Playing my guitars & riding my motorcycle.”

— JOSH BOLDOC, MANCHESTER

ness in Bedford. "It can make people feel like they belong, and it can make them feel like they're connected to other living beings, which is very important."

LeClair is a life coach, psychologist and meditation instructor, among other things. But she's had many clients come to her with problems regarding social media, too.

"The downside is that there are so many social media sites. ... You also see what your acquaintances and friends are doing, and you may feel you have to match them. Or maybe something uncomfortable gets posted," LeClair said. "Then there's the idea that people are less connected with what's in front of them, more connected to their phones. ... It can breed obsession."

LeClair thinks it's a matter of stepping back and asking yourself: where is social media enhancing your life? And where is it taking over? If social media has become an obsession, get to the bottom of why you feel you have to be on Facebook or Twitter so often — is it insecurity? jealousy? not wanting to appear to have a boring life? — and move on from there.

"Make boundaries," LeClair said. "Decide what you really want to use it for."

LeClair prefers using it to follow her favorite writers, politicians and spiritual leaders. Many of her clients find that utilizing Facebook, Twitter and Pinterest can help them in their journey to becoming healthier — just so

long as they gauge it to their needs.

"I might share a link about recent research on meditation, a YouTube video about meditation. As a tool, it can be very helpful. People tell me that having that information online, at their fingertips, makes all the difference in the world," LeClair said.

Today, people are using it in their athletic endeavors too; outside work, Kate Luczko of Stay Work Play is a Pinterest pro, and it helps feed her running goals. Through Pinterest, she's gathered a working knowledge on how to get in shape for a race, which stretches to perform before and after her runs, what breathing techniques to use and what to stick on her running playlist.

(In fact, this use is quite common; Becky

Brown, the senior account executive at Montagne Communications, said she also uses social media to better herself as a runner, most recently to learn how to prep for a long run. There are also apps like MapMyRun and RunKeeper, which allow you to connect with other users and share your milestones.)

"You have to be mindful when it comes to using any sort of social media," Luczko said. "But I think Pinterest is 99 percent positive. ... I think with Facebook, you can use it as a place to vent, but Pinterest isn't like that."

She pointed out local businesses — like Wake Robin Farm in Stratham — that have used social media in helping to make customers happier. The farm's Pinterest page is clustered with photos and recipes that use the beef, beans, vegetables and fruit sold at the farm.

She uses the platform for recipes, too; the site makes it easier to find and organize the information that makes her happy, and thus, easier to find it again when she wants to use it in real time.

Brown agrees.

"I use Facebook, Twitter, Instagram, and a few others, for my own personal use and for work. Personally, I think social media is a great way to gain knowledge. ... It helps you to learn new ideas, maintain relationships and grow your networking base, which I think makes me happier," Brown said. 🐼

## What makes you happy?

“Music makes me happy. No matter what mood you're in or where you are, there are so many different kinds of music that always lift your spirits.”

— JON DAY, TYNGSBOROUGH

### New England's LARGEST Inflatable Playground!

### Hours: Tuesdays-Fridays 10-7; Sat & Sun 10-7!

**In the Shaw's Plaza!**  
1328 Hooksett Rd.  
Hooksett, NH 03106  
(603) 625-8008

**BEST VALUE IN NEW ENGLAND!**  
ADMISSION: \$10 for kids; adults and babies are always FEE! Re-Entry Allowed, BYO Snacks!  
We're a peanut-free facility!

**FRIDAY NIGHT FUN EVENTS! 4-7PM**

JUNE 6	Visit with Mario!
JUNE 13	Visit with Cinderella!
JUNE 20	Visit with Spiderman!

**YOUR FAVORITE CHARACTERS ON SPEED DIAL!**

Interactive visits include craft, pictures, games and more!  
Same Admission Rates Always Apply!

**mycowabungas.com**  
**facebook.com/cowabungas**  
**Join 7,000+ On Facebook!**



# Animal instincts

How furry companions bring happiness

By Kaitlin Joseph  
kjoseph@hippopress.com

Whether you're a dog person or a cat person, it's likely that your furry little pet brings joy to your life. Here's how animals are spreading happiness, from homes to hospitals.

## Pet pals

No one knows the love a dog can give better than Noelle Schuyler. Schuyler has two dogs, Higgins and Guss, but that hasn't stopped her from taking in more, at least temporarily. Schuyler has fostered seven dogs in the last few years.

"My husband and I ... are so unbelievably passionate about dogs that this is a way we feel we can make a difference in a dog's life, and it's hugely fulfilling to us," said Schuyler, assistant director of development and marketing of the Humane Society of Nashua. "They all have a really big place in my heart."

Schuyler said they will often take in dogs for any behavioral issues.

"We fostered a dog, Nathan, who was really nervous, uncomfortable, and Tim and I, we worked with him a lot. He had a fear of everyday home stuff, so to see him bond to us — it's hard to describe that feeling," she said. "I spent a lot of time cuddling him and just getting him used to human interaction. He gave us a lot of happiness; we impacted his life so much. ... One of the hardest pieces of it is bringing them back."

Joyce Hegarty, an adoption counselor at the Humane Society, knows all too well how it feels to bring back an animal after you've gotten attached. Hegarty often opens her home to cats and kittens.

"I really feel like that cats are often in tune to your emotions, and there's no judgment and you can tell them all your secrets. They won't tell," she said.

In the years Hagarty has spent at the humane society, she said it's been great to watch the connections happen.

"Usually it's the first-time pet owners. It brings me back to understand what it's like. You can just see the bounce in their step and



Nathan, one of the dogs Noelle Schuyler fostered, in her office chair at the Humane Society of Nashua. Courtesy photo.

that's great," she said. "I especially enjoy older people. You're looking for that companion for yourself. It's fun to watch and I really believe that more often than not, the animal chooses the person. It grabs your attention and I can see that connection being made already."

Hegarty has three cats, Guss, Gizmo and Brutus, and a dog, Scout.

"Scout is the dog I adopted from [the shelter]. I helped bring him in during transport and I got attached right away," she said. "You can see it in their faces. It's harder to resist [dogs]."

She knows the impact of a pet can be powerful, and she's witnessed it on several occasions.

"My favorite story is one of an elderly woman that came in with her sister and her niece, I think, looking for a cat. She picked one with litterbox issues and it didn't seem to deter her from adopting the cat, but I think her family was hesitant. I said, 'If the right animal isn't here, you can always come back,' and she broke down into tears and said, 'You don't understand. I don't have any reason to wake up tomorrow.' And those are adoptions you really remember," Hegarty said.

Simon, a 12-year-old cat, and Maggie,



## What makes you happy?

My dogs. Baby is a chihuahua and Barnum is a puggle. "

KATIE WALSH, MANCHESTER

SINCE 1928

# Clark's

A Family Theme Park...

## TRADING POST

**BEAR SHOWS  
TRAIN RIDES**

**CIRCUS ACTS  
SEGWAY PARK  
MUSEUMS  
GIFT SHOPS  
& MUCH MORE!**

LINCOLN, NH • (603) 745-8913  
[WWW.CLARKSTRADINGPOST.COM](http://WWW.CLARKSTRADINGPOST.COM)

 **POLAR CAVES PARK**

**Explore 9 glacial caves either on your own or with a guide!**

- Find your way through the bolder maze
- Learn why NH is called "The Granite State"
- Feed the friendly fallow deer, ducks and pheasants
- Find gems and minerals in the Polar Mining Sluice
- Discount admission tickets and guided tour reservations are available on our website!

**Polar Caves Park • 705 Rumney Rte. 25 • 536-1888 • [Polarcaves.com](http://Polarcaves.com)**



**New England Fishing Demo Day**  
**Saturday June 7th**  
**10am-4pm**

NEW ENGLAND

DEMO DAY

**Try the latest gear, lures, flies, rods & kayaks.**

**Meet fish & game Biologists, local guides, captains and noted fishing personalities.**

**Enter to win prizes & take advantage of sales!**

Facebook.com/NewEnglandDemoDay  
**Contoocook River Canoe**  
 9 Horse Hill Road, Concord, NH  
**603.753.9804**

091879

**Mel's Funway PARK INC.**

**603-424-2292**  
 www.melsfunwaypark.com

**2 MINI-GOLF COURSES**    **ARCADE GAMES**  
**GO-KARTS**    **DRIVING RANGE**  
**BATTING CAGES**    **ICE CREAM**  
**BIRTHDAY PARTY PACKAGES**    **NATCOOK FISH & GRILL**  
**LAZER MAZE**    **RESTAURANT**  
**LAZER TAG**    **CORPORATE/PRIVATE EVENTS**

**ALL SUMMER LONG!**

**BUY ONE Mini-Golf Game GET ONE FREE**

Not to be combined with any other offer, one coupon use per customer per day, higher price prevails. Expires 8/28/2014

**Book Your Corporate Outing or Event!**  
 Call (603) 913-9098  
 groups@funwaypark.com

**454 Charles Bancroft Hwy, Litchfield NH**

091846



## What makes you happy?



Weather like this! ”

KRISTI WHITTEN, GOFFSTOWN

a 9-year-old dog, have a happy home with Laurie Dufault, director of development and marketing of the Humane Society of Nashua. Dufault agrees that there is nothing like owning a pet and she sees the benefits as endless.

“My dog is thrilled to see me every night. My pets are so incredibly loving, and there’s no better feeling in the world than that. It’s very relaxing and centering for me. It centers my life and takes away my stress,” Dufault said.

“Seeing my dogs every single day, they always do something to make me smile and laugh,” Schuyler said. “I feel lucky that they live with me. They never have a bad day. Their good mood is infectious.”

### Hospital happiness

Meet Elsie, a loving dog who spends a great deal of time visiting St. Joseph’s Hospital in Nashua. Elsie is part of a certified pet therapy team with her owner, John Parks. Each Friday, they walk through the hospital visiting patients and spreading smiles.

“If you are having a stressful time or you just can’t figure something out and a dog walks by, it gives you a moment to say, ‘Everything is going to be OK,’” said Michelle Canto, manager of volunteer services at St. Joseph Hospital.

Canto currently has seven certified pet therapy teams that come through the hospital for visits.

“In the four years that I have been building

[the program] ... the pet therapy teams I’ve had have been awesome. The teams have never had an accident that I’ve known of and they’ve been by far well received because they bring so much joy, and not just for the patients, for the staff as well,” Canto said.

The dogs will stay at the hospital for a couple of hours and visit patients and walk around to different wings of the hospital. Parks and Elsie will often visit the outpatient cancer center unit, because it’s their favorite and they can interact with families.

“When we first started here, I remember the scariest place for us was the fifth floor. That floor is the senior mental health patients, patients with dementia. There was this big day room with about 15 patients in there, and at first it was scary because everyone was so frozen in there and we didn’t know what to do, how to visit with them,” Parks said. “But we just went up and Elsie would put her head in their lap and all the sudden they would start moving and start talking and pet her and tell us about their dog that they had back home.”

Both Canto and Parks have seen first-hand what it’s like to spread joy to those who need it.

“Four years ago, I was on the third floor and I could see a dad at the end of the hall at a window sobbing. A nurse asked if we would visit with the dad and son — his son was dying of a brain tumor — and what I witnessed, was red, wet faces and then the dog walked into the room and it all stopped. Then the family was reminiscing and went back to really happy times. They needed that break, and it was such a healing moment. I’ll nev-

er forget that. That’s when I knew we had to grow pet therapy. It was probably one of the most powerful things to witness,” Canto said.

Parks recalled a Christmas Eve when he visited the hospital with Elsie to find a woman, alone, receiving a chemotherapy treatment.

“We spent an hour, and it was absolutely wonderful. It felt more like Christmas than shopping,” Parks recalled.

Parks said everyone will ask about Elsie, how old she is and what she likes to do.

“They often tell me about their animals they had, and for those 10 minutes they weren’t a sick patient in a hospital bed and it’s absolutely incredible,” Parks said. “Animals have this sensitivity and if someone was hurting, [Elsie] will go right up to that person first. She has this sense of which people need to connect.”

### Team therapy

Maureen Ross understands the importance of animals too. As president of New England Pet Partners, Ross registers pet therapy teams in the New England area like Elsie and Parks.

“It’s about the connection, the empathy. It’s unconditional. [Patients] are so lonely [in hospitals], that for those few 15 to 20 minutes, it gives them that incentive and they start talking,” Ross said.

Ross said depending on your relationship with your dog, you can become a registered pet therapy team on your own time through the online course. When your training is complete, you just need to pass the test.

“You need to have a strong relationship with your dog,” she said. “You need to make sure the animal is desensitized to unfamiliar things.”

But Ross said that dogs aren’t the only animals to spread joy. Cats and even horses are used as therapy animals as well. Ross said horses and cats may be helpful with working with autistic children.

“Dogs help people connect and break down barriers. They’re non-judgmental and they’re always there, and they listen — cats do too,” she said. “Animals have this sixth sense, this inner sense that knows.”

## Happy meal

How to enjoy your food

By Emelia Attridge  
 food@hippopress.com

If your mother ever told you to stop inhaling your food, she was on to something — slowing down and savoring flavors makes for a better meal.

“There’s a whole movement now of people eating slow and getting into the food,” said Edward Aloise said, chef at Republic in Manchester.

Aloise recommends going for the full experience to get the most out of your meal. Start from scratch by buying your ingredients, make your own broth (nothing from a

## What makes you happy?



My family. ”

CARLY EMERSON, MANCHESTER

can), turn on the music and invite loved ones to help make dinner.

“Make the experience complete. It doesn’t take a whole lot of time,” he said. “It takes a little bit of effort, and I mean just a little bit of effort, to make that time special, whether at home or going out.”

Merrimack’s Homestead Restaurant chef

Brian Murray

advocates for a more elaborate sit-down meal as well.

“It’s a different pace. You’re not just eating for sustenance, it’s an experience,” Murray said. “In a way it’s preserving tradition of





## What makes you happy?



Family, good food, and anything to do with the outdoors — especially coming off that dreadful winter we had.”

DOMENIC ANGELO

sitting down with family, and enjoying the whole experience of sitting down and conversing with friends and family with food as the focal point, which just makes for lifted spirits and makes people happy.”

The fundamentals of the slow food movement is all about cooking from scratch, taking the time to prepare your food and then taking time to enjoy it, too.

Aloise says knowing the story behind your dinner (not just letting it appear in front of you) will connect you to the chef and the producer or farmer where those ingredients originally came from. He noted his recent drive from the farm where he sources his pork to the smokehouse in Canterbury that helps make the ham at Republic. For Aloise, that product isn't complete until it reaches the table.

“You're looking at a connection between a farmer a chef, a smokehouse and a guest. When I serve that dish, it's like a closed circle. Not only that; the person that's eating it, there's a story to it and they can feel just as connected to that circle,” Aloise said. “There's more of a human connection and more of a human experience in it.”

Of course, good food and great flavors will make us happier, too (because burnt toast just doesn't cut it). You don't need to be a five-star chef to create delicious mouth-pleasing flavors. In the culinary world, the phrase “amuse bouche” applies to a type of appetizer, a bite that literally translates to “happy mouth.” Chefs aim to please our palates by using unique and layered flavors.

“As a chef, you want to satisfy and you also want to surprise,” Aloise said. “You got them visually, and next thing you know they take a bite. I think it's equally as satisfying when they take a bite and it doesn't match what they thought and it tasted good, or it tasted exactly what they thought.”

“When I was in college, we were always preached at that food was a celebration. It's a celebration of different cultures,” Murray said. “Preparing my favorite foods, that's easy. Indulging in the different layers that you bring to different recipes and the contrasting flavors, just kind of making the most of the meal time.”

### Add company to your meal

Of course, no one likes to eat alone. To get the most out of a meal and to find happiness at the table means inviting friends and family to join you.

“One of the reasons we designed both Republic and Campo Enoteca the way we did, some people might say it's crowded, we say it's intimate,” Aloise said. “It's based around food and based around community and sharing a connection.”

Aloise said that it's common for diners to lean in and comment on a neighboring tables' dish and for strangers to start conversing at the bar. Many of his customers come to the restaurant knowing their neighbor always comes in the same day, or that a certain server or bartender they met the previous week will be there that night. Aloise said this community feeling brings even more joy to a meal.

It's not all about dining out, either. Inviting friends and family over to enjoy a meal can make for a great evening. Murray said that frequently he experiences moments of bliss when cooking. To find culinary pleasure, try cooking from the heart.

“Quite often, actually, I do have those moments when I cook something and it just comes out. When it exceeds your expectations, when you're blessed to work with some of the quality products that we're able to source out and get a hold of — it's a treat,” he said.

### Foods that make the experience

Sometimes, it's not just what you're doing or where you're going, but it's what you plan on eating that make the experience joyful.

**At the beach** — an ice cream cone, fried dough with powdered sugar, fried clams, lobster rolls, hot dogs

**Farmers market finds** — samples galore like

fudge, jam, cookies, breads, plus the sights and smells of fresh produce

**The state fair** — turkey legs, fried Oreos, candy apples, cotton candy

**At the mall** — cinnamon rolls, warm chocolate chip cookies, smoothies, pretzels, food court finds

**The neighborhood barbecue** — grilled chicken, veggie kabobs, steak tips, potato salad, pasta salad

# HAPPINESS IS A Customized Harley-Davidson Build your dream ride.

Customize your very own at Heritage Harley Davidson



142 Manchester St. • Concord • 03301

Take I-93 North to exit 13. Turn right.

We are one mile on the right.

[www.heritageh-d.com](http://www.heritageh-d.com) | 603.224.3268

Established 1982  
For Over 30 Years

Join us for New England's Premiere Paddling Event and help us raise money for suicide prevention

## PADDLEPOWER

On the Connecticut River August 16 & 17, 2014



**DONATE - PADDLE - VOLUNTEER**

Visit [www.PADDLEPOWER.org](http://www.PADDLEPOWER.org) and help raise funds for West Central Behavioral Health's Emergency Services Program



# THIS WEEK

EVENTS TO CHECK OUT JUNE 5 - 11, 2014, AND BEYOND



## Thursday, June 5

Get four days of music, films, art (including \*broke, an arts fair on Saturday, June 7, from 10 a.m. to 4 p.m. at the Peterborough Town House & the Peterborough Historical Society) and more at The Thing in the Spring, taking place in downtown Peterborough today through Sunday, June 8. Tonight, catch a show at Toadstool Bookshop featuring Magik Markers, Bad History Month and Suicide Magnets (doors open at 7 p.m., tickets cost \$10, show is for all ages). Buy tickets and see a full schedule at [thethinginthespring.com](http://thethinginthespring.com).



## Saturday, June 7

Celebrate the Sea Lamprey, the "most ancient fish in the Merrimack River," according to the Amokseag Fishways (4 Fletcher St. in Manchester), which will host Sea Lamprey Appreciation Day today from 11 a.m. to 3 p.m. The cost is \$6 per family and prior registration is not required. Call 626-3474 or visit [amoskeagfishways.org](http://amoskeagfishways.org).



## Saturday, June 7

Meet sheep, goats, ponies and more at the spring fair at the Educational Farm at Joppa Hill (174 Joppa Hill Rd., Bedford, [theeducationfarm.org](http://theeducationfarm.org)) today from 2 to 6 p.m. The day will include sheep shearing, hay rides, pony rides, games and a chance to see some of the farm's newest residents.



## Saturday, June 7

The Amherst Boy Scout Troop 22 will hold a yard sale from 7:30 a.m. to 1:30 p.m. at 199 Meeting Place Plaza in Amherst ([yard-sale@amhersttroop22.org](mailto:yard-sale@amhersttroop22.org)). Weare will hold a yard sale from 8 a.m. to 2 p.m.; maps showing more than 90 yard sales throughout town will be available for \$2 at the Stone Memorial (4 N. Stark Highway) starting at 8 a.m. Tomorrow (June 8), the Alpine Club (175 Putnam St., Manchester, 623-8202, [alpineclubnh.com](http://alpineclubnh.com)) will hold a yard sale from 8 a.m. to 3 p.m.

## Eat: Chowda

However you pronounce it, enjoy variations on this iconic New England dish at the 30th Annual WOKQ Chowder Festival Saturday, June 7, starting at 11:30 a.m. at Prescott Park in Portsmouth. The event ends when the chowder's all gone. Taste chowder from various seacoast eateries competing for the people's choice and judge's choice for Best Chowder. Tickets cost \$14 for adults, \$7 for ages 12 and under. Visit [prescottpark.org](http://prescottpark.org).

## Drink: wine

Enjoy a sampling of wines as well as appetizers from local restaurants at the 9th Annual Winnepesaukee Wine Festival Thursday, June 5, from 5:30 to 8 p.m. at Church Landing in Meredith. The evening will include a live auction, and a portion of the proceeds from tickets (which cost \$50) benefit Advice to the Players and the Portsmouth Parks and Recreation Flying Monkey Children's Theater and Arts Program. Call 968-9330, or visit [thecman.com](http://thecman.com).

## Be Merry: at the Currier After Hours

This month, the evening (Thursday, June 5, from 6 to 9 p.m.) is all about beer. Head to the Currier Museum of Art (150 Ash St., Manchester, 669-6144, [currier.org](http://currier.org)) to sample local brews from Smuttynose, Throwback Brewery and 603 Brewing Co. to make-your-own beer label, see food demos that incorporate beer and enjoy live music with Allie Beaudry. Regular museum admission applies (\$12 for adults, \$10 for seniors, \$9 for students, \$5 for youth ages 13 to 17; free admission for members and children under 13).

**Unlimited Summer Memberships**  
ON-SALE NOW  
thru **JUNE 30th**  
Membership Valid  
May 26<sup>th</sup> thru  
Labor Day 2014  
Pricing varies based on family size!  
Bring in this ad when you purchase  
your membership and receive a  
**FREE T-Shirt!**

**NUThin' but GOOD TIMES!**

746 D.W. Highway Merrimack, NH 03054 [www.nuthinbutgoodtimes.com](http://www.nuthinbutgoodtimes.com)

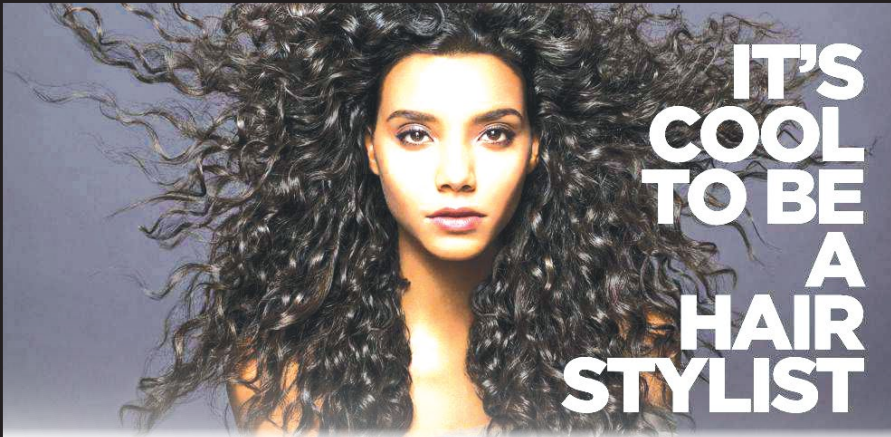
**COME RUN WITH US!**

**EVERY THURSDAY AT 6PM**  
**3-5 MILES FROM EACH STORE**  
**ALL ABILITIES WELCOME!**

**RUNNER'S ALLEY**  
SUPPORTING YOUR EVERY STEP

MANCHESTER - PORTSMOUTH - CONCORD  
603.606.6949 - 603.430.1212 - 603.715.5854





IT'S  
COOL  
TO BE  
A  
HAIR  
STYLIST

## Classes are Starting Now!

Experience the magic of Paul Mitchell with our  
Esthetics Program

**MICHAEL'S**  
School of Hair Design & Esthetics

**603.668.4300**

**PAUL MITCHELL**  
PARTNER SCHOOL

Contact our Admissions department  
The Bedford Mall, 79-6 S River Rd. Bedford  
[www.Michaels.PaulMitchell.edu](http://www.Michaels.PaulMitchell.edu)



# Get Cash Now!

## Auto Title Loans

CALL US FIRST!

• Borrow up to \$5000

• Keep your car

• No keys required

• No payment for 30 days

• Pre-approval by phone or online

• Quick 10 min. approvals

• No credit check

**FREE**  
**GAS CARD &**  
**30 DAYS**  
**INTEREST FREE!**

Limited Time offer with Approval



**Capital**  
**Title Loan**  
**Quick & Easy**

**Nashua**

228 Daniel Webster Hwy Ste. 5  
595-2274

**Salem**

100 N. Broadway Ste. B  
893-2274

**Manchester**

1279 S. Willow St. Ste. C  
668-2274

[www.CapitalTitleLoan.com](http://www.CapitalTitleLoan.com)

# MEET THE SURVIVORS!



**Hippo's BUSINESS**  
**BOOTCAMP**  
FROM PLANNING TO START UP TO SUCCESS  
**CLASS OF 2014**

Cheers to all who joined in Hippo's 2014 Business Boot Camp, a 10-week program for new entrepreneurs held this spring at UNH-Manchester.

More than 30 budding business owners completed the course, which covered everything from business plans and real estate to marketing and customer service.

Thanks to our guest speakers, including:

- Dan Scanlon, Colliers International
- Dennis Haley, McLane, Graf, Raulerson & Middleton
- Margaret O'Brien, Devine Millimet
- Chuck Stergiou, The Puritan Backroom
- Dick Anagnost, Anagnost Companies
- Pamela Goucher, Max Sink, Aaron Krycki, City of Manchester
- Lisa Campbell, Nuthin But Good Times
- Jeff Bart, Granite State Candies
- Richard Tango-Lowy, Dancing Lion Chocolate
- Tony Paradiso, business owner
- Mike Jurnak, BerryDunn CPA
- Nick Brattan, New England Document Systems
- Mary Beth White, Bank of New Hampshire
- Chuck Roleck, restaurateur/entrepreneur
- Andy Harthcock, D'Jinn Spirits
- Mike Kind, Jaymil Ergo & Office Solutions
- Tom MacMullen, Kentek Corp.
- Mark Burns, Wiczorek Insurance

Thanks to facilitators Mary Mattson of Bank of New Hampshire, consultant Jeff Chartier, and Jody Reese and Jeff Rapsis of the Hippo.

And a big thank you to our sponsors for making the 2014 Boot Camp possible.

**Bank of**  
**New Hampshire**  
New Hampshire's local bank

**UNH**  
MANCHESTER

Join us for the 2015 Business Boot Camp!



# ARTS

## '80s nostalgia

### What was on your Mixtape?

By Kelly Sennott  
ksennott@hippopress.com

A funny thing began to happen whenever Palace Theatre Artistic Director Carl Rajotte listened to 1980s pop music while preparing for his original June production, *My Mixtape: Sounds of the 80's*.

Parents began to stop by his office. Sometimes they'd be singing along to the music that played, but most of the time, they'd cut in to tell him about how that song reminded them of growing up in that era, how it triggered memories of high school, dances or, in one case, a date at a roller rink.

"I think it's really interesting and really motivating that a lot of these '80s songs can really touch upon a memory," Rajotte said in a phone interview, a week before the show's premiere in Manchester.

*My Mixtape* is a compilation of songs of the 1980s, some of which came straight from Rajotte's own road trip playlists. He remembers spending hours waiting by the radio for that final song to complete his perfect mix. The Palace hasn't seen an '80s-themed show since 2008's *The Wedding Singer*, and he figured it was about time.

"Because I grew up in the '80s, I was very inspired by the pop culture of that time," Rajotte said.



Dominique Scott, production singer, is thrilled to return to the Palace after performing in Carl Rajotte's *The Four Piano Men* in 2011. He performs here again after performing across the country as the lead in the *Rock of Ages* national tour. Courtesy photo.

But that culture isn't all gone — he sees '80s revitalization every day, in current pop idols and fashion, in everything from Lady Gaga to loud-printed leggings.

"I think we're reliving a bit of an '80s surge with the youth, with both the style and the music," Rajotte said. "I think Gaga is bringing back a lot of the '80s feel. She's heavy on electric synthesizing that '80s music is so known for. I teach a lot of teens here at the Palace, too, and I find it so fun hearing them talk about music today being futuristic-sounding, when really, it's from the past."

The show will be like a live, ongoing music video, with lots of singing and

dancing. There are Michael Jackson mixes and Madonna melodies (which also, in Rajotte's opinion, have inspired today's pop idols).

"There are almost 100 songs in this show, but they're all snippets to keep up with the very fast pace," said Dominique Scott, a *My Mixtape* performer originally from Miami, Fla. If all goes as planned, Rajotte expects the performers to be exhausted by the show's end.

Between numbers (which, according to rumors, will also include songs like "Funky Town," "Wild Wild West," "Whip It," "Jesse's Girl," "Come On Eileen" and "Down Under"), Rajotte has planned pop

throwbacks, with '80s product commercials, news clips and sitcom theme songs. The second act will contain more '80s rock, with tributes to Bon Jovi, Def Leppard, Pat Benatar, Journey and others.

"It's funny — all my teens love Journey, but they know the songs through *Glee*. I thought it would be their parents, but the kids are also super excited about the show. ... I create a source CD for each act, and when I played it for them, they knew probably 90 percent," Rajotte said.

Most of the show's cast members were born in or just kids during the 1980s, but there's nostalgia for them too. Scott took a break from his *Rock of Ages* tour to perform with the Palace. His last time on the Manchester stage was when he performed in *Four Piano Men*. He's 26, having been born at the tail end of the '80s, but he remembers the music well; his dad was the lead guitarist of a rock band and toured during that period. It's what they listened to while driving to school.

"The '80s was a really fun time for a lot of people," Scott said. "I think there's a raw energy about that decade that's represented really well."

There's a bit of humor in the show too.

"It pokes fun at the period as well," said Melanie Gaskins, who sings and dances in the show. She'll be performing songs by Janet Jackson, Pat Benatar and others. At the time of the call, she'd just had a costume fitting.

"I'm wearing very light colors with lots of shoulder pads, in addition to off-the-shoulder stuff like from *Flashdance*. I have an '80s prom dress with a big purple flower and tiered ruffles at the bottom, which is ridiculous but awesome," Gaskins said. "It's the feel-good music you belted out with your hairbrush." 🌈

### See My Mixtape: Sounds of the 80's

**Where:** Palace Theatre, 80 Hanover St., Manchester

**When:** Thursdays, Fridays, Saturdays and Sundays, June 6 through June 21; call 668-5588 or visit [palacetheatre.org](http://palacetheatre.org) for showtimes.

**Admission:** Tickets are \$15 to \$45

## 22 Theater

Includes listings, shows, auditions, workshops and more. To get listed, e-mail [arts@hippopress.com](mailto:arts@hippopress.com).

### Theater

• **AS YOU LIKE IT** performed by The Homeschool Drama Troupe Fri., June 6, at 1 p.m., and Sat., June 7, at 4 p.m., at Warner Town Hall, E. Main St., Warner. Tickets \$5, free for children 18 and younger. Visit [stowd.wix.com/asyoulikeit](http://stowd.wix.com/asyoulikeit) or call 765-2710.

• **FAME, JR.** at the Derry Opera House, 29 W. Broadway, Derry, produced by Specialized Theater Enrichment Program, on Fri., June 6, at 7 p.m., and Sat., June 7, at 1 p.m. and 7

p.m. Tickets \$15 for adults, \$10 students and seniors, visit [stepshn.org](http://stepshn.org).

• **JOEY & MARIA'S COMEDY ITALIAN WEDDING** to benefit Harbor Homes' Veterans FIRST at the grand ballroom of the Crowne Plaza hotel, 2 Somerset Parkway, Nashua, on Fri., June 6, at 7:30 p.m. Email [d.collins@nhpartnership.org](mailto:d.collins@nhpartnership.org) or call 882-3616, ext. 1242 for ticket information.

• **LITTLE SHOP OF HORRORS** presented by Alvirne High School Class Acts drama

## 24 Art

Includes listings for gallery events, ongoing exhibits and classes. To get listed, e-mail [arts@hippopress.com](mailto:arts@hippopress.com).

club, Fri., June 6, at 7 p.m.; Sat., June 7, at 7 p.m.; and Sun., July 8, at 1 p.m., at Steckevicz Auditorium at Alvirne High School, 200 Derry Road, Hudson. Visit [seatyourself.biz/ahclassact](http://seatyourself.biz/ahclassact) for tickets; also available at the door.

• **MY MIXTAPE: SOUNDS OF THE 80's** at the Palace Theatre, 80 Hanover St., Manchester, June 6 through June 21. Tickets range in price, \$15 to \$45, shows are on Thursdays, Fridays, Saturdays and Sundays. Visit [palacetheatre.org](http://palacetheatre.org).

• **ELEANOR ROOSEVELT** impersonation Sun., June 8, at 2 p.m., at Deerfield Town Hall, 10 Church St., Deerfield. One-woman show, directed by Josephine Lane of Brookline, Mass., performed by Elena Dodd of Boston. Script based on autobiography. Call 463-5560, free to public.

• **THE CAT IN THE HAT** at the Rochester Opera House, 31 Wakefield St., Rochester, on Sun., June 8, at 2 p.m. Tickets \$12. Call 335-1992. Visit [rochesteroperahouse.com](http://rochesteroperahouse.com).

## 27 Classical

Includes symphony and orchestral performances. To get listed, e-mail [arts@hippopress.com](mailto:arts@hippopress.com).

• **SILAS DEANE -- NOT JUST A HIGHWAY** on Fri., June 6, at 8 p.m.; Sat., June 7, at 4 and 8 p.m.; and Sun., June 8, at 2 and 7 p.m., at West End Studio Theatre, 959 Islington St., Portsmouth. Comedy about accused spy Silas Deane, portrayed by Hosker-Bouley for last 10 years as part of Portsmouth Underbelly Tour. Call 978-683-7745. Tickets \$18, \$15 students and seniors.

• **ARMS AND THE MAN** produced by Northern New England Repertory Theatre Com-

pany at Colby-Sawyer College, 541 Main St., New London, on Thurs., June 5, at 7:30 p.m.; Fri., June 6, at 7:30 p.m.; Sat., June 7, at 7:30 p.m.; Sun., June 8, at 2 p.m.; Thurs., June 12, at 7:30 p.m.; Fri., June 13, at 7:30 p.m.; Sat., June 14, at 7:30 p.m.; and Sun., June 8, at 2 p.m. Tickets \$28. Visit [nnrtc.org](http://nnrtc.org), email [info@nnrtc.org](mailto:info@nnrtc.org). Q&A to follow the matinee performance June 8.

• **ROUND THE MOUNTAIN** with Ken Sheldon Sat., June 14, at 7:30 p.m., at Bass Hall,



# CURTAIN

## CALL

Notes from the theater scene

• **Festival of puppets:** Pontine Theatre holds Portsmouth's inaugural Puppetry Festival at the West End Studio Theatre, 959 Islington St., Portsmouth, on Saturday, June 14, and Sunday, June 15. During the two-day event, you have a variety of events to choose from: *Soloman & Ashmedal* by Peaks Island Puppets is on Saturday, June 14, at 2 p.m.. Then, *Mano-a-Monolog* by Andrew Periale is on Saturday, June 14, at 7 p.m. *Jester Kings of Java* by Ian Bannon is Sunday, June 15, at 2 p.m., and *The Magic Soup and Other Stories* by Brad Shur is Sunday, June 15, at 7 p.m. Tickets are \$15 for single show, \$50 for a festival pass. Visit [pontine.org](http://pontine.org), email [info@pontine.org](mailto:info@pontine.org), call 436-6660.

• **1950s showcase:** The Souhegan Valley Chorus will be donning poodle skirts and classic cars while singing doo-wop music at a 1950s Showcase on Saturday, June 7, at the First Congregational Church, off the oval in Milford. The show will also feature quartets, including A La Carte, Just in Time and Perfect Fourth. They'll be singing classics like "Mr. Sandman," "Get a Job," "Sh'boom," and "Come Go With Me." Tickets are \$20, available only in advance at the Toadstool Bookshop or from chorus members. Doors open at 6 p.m. for a light supper, and entertainment begins at 7 p.m.

19 Grove St., Peterborough, 924-3235. First of three summer shows; features musical guest Sharon Parish, fictional character Fred Marple. Tickets \$15, \$12 for members; visit [monadnockcenter.org](http://monadnockcenter.org).

• **THE PIRATES OF PENZANCE** presented by Seacoast Repertory Theatre June 13 through July 19, Thursdays at 7:30 p.m., Fridays and Saturdays at 8 p.m., Sundays at 2 p.m., at 125 Bow St., Portsmouth. Tickets available by calling 433-4472, visiting [seacoastrep.org](http://seacoastrep.org).

• **THE TAMING OF THE SHREW** at the Players' Ring, 105 Marcy St., Portsmouth, in Prescott Park, now through June 15, shows Fridays and Saturdays at 8 p.m., Sunday, June 8 at 7 p.m., Sun., June 15, at 2 p.m. Call 436-8123 for ticket prices.

• **PORTSMOUTH PUPPETRY FESTIVAL** Sat., June 14, and Sun., June 15, presented by Pontine Theatre at West End Studio Theatre, 959 Islington St., Portsmouth. *Soloman & Ashmedal* by Peaks Island Puppets on Sat., June 14, at 2 p.m.; *Mano-a-Monolog* by Andrew Periale on Sat., June 14, at 7

p.m.; *Jester Kings of Java* by Ian Bannon on Sun., June 15, at 2 p.m.; and *The Magic Soup and Other Stories* by Brad Shur on Sun., June 15, at 7 p.m. Tickets \$15 for single show, \$50 for festival pass. Visit [pontine.org](http://pontine.org), email [info@pontine.org](mailto:info@pontine.org), call 436-6660.

• **FIDDLER ON THE ROOF, JR.** at Palace Theatre, 80 Hanover St., Manchester, 668-5588, [palacetheatre.org](http://palacetheatre.org), Mon., June 16, at 7:30 p.m.; Tues., June 17, at 7:30 p.m. Tickets \$15.

• **THE PRINCESS AND THE PEA: ACT II** performance by Eastern Ballet Institute on Fri., June 20, at 6 p.m., at Concord City Auditorium, 2 Prince St., Concord. Family-friendly, tickets \$10, free for children 5 and younger. Call 731-3417, email [info@easternballetinstitute.com](mailto:info@easternballetinstitute.com).

• **CATCH ME IF YOU CAN** produced by StageCoach Productions on Fri., June 20, at 8 p.m.; Sat., June 21, at 8 p.m.; and Sun., June 22, at 8 p.m., at 14 Court St., Nashua. Visit [stagecoachproductions.org](http://stagecoachproductions.org).

• **DORKS IN DUNGEONS** on Sun., June 22, at 7 p.m., at the



*Soloman & Ashmedal* by Peaks Island Puppets, which will be performed at the inaugural Puppetry Festival on June 14. Courtesy photo.

Visit [souheganvalleychorus.org](http://souheganvalleychorus.org) for more information.

• **How well do you know Eleanor Roosevelt?** On Sunday, June 8, at 2 p.m., Eleanor Roosevelt makes a personal appearance at the Deerfield Town Hall, 10 Church St., Deerfield. (Well, she'll be played by actress Elena Dodd.) This event is Part III of a four-part historical portrait, "Meet Eleanor Roosevelt," which covers the years 1945 through 1960. The one-woman show is directed by Josephine Lane of Brookline, Mass., and it's about Eleanor Roosevelt's experiences in the years after Franklin Roosevelt's death. After the performance, Dodd will answer questions from the audience and refreshments will be served. The script for the show is based on Eleanor Roosevelt's autobiography, works by Joseph Lash, and research at the Roosevelt estate in Hyde Park. The program is funded by the New Hampshire Humanities Council and is free to the public.

— Kelly Sennott

Seacoast Repertory Theatre, 125 Bow St., Portsmouth. Last shows of regular season, admission pay what you can. Visit [dorksindungeons.com](http://dorksindungeons.com), call 433-4793.

• **THE FOREIGNER** produced by Majestic Theatre Fri., June 27, at 7 p.m.; Sat., June 28, at 7 p.m.; Sat., July 5, at 7 p.m.; and Sun., July 6, at 2 p.m., at Holy Cross Hall, Manchester Community Music School, 2291 Elm St., Manchester, 669-7469. Call for tickets.

• **1944 BIG BAND COMEDY CANTEEN** produced by Community Players of Concord Sat., June 29, at 7:30 p.m., and Sun., June 29, at 2 p.m., at Concord City Auditorium, 2 Prince St., Concord. Recreation of live 1940s radio show. Tickets at [communityplayersofconcord.org](http://communityplayersofconcord.org), 344-4747.

### Auditions/open calls

• **NASHUA THEATRE GUILD** annual meeting Sat., June 28, 2-6 p.m., at Margarita's, Canal St., Nashua. Purpose of meeting is to review previous season, update members of upcoming season and plans for

Daily Deal



Lilise DECOR

### Deal of the Day

Everyday on Facebook new item priced to sell or make an offer.

Drop in. Check out the deals!

113 Storrs St, Concord (Across from Marshalls & BOA) 715-2009  
[lilisedr@gmail.com](mailto:lilisedr@gmail.com) | [lilisedr.com](http://lilisedr.com) | Hours: M,T,W,TH,F: 10-6, SAT: 10-5



## DAD NEEDS SOME PAMPERING!



229-0400 • [www.SerendipityDaySpa.com](http://www.SerendipityDaySpa.com) • 23 Sheep Davis Road (Route 106) Concord

New Hampshire's  
**PALACE THEATRE**  
Where the arts come alive.

Citizens Bank  
2013-2014 PERFORMING ARTS SERIES  
**my MIXTAPE**  
THE SOUNDS OF THE 80's  
JUNE 6-21, 2014

PERFORMED BY STUDENT ACTORS AGES 8 - 18  
Disney's  
**BEAUTY AND THE BEAST**  
JRO  
June 10-11, 2014

**SETH MEYERS**  
LIVE ON STAGE  
FOR ONE NIGHT OF  
STAND-UP  
JUNE 7, 2014

**SUMMER CHILDREN'S SERIES 2014**  
Magician BJ Hickman  
Rapunzel  
The Wizard of Oz  
Cinderella  
Peter Pan  
The Little Mermaid  
Aladdin  
Beauty & the Beast

TEXT "PALACE" TO 42828  
TO JOIN OUR EMAIL CLUB  
603.668.5588  
[PALACETHEATRE.ORG](http://PALACETHEATRE.ORG)



# ARTS

## Culminating works

### NHIA BFA Student Exhibition

By Kelly Sennott  
ksennott@hippopress.com

The Red String of Fate legend says that we are all connected to our destined lover through an unbreakable invisible red thread tied at our pinkies, placed there by a god while we slept. This thread is also what connects the photography by recent New Hampshire Institute of Art grad Natasha Dominguez, which is on view at the school's annual BFA Student Exhibition in downtown Manchester now through June 15. The thread trails over a dinner table, through a stack of books, around the wrist of an outdoor statue and through snowy wilderness. Two hands hold it all together.

"I thought it was a romantic and hopeful idea, to connect it all together," Dominguez said in a phone interview weeks after the exhibition preview party May 17.

For this month only, the Amherst Street, Lowell Street and French buildings display art not just in their respective galleries, but also in the classrooms that, during the rest of the year, are caked with paint, clay, sculpture, and in-progress work.

The transformation is quite amazing, senior faculty fellow and chairperson of the fine art department Patrick McCay said during a walk through the buildings. The paint, the clay, the brushes and easels disappeared in favor of clean walls and floors, picture frames and newly completed fine art, abstract, photography, ceramics, illustration, creative writing and graphic design collections.

"We teach skills, but at the end of the day, we want the individual creative voice to show through here," McCay said.

The art is the culminating project for the graduating seniors. The exhibition



Stephen Godlieb, a graduating senior at the New Hampshire Institute of Art. Kelly Sennott photo.

opened May 17 with a reception that comprised more than 500 visitors and more than \$14,000 worth of student work purchased. A little red booklet of Red String of Fate images was among the sold art.

"I've always been drawn to nontraditional ways of presenting photographs. I tried to steer clear of the matted and framed way, and I wanted to come up with something different," Dominguez said.

"Different" is one word that could be used to describe the multi-building show that exhibits collections by recent graduates. On one wall, you'll find picturesque New Hampshire landscapes, portrayed in photographs and oil paints. On another, you'll find abstract scenes and character sketches, some of which are accompanied by stories written by the students.

Another word is "dense;" it took a year's

worth of Fridays and hundreds of photos for Dominguez to get her collection just right.

For most students, some 3 a.m. nights went into the making, too, in hopes to profess what they've learned, but also to sell their first pieces. One student, Nathan Ward, sold \$3,000 worth of art; his paintings blend realism and abstraction and tell of the coastal Maine sailing and fishing life.

The school has grown immensely these past 10 years; when McCay started, there were fewer than 50 full-time students and just four full-time faculty members, he said during the tour. Now there are more than 400 students, many of whom travel across the country to study here.

We stopped at Stephen Godlieb's collection of work, comprised of oil portraits. One very large painting displays a blonde, unhappy-looking woman, made in response

to the goings-on in Ukraine. Another is a portrait of one of Godlieb's favorite painters from L.A., Justin Bua. He's sold both for \$1,000 apiece.

Godlieb is originally from Indonesia. His father's job moved their family to the United States in 2004, to Dover in 2008.

"This school has really helped me to get to where I want to be," Godlieb said in an interview at the gallery. "I feel really proud — I've been working so hard on these paintings, and selling them has motivated me to keep working, and to not stop there."

Though he already has a job in his field — he works as a graphic designer for Jewel Nightclub in Manchester — he still paints for himself in the very late hours, even though he's through with school.

Dominguez, too, is looking to continue with her photography, but also with an online art magazine she's developing for emerging artists called *The Unexposed*. The exhibition has given her a sense of confidence that wasn't as pronounced before.

"The turnout for the show was just incredible," said Dominguez, who lives in Raymond. "It's amazing to be able to stand in front of your work and talk with the people who just live down the road ... and to hear that they're impressed by my work. ... It was a really great experience." 🍎

#### See the 2014 BFA Student Exhibition

**When:** On view now through June 15  
**Where:** The Lowell Street Gallery, 88 Lowell St., Manchester; The French Building Gallery, 148 Concord St., Manchester; and the Roger Williams Studios Building (formerly the Amherst Street Gallery), 77 Amherst St., Manchester

fundraising, elect new board. No admission fee, RSVP by email: Kevin Riley at [kpriley7@aol.com](mailto:kpriley7@aol.com), calling 880-0243.

• **AUDITIONS: SEX PLEASE WE'RE SIXTY** by Garrison Players on Thurs., June 5, at 6:30 p.m., and Mon., June 9, at 6:30 p.m., at Garrison Players Arts Center, Route 4, Rollinsford. Bring resume, be prepared for cold reading. No appointments needed, performances Sept 16 through Oct. 4. Visit [garrisonplayers.org](http://garrisonplayers.org).

• **AUDITIONS: IT'S A WONDERFUL LIFE** at the Leddy Center, 38C Ladd's Lane, PO Box 929, Epping. info@leddycenter.org, 679-2781, on Sat., June 14, call the box office 679-2781 to make audition appointments. All parts open, visit [leddycenter.org](http://leddycenter.org).

#### Workshops/other

• **2014 NHTP ADULT SUMMER IMPROVISATION WORKSHOP** at West End Studio Theatre, 959 Islington St., Portsmouth. "Yes and ..." on Mon., June 9, 6:30-9 p.m.; "Playing the Game" on Wed., June 11, 6:30-9 p.m.; "Creating Scenes and Characters" on Mon., June 16, 6:30-9 p.m.; "Make it Weird" Wed., June 18, 6:30-9 p.m. Contact [info@nhtheatreproject.org](mailto:info@nhtheatreproject.org), 431-6644, ext. 4, [nhtheatreproject.org/payment](http://nhtheatreproject.org/payment), tuition \$50 fee, \$175 for entire series.

#### Art

• **CONCORD ARTS MARKET** at Bicentennial Square, Concord, opening day festivities include live musical performances by West African style

drumming troupe Araba-Lon and singer/songwriter Rachel Vogelzang. Market season continues weekly, Saturdays through Sept. 27. Visit [concordartsmarket.com](http://concordartsmarket.com), venue wheelchair accessible.

• **DOVER ARTS MARKET** at Cocheco Mills Courtyard, downtown Dover, on Sundays, through the end of September, from 10 a.m. to 4 p.m. Free admission, market dedicated solely to artisan crafts and fine art. Visit [doverartsmarket.com](http://doverartsmarket.com), email [kbsolsky@granitestatartsmarket.com](mailto:kbsolsky@granitestatartsmarket.com), call 229-2157.

• **CURRIER AFTER HOURS: NEW HAMPSHIRE-GROWN BEER** at the museum, 150 Ash St., Manchester, Thurs., June 5, 6-9 p.m. Sample beers from Smuttynose Brewing Co., 603 Brewing Co. and

Throwback Brewery. Tasting, food demonstration that incorporates beer, make-your-own-beer-label activity, performance by Manchester singer Alli Beaudry, tour, film by Slate Room Films, *Throwback Brewery*. Free with museum admission. Visit [currier.org](http://currier.org).

• **NIKKI'S DREAM MEMORIAL BREAKFAST** celebrate work of Nikki's Dream on Wed., June 11, 7:30-8:30 a.m., at the Puritan Backroom, Manchester, RSVP at [nikkisbreakfast.eventbrite.com](http://nikkisbreakfast.eventbrite.com). Means to honor community partners and raise money for programs and services.

• **SECOND SUNDAY JAZZ BRUNCH** at the Currier Museum of Art, 150 Ash St., Manchester, Sun., June 8, 11 a.m.-2 p.m., \$19.95, \$8.95 for continental only. Visit [currier.org](http://currier.org), call

669-6144, ext. 110.

• **CREATIVE STUDIO SATURDAY: PAPERWEIGHT DESIGN** Sat., June 14, 10 a.m.-1 p.m., at the Currier Museum of Art, 150 Ash St., Manchester, 669-6144, [currier.org](http://currier.org). Hands-on art activities, guided gallery walk. Admission free 10 a.m.-noon for NH residents.

• **MONADNOCK CRAFTERS GUILD'S CRAFT MADNESS** event Sat., June 14, 10 a.m.-3 p.m., at Peterborough Community Center, 25 Elm St., Peterborough. Work by Guild members, including fiber arts, pottery, glass, wood crafts, wool, jams, jellies, etc. Visit [monadnockcraftersguild.org](http://monadnockcraftersguild.org). Events also Sat., July 12, 10 a.m.-3 p.m., and Sat., Aug. 9, 10 a.m.-3 p.m., also at the center.

• **FOCUS TOUR: BEARDEN**

**AND HIS CONTEMPORARIES** at The Currier Museum of Art, 150 Ash St., Manchester, on Wed., June 18, at 11:30 a.m. Tour with director of collections and exhibitions Andrew Spahr, includes lunch at Winter Garden Cafe, admission \$20. Visit [currier.org](http://currier.org), call 669-6144, ext. 108.

• **"OUT OF THIS WORLD: FLOWER SHOW"** produced by the NH Federation of Garden Clubs on Fri., June 20, from 1 to 5 p.m., and Sat., June 21, from 10 a.m. to 4 p.m., at the McAuliffe-Shepard Discovery Center, 2 Institute Drive, Concord. Each design is based off theme "Lost in Space," "Super Nova" and "Rocket Launch." Open with paid admission to Discovery Center. Visit [starhop.com](http://starhop.com), call 271-7827.



# LOCAL — COLOR — NH art world news

• **It's official:** The "Think Outside the Box" public art project on three of the city's traffic utility boxes goes live in downtown Manchester during the (hopefully!) sunny month of June. Sponsorship comes from Baker Newman Noyes, Cityside Management Corp and The Granite YMCA, and the designs will be done by Robert Sardella, a local airbrush artist whose "Greetings from Manchester" design highlights the different facets of the city on each box face; Nancy Welsh, whose design is comprised of a paper birch landscape; and Carolina Chauvette, whose peacock design wraps the utility box. Each artist gets a stipend of \$500. No public funds from the city were used to bring this project to fruition.

"Downtown is increasingly becoming the place to be and this project is adding to what makes our downtown special. Even though this is just the pilot year for this project, we are excited to see how it grows in the future," Monica Leap, Studio 550 owner, said in a press release.

• **Going from nothing to something:** 3S Artspace and Film Unbound are presenting the New Hampshire premiere of *From Nothing, Something*, on Saturday, June 14, at 6 p.m. (screening at 7 p.m.), at the Portsmouth Music and Arts Center, 973 Islington St., Portsmouth. The film is by Boston filmmaker Tim Cawley, and it documents the creative process straight from the brains of Maria Bamford (comedian), Tom Perrotta (novelist), Mouni Bawendi and David Lee (cancer researchers), Jay Greenberg (composer), and Sara Quinn (singer-songwriter of Tegan & Sara), among others. It discusses where creative ideas come from and how to ensure they keep coming.

"Cawley talked with a bunch of artists, or more broadly, creative people, including scientists and chefs, people we wouldn't normally think of when talking about creatives, but they are being creative in their own way," Michael Rodriguez Torrent of Film Unbound said in a phone interview. "It's saying how we're all creative, even if



"Think Outside the Box" art in Manchester. Courtesy photo.

we don't think of ourselves like that."

There will also be a public art event hosted by poet Diana Durham and textile artist Sarah Haskell, who will help audiences produce a new piece of public art for Portsmouth. Tickets are \$8. Visit [filmunbound.com](http://filmunbound.com) or [3sarts.org](http://3sarts.org).

• **The winners!** The New Hampshire High School Short Film Festival winners were named at the event two weekends ago. They were Pinkerton Academy's Noah Levin and Nick Auger for their film *Fragaria*, and the runner-up was Jonathan Klutsch from Londonderry for his film *Just Another Ski Movie*. Both will be screened at the New Hampshire Film Festival in Portsmouth in October and at the SNOB Film Festival in Concord in November.

"It's important for the next generation of New Hampshire filmmakers to know that they can be true to their craft without leaving New Hampshire," said Matthew Newton, director of the New Hampshire Film & Television Office, in a press release. "Giving them the opportunity to showcase the films they make here underscores that New Hampshire can provide them and others in the film industry with what they need to develop into really fine filmmakers." Visit [nhstudentfilm.com](http://nhstudentfilm.com).

• **New director:** Virginia Lupi was confirmed as the new director of the New Hampshire Department of Cultural Resources last week. Her work experience includes nonprofit management, public policy consulting, grant writing and public relations work, but most recently, she served as executive director of the ARTS Council of the Southern Finger Lakes in Corning, N.Y.

— Kelly Sennott

• **NEW CASTLE VILLAGE WALK & GARDEN TOUR** (Sun., June 22, 1-4:30 p.m.), visit a variety of gardens, tickets \$15, purchasable at [pontine.org](http://pontine.org). On day of event, tickets \$20. Call 436-6660, visit [pontine.org](http://pontine.org), email [info@pontine.org](mailto:info@pontine.org) for information on self-guided tour.

## Exhibit openings

• **PAT NICKERSON** featured artist at Seacoast Artist Association for June/July at the SAA

Gallery, 225 Water St., Exeter. Reception Sat., June 7, 2-4 p.m.  
• **"MAKING CHOICES"** group art show at Main Street Art, 75 Main St., Newfields, on Sat., June 7, noon-2:30 p.m. Student show combining talents of its programs. Student reception Thurs., June 5, at 11:30 a.m., to precede opening. Visit [newfield-sart.org](http://newfield-sart.org), email [mainstreetart.org](mailto:mainstreetart.org), call 580-5835.

• **JACKIE BONAFIDE** presents an exhibition of photogra-

phy during June at the Belknap Mill, 25 Beacon St., E. Laconia, 524-8813, [belknapmill.org](http://belknapmill.org). Regular hours Mon.-Fri., 9 a.m.-5 p.m., Sat.-Sun., 10 a.m.-2 p.m.  
• **"ENCHANTING GARDENS"** art exhibition by local artists on view at the Children's Museum of New Hampshire, 6 Washington St., Dover, 742-2002, [childrens-museum.org](http://childrens-museum.org), now through Aug. 31. No admission fee to view the gallery only. Visit [childrens-museum.org](http://childrens-museum.org).

www.eastcolony.com

## Through the Artists' Eyes

Larry Donovan      Aline Lotter




### Opening Reception

Sunday, June 8th  
2:00pm-4:00pm

Exhibit runs May 27 - June 28

**Tue-Fri 11:00-5:00, Sat 11:00-3:00**

55 South Commercial Street, Manchester, NH 603-621-7400




## NEW HAMPSHIRE DECORATING AND DESIGN MARKET



CREATE AND DESIGN WITH YOUR OWN PERSONAL STYLE

Presented by: MATHEW MEAD AND INFUSION NH

Sat. August 2, 2014 10am to 2pm

Admission \$5 - FREE PARKING  
Early Buying \$20 from 9AM - 10AM

**CLIP & SAVE!!!**



**Re-Cycle  
Re-Purpose  
Re-Create**

## Infusion NH

Located within the lower level of  
From Out of the Woods Antique Center

**f** 465 Mast Rd. Goffstown, NH  
603.624.8668

## CURRIER MUSEUM of ART

# after hours

**THURSDAY, JUNE 5  
6-9 p.m.**

Locally brewed  
beer tasting,  
jazz singer Alli  
Beaudry, food  
demonstrations  
and great art!

**Join us!**  
#AHCurier

Currier After Hours  
is underwritten by:

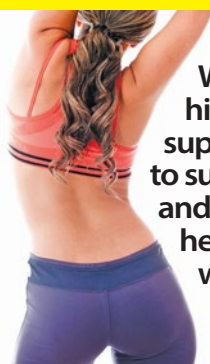




150 ASH STREET, MANCHESTER, NH 03104 tel. 603.669.6144 web. [CURRIER.ORG](http://CURRIER.ORG)



# DECREASE YOUR BOTTOM LINE



We have high quality supplements to support and aid your healthy weight loss.

Minimum 60% HCA

- **Garcinia Cambogia**
- **Green Coffee Bean Extract**
- **Raspberry Ketones**
- **Weight Loss Proteins**
- **And much much more!**

**GRANITE STATE**  
**Naturals**  
FAMILY OWNED SINCE 197  
164 North State St.,  
Concord, NH (1 mile N. of Main St.)  
224-9341  
OPEN EVERYDAY • 7 DAYS A WEEK  
[www.GraniteStateNaturals.com](http://www.GraniteStateNaturals.com)

WE'RE  
HERETO  
HELP!

## IMPECCABLE NEST

UNIQUE HOME FURNISHINGS & ACCESSORIES

ART & ANTIQUES  
FASHION ACCESSORIES & JEWELRY  
FURNITURE & DECORATIVE ACCESSORIES  
SPECIAL EVENT ACCESSORIES  
STATIONARY, FRAMES & OBJECTS FOR HOME  
WHIMSICAL TOYS  
SURPRISES

STORE HOURS:  
MONDAY – FRIDAY: 10-5  
SATURDAY: 11-4

603.488.2082

Bedford Village Shoppes • 178 Route 101 • Bedford  
[www.Impeccable-Nest.com](http://www.Impeccable-Nest.com)

## BEAUTIFUL PLANTS

SPECTACULAR GARDENS



For info & tickets visit  
[www.uncanoonucmt.com](http://www.uncanoonucmt.com)

Over 900 varieties of hardy perennials,  
flowering vines, choice shrubs, berry bushes  
and a world of roses.

**Uncanoonuc Mt. Perennials**  
452 Mountain Road, Goffstown  
603 497 3975 | [www.uncanoonucmt.com](http://www.uncanoonucmt.com)

**Come Meet**  
**Karen Carr, RN**  
**Our New Advanced**  
**Injector**

**Fillers**  
**\$50 off 1 syringe**  
**\$100 off 2 syringes**

**Botox**  
**\$50 off**

\*Cannot be combined with any other offer

**PELLÉ**  
NH CENTER FOR LASER & MEDICAL AESTHETICS

(603) 627-7000

Medical Spa Services • Hair Removal • Botox/Fillers • Tattoo Removal • Waxing • Facials • Spray Tanning  
[pelleskinrenewal.com](http://pelleskinrenewal.com) | 159 Frontage Rd, Manchester

Call and make  
your Pelle'  
appointment  
today!



## A GEORGE BERNARD SHAW PRODUCTION

In its 10th season, the Northern New England Repertory Theatre presents George Bernard Shaw's comedy *Arms and the Man*, a romantic confection that targets themes of love, honor and illusions, as described in a press release.

It occurs at the Sawyer Center stage at Colby-Sawyer College, 541 Main St., New London, with showtimes on Thursday, June 5, at 7:30 p.m.; Friday, June 6, at 7:30 p.m.; Saturday, June 7, at 7:30 p.m.; Sunday, June 8, at 2 p.m.; Thursday, June 12, at 7:30 p.m.; Friday, June 13, at 7:30 p.m.; and Saturday, June 14, at 7:30 p.m. Tickets are \$28. Visit [NNERTC.org](http://NNERTC.org), email [info@NNERTC.org](mailto:info@NNERTC.org), or call 526-4112. Pictured, Mike Gregory (Nicola) of Newbury. Courtesy photo.

• **“GREEN IS GOLD: CHROMATIC LANDSCAPES”** by artist Tracy Levesque at Loading Dock Gallery, 122 Western Ave., Lowell, June 4 through June 29. Opening reception Sat., June 7, 5-7 p.m. Gallery open year-round Wed.-Sat., noon-5 p.m., Sun. noon-4 p.m.

• **KENNETH JOSEPH BINI** Durham-based painter is the featured June/July artist at the Drift Contemporary Art Gallery at Zev Yoga, 16 Market Square, Portsmouth, above Breaking New Grounds. On view now through July 30. Reception on Fri., June 6, 6-8 p.m. Visit [drift-gallery.com](http://drift-gallery.com), call 379-6560.

• **“PHOTOGRAPHY OF OUR NATIONAL PARKS”** work by North Andover, Mass.-based painter Rob Wybrandowski, exhibit on view at Kimball Library, 5 Academy Ave., Atkinson, now through June 29. On view during upcoming Atkinson Garden Club themed flower show, “A Tribute to the National Parks,” which occurs on Fri., June 13, 1-8 p.m., and Sat., June 14, 10 a.m.-3 p.m. Email director@kimballlibrary.com, call 362-5234.

• **“PORTRAITS IN CONTEMPORARY PHOTOGRAPHY: SELECTIONS FROM A SERIES”** at Drift Contemporary Art Gallery, Wentworth-Coolidge Mansion (375 Little Harbor Road, Portsmouth, 379-6560, [drift-gallery.com](http://drift-gallery.com)), on view June 14 through July 20.

• **“FOUR MEN: FOUR BOTANICALS”** on view at the Mill Brook Gallery & Sculpture Garden indoor gallery, 236 Hopkinton Road, Concord, [themillbrookgallery.com](http://themillbrookgallery.com), 226-2046, June 6 through Aug. 24. Artists' reception Fri., June 13, 5-7 p.m. Featuring work by Sean Beavers, David Carroll, Patrick McCay and Zdzislaw Sikora.

• **“PLEIN AIR ... FROM THE MOUNTAINS TO THE SEA”** oil landscapes by Flo Parlange at Epsom Public Library, 1606 Dover Road, Epsom,

now through July 26. Galleries open Mon.-Thurs., 10 a.m.-7 p.m., Sat. 9 a.m.-1 p.m. Opening reception Sat., June 14, 10 a.m.-1 p.m. Call 736-9920, visit [epsomlibrary.com](http://epsomlibrary.com).

• **CAROL WHALEN ART STUDIO STUDENT EXHIBITION** at Drinkwater Flowers & Design, 819 Lafayette Road, Hampton, Fri., June 6, 6-7:30 p.m. First student exhibition, featuring work by young students. Visit [carolwhalenartstudio.com](http://carolwhalenartstudio.com).

• **ALENE SIROTT-COPE** exhibits photography and alcohol ink creations now through July 10 at Hollis Social Library, 2 Monument Square, Hollis. Reception Mon., June 8, 1:30-4 p.m.

• **LARRY DONOVAN AND ALINE LOTTER** present “Through the Artists' Eyes: Oil Paintings by Larry and Aline” at East Colony Fine Art, 55 S. Commercial St., Manchester, 621-7400, now through June 28, with a reception on Sun., June 8, 2-4 p.m. Visit [eastcolonyart.com](http://eastcolonyart.com).

• **BARBARA MORSE** exhibits her graphite drawings in “Through My Eyes” for six weeks at the Amherst Town Library, 14 Main St., Amherst, now through mid-July. Reception on Sun., June 8, 2-4 p.m.

• **ELLEN DAVIS AND SUSAN JAWORSKI-STRANC** present “Paint and Print” at Labelle Winery, Route 101, Amherst, 225-2515, [mcgowanfineart.com](http://mcgowanfineart.com), now through Aug. 3. Wine dinner with Ellen Davis Fri., June 13, at 6 p.m.

• **CHAD CREIGHTON** presents “Pallet Habitat” at the Sharon Arts Center Members' Gallery, 30 Grove St., Peterborough, on view June 6 through June 28. Reception Fri., June 6, 5-7 p.m. Visit [nhia.edu/exhibitions-presentations](http://nhia.edu/exhibitions-presentations), [sharonarts.org](http://sharonarts.org).

• **“ONLY IN YOUR DREAMS”** Seacoast Artist Association June show, on view

through June 28 at 225 Water St., Exeter, 778-8856. Reception Thurs., June 19, 4-6 p.m.

• **JANET DUCHESNEAU** of East Wind Pottery is June Artist of the Month at Exeter Fine Crafts, 61 Water St., Exeter, 778-8282. Local pottery, reception Sat., June 21, noon-3 p.m.

• **ARTIST VETERANS OF NEW ENGLAND** art exhibition fundraiser with photography, paintings, sculpture created by New England artists who've served our country, on view at the Coffee Factory Gallery (55 Crystal Ave., Unit 1, Derry) now through June 30. Reception on Sat., June 7, 6-8 p.m., call 858-751-4802.

### In the galleries

• **“FIELDS, FARMS AND PASTURES”** Exeter Town Hall Gallery spring show at the gallery, second floor of Old Town Hall, Front St., Exeter. Exhibition on view through June 8. Visit [exeterarts.org](http://exeterarts.org).

• **“RESONANCE”** at the Drift Contemporary Art Gallery, Wentworth-Coolidge Mansion (375 Little Harbor Road, Portsmouth, 379-6560, [art@drift-gallery.com](http://art@drift-gallery.com), [drift-gallery.com](http://drift-gallery.com)) on view now through June 10. Featuring works in bold color, abstract, sculpture, etc. Exhibition space also reveals narrative of “Horace and Agnes: A Love Story” by photographer Asia Kepka with stories by Lynn Dowling.

• **NH HIGH SCHOOL STUDENTS EXHIBITION** through June 14 at Sharon Arts Center Gallery, 30 Grove St., Peterborough. Open to all 9th- through 12th-grade high school students in NH. Juried exhibition. Visit [sharonarts.org](http://sharonarts.org).

• **ART ON THE WALL AT CITY HALL** at 1 City Hall Plaza, Manchester, on view through June, presented by Friends of Art Manchester. Includes portraits, still life, mixed media, landscapes, friends-of-art-manchester.blogspot.com.





## GRAND FINALE

The Portsmouth Symphony Orchestra performs Stravinsky's Symphony in 3 Movements, Enesco's Roumanian Rhapsody No. 1 at The Music Hall, 28 Chestnut St., Portsmouth, on Sunday, June 8, at 3 p.m. If you arrive early, at 2 p.m., you'll be treated with a pre-concert discussion. Tickets are \$24 for adults, \$20 for seniors, \$16 for students. Visit [portsmouthsymphony.com](http://portsmouthsymphony.com) or call The Music Hall at 436-2400 for details. Courtesy photo.

• **"GIONA SEZOHA G'DAKINNA: WE PAINT OUR LAND"** on view at the Mt. Kearsarge Indian Museum, 18 Highlawn Road, Warner, 456-2600, through June 13. First exhibition devoted to contemporary Native American fine arts. Visit [indianmuseum.org](http://indianmuseum.org).

• **BET YARBOROUGH** shows "I've Got My Back: Paintings and Prints" at McGowan Fine Art, 10 Hills Ave., Concord, through June 6. Call 225-2515, visit [mcgowanfineart.com](http://mcgowanfineart.com).

• **"DREAMSCAPES"** with art by painter Danielle M. LeBris at the Hancock Town Library, Main Street, Hancock, through June 19. Show can be viewed during library hours, call 525-4411 before attending.

• **FURNITURE MASTERS PRISON OUTREACH** exhibition through June 20 at League of NH Craftsmen gallery, 49 S. Main St., Concord, [nhcrafts.org](http://nhcrafts.org).

• **"THE LANGUAGE OF COLOR"** at Art 3 Gallery, 44 W. Brook St., Manchester, on view now through June 27. Call 668-6650, visit [art3gallery.com](http://art3gallery.com).

• **"SHIFT: THE ART OF THE BICYCLE"** on view at Studio 550 through June 28, at the studio, 550 Elm St., Manchester, 550arts.com, [info@550arts.com](mailto:info@550arts.com), 232-5597.

• **JANICE DONNELLY** shows oil paintings and prints rendered in oils at The Healing Tree Wellness Center and Spa, 24 Orchard View Drive, Londonderry, [janicedonnelly.com](http://janicedonnelly.com), through June 10. She also shows her work at E.W. Poore, 775 Canal St., Manchester, through June 21.

• **SANDRA J. PETERS** shows her solo art exhibition at the Stella Blu American Tapas restaurant, 70 E. Pearl St., Manchester, on view through June.

• **"ALONG THE RIVER: EXPLORING COMMUNITY CONNECTIONS"** summer exhibit at the Hopkinton Historical Society, 300 Main St., Hopkinton, on view through the end of the season. Look at how we use the Contoocook River and how it has influenced the town's development. Visit [alongtheriver.org](http://alongtheriver.org).

• **"ROMARE BEARDEN: A BLACK ODYSSEY"** on view at the Currier Museum of Art, 150 Ash St., Manchester, now through Aug. 17. [currier.org](http://currier.org).

• **"ABSTRACT & MODERNISM: 1950S TO TODAY"** exhibition at New Hampshire Antique Co-op, 323 Elm St./Route 101A, Milford, 673-8499, on view through Aug. 31.

### Classes/workshops/demonstrations

• **THE PORTABLE PORTRAIT** Sat., June 21, at 1 p.m.; Sat., July 26, at 1 p.m.; and Sat., Oct. 4, at 1 p.m., at Sid Ceaser Photography, 99 Factory Street Extension, The Picker Building, Nashua, [ceaserphotography.com](http://ceaserphotography.com), workshop \$275.

• **NHIA PRE-COLLEGE SUMMER PROGRAM** July 6 through July 18, meant for high school students to develop college application portfolios while earning college-level credit, for students ages 16 to 19, including high school seniors. Visit [nhia.edu](http://nhia.edu), call 836-2576, email [aabbott@nhia.edu](mailto:aabbott@nhia.edu) for information.

### Classical

• **BACH LUNCH SERIES** lecture by Jim Webber, "The Great Ladies of Broadway's Golden Age," Thurs., June 5, 12:10-12:50 p.m., at the Music School Recital Hall, 23 Wall St., downtown Concord, and following concert featuring mezzo-soprano Ellen Nordstrom and pianist Kathryn Southworth, "Accents and Attitudes: Voices of Leading Ladies," also at the recital hall, on Thurs., June 12, 12:10-12:50 p.m. Free, bring bag lunches, call 228-1196, visit [cmusicschool.org](http://cmusicschool.org).

• **THE PEACE OF THE WILD THINGS** on Sat., June 7, at 7 p.m., and Sun., June 8, at 3 p.m., at Christ Episcopal Church, Lafayette Road, Portsmouth. Tickets for these concerts are \$15. Visit [womensingingout.org](http://womensingingout.org).

• **NASHUA CHAMBER ORCHESTRA GALA CHAMBER MUSIC CONCERT** with silent auction Sat., June 7, at 7:30 p.m., at Milford Town Hall, 1 Union Square,

Milford. Featuring Kaleidoscope, ensemble founded in 1996, featuring NCO concertmaster Beth Welty. Tickets \$20 in advance, \$25 at the door.

• **SPARTANS DRUM & BUGLE CORPS** and Marcus Gale perform at Greeley Park Bandshell, 100 Concord St., Nashua, Sat., June 7, 10 a.m.-1 p.m. Free admission. Call 589-3370, visit [gonashua.com](http://gonashua.com).

• **PORTSMOUTH SYMPHONY ORCHESTRA** performs Stravinsky's Symphony in 3 Movements, Enesco's Roumanian Rhapsody No. 1 at The Music Hall, 28 Chestnut St., Portsmouth, on Sun., June 8, at 3 p.m. Tickets \$24. Visit [themusichall.org](http://themusichall.org).

• **AMHERST TOWN BAND** performs at Greeley Park Bandshell, 100 Concord St., Nashua, Sun., June 8, at 6 p.m. Free admission, visit [gonashua.com](http://gonashua.com).

• **ALUMNI BAND CONCERT** produced by Nashua Parks & Recreation Department at Greeley Park Bandshell, 100 Concord St., Nashua, Mon., June 16, at 7 p.m. Free admission. Call 589-3370, visit [gonashua.com](http://gonashua.com).

• **N.H. POLICE ASSOCIATION PIPES AND DRUMS 20TH ANNIVERSARY CONCERT** Sat., June 28, at 6:30 p.m., at Palace Theatre, 80 Hanover St., Manchester, 668-5588, \$24.50. Concert honoring NH's fallen police officers and 20 years of band history. Tickets at [palacetheatre.org](http://palacetheatre.org), 668-5588.

### Open calls/workshops/other


• **SINGERS WANTED: WOMEN SINGING OUT!** to perform in the group's "The Peace of Wild Things," to be held June 11 and June 12. Rehearsals every Wednesday 7-9 p.m. at Christ Episcopal Church, Lafayette Road, Portsmouth. Diverse group of females made up of lesbians and friends of lesbian community who strive to inspire social change through song. Visit [womensingingout.org](http://womensingingout.org), call 498-2749.

**NORTH END FRAMERS MARKET**  
FRAMING & FINE ART  
Established 1978

You earned it!  
frame it...

20% off 

your 2014 diploma,  
now till the end June

 1301 Elm Street, Manchester  
 603.668.6989 • [www.framersmarkethn.com](http://www.framersmarkethn.com)  
Tuesday - Friday 9:30 - 6:00 Saturday 9:30 - 4:00

**Age later™**

**Image Skin Care**  
The official skin care line for Miss USA, Miss Universe, & Miss Teen USA.

Experience our  
**4 Layer Vitamin C- Face Lift**  
today for only \$65  
(New Clients)

**Skin Renewal Studio**  
Call Madeline today! 

1802 Elm St, Ste. 4 | 475-2717 | [skinrenewalstudio.com](http://skinrenewalstudio.com)

"A RIVETING STORY ABOUT CONTEMPORARY RUSSIA'S DARK SIDE."  
- Leslie Felperin, Variety



WHAT HAPPENS WHEN YOUR ENEMIES BECOME YOUR FRIENDS?

**PUTIN'S KISS**

KINO LORBER PRESENTS A MAJORITY PRODUCTION IN ASSOCIATION WITH MADE IN COPENHAGEN IN CO-PRODUCTION WITH DPT & TVS  
A FILM BY LEO BARN PETERSEN "PUTIN'S KISS" STARRING PETER ALBRECHTSEN COSTUME DESIGNER TORALD RYLANDER  
EDITORS JANIS DELLEPPE JACOBSEN & STEVEN JORHANNESSEN PRODUCTION DESIGNER LARS SVETKEY PRODUCED BY BELLE FAURE DIRECTED BY LEO BARN PETERSEN  
KINO LORBER [PUTINKISSMOVIE.COM](http://PUTINKISSMOVIE.COM)

ADVANCED REGISTRATION IS REQUIRED: 603.314.7970, [COUNCIL@WACNH.ORG](mailto:COUNCIL@WACNH.ORG), OR [WWW.WACNH.ORG](http://WWW.WACNH.ORG)

EVENT IS FREE & OPEN  
TO THE PUBLIC



# GET IN HERE!

Stop in and talk with us about  
your remodeling project,  
you won't leave empty handed.

## NOT JUST Kitchens *It's More!*

REMODELING KITCHENS AND BATHS  
FOR OVER 23 YEARS

(603) 623-6650



41 South River Rd., Bedford  
[www.notjustkitchensnh.com](http://www.notjustkitchensnh.com)

## THE WORLD AFFAIRS COUNCIL OF NH PRESENTS

3rd Annual Crossroads International Film  
and Discussion Series

## Tues, June 10th 7pm PUTIN'S KISS

Sundance's Best Cinematography award-winning film that explores the complexity that pervades modern Russia - all of which is exemplified in the story of a young girl who, as the film progresses, grows up & learns to stand on her own two feet.

Panel discussion following  
the film featuring  
Colonel Lionel Ingram  
of the University of NH.

Red River Theaters  
11 S. Main St., Concord NH

SPONSORED BY  
THE MAYER FOUNDATION



WORLD AFFAIRS COUNCIL  
OF NEW HAMPSHIRE  
*Bringing the World to New Hampshire since 1951*



LISTINGS

28 Children & Teens

Games, clubs, fun...

33 Continued

Education

Classes, seminars,

lectures...

34 Crafts

Fairs, workshops...

37 Health & Wellness

Workshops, exercises...

40 Miscellaneous

Fairs, festivals, yard sales...

FEATURES

29 Kiddie pool

Family activities this week.

30 Treasure Hunt

There's gold in your attic.

32 The Gardening Guy

Advice on your outdoors.

34 Car Talk

Click and Clack give you

car advice.

36 Healthy Hippo

Health and wellness

advice.

Get Listed

From yoga to pilates,

cooking to languages to

activities for the kids,

Hippo's weekly listing

offers a rundown of all

area events and classes.

Get your program listed

by sending information to

listings@hippopress.com at

least three weeks before

the event.

INSIDE/OUTSIDE

Mountain mania

Bike park open for the season

By Kaitlin Joseph  
kjoseph@hippopress.com

Mark Hayes is passionate about mountain biking — so much so that in 2003 he bought the old winter ski lodge on Highland Mountain in Northfield, and three years later re-opened it as a full-fledged mountain bike park.

Hayes considers Highland Mountain Bike Park a sporting spot that all ages can enjoy.

“The transformation here is amazing, from the first-timers to the guy who really looks the part of a mountain biker,” he said.

Richard Patty has been riding at the park since it opened in 2006. For the last three years, he’s been working there, too.

“I was coming here every week-end with my buddies to ride and I finally just moved here,” Patty said.

The park has over 20 trails ranging in difficulty from “easier” to “extremely difficult.”

“We have some of the gnarliest stuff here, but we also have green circles and blue squares. You see guys here that are hardcore downhill bikers but you also see 4- and 5-year-olds in the learn-to-ride zones,” Patty said.

There are basic camps for every age and level and camps taught by elite mountain biking professionals. There are single-day and week-long camps. Kids participating in certain camps can stay at the Tilton School.

“It’s a pretty cool setup for them. They’re able to stay there and use their facilities as well,” Patty said. “We have all sorts of summer camps here. We have the [Find Your Ride] program. You learn to check it out first, how to brake, your body posi-



Highland Mountain Bike Park's indoor biking space. Kaitlin Joseph photo.

tioning, and you get a lesson. They teach you the basics, and it makes for a safe experience here.”

All of the jumps in the park are made so you can roll over them without catching air if you don’t want to but can eventually progress to jumping. There’s also a bike shop where people can rent bikes.

Mountain bikes are built differently than most would think, Patty said. A downhill mountain bike is built with tiny gears and it’s more set back than a normal bike.

“It’s laid back, and it’s meant to be ridden downhill,” he said.

When learning to ride, Patty said, “the key would be to start with the right gear and the right instruction.”

After that, Hayes wants you to remember that it’s all about having fun.

“There’s a fitness to it when you learn. But when you get on a bike downhill, you’re exhilarated with it. I like to use the analogy of saying you’re on a roller coaster but in control of it,” he said. “You feel that exhilaration. Some people are wired to want that. It’s easy for little guys to get hooked.”

The mountain has races during the summer and spring training for elite mountain bikers to get ready for competitions.

The park also has cross-country biking trails off to the side of the mountain that anyone can access if they aren’t ready to brave the mountain.

“I would like people to know that anyone can learn to ride. We cater to the first-time rider and the

Highland Mountain Bike Park

**Where:** 75 Ski Hill Drive, Northfield

**Contact:** 286-7677

**Visit:** highlandmountain.com

Some upcoming events:

Women’s Spring Fling Skillsfest, Saturday, June 7

Kids Camp, Sunday, June 22 (with more dates throughout the summer)

Summer Ride camp, five-day sessions starting the week of July 7

Visit the website for more details, including costs.

best rider in the world,” Hayes said. “Programs like Learn to Ride introduce the sport in the right way.”

Children and Teens Events

- **SPRING FAIR** at the Educational Farm at Joppa Hill (174 Joppa Hill Rd., Bedford, the-educationfarm.org) on Sat., June 7, from 2 to 6 p.m. The fair will include Hay Rides, Pony Rides, and a variety of food vendors. Admission is free but tickets will be sold for some of the events. For more information, e-mail info@theeducationfarm.org.
- **DYSLEXIA AND OTHER LEARNING DIFFERENCES**

**DECIPHERED** at Wadleigh Memorial Library (49 Nashua St., Milford, 801-1247, creative-learning-solutions.com) on Sat., June 14, from 9:30 to 11:30 a.m. This informational session will shed light on difficulties in learning. Registration is required.

• **SIGN LANGUAGE WORKSHOP** for kids ages 8 through 16 with Concord Parks and Rec (Concord, 225-8690, concord-parksandrec.com) with instructor Karen Braz, on Tuesdays from June 20 through July 3, from 9 to

11:30 a.m.

• **VIDEO GAME DESIGN WORKSHOP** on Wed., June 25, from 3 to 4:30 p.m. at Pollard Memorial Library (401 Merrimack St., Lowell, Mass., 978-674-1542, pollardml.org). Registration is required. Signup begins June 9.

• **4TH OF JULY CELEBRATION** at Pollard Memorial Library (401 Merrimack St., Lowell, Mass., 978-674-4120, mvlc.org) on Mon., June 30, at 10:30 a.m. with stories, games

and a patriotic craft to make and bring home. Children in kindergarten and older are welcome to attend. Signup begins June 24.

• **SUMMER READING KICK OFF** with Star Wars Jedi Knight Training on Tues., June 24, at 7 p.m. at Pollard Memorial Library (401 Merrimack St., Lowell, Mass., 978-674-4120, mvlc.org). Kids in pre-kindergarten to 4th grade can come dressed in their favorite Star Wars costumes and learn tricks. Signup begins June 9.

• **SUMMER SCRAPBOOKING** for kids on Wed., July 2, from 3 to 4:30 p.m. at Pollard Memorial Library (401 Merrimack St., Lowell, Mass., 978-674-1542, pollardml.org). Registration is required. Signup begins June 25.

• **MERRIMACK ROTARY FAMILY FUN DAY** on Fri., July 4, from noon to 8 p.m. at the Upper Elementary School (O’Gara Drive, Merrimack, merrimack4th.com). There will be vendors, chalk art, live dem-



# KIDDIE — POOL —

Family fun for the weekend

## Animal action

It's **Sea Lamprey Appreciation Day** at Amoskeag Fishways! (4 Fletcher St., Manchester, 626-3474, amoskeagfishways.org). Head to the fishways on Saturday, June 7, from 11 a.m. to 3 p.m. to learn about the sea lamprey and its habitat in the Merrimack River. Cost is \$3 per person or \$6 per family. Stop by Anheuser-Busch Merrimack Brewery Tour Center (221 Daniel Webster Highway, Merrimack, 595-1202, budweisertours.com) to celebrate Father's Day with a **clydesdale photo session** on Saturday, June 7, from 1 to 3 p.m. Take pictures with the famous horses.

## Hey, batter batter

Play ball! The **Nashua Silver Knights** will play at Holman Stadium (67 Amherst St., Nashua, 718-8883, nashuasilverknights.com) for its opening weekend. The first game is Friday, June 6, at 7:05 p.m. versus the Martha's Vineyard Sharks. They will also play on Sunday, June 8, at 2:05 p.m. against the Pittsfield Suns.

The **New Hampshire Fisher Cats** will play home games this weekend at Northeast Delta Dental Stadium (1 Line Drive, Manchester, 641-2005, nhfishercats.com). Three games against the Erie SeaWolves are scheduled for Friday, June 6, at 7:05 p.m., Saturday, June 7, at 7:05 p.m. and on Sunday, June 8, at 1:35 p.m.

## See a show

Stop by the Manchester City Library West Branch (76 N. Main St., Manchester, 624-6560, manchester.lib.nh.us) will show **Planes** on Friday, June 6, from 3 to 5 p.m. Visit the Derry Opera House (29 W. Broadway, Derry, stepsnh.org) to see **Fame, Jr.** produced by the Specialized Theater Enrichment Program, on Friday, June 6, at 7 p.m. and again on Saturday, June 7, at 1 p.m. or 7 p.m. Tickets are \$15 for adults and \$10 for students and seniors. Watch the silly story **The Cat in the Hat**,

onstrations and entertainment, crafts, a Merrimack police dunk tank and more.

- **4TH ANNUAL FAIRY LAND FESTIVAL** with Wolfeboro Area Children's Center at Cate Park (Wolfeboro, 569-1027) on Sat., July 5, from 10 a.m. to 2 p.m. A tour of 30 fairy houses will be given. Kids can even build their own fairy house. Admission is suggested donation of \$5.
- **FAIRY AND ELF HOUSE**

**BUILDING DAY** at the Children's Museum of NH (6 Washington St., Dover, 742-2002, childrens-museum.org) on Fri., July 11, from 11 a.m. to 3 p.m. Admission is \$9 per person and activity and materials is included. No registration necessary.

- **IROBOT AT THE LIBRARY** at Pollard Memorial Library (401 Merrimack St., Lowell, Mass., 978-674-4120, mvlc.org) on Mon., July 14, at 10:30 a.m. for children in kindergar-

ten through fourth grade. Learn about robots. Sign-up begins June 24.

- **COLOSSAL CONSTRUCTION DAY**, an extreme building challenge, at the Children's Museum of NH (6 Washington St., Dover, 742-2002, childrens-museum.org) on Sat., July 26, from 11 a.m. to 3 p.m. Admission is \$9 per person and the activity and materials are included. No registration necessary.
- **HOGWARTS ACADEMY**



by Dr. Seuss, at the Rochester Opera House (31 Wakefield St., Rochester, 335-1991, rochesteroperahouse.com) with a showing on Sunday, June 8, at 2 pm. Tickets are \$12.

## Happy birthday

Celebrate the Rodgers Memorial Library's (154 Derry Road, Hudson, 886-6030, rogerslibrary.org) **5th birthday** on Saturday, June 7, from 10 a.m. to 3 p.m. There will be free birthday cupcakes. Arts and craft activities and live music will be playing. Kids can enter to win contests, and there will be a local author fair with 20 authors on hand to share and talk about their books.

## Fun runs

Support Girls on the Run by participating in the **7th Annual Spring 5k Celebration** on Saturday, June 7, at 9 a.m. at Medtronic at Pease Airport (Portsmouth) or on Sunday, June 8, at 10:30 a.m. at New Hampshire Technical Institute (Concord). Visit [girlsontherunnh.org](http://girlsontherunnh.org) or email [betsy.cissel@girlsontherun.org](mailto:betsy.cissel@girlsontherun.org) to register. Pre-registration for ages 9 and older is \$20 (\$25 on race day). Pre-registration or race-day registration is for ages 8 and younger is \$5.

Walk a 3k to raise money for the blind at the **3k Walk for Sight** on Saturday, June 7, at 10 a.m. at the NH Association for the Blind (25 Walker St., Concord, 224-4039, sightcenter.org). Cost is \$15 for adults and \$5 for children 12 and under. The registration cost will include a T-shirt, lunch and entry for a raffle.

**THANK YOU**  
to all who voted for us  
3 years in a row

Hippo's Best of 2014  
Friendliest Dentist

for your complimentary smile consultation, contact:  
Paul E. Thompson, DDS  
222 River Road, Manchester  
[www.newhampshiresmiledentistry.com](http://www.newhampshiresmiledentistry.com)  
call 669-6131

**THOMPSON**  
*Smiles by Design*  
"Your Smile Deserves Our Care"

AACD American Academy of Cosmetic Dentistry

**FREQUENT HEARTBURN?**  
Nexium is now available  
without a prescription!

**\$21.99 SALE**  
Regular price is \$28.99  
**SAVE \$7** This Sale is good through  
Monday 6/30/14

**Elliot Pharmacy** | 663-5678 • 175 Queen City Ave, Manchester NH  
AT RIVER'S EDGE | [ElliotPharmacy.org](http://ElliotPharmacy.org) • M-F 7am to 7pm • Sat & Sun 8am to 5pm

**ALAPAGE**

25 SOUTH RIVER RD  
BEDFORD, NH | 603.622.0550

ALEX AND ANI GRADUATION COLLECTION | MADE IN AMERICA WITH LOVE®

Walk in a skeptic,  
walk out with a masterpiece!

**Wine. Paint. FUN!**  
We'll make an artist out of you  
even if you can't draw a stick figure!

**Date Night • Girls Night • Family Time**

Wine & Beer • Spiked Coffees  
Hot Appetizers • and other Treats

Pick a Painting, Pick a Date  
Reserve Your Seats Online:  
**GraffitiPaintbar.com**

2 Cellu Dr., Nashua, in the plaza  
next to Target & Panera on Rt. 101A  
[info@graffitipaintbar.com](mailto:info@graffitipaintbar.com) • 603.589.9948



Dear Donna,

I have a question for you. I read your column weekly and thought you might be the one to help me with this.

My mother worked in the Amoskeag Mills for all of her working career. She worked with material, and so much of it showed up at home. Now after her death (she was 86) we have way too many remnants and fabric pieces that we don't know what to do with. If there might be any value to them we wouldn't want to toss them away. Or is it all trash?

Everything we have is patterned and more on the cotton side, scrap-size pieces. I would be so happy to find someone who could today find a use for all or some of it. Please advise as to what you think we could do.

Beth of Derry

Dear Beth,

I am so glad you did take the time to write. I believe there is always someone or something that can be done with almost everything out, there especially antiques and such.

I am thinking by your mom's age that the material must be old — that it's cotton is a good thing. I know that a lot of fabrics that came out of the mills is still around today, because your mom wasn't the only one that brought items home from work from the factories. I have been in many homes where there was lots of material in the basement that was brought home from work.

Now, without seeing your material and

not knowing if it was old feed or grain sack material (which was a patterned material used for grains and feed and sometimes even sugar), it's tough to give you a value. Any old material would be great for a quilt maker. But if it were feed sack or other older cloth, it could be much more valuable and hard to come by for quilt collectors looking for material to repair antique quilts.

The other thing you would look for would be any pieces marked with The Amoskeag tag or label. That would make it more of a local collectible. Without any identification it's tough to prove where it actually came from, even though you know.

So my final word on this without seeing any of it would be, if it's old (I mean from at least the 1930s or older), you must have a few hundred dollars worth of material and should have someone come in and look at it before you do anything with it. How much of it you have will determine the value and, of course, the use of it as well.

I am so glad you didn't just throw it away. It's always good to ask before you throw anything old away.

Donna Welch has spent more than 20 years in the antiques and collectibles field and owns From Out Of The Woods Antique Center in Goffstown (fromoutofthewood-santiques.com). She is an antiques appraiser and instructor. To find out about your antique or collectible, send a clear photo of the object and information about it to Donna Welch, From Out Of The Woods Antique Center, 465 Mast Road, Goffstown, N.H., 03045. Or email her at footwdw@aol.com or drop by the shop (call first, 624-8668).

**SUMMER ENRICHMENT PROGRAM** at Pollard Memorial Library (401 Merrimack St., Lowell, Mass., 978-674-4120, mvlc.org) on Tues., July 29, at 10:30 a.m. Student wizards and witches can come to practice their magic. Children in 2nd grade and up. Registration begins June 24.

**Arts**

- **AFRICAN BATIK PROGRAM** at Making Community Connections Charter School (60 Rogers St., Manchester, 935-7488). The program will continue to run on Fridays and will teach the art of Batik on rice paper and sand painting. This program is open to middle and high school students.
- **ART CLASSES** Susan Clement's Art Studio (48-46 Townhouse Road, Allentown, susanclement@comcast.net, susanclementsartstudio.com) has small personalized art classes in drawing, oil/acrylic/watercolor painting and sculpture for kids ages 7 to 14. Registration is open online.
- **ART CLASSES** will be held at the Kimball Jenkins Estate (266 N. Main St., Concord, 225-3932, kimballjenkins.com) throughout the spring for both children and adults.
- **ART ON WHEELS MOMMY AND ME** for ages 3 to 5 will start on Thursdays at 12:30 p.m. with the Bedford Parks and Recreation (Bedford, 472-5242, bedfordreonline.com).
- **SUSAN CLEMENT'S ART STUDIO** (46-48 Townhouse Road, Allentown, susanclementartstudio.com) offers classes for ages 7 to 14 in oil painting, acrylics, watercolors and sculpting.
- **THEATER CLUB** for ages 8 through 12 meets every Monday at 6 p.m. at Rodgers Memorial Library (194 Derry Road, Hudson, 886-6030, rodgerslibrary.org). Registration is required.

**Contests/scholarships**

- **SUPER DAD WRITING CONTEST** with the Concord Food Co-op (24 S. Main St., Concord, marketing@concordfoodcoop.coop, concordfoodcoop.coop/dad) will be an opportunity for kids to enter in their Super Dad Contest by Wed., June 11. Write about a memorable moment and send in a picture. The contest is free.
- **SUMMER LEGO CHALLENGE** to build the best Lego structure at Pollard Memorial Library (401 Merrimack St., Lowell, Mass., 978-674-4120, mvlc.org) on Mon., July 12, at 10:30 a.m. and again on Mon., July 28, at 10:30 a.m. Children in 2nd through 4th grade are welcome. Signup is required and starts June 24.

**Music**

- **MUSIC & MOVEMENT** with the Concord Community Music School (Concord, 228-1196, ccmusicschool.org) will run on Tuesdays, from June 3



## PAWS WALK

Grab your pooch and walk in the annual Paws Walk at Stratham Hill Park (270 Portsmouth Ave., Stratham, 772-2921, nhspca.org) to benefit the New Hampshire SPCA on Sunday, June 8, at noon. Registration for the walk will begin at 10 a.m. Walkers can choose to do a 1.5 walk or 2 mile walk. Registration for adults is \$20. Children 16 and younger will have a registration of \$5. There will be live music, vendors, face painting and more after the walk.

## OLD HOUSE AND GARDEN FESTIVAL

Moffatt-Ladd House and Garden (154 Market St., Portsmouth, 430-7968, portsmouthnh.org) will hold the Our Old House & Garden Festival on Saturday, June 7, from 1 to 5 p.m. Visitors will have the opportunity to take tours of the house and talk with staff about the arts, art conservation and historic preservation. There will be a plant sale throughout the festival and a concert at 4:30 p.m.

through July 8. Instructor will be Heather Oberheim. There will be a sing, dance and paint week for ages 3 to 6 years. A move, shake and sing class for 8 to 30 months and a yoga and dance class for 2 to 6 years. Call to register.

- **JAZZ CAMP** with the Concord Community Music School (Concord, 228-1196, ccmusicschool.org) will run from July 7 through July 11, from 9:30 a.m. to 1:30 p.m. Ages 12 and older can learn to play jazz instruments. Call to register.
- **CREATIVE ART CAMP** with the Concord Community Music School (Concord, 228-1196, ccmusicschool.org) will run from July 14 through July 18 or from July 21 through July 28. Children in grades 1 through 6 can participate in a singing and instrumental class, in a dance and creative movement class and a visual arts class. Call to register.

**Nature**

- **WEIRD ANIMALS SUMMER KIDS CAMP** for ages 4 through 11 at the Shiloh Community Church (55 Edmond St., Manchester, Mon. through Fri., July 21-25, from 6 to 9 p.m. Campers will do a variety of experiments, play animal-related games, eat snacks and sing along to music. The camp is free. For more information, visit shilohvbs.com.
- **GARDEN CLUB** for grades 3 through 7 with the Concord Rec (Concord, 225-8690,

concordnh.gov.recreation) on Thursdays through Sept. 4, from 4 to 6 p.m. Learn about basic gardening skills, bugs and birds.

- **FAMILY WISE TALKS** at the Seacoast Science Center (570 Ocean Blvd., Rye, 436-8043, seacoastsciencecenter.org) on the third Saturday of the month, at 2 p.m. "Mother West Wind" visits from the Green Meadows with stories about the creatures that live at Smiling Pond and Laughing Brook. Free with admission.
- **SATURDAY TREKS** at the Seacoast Science Center (570 Ocean Blvd., Rye, 436-8043, seacoastsciencecenter.org/calendar) on the third Saturday of the month, 9 a.m. to noon. For children ages 4 to 7. Nature walk, bring camera. Cost is \$35 per child.

**Ongoing activities**

- **ANIMALS AND ME** at Meredith Public Library (91 Main St., Meredith, 279-4303, meredithlibrary.org), Wednesdays, from 9:45 a.m. or 1 p.m. For ages 3 to 5. Learn about animals with stories and crafts to help expand vocabulary.
- **AMERICAN GIRL CLUB** at Barnes & Noble (1741 S. Willow St., Manchester, 668-0022) on Mondays at 6:30 p.m. All are welcome. Bring your American Girl doll.
- **BECK'S ART EXPRESS** offers children's art parties and art education (141 Amherst St., Nashua, 889-1670, artsexpressnh.com).

- **BOOKS AND BABIES** for ages 1 and 2 meets every Thursday at 11 a.m. at the Rodgers Memorial Library (194 Derry Road, Hudson, 886-6030, rodgerslibrary.org). Registration is required.
- **BOOK BANTER** for grades 3 through 5 meets every Wednesday at 4 p.m. at the Rodgers Memorial Library (194 Derry Road, Hudson, 886-6030, rodgerslibrary.org). Registration is required.
- **BOOK BUNCH** for kindergarten through second grade meets every Thursday at 4 p.m. at the Rodgers Memorial Library (194 Derry Road, Hudson, 886-6030, rodgerslibrary.org). Registration is required.
- **FAMILY BOOK CLUB** at the Wilton Public and Gregg Free Library (7 Forest Road, Wilton, 654-2581, wiltonlibrarynh.org) for 6- to 8-year-olds on the first Wednesday of the month, at 5:30 p.m. Registration is required. Pick up the book at library then meet to discuss the story. There will be crafts and snacks.
- **CELEBRATE SPANISH** at the Arlington Street United Methodist Church (63 Arlington St., Nashua, 521-0138) on Wednesdays, 10 to 11 a.m. Participate in activities conducted in Spanish. Spanish speakers are encouraged. Activities are available for preschool to middle school-aged students. Admission is free.
- **CLASSES FOR SPECIAL NEEDS CHILDREN** at the Nashua YMCA (24 Stadium





# LYME DISEASE

The Concord City Council Chambers (37 Green St., Concord, 225-6840, concordfoodcoop.coop/classes) will hold a free class on Lyme disease with Dr. Amanda Hegnaeur, ND, Naturopathic Doctor, on Tuesday, June 10, from 6 to 7 p.m. The disease is considered difficult to diagnose, with about 50 percent of people not knowing they have it. Learn about the disease to help prevent it in New Hampshire. Admission is free but registration is required.

Drive, Nashua, 882-2011) and the Merrimack YMCA (6 Henry Clay Drive, Merrimack, 881-7778). Classes are available ages 5 to 12 and include swim lessons, music classes, tumbling classes, Uniquely Fun Sports, dance classes and art classes.

• **CONCORD BOYS & GIRLS CLUB** (55 Bradley St., Concord, 224-1061, concordkids.org) offers after-school programs ages 6 to 18. There are also programs in Suncook and Hopkinton along with fall and winter basketball. Applications for after-school programs are on the website.

• **CRAFT EXTRAVAGANZA** at Tucker Free Library (31 Western Ave., Henniker, 428-3471, tuckerfreelibrary.org) every Thursday at 3:15 p.m. for grades K to 2.

• **THE CREATIVE CONVERSATION** at the Trumpet Gallery (8 Grove St., Peterborough, 924-9862, 891-9099) every Wednesday, 3 to 5 p.m. Kids are invited to visit the gallery to draw.

• **CREATIVE CRAFT CLASSES** at Nashua Public Library (2 Court St., Nashua, 589-4600, nashuapubliclibrary.org) Thursdays at 4 p.m. For ages 6 to 10. Register online at [tinyurl.com/nplkid](http://tinyurl.com/nplkid) for up to three of six options.

• **DUNGEONS AND DRAGONS CLUB** at the Hollis Social Library (2 Monument Square, Hollis, 465-7721, hollislibrary.org) on the second and fourth Mondays of the month, 4 to 5 p.m. Receive an introduction to Dungeons and Dragons.

• **DUNGEONS AND DRAGONS PLAYERS UNITED** at the Wilton Public and Gregg Free Library (7 Forest Road, Wilton, 654-2581, wiltonlibrarynh.org) every Thursday, 3 p.m. All ages are welcome to join in with a group of Dungeons and Dragons fans.

• **EXPLORING OUR WAY AUTISM PROGRAM** at the Children's Museum of New Hampshire (6 Washington St., Dover, 742-2002, childrensmuseum.org) meets on Sundays during the school year, 10 a.m. to noon. The program provides an opportunity for children on

the autism spectrum and their families to explore the museum with support from museum staff and volunteers.

• **FIRST FRIENDS PLAY GROUP** at Children's Museum of NH (6 Washington St., Dover, 742-2002, childrensmuseum.org) runs every Wednesday 9:30 to 11 a.m. Parents and their children ages 6 to 24 months are invited to come and play. This drop-in program is free for museum members; non-members pay regular admission.

• **FRIDAY AFTERNOON MOVIES** at West Manchester Community Library (624-6550) every Friday at 3 p.m.

• **FRIDAY FAMILY MOVIES** at Hollis Social Library (2 Monument Square, Hollis, 465-7721, hollislibrary.org) on the first Friday of the month at 5:15 p.m. Bring a potluck dish to share.

• **GIRL SCOUTS** of the Green and White Mountains, for girls ages 5 to 17. Make friends, take action, and have new and exciting experiences. See [girlscoutsgwm.org](http://girlscoutsgwm.org) or call 888-474-9686 to find a troop in your area.

• **GREATER MANCHESTER YMCA** (Manchester, Goffstown, Londonderry and Rochester, 623-3558, graniteymca.org) provides childcare for preschool through school-age children. Programs include before and after school care, vacation camps, teen centers, and summer camps.

• **GREATER NASHUA YMCA** (6 Henry Clay Drive, Merrimack, 881-7778, and 17 Prospect St., Nashua, 882-2011, nmymca.org) offers an after-school program for children in grades 1 through 6.

• **HOMEWORK HELP** for free at the Connection Center (280 DW Hwy, Merrimack, 670-8504, connectioncenter.org) every Friday, from 3 to 5 p.m.

• **INK BUDDIES** for grades 2 through 5 meets every Tuesday at 4 p.m. at the Rodgers Memorial Library (194 Derry Road, Hudson, 886-6030, rogerslibrary.org). Registration is required.

• **LEGO BRICK CLUB** for

ages 5 through 12 meets every Friday at 4 p.m. at the Rodgers Memorial Library (194 Derry Road, Hudson, 886-6030, rogerslibrary.org). No registration.

• **LEGO CLUB** in the auditorium of Concord Public Library (45 Green St., Concord, 225-8670, concordnh.gov), second Thursday of each month, 3:30 to 4:30 p.m. Each month participants will be given a new building challenge; designed for grades K through 8. Registration is not required.

• **LEGO CLUB** at Wilton Public and Gregg Free Library (7 Forest Road, Wilton, 654-2581, wiltonlibrarynh.org), first and third Friday of the month at 3:30 p.m. For ages 6 and older. Build your own Lego project.

• **LEGO PARTY** at Wadleigh Memorial Library (49 Nashua St., Milford, 673-2408, wadleighlibrary.org) on the third Thursday of the month, from 4 to 6 p.m. Visit the library to build your own creations from legos.

• **LEGOS** at Meredith Public Library (91 Main St., Meredith, 279-4303, meredithlibrary.org), every Tuesday and Thursday, 5 to 7:30 p.m. The library will provide a box of Legos to build with.

• **LUNCH BUNCH** for kindergarten's meets every Wednesday from 11:45 a.m. to 12:45 p.m. to sing songs, listen to stories and do crafts at the Pelham Public Library (24 Village Green, Pelham, 635-7581, pelhampubliclibrary.com). Bring lunch.

• **MAD SCIENCE AFTER SCHOOL PROGRAMS** at Riddle Brook School (230 New Boston Road, Bedford, 472-5242, bedfordreonline.com) include a science explorers program for kindergarten and first grade and a FUN-damental science program for grades 2 through 6.

• **MAJESTIC ACADEMY OF DRAMATIC ARTS** offers classes at the Majestic Theatre (922 Elm St., Manchester, 669-7469, majestictheatre.net) for ages 4 to 12 and teen classes for ages 15 and older. Classes include acting, dance and other

## NEW ART FOR SPRING!

Bring in your prints for a fresh, new frame.

**E.W. Poore**  
FRAMING, INC.

775 CANAL ST., MANCHESTER

TUES & THURS 10-8,

WED & FRI 10-5, SAT 10-230

WWW.EWPOORE.COM • 603.622.3802

**I DRAW YOUR CITY, YOUR BUSINESS, YOUR HOME**  
**destramp.com**  
**978-399-4004**

## We're BIGGER than you think.

Over 6,000 sq. ft. of

- Vintage Discoveries
- Retro
- Jewelry Galore
- Fine & Fun Furniture

Making Shopping **FUN** Since 1995!



Showcase  
Consignments



332 Dover Rd. (Route 4) Chichester  
798.4199 • [showcaseconsignments.com](http://showcaseconsignments.com)

**Van Otis**  
chocolates

603.627.1611  
341 Elm Street  
Manchester  
NH 03101  
[www.vanotis.com](http://www.vanotis.com)

## Don't Forget Father's Day!

Father's Day Is June 15!



We buy only the largest and freshest cashews and then prepare them in our own special way. They are simply delicious!! Once you've had our cashews, you'll never want any other.

**30% OFF**  
Roasted Cashews

Offer valid 6/2/14 thru 6/8/14.  
Online Code: NUTS30





# Spring flowers

New blooms every day

By Henry Homeyer  
listings@hippopress.com

Each year I anticipate spring with great enthusiasm, not because I don't like winter, but because almost every day there are new flowers blooming in my garden. I'm keeping a list as they bloom this year, and by the end of May, I had almost 50 species and countless varieties that either had bloomed or were blooming in my garden.

First to bloom each spring are the small bulb plants: snowdrops, winter aconite, scilla and glory of the snow. Then come the daffodils and tulips, many of which are still blooming nicely. My late tulips are still in bud.

This year I have some lovely grape hyacinths (*Muscari spp.*) including one called "Christmas Pearl" that I got from Brent and Becky's bulbs last fall. I especially like it because each little bulb seems to send up two blossom stems, one large blossom and then a second smaller blossom a while later.

Now I have spring snowflake (*Leucojum vernum*) in bloom. Or maybe it is summer snowflake (*L. aestivum*). They both look a bit like snowdrops on steroids. The white blossoms look down like snowdrops, but are atop 16-inch stems, and have little green decorations at the tip of each petal.

This is a bulb plant that I got as a gift over 20 years ago and the clump just gets a little bigger every year. It's supposed to be a zone 5 plant, and I have had colder winters by far, but it keeps coming back. It's in full sun with lightly moist soil.

Trillium is technically a wildflower, but I have 4 kinds that bloom for me in shade gardens. The common one is called wake-robin or stinking Benjamin (*Trillium erectum*). Like all trilliums, it has three leaves and three petals. The flowers are a



Umbrella plant. Photo by Henry Homeyer.

deep maroon. Then there is the white-flowered one (*Trillium grandiflorum*) which generally blooms for a longer time than the common one, and often fades to pink. I also have a double white, which is very rare, and has extra petals. Lastly I have a yellow trillium (*Trillium lutea*) that I bought at the New England Wild Flower Society's garden in Framingham, Mass. Its native home is in the southern Appalachians, and is less hardy than the others. I have seen painted trillium (*T. undulatum*) in the woods. It is a native here, but I don't have any. If I see one for sale, I will surely buy it.

Right now down by my stream is a favorite, a dramatic big-leafed plant, the umbrella plant (*Darmiera peltata*). I planted

it over some of the ashes I was given after my sister, Ruth Anne, died in 2009. The flowers are big clusters of small pink flowers that stand two feet above the ground. This year I have nine stems, each topped with a cluster or cyme, 3 to 6 inches across. Later, the 2-foot wide leaves will grow big enough to serve as umbrellas for gnomes. I placed a marble bench next to these flowers, a good place to reflect on the ephemeral nature of life while listening to the burble of the stream.

Under my wild apple trees I have what I call my primrose garden. It is dominated by candelabra primroses (*Primula japonica*) but has several other species as well. The "japonicas" as I call them, have three tiers

of flowers that blossom in sequence, each a whorl of color- from magenta to pink to white. They throw seeds and spread like crazy for me. I have hundreds. They are in dappled shade and a fairly wet, rich soil.

Also in that primrose garden are some with no common name, though I call them "kissing primroses" because the Latin name, *Primula kisoana*, sounds a little like kiss (I pronounce it Kiss-O-Anna). These are low-growing and spreading primroses that are a deep pink, and are in bloom now. They spread by root, but do not overpower nearby plants, which is nice. There is a white one, which is less vigorous. Everyone should have the kissing primrose. I got mine from Cider Hill Gardens in Windsor, Vt.

Also in bloom now is bleeding heart (*Dicentra spectabilis*). Listed in most books as needing full sun, I recommend just morning sun or dappled shade. In full sun the foliage dies back by mid-summer, while less sun allows it to look good until fall. It likes good, rich soil and some moisture, but I also have them growing out of a sheer rock wall where there is little or no soil at all. Go figure.

There is also a pure white variety (*D. spectabilis alba*), and pink and white varieties of its cousin, the fringed or wild bleeding heart (*D. eximia*). The fringed bleeding heart is a native woodland plant, though not common in the woods. I have those in pink and white varieties. They tend to bloom off and on all summer, and will grow in dry shade.

So go enjoy the spring and keep on buying new things and trying them out. We deserve spring flowers after the winter we had!

Henry Homeyer is a gardening consultant and the author of four gardening books. His website is Gardening-Guy.com. 🍌

theater skills.

• **MANCHESTER BOYS & GIRLS CLUB** (555 Union St., Manchester, 625-5982 or 625-5031, mbgcnh.org) offers after-school programs in various locations in Manchester, including the Keystone Club and homework help.

• **MINECRAFT FOR KIDS** ages 6 through 12 meets every Thursday at 6 p.m. at the Rodgers Memorial Library (194 Derry Road, Hudson, 886-6030, rodderslibrary.org). No registration.

• **MONKEY TRUNKS EXTREME AERIAL ADVENTURE PARKS** are high ropes and zip line courses with low ropes options for younger children (579 Endicott St. North, Laconia, and 1853

Chocorua Mountain Highway, Chocorua). Visit monkeytrunks.com.

• **MOTHER-DAUGHTER BOOK CLUB** at Hollis Social Library (2 Monument Square, Hollis, 465-7721, hollislibrary.com) on the third Wednesday of each month, 7 p.m. For girls in grades 5 through 8 and their mothers. Attendees are requested to bring a potluck dish.

• **MOTHER GOOSE** Wilton Public Library (7 Forest Road, Wilton, 654-2581, wiltonlibrary.org) will hold Mother Goose on the Loose, a literacy program for children on Wednesdays mornings from 9:30 to 10 a.m.

• **NO-BAKE COOKING** Wilton Public Library (7 Forest Road, Wilton, 654-2581, wiltonlibrary.org) will teach children

ages 8 and up a different recipe on the first and fourth Tuesday of the month at 3:30 p.m. Registration is required.

• **NASHUA BOYS & GIRLS CLUB** (47 Grand Ave., Nashua, 883-0523, bgcn.com) offers programs for ages 5 to 18. Transportation is available from all Nashua schools to the Boys & Girls Club along with after-school programs at area schools. The website has a full listing of programs.

• **PAINT PARTY** (63 Range Road, Windham, 912-5441, paintpartynh.com) offers programs for children and teenagers on Saturdays, 10 to 11:30 a.m. and 3 to 4:30 p.m. All paintings will be completed in a single session. Cost is \$25.

• **PAWS FOR PAGES** Concord

Public Library (45 Green St., Concord, 225-8670, concordnh.gov) on the first and third Thursdays, 3:30 to 5 p.m., and the second and fourth Wednesdays, 3:30 to 5 p.m.

• **PAWS TO READ** at the Wilton Public Library (7 Forest Road, Wilton, 654-2581, wiltonlibrarynh@gmail.com) on the third Thursday of each month, at 3:30 p.m. Children can read to Caro, the therapy dog, for 15 minutes. Registration guarantees a spot but drop-ins are also welcome.

• **PAPER CRAFT** at the Wilton Public and Gregg Free Library (7 Forest Road, Wilton, 654-2581, wiltonlibrarynh.org), third Wednesday of the month at 3:30 p.m. For ages 8 and older, a different paper craft each month.

• **PLAY DOUGH PLAY TIME** at Kalily Studio (22 Huckins Road, Epsom, 783-6065, kalilystudio.com) Saturdays, 10 a.m. to noon. \$5 per child drop in rate.

• **SOUHEGAN VALLEY BOYS & GIRLS CLUB** (56 Mont Vernon St., Milford, 672-1002, svbgc.org) offers after-school for 6 to 18-year-olds along with before-school program for elementary students.

• **SWEET SATURDAYS** at Meredith Public Library (91 Main St., Meredith, 279-4303, meredithlibrary.org), Saturdays, 10 a.m. to noon. Create art and learn art concepts.

• **TAIL WAGGING TUTOR** for all ages meets on Saturdays, from 1 to 4 p.m. at the Rodgers Memorial Library (194 Derry

Road, Hudson, 886-6030, rodderslibrary.org). Register for a 30 minute slot online.

• **TUESDAYS WITH STORIES** at Pelham Public Library (24 Village Green, Pelham, 635-7581, pelhampubliclibrary.org) on the second Tuesday of the month, from 3:30 to 4:30 p.m. For grades 2 to 4, visit the library for a book and an activity.

• **TUESDAYS WITH WEEZER** at the Wilton Public and Gregg Free Library (7 Forest Road, Wilton, 654-2581, wiltonlibrarynh.org) on the second and fourth Tuesday of the month, at 3:30 p.m. For ages 8 and up, learn no-bake cooking. Registration is required.

• **WII FRIDAY** at Hollis Social Library (2 Monument Square,





## NEW WOMEN'S PRISON

The Concord Chamber of Commerce will hold a forum on the new women's prison in Concord on Friday, June 6, from 7:30 to 9 a.m. at the Holiday Inn (172 N. Main St., Concord, 224-2508, concordnhchamber.com). The forum will be a discussion on what the new prison will mean for Concord. The guest speaker is Assistant Commissioner of the NH Department of Corrections William McGonagle. Cost is \$30 and will include a breakfast.

Hollis, 465-7721, hollislibrary.org), every Friday, from 2:30 to 4:45 p.m. Games and snacks will be provided, but kids in grades 3 and up are invited to bring their own.

• **WII WEDNESDAY** at Wilton Public and Gregg Free Library (7 Forest Road, Wilton, 654-2581, wiltonlibrarynh.org), fourth Wednesday of the month at 3:30 p.m. For grades 5 and up, Wii and board games will be available for an afternoon of play.

• **YWCA OF MANCHESTER** (72 Concord St., Manchester, 625-5785, ywcanh.org) offers Peer Action Changing Tomorrow, a 10-week YWCA teen leadership and education program that empowers teens to become resources and consultants to peers about sexuality and health concerns, and Girls Circle, a safe and fun place for girls to get away from all the difficult things they deal with from day to day. It also offers an after-school program for girls 6 to 13.

### Teen/tween events

• **LEARN HOW TO BE A SUPER SITTER** at St. Joseph Hospital (172 Kinsley St., Nashua, 595-3168, stjosephhospital.com/classes) on Wed., June 25, July 16 and Aug. 13, from 3:30 to 6 p.m. Cost is \$25 to learn how to be a babysitter. Registration is required.

### Continuing Education

#### Open house

• **OPEN HOUSE** at Manchester Community College (1066 Front St., Manchester, 206-8100, mcnh.edu) on Wed., June 11, from 4 to 7 p.m. to learn about the school's programs. Drop off an application have the \$20 fee waived.

### Computers & tech

• **FACEBOOK AND TWITTER: CONNECT, LEARN, AND GROW WHILE STAYING SAFE** on Wed., July 9, from 2 to 3:30 p.m. at the Amherst Town Library (14 Main St., Amherst, 673-2288, amherstlibrary.org). Greg Page will present about how to use Facebook and Twitter carefully.

• **DISCOUNT ELECTRONICS RECYCLING** at the Hudson Rec Center (2 Oakwood St., Hudson, 880-2077, bldibble@aol.com, hudson21.mypack.us). Bring your electronics to recycle them for less than Pinard charges to benefit Cub Scout Pack 21. Acceptable items are computers, televisions, laptops and printers and more.

• **COMPUTER WORKSHOPS** The Nashua Public Library (2 Court St., Nashua, 589-4611, nashualibrary.org) is now registering for free one-day workshops on computer basics, Internet, Word 2010, advanced Word 2010, Powerpoint 2010, Excel 2010, advanced Excel 2010, Access 2010, genealogy and online job searching. Register at nashualibrary.org/computerclasses.htm.

• **E-READER DROP-IN SESSIONS** at Wilton Public and Gregg Free Library (7 Forest Road, Wilton, 654-2581) on the first Wednesday of the month. Schedule a one-on-one session to learn about downloading library books.

• **COMPUTER TRAINING** at Wilton Public and Gregg Free Library (7 Forest Road, Wilton, 654-2681). Training sessions are offered at no cost. Call or email billb@wiltonlibrarynh.org.

• **COMPUTER TUTOR** at Rye Public Library (581 Washington Road, Rye, 964-8401) Mondays, 9:30 to 11 a.m. Register for 20-minute sessions for your own specific computer needs.

• **COMPUTER TUTORIALS** at the Hollis Social Library (2 Monument Square, Hollis, 465-7721, hollislibrary.org) on Mondays, at 6:45 p.m. and 7:30 p.m., and Wednesdays and Fridays, at 10:45 a.m. and 11:30 a.m. One-on-one sessions are available for most computer topics.

### Music

• **MUSIC CLASSES FOR ADULTS** are offered by Amy Conley in Milford, Nashua and Hollis. Classes include Ukulele Revolution, which includes all materials and is available for all ages and experience levels. There is also a Thursday drop-in jam in Milford. Call 249-9560

or visit amyconleymusic.com.

• **UKULELE CLASSES** for adults, teenagers, children and classroom teachers taught by Amy Conley at locations in Milford, Nashua and Hollis. New classes start every two months and instruments are included. Call 249-9560 or visit amyconleymusic.com.

### Professional development

• **PRACTICAL NURSE REFRESHER COURSE** at St. Joseph School of Nursing (5 Woodward Ave., Nashua, 594-2567, sjson.edu) will begin on June 9 and end on July 31. Times will be on Wednesdays, from 8 a.m. to 4 p.m., Thursdays, from 8 a.m. to noon and clinical will be from 7 a.m. to 3 p.m. on Mondays and Fridays. Cost is \$1,645 with a \$50 application fee.

• **WORKREADYNH** Class at NHTI (31 College Drive, Concord, 271-6486, ext. 4426, lnicol@ccsnh.edu, ccsnh.edu) where participants earn certifications and improve skills will start on July 8 and run through July 25. This program will help those looking for jobs. Registration is required.

• **MEDICAL OFFICE COURSES** weekly at the Office Technology Training Program at the Nashua Adult Learning Center (4 Lake St., Nashua, 882-9080, ext. 218, adultlearningcenter.org).

• **NURSING ASSISTANT PROGRAM** from the American Red Cross, Granite Chapter Office (2 Maitland St., Concord, 225-6697 or 1-800-464-6692), teaches students how to care for residents in long-term facilities/home/hospitals in a licensed nursing assistant eight-week program. Registration fee is \$50 and course tuition is \$1,200. Must be 16 years old. High school diploma or GED not required.

• **RECIPE FOR SUCCESS** culinary job training program at the NH Food Bank, (Manchester, 669-9725, nhfoodbank.org), offers training and experience to unemployed and underemployed adults who wish to obtain jobs in the food service



**Bring your inner goddess out!**

**Try our NEW Treatments!**

- Permanent Hair Removal
- Botox
- Specialty Facial Treatments
- Fillers
- Liquid Facelifts
- Corrective Skincare
- ...and much more!

**chill**  
(603) 622-3722  
1224 HANOVER ST MANCHESTER

**Manchester OB/GYN Associates**  
(603) 622-3162  
manchesterob.com  
MANCHESTER / LONDONDERY

**chillspa.com** **manchesterob.com**

**Hey you, with the Wine Stained Teeth!**

Clean up your act with **Teeth Whitening**.

Make your free consultation appointment today!



*Creating One Smile At A Time*

**Richard Kudler, DMD** **669-8678**

97 W. Merrimack St., Manchester • [www.DrKudler.com](http://www.DrKudler.com)



*"NHTI is a great place to start, you can't go wrong. The professors will help point you in the right direction."*

~ Sarah, Accounting, Class of 2009

**Start Here . . . Go Anywhere!**

### Now Offering 100% Online Accounting Degree

According to the U.S. Bureau of Labor Statistics Occupational Outlook Handbook, employment in accounting and auditing fields is expected to grow 14% through 2020 to meet the increased demand for financial regulation and compliance.

The NHTI Accounting Degree Program prepares students for entry-level positions in accounting, business or finance, and those who seek transfer opportunities to four-year colleges and universities.

Contact Academic Advising at  
(603) 230-4021 or [nhtiadvctr@ccsnh.edu](mailto:nhtiadvctr@ccsnh.edu).




**NHTI**  
Concord's Community College  
**nhti.edu**

091726

**Charmingfare Farm**

**Guided Horseback Trail Rides**



Whether a first-timer or a seasoned expert, it's sure to be a safe and enjoyable experience!

Call or visit the website today for more information!

**Candia, NH • 603-483-5623**  
**[www.VisitTheFarm.com](http://www.VisitTheFarm.com)**

091807



# Using manufacturer's fluids isn't just a ploy



Dear Tom and Ray:

The owner's manual for my 2010 Honda CR-V with all-wheel drive states that only Honda fluids may be used in the car, except for motor oil. The dealer's service department confirms this. The rear differential gear oil, automatic-transmission fluid, power-steering fluid, brake fluid, engine coolant, etc., have to come from Honda, they say. Dire and catastrophic results are promised otherwise. I think "hellfire and brimstone" is in there somewhere, too. Is there a chance that Honda is overdramatizing this as a way to provide extra revenue to the dealer? — Stan

TOM: What the manufacturers tell us is that it's all about corrosion, Stan. Honda, and other carmakers, use different alloys of aluminum in their components -- mostly to make their vehicles lighter and more fuel-efficient.

RAY: And they say that their own fluids are designed to minimize corrosion in those specific kinds of aluminum over time.

TOM: Is it possible that they also enjoy a little extra profit by selling their own fluids? Sure. Is it possible that they benefit from having a lot of customers return to their dealerships for service so they can sell them other services and a 2015 Odyssey? Sure.

RAY: But they also may be absolutely right about their fluids minimizing corrosion on their own cars. And it's in their long-term interest to not have key components of their cars corrode and fail as they get older.

TOM: Keep in mind that just because you want to use Honda fluids, you don't have to go to the Honda dealer for service. You can ask your independent shop to use Honda fluids, and it'll get the stuff from the dealer.

RAY: We have an independent shop, and — with the exception of motor oil — we actually use nothing but Honda fluids on all late-model Hondas. The difference in cost is pretty minimal. And we figure, why risk a part that costs thousands of dollars to replace in order to save a few bucks on fluid? Especially with something like the differential oil, which gets changed only every 30,000 miles. Or the transmission fluid, which is changed even less frequently.

TOM: The only downside (and it's for us, not you) is that as more and more manufacturers demand that only their own fluids be used, we need more and more shelves in the garage to warehouse all that stuff.

RAY: We had to practically buy out

IKEA last year. Then we had to go back a week later and buy one more shelving unit to store all those Allen wrenches.

TOM: So we don't have proof that using Honda fluids is absolutely necessary, Stan. But we think it's a reasonable thing to do based on Honda's claims. That's what we do for Honda owners who come into our shop.

Dear Tom and Ray:

Our gas mileage drops when my husband drives. He has a habit of driving with cruise control on all the time. He likes to engage cruise control as soon as he gets to 40 mph. But whenever we stop — say, at a traffic light — he'll slam on the accelerator to get to 40 quickly, then engage cruise. I think that's what's causing the falling mpg. I accelerate gradually, and we get better mileage when I drive. Am I correct in thinking his driving causes the loss, or am I nuts? — Lois

TOM: We have no idea if you're nuts, Lois. But we can tell you that you're correct about your mileage.

RAY: Absolutely. Hard acceleration kills your gas mileage. The engine has to work hardest whenever it's trying to increase the car's speed — otherwise known as accelerating.

TOM: And when you make the car not only accelerate, but accelerate quickly, you magnify that effect.

RAY: When you accelerate hard, the transmission downshifts, or stays in its lower gears longer during acceleration. And because the engine runs faster, and

less efficiently, in those lower gears, your gas mileage takes a hit.

TOM: Those readers who have "instant fuel economy" readouts on the dashboard will already know this. Your car may average 22 mpg, but when you drive away from a traffic light, even at moderate speed, you can watch your instant mpg reading drop to, like, 3! Then, as the car gets closer to its cruising speed, and acceleration diminishes, the mileage starts to go back up.

RAY: And since it's relatively easy for the engine to maintain a speed (rather than increase that speed), it can be done while remaining in a higher gear. So when you're just bopping along at a steady 40, 50 or 60 miles per hour, your fuel economy is at its highest. That's why, except for with a few hybrids, highway mileage is always higher than city mileage.

TOM: Keep in mind also, Lois, that your husband is not just lowering your mileage -- by accelerating hard like that, he's also shortening the life of the transmission, the engine mounts, the timing belt and most of the other "expensive" stuff.

RAY: So if you can't persuade him to accelerate more gently and cut this out, you may have to resort of some kind of aversion therapy.

TOM: Try this: Sometime when he slams his foot on the gas pedal, spill some hot coffee on his lap, and say, "Oh, sorry hon, it was the sudden jolt!"

Visit [Cartalk.com](http://Cartalk.com) 🐾

industry. Students earn 260 hours of commercial cooking and food safety skills, resume development and interview techniques.

• **WRITING NEWSLETTERS** Nackey S. Loeb School (749 E. Industrial Park Drive, Manchester, 627-0005, [loebsschool.org](http://loebsschool.org)) is offering a writing newsletters class on June 13, from 9 a.m. to 3:30 p.m. Cost is \$50. Register online or by phone.

## Workshops

• **CREATIVE WRITING** at Trumpet Gallery (8 Grove St., Peterborough, 924-9862) on Tuesdays, 7 to 8:30 p.m. Learn writing techniques from Cynthia West, publisher of Monadnock Living magazine. Admission is \$45 per class and prior registration is required.

## Craft

### Fairs/Exhibits

• **AMERICAN LEGION CRAFT FAIR** at American Legion (11 Court St., Nashua, 882-8506) on Sun., June 8, from 9 a.m. to 3 p.m. Admission is

free.

• **MONADNOCK CRAFTERS GUILD CRAFT MADNESS** on June 14, from 9 a.m. to 2 p.m. at the Peterborough Community Center (25 Elm St., Peterborough, [monadnockcraftersguild.org](http://monadnockcraftersguild.org)). Admission is free.

• **SUMMER SOLSTICE CRAFT FESTIVAL** at the Kingston Plains (150 Main St., Kingston, [castleberryfairs.com](http://castleberryfairs.com)) on Sat., June 21, from 10 a.m. to 5 p.m. and Sun., June 22, from 10 a.m. to 4 p.m. Admission is free.

• **PRE 4TH OF JULY CRAFT FAIR** at The Tanger Outlets (120 Laconia Road, Tilton) on Sun., June 29, at 10 a.m. There will be over 80 exhibitors with a variety of arts and crafts that include glass art, metal art and even gourmet dips. Admission is free.

• **CRAFT FAIR AT THE BAY** at the Community House (24 Mt. Major Highway, Alton Bay, [castleberryfairs.com](http://castleberryfairs.com)) on Sat., July 12, and Sun., July 13, from 10 a.m. to 5 p.m. Admission is free.

## Jewelry/beading

• **BEAD PLAYDATE** at Bead Bush Studio (43 Mt. Delight Road, Deerfield, 463-7683, [beadbush.com](http://beadbush.com)), every Thursday, 10 a.m. to noon. Create bead projects and get help with existing projects. Admission is free and registration is not required.

• **BEADING GROUP** at Rodgers Memorial Library (194 Derry Road, Hudson, 886-3060, [rogerslibrary.org](http://rogerslibrary.org)) meets on the fourth Saturday of the month, 11 a.m. to 3 p.m. Visit [therovingbeaders.com](http://therovingbeaders.com).

• **JEWELRY WORKSHOPS** at Sussy-Rose Studio (35 Howard St., Wilton, 595-8233, [nashuarg@nhcrafts.org](mailto:nashuarg@nhcrafts.org), [sussyrose-shields.com](http://sussyrose-shields.com)). Enrollment and materials fees can vary.

## Knitting

• **WORLDWIDE KNIT IN PUBLIC DAY** at the Pembroke Town Library (313 Pembroke St., Pembroke, 485-7851) on June 18, starting at 10 a.m. Drop in and knit and share projects with others.

• **BROOKLINE PUBLIC**

**LIBRARY** (16 Main St., Brookline, 673-3330, [bplnh.weebly.com/index.html](http://bplnh.weebly.com/index.html)) has a knitting, crocheting and cross-stitch group that meets Mondays at 6 p.m. The group is informal and drop-ins are welcome.

• **DROP-IN KNITTING CLUB** Hollis Social Library (2 Monument Square, Hollis, 465-7721, [hollislibrary.org](http://hollislibrary.org)) every Tuesday, 3 to 4 p.m. Meet, mingle and trade yarns with local knitters. Compare patterns, sharing techniques and trading tips. Drop in, no signup required.

• **DROP-IN STITCHERS** Fridays, 9:30 to 11:30 a.m., at Rodgers Memorial Library (194 Derry Road, Hudson, 886-6030, [rogerslibrary.org](http://rogerslibrary.org)). Work on knitting, crocheting, cross-stitching or any other needlework project with company, and pass the time while sharing ideas and techniques for future work.

• **THE ELEGANT EWE** (71 S. Main St., Concord, 226-0066, [elegantewe.com](http://elegantewe.com)) offers a variety of knitting classes and workshops, as well as classes in

felting and spinning.

• **FRIDAY NIGHT KNITTING CLUB** every Friday 6 to 9 p.m. at the Yarn and Fiber Co. (11 Manchester Road, Derry, 505-4432, [yarnandfiber.com](http://yarnandfiber.com)). Open project, no fee. Bring an existing project or start a new one.

• **GOOD YARN KNITTING GROUP** at Concord Public Library (45 Green St., Concord, 225-8670) meets on Tuesdays, 6 to 8 p.m. Bring your supplies and equipment and share ideas and techniques with other knitters and crocheters.

• **HOOKSETT PUBLIC LIBRARY** (31 Mt. St. Mary's Way, Hooksett, 485-6092, [hooksettlibrary.org](http://hooksettlibrary.org)) hosts a learning-to-knit circle every Friday, 1 to 4 p.m., in the adult room of the library. Tea and coffee are served.

• **KELLEY LIBRARY** (234 Main St., Salem, 898-7064) Wed., at noon., and Thurs., at 7 p.m. Any level knitter or crocheter is welcome to join.

• **KNIT & CROCHET CLASSES** at the Spotted Sheep

Yarn Shoppe (9 Church St., Goffstown, 660-1115, [spotted-sheep yarnshoppe.com](http://spotted-sheep yarnshoppe.com)) Tuesdays, 10 to 11:30 a.m., and Thursdays, 5:30 to 7 p.m. Cost is \$15 per class for a skein of yarn.

• **KNIT 1, CROCHET 2** club the first and third Monday of the month, from 6:30 to 8:30 p.m. at the Wadleigh Library (49 Nashua St., Milford, 249-0645, [wadleighlibrary.org](http://wadleighlibrary.org)). For all levels.

• **KNIT WITS** meets at Chester Public Library (3 Chester St., Chester, 887-3404), the first and third Tuesday of each month at 6:30 p.m. Work on a craft, chat with others and share knowledge. This group is open to all who like to sew, crochet, knit and/or stitch.

• **KNITTING CLUB** every Tuesday at the Hollis Social Library (2 Monument Square, Hollis, 465-7721, [hollislibrary.org](http://hollislibrary.org)), from 3 to 4 p.m. in the library meeting room. Meet, mingle and trade yarns with local knitters. Have fun comparing patterns, sharing techniques



## LEARN TO ROW

Hit the water and learn to row with the Merrimack River Rowing Association during its 13th Annual National Learn to Row Day at the University of Massachusetts Lowell boathouse (500 Pawtucket Blvd, Lowell, Mass., merrimackrowing.org) on Saturday, June 7, from 9 a.m. to noon. Experienced rowers will give indoor rowing instructions and provide information on programs run throughout the year.

- **SOCKS KNITTING TECHNIQUES** at the Yarn and Fiber Co. (11 Manchester Road, Derry, 505-4432, yarnandfiber.com) on the second and fourth Saturdays of the month from 1:30 to 3:30 p.m.
- **ST. JOSEPH HOSPITAL** in Nashua is looking for volunteers to help knit or crochet comfort shawls for patients who may be seriously ill, undergoing medical procedures, emotionally or physically traumatized, seeking hope and healing or grieving. The need for shawls is ongoing and frequently the supply becomes depleted. Contact the Spiritual Care Department at St. Joseph Hospital at 882-3000, ext. 67800. You will receive more information and a brochure with both knitting and crocheting instructions.
- **STITCHING SOCIALS** at the Spotted Sheep Yarn Shoppe (9 Church St., Goffstown, 660-1115, spottedsheep yarnshoppe.com), every Sunday, from 1 to 3 p.m. Knit, crochet and talk with other crafters. Admission is free.
- **YARN AND FIBER CO.** (11 Manchester Road, Derry, 505-4432, yarnandfiber.com) offers classes in knitting, as well as Friday night knitting club and classes focused on a single piece.

### Pottery & Clay

- **BEGINNING CLAY 101: POTTERY AND HAND-BUILDING** at Studio 550 Art Center (550 Elm St., Manchester, 232-5597, 550arts.com). Learn basics of both techniques and how to expand on basic skills. Visit the website for an up-to-date schedule.
- **CERAMICS EXPLORATION: HAND-BUILDING & WHEEL THROWING FOR BEGINNERS** with the Community Enrichment Program with the Bedford School (103 County Road, Bedford, 714-4395, sau25.net).
- **LADIES NIGHT** You're Fired Studio (133 Loudon Road, Concord; 25 S. River Road, Bedford, and 264 N. Broadway, Salem, yourefirednh.com) on Tuesdays and Thursdays from 5 to 9 p.m. Half-off studio fee for ladies. Adults only. Call 641-FIRE (Bedford), 226-

FIRE (Concord) or 894-KILN (Salem).

- **POTTERY DATE NIGHT** at Studio 550 Art Center (550 Elm St., Manchester, 232-5597, 550arts.com) every Friday, from 6 to 7:30 p.m. or 7:30 to 9 p.m. Admission is \$60 per couple. Call 232-5597 or visit 550arts.com
- **ONE DAY POTTERY/CLAY WORKSHOP** at Studio 550 Art Center (550 Elm St., Manchester) every second Saturday of the month, from 10 a.m. to 1 p.m. Admission is \$45.

### Quilting

- **AMERICA'S BYWAYS QUILT SHOWCASE** seeks quilters from New Hampshire to participate in the Great Lakes Seaway Trail Quilt Show. Guidelines are available online at seawaytrail.com/quilting.
- **AMOSKEAG QUILTERS GUILD** meets at Emmanuel Baptist Church (14 Mammoth Road, Hooksett, more.info@amoskeagqg.org, amoskeagqg.org) on the third Thursday of each month at 7 p.m.
- **BEDFORD FRIENDSHIP QUILT GUILD** meets the third Tuesday of each month at 9:30 a.m. in the fellowship room of the Bedford Presbyterian Church to make quilts for children in Families in Transition. Call Pam Mikkola at 472-9225 or Lois Tourangeau at 424-0417 or visit bedfordfriendshipquiltguild.org.
- **THE CAPITAL QUILTERS GUILD** (Concord, capitalquiltersguild.com) holds meetings the second Friday of the month at 6:30 p.m. at Havenwood Heritage Heights. The Guild also offers classes.
- **GIRLS NIGHT OUT** at Pine Tree Quilt Shop (224 N. Broadway, Salem, 870-8100, pinetrequilts.com) on Saturdays, from 5 to 10 p.m. Cost is \$15 per month.
- **KEARSARGE QUILTERS** meet on the second Tuesday of each month, from 1 to 3 p.m. at MainStreet BookEnds (16 E. Main St., Warner, 456-2700, mainstreetbookends.com)
- **NASHUA SEW AND VAC** (228 DW Hwy, Nashua, 888-2757, nashuasewandvac.com) offers classes in quilting and

## QUEEN CITY DENTAL DR. MARINA E. BECKER

Caring and gentle family dentistry



60 Rogers St. Suite #1-A  
Manchester, NH 03103

603-669-3680

Hours: M-Tu-Th-Fr 8:30-5:30  
Closed Wednesdays

Accepting New Patients  
Most Dental Insurance Accepted!  
5% Senior Discount

### Offering:

Full Range of Quality Dental Care

### Mercury-Free Dentistry

White Fillings Only!

- Repair of Chipped/Broken Teeth
- Porcelain Veneers
- Teeth whitening
- Crowns
- Bridges
- Root canals & extractions
- Bondings
- Implants
- Dentures

**Extractions \$160**

**Same Day Emergency Service Available\*** \*In Most Cases

**Mattress.Mattress** 603-518-8145  
1269 Elm St. Manchester



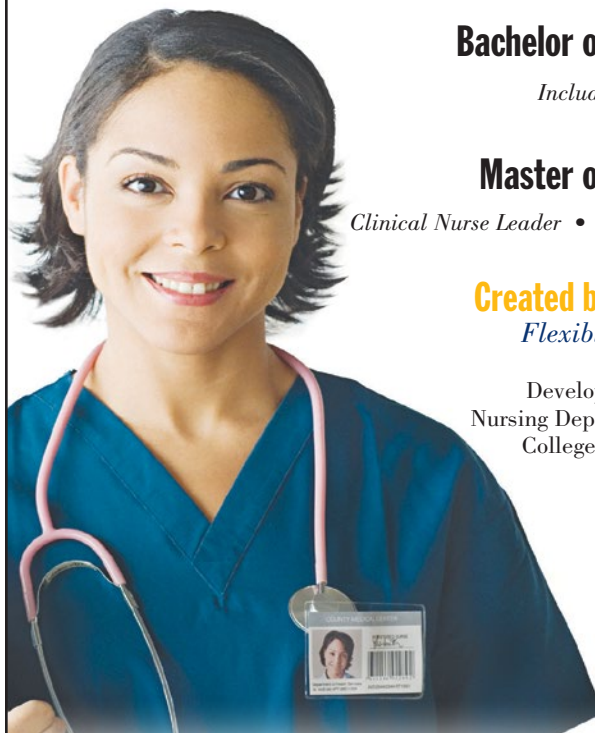
Home of the  
**\$99.00**  
Twin mattress

Brand New • Factory Direct  
In Plastic & Ready to Go

Quality • Service • Price

www.mattressonelm.com

## SNHU Online Nursing



### Bachelor of Science in Nursing

Including the Advanced Pathway  
RN to MSN Option

### Master of Science in Nursing

Clinical Nurse Leader • Patient Quality and Safety

**Created by nurses, for nurses.**  
Flexible. Quality. Affordable.

Developed in partnership with the  
Nursing Departments of the Community  
College System of New Hampshire

Southern  
New Hampshire  
University

800.224.3856  
www.snhu.edu/nursing

snhu.edu  
Your life. Your degree.



*Dote on Dad!*  
Even Papa needs pampering!



*He Deserves it.*

**Gentleman's facial**  
**Gentleman's pedicure**  
**Deep tissue or Swedish Massage**  
**Haircuts and more!**



Book online at  
[www.uappointment.com/Vibe](http://www.uappointment.com/Vibe)  
**603-232-1773**

**Vibe Salon and Day Spa**  
38 South River Rd. Bedford NH 03110  
Tuesday-Friday 9am-9pm • Saturday 9am-5pm

# OPEN STUDIOS

**WESTERN AVENUE STUDIOS**  
**WESTERN AVENUE LOFTS**  
122 & 160 WESTERN AVE LOWELL, MA  
THE FIRST SATURDAY OF EVERY MONTH  
NOON to 5:00  
[WESTERNAVENUESTUDIOS.COM](http://WESTERNAVENUESTUDIOS.COM)

IN/OUT HEALTHY HIPPO

## Avoiding heat injuries

Understanding dehydration symptoms

By Joel Bergeron  
[listings@hippypress.com](mailto:listings@hippypress.com)



Cottonmouth. Headaches. Muscle cramps. Stomach aches. Do you suffer from any of these? Believe it or not, they may all be related to each other, and you may not realize what the common thread is — dehydration! With the warm summer months comes increased risk for heat injuries.

Humans are warm-blooded animals, and our bodies work hard to maintain an internal temperature close to 98.6 degrees. A few degrees higher or lower isn't a big deal, but if we go much over 101-102 degrees we start to run into some problems. So how do we keep our temperature constant? It all happens through a process called thermoregulation.

Our circulatory system is constantly delivering fresh blood to our working organs, muscles, and tissues. In this blood is a high content of water, and when our skin temperature or internal temperature starts to rise, we sweat. When water evaporates, a tremendous amount of heat is removed from our body, effectively cooling us down.

If we're exposed to heat for a prolonged time or if we're already under-hydrated, the thermoregulatory response of the body can have a hard time keeping up. The more we sweat, the less water we have available to keep ourselves cool and the greater the risk of a heat-related injury.

### Common heat injuries:

**Muscle cramps.** If we're physically active, the muscles can spasm, which results in quite a bit of pain. If you experience spasms, it's time to stop what you're doing and rehydrate.

**Heat illness.** There is a litany of symptoms, and this is much more serious than muscle cramps. Headaches, dizziness, vertigo, stomach aches, and general mental confusion are all signs that you are internally overheating. All physical activity should stop immediately.

**Heat stroke.** Failing to stop activity despite suffering from heat illness can actually result in cooking your brain or other vital organs, literally. When your core temperature rises above 104 or 105 degrees, you start cooking. Immediate advanced care at a hospital is necessary.

### Take precautions:

**Hydrate regularly.** If you know you will be doing physical activity in a heated



situation (yard work, recreational sports, etc.), drink plenty of water before, during and after you're done.

**Take a break.** Make sure you rest for a few minutes somewhere cool and in the shade. Your body has to do a lot of work to keep its temperature in the green zone, so remember that the onset of fatigue will likely happen more quickly when in a hot environment.

**Dress light.** Make sure you have adequate air flowing over your body — this speeds the evaporative process and helps you stay cool.

**Be aware of humidity.** When the air is saturated with water, this is considered high humidity. It affects the rate at which sweat evaporates, and makes it more difficult to lose heat off your body. Slow down, or wait until the humidity drops before resuming activity.

Being proactive about activity in a hot environment is an important step for avoiding heat illness. These injuries can occur in a very short amount of time, so recognizing the symptoms is critical to avoid serious complications.

*Do you have a question about health and fitness that you'd like answered in The Healthy Hippo? Email Joel Bergeron at [inf@nlpstrength.com](mailto:inf@nlpstrength.com). Joel is a former NCAA D1 and professional sports coach and holds a master's degree in sport science. Be sure to check with your doctor before changing your eating habits or embarking on a new exercise program.*

## Dad Needs More Fudge!

Don't Forget Dad, Father's Day is June 15th

**25% off**  
**Now—Father's Day**

- **Nuts** (Bulk & Packaged)
- **Fudge**
- **Gift Boxes**
- **Window Boxes**



**Ice Cream Sale— Father's Day only**  
**Free ice cream for Dad when he comes in with the kids/family for ice cream.**



Since.....1927

[www.nhchocolates.com](http://www.nhchocolates.com)



**13 Warren St. in Concord, NH**  
**832 Elm St in Manchester, NH**





## YARD SALES

Head out to a town-wide yard sale in Weare on Saturday, June 7, from 8 a.m. to 2 p.m. Pick up maps of all the yard sale locations at the Stone Building in the center of Weare on Saturday, June 7, from 8 a.m. to 1 p.m. If you want to participate in the yard sale, you can reserve lawn space from a \$8 to \$20 with the Weare Historical Society (529-7252, wearehistoricalsociety.org).

The Alpine Club of Manchester (175 Putnam St., Manchester, 623-8202, alpineclubnh.com) will host a yard sale on Sunday, June 8, from 8 a.m. to 3 p.m. There will be items for sale inside and outside on the lawn.

sewing, including classes for children.

• **NEW ENGLAND FABRICS** (55 Ralston St., Keene, 352-8683, newenglandfabrics.com) has offered classes in sewing, knitting, quilting and more. Call for current schedule.

• **NH STATE QUILTERS ASSOCIATION** (nhsqa.org) offers membership for \$10 per year.

• **NH QUILTERS' EMPORIUM** (nhqe.com) a New Hampshire-based online quilt store.

• **PEGGY ANNE'S QUILTING AND SEWING** (57 N. Main St., Concord, 223-2344, peggyannes.com) offers classes in quilting, sewing and more.

• **PIECE MAKERS QUILT GUILD** meets on the second Wednesday of the month at 6:30 p.m., in the basement of the Holy Cross Church (118 Center Road, Weare, pmqinfo@gmail.com).

• **PINE TREE QUILT SHOP** (224 N. Broadway, Salem, 870-8100, pinetreequiltshop.com) offers quilting classes for all levels of ability. See website for a complete list.

• **STITCHING UP THE WORLD** is a nonprofit group of volunteers who knit, crochet or sew items for charities on the first Wednesday of each month, at 7 p.m. at Smyth Public Library (55 High St., Candia, 587-0603, candiawomansgroup.org).

### Scrapbooking & paper

• **MORE EMBELLISHMENTS** with Paper Techniques at Rogers Memorial Library (154 Derry Road, Hudson, 886-6030, rogerslibrary.org) on Thurs., June 5, at 6:30 p.m. Learn how to make scrapbook pages and more from household items such as dryer sheets and nail polish.

• **BEGINNING BOOK & PAPER ARTS** at Studio 550 Art Center (550 Elm St., Manchester, 232-5597, 550arts.com) Thursdays, from 6 to 8 p.m. Learn the basics of book arts and bookbinding. The class will

center on paper alteration and augmentation skills.

• **PAPER TECHNIQUES** workshops will be held at Rodgers Memorial Library (194 Derry Road, Hudson, 886-6030, rogerslibrary.org) on the first Thursday of the month, from 6:30 to 8:30 p.m. Learn how to make things out of paper. Projects include scrapbooking, card-making, stamping, quilting and decoupage.

• **TALK PAPER SCISSORS** (Willow Tree Plaza (575 S. Willow St., Manchester, 669-8009, talkpaperscissors.com) offers introductory scrapbooking classes, as well as classes on specific aspects of scrapbooking (collage-making, art journaling) and on crafts such as card-making and lampshade-decorating.

• **THURSDAY NIGHT SCRAPPERS** at Pine Tree Quilt Shop (224 N. Broadway, Salem, 870-8100, pinetreequiltshop.com) on the third Thursday of the month 5:30 to 8:30 p.m. Get help and work on an unfinished project or learn a new technique each month. Cost is \$12 per session.

### Sewing

• **DROP-IN STITCHERS** on Fridays, 9:30 to 11:30 a.m. at Rodgers Memorial Library (194 Derry Road, Hudson, 886-6030, rogerslibrary.org). Work on knitting, crocheting, cross-stitching or any other needlework project with company, and pass the time while sharing ideas and techniques for future work.

• **EMBROIDERY GUILD OF AMERICA** (egausa.org).

• **LEVESQUE SEWING MACHINE** (1261 Hooksett Road, Hooksett, 645-1661, levesquesewvac.com) offers classes from beginner to advanced in sewing and quilting. Classes are scheduled according to demand; call to find out about availability.

• **MERRI STITCHES** (72 Mirona Road, Portsmouth, 431-9922; 58 Range Road, Windham, 685-0185, merristitches.com) offers classes and workshops, as well as a sit and sew. Visit the website for a schedule at each store.

com) offers classes and workshops, as well as a sit and sew. Visit the website for a schedule at each store.

• **NASHUA SEW AND VAC** (228 DW Hwy, Nashua, 888-2757, nashuasewandvac.com) offers classes in quilting and sewing, including classes for children.

• **NEW ENGLAND FABRICS** (55 Ralston St., Keene, 352-8683, newenglandfabrics.com) has offered classes in sewing, knitting, quilting and more. Call for schedule.

• **PEGGY ANNE'S QUILTING AND SEWING** (480 Patten Hill Road, Candia, 223-2344, peggyannes.com) offers classes on quilting, sewing and more. See schedule on website.

### Spinning

• **THE ELEGANT EWE** (71 S. Main St., Concord, 226-0066, elegantewe.com) offers workshops in spinning.

• **KEARSARGE AREA WOOL SPINNERS** meet on the last Tuesday of every month, 10 a.m. to 3 p.m. at Main Street Bookends (16 E. Main St., Warner, 456-2700, mainstreetbookends.com).

• **NEW HAMPSHIRE SPINNERS AND DYERS GUILD** Visit nhsdg.org.

• **SOUTHERN NH WOOL SPINNERS** meet at Wadleigh Memorial Library (49 Nashua St., Milford, 673-2408, eeskipper@comcast.net wadleigh.lib.nh.us) on the first and third Wed. of the month, 6:30 to 8:30 p.m. Beginners always welcome.

### Health & Wellness Workshops, seminars & events

• **LYME DISEASE** The Concord City Council Chambers (37 Green St., Concord, 225-6840, concordfoodcoop.coop/classes) will hold a free class on Lyme disease on Tues., June 10, from 6 to 7 p.m. Registration is required.

• **WHAT'S YOUR CONATIVE STYLE?** Find out how you interact with the environ-

statement  
A SHOP ESTELLA BOUTIQUE

34 Hanover Street · Manchester NH  
(603) 315-7627 · StatementSE.com  
facebook.com/SEStatement



CLOTHING · JEWELRY · ACCESSORIES

HELLO  
my name is...

You shouldn't need one of these  
with **your** marketing company.

w4lls

603.623.8007  
4wmg.com/nonametags

Join our Open House  
June 28<sup>th</sup> 10am-2pm



BRISTON MANOR WEST  
55+ Community

37 RIDGEWOOD RD, BEDFORD, NH • 603-247-9459  
WWW.BRISTONMANOR.COM



# Spring Cleaning

- To Do List:**
- Clean Garage
  - Clean Yard...
  - **Clean Ears**
  - **Clean Hearing Aids**

**Call today to setup an appointment!**

**Dr. Beth Ann Jacques**

**New England**  
Audiology & Hearing Aids

603-856-8275 www.neaudiology.com  
1 Pillsbury St. Concord • 2075 S. Willow St. Manchester

**Women's cuts \$25**  
**Men's cuts \$15**

INOA: L'Oreal Professional, Innovative non Ammonia Hair Color

**Jenn's Creative Edge**  
INOA Certified Salon

603-264-5206  
5 Main St., Hooksett, NH

# Only time will tell

## Concord capsule will be unearthed, but not opened

By Kaitlin Joseph  
kjoseph@hippopress.com

Underneath a plaque at the City Plaza in Concord sits a time capsule that was buried on June 7, 1965. On Friday, June 6, the city will dig up the time capsule to prepare for its 50th-anniversary opening in 2015.

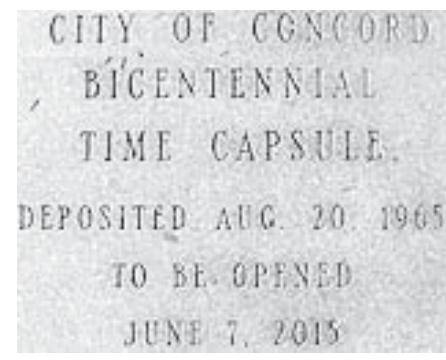
"We are opening it a year early because of impending downtown construction in Concord, but it's going to be a kickoff for a whole celebration," said Jessica Fogg, marketing chair for Concord 250.

The time capsule ceremony will be the first of many events to celebrate the city's 250th birthday.

"There's going to be several speakers, and high school student Nathan Smith will be singing the national anthem," Fogg said. "The Boy Scouts will present flags and the president of the Concord Historical Society and president of Concord 250 will speak."

Fogg said all the previous Concord mayors and 1965 notables who were present at the burial have been invited to attend the ceremony.

"It'll be a nice program. The capsule will be transported to Merrimack Savings Bank downtown in a 1965 vehicle and preserved there until next year when we open it," Fogg said. "After, we will have a Dancing in the Streets theme party, which was a song written in 1964. We thought it was an appropriate theme so people can dance and have fun. Club Soda, a band native to Concord, will perform and there



The time capsule buried in 1965 will be unearthed on Friday, June 6, but will be opened next year in 2015. Courtesy photo.

will be a photo booth, an antique car show and a new community art project that will start."

Artwork by Lizz Van Saun of Hopkinton will be set up at the ceremony so the public can put a few pieces into place to create a mosaic. It will be the community's first art piece created together.

"It's going to be the first piece of public art," said Fogg.

The time capsule's contents are a mystery to many, including Fogg.

"I'm thinking, my personal guess, are things that are representative of our culture and mostly focusing on Concord," she said. "It's important to celebrate where you came from and the town you live in."

Fogg said that by August 2015 the city will be preparing a new capsule to bury that will be opened in 2065.

"On a person level, since I'm involved, I'd love to see something in there with photos from the planning committee together," she said. "It's important to remember history. Times are ever changing. The past and the history of Concord is important, and we need to engage the youth in our community, because in 50 years, they are going to be the ones opening the time capsule."

**Accomando Family Dentistry**  
Natalie Accomando, DMD \* Lynn Brennan DDS

We will create a dental experience that you will enjoy! Call us today  
603.645.8510

1361 Elm St., Suite 330 \* Manchester, NH  
www.accomandofamilydentistry.com \* 603.645.8510

We accept most insurance, including Delta Dental, MetLife, Guardian & Healthy Kids

**High Quality, Comprehensive Prenatal, Pediatric & Family Healthcare**

- Pediatricians, Family Practice Doctors, OB/GYNs and Providers
- Language Interpretation
- Lab Services
- Medicaid Enrollment

Convenient & Affordable Healthcare for Life

MANCHESTER COMMUNITY HEALTH CENTER

603.626.9500 • www.mchc-nh.org  
145 Hollis St. & 184 Tarrytown Rd. Manchester

**AMERICAN K9 COUNTRY**  
Luxury Boarding & Premier Dog Training Facility

- Luxury Boarding**  
Air Conditioning, Heated Floors, Comfy Beds, 24 Hour On-Site Staff
- Training Classes**  
Obedience & Agility, Basic to Competition
- Full Service Grooming**  
"A Paw Above the Rest"
- Self Service Groom Room**
- Deluxe Doggie Daycare**  
Indoor & Outdoor Areas, 3 Pools, No Crates - Only Comfy Beds!
- Live Web Cams!**
- We Also Cater to the Finicky Feline**  
Luxury Cat Boarding with Fish Tanks in Each Condo, Complete Cat Grooming!
- Free dog park**

672-8448 336 Route 101 • Amherst, NH  
www.AmericanK9Country.com

**Come & Visit Our Beautiful Facility!**

**Time Capsule Unearthing Ceremony**

**Where:** City Plaza, State Street, Concord  
**When:** Friday, June 6, at 6 p.m.  
**Contact:** 568-5740, 867-5309  
**Visit:** concord250.org, concordhistorical-society.org

ment with Master Life Coach Diane MacKinnon on Tues., June 10, at 7 p.m. at the Rodgers Memorial Library (172 Derry Road, Hudson, 886-6030, rogerslibrary.org). There will be a discussion on how to use each of the four conative modes.

• **SURGICAL WEIGHT LOSS INFORMATION SESSION** at St. Joseph Hospital (172 Kinsley St., Nashua, 595-3168, stjosephhospital.com/classes) on Thurs., June 12, from 6 to 7:30 p.m. Registration is required. This free session will provide information on the surgery and its risks and benefits.

• **POWER OF ONE CONFERENCE** at Oceanic Hotel (Star Island, Rye, 343-7977, roxiezwicker@gmail.com) on Sat., June 14 and Sun., June 15, from 9 a.m. to 4 p.m. This two-day conference will focus on conquering stress, listing to empowering stories and exercises to live a life you want.

• **CRANIOSACRAL THERAPY PRESENTATION** with Brenda Girolamo on Mon., June 16, from 7 to 8:30 p.m. at the Nesmith Library (8 Fellows Road, Windham, 432-7154, nesmithlibrary.org). Learn about relaxation and stress relief. Registration is required.

• **LYME DISEASE: THE GREAT IMITATOR** on Mon., June 16, from 5:30 to 6:30 p.m. at the Concord Food Co-op (52 Newport Road, New London, 526-6650, concordfoodcoop.coop/newlondonclasses). Learn about Lyme Disease for free. Registration is required.

**Blood drives**

• **BLOOD DRIVE** at Hudson Community Center (12 Lions Ave., Hudson, redcross.org) on Fri., June 13, from noon to 7 p.m.

• **COMMUNITY BLOOD DRIVE** Mon., June 16, 9 a.m. to 3 p.m. at Granite State College (25 Hall St., Concord, 513-1133, granite.edu/giveblood).



## An Elegant and Affordable Senior Living Community



**The Meetinghouse at Riverfront offers Independent and Assisted apartments for seniors 55 and up.**

**Convenient Manchester Location**

**Elegant, Clean and Affordable**

**Monthly Rents Starting at \$2995**

**24 Hour Assistance**

**Nutritious Meals**

**Weekly Housekeeping**

**Planned Social & Recreational Activities**

**Exercise Programs**

**Chauffeured Transportation to Doctor Appointments and Shopping**

## The Meetinghouse AT RIVERFRONT

Call for a tour or more information.

**603-623-7000**

Proudly owned by R. J. Finlay & Co.



091870

**Don't be blinded by the high cost of hospital imaging.**

**The choice is yours.**

**Save 40-70%\* on MRI, CT, Ultrasound, XRay and more...**

\* Use our online cost-calculator to check your savings.



- Onsite Board Certified, Fellowship Trained Radiologists
- Cutting-edge technology
- Most insurances accepted
- Interest-free payment plan (Care Credit)

**DERRY**  
IMAGING

**Now two locations—**

Overlook Medical Park  
6 Tsienneto Rd., Suite LL100  
Derry, NH 03038

Castle Commons  
49 Range Rd., Suite 103  
Windham, NH 03087

**603-537-1363 • [www.DerryImaging.com](http://www.DerryImaging.com)**

091776

**Children's performing arts summer program featuring a variety of dance styles, including tap, jazz, lyrical, hip-hop, ballet, tumbling, and musical theater.**

**Session 1 - July 7 - July 11**

**Session 2 - July 14 - July 18**

**Session 3 - July 21 - July 25**

**Session 4 - July 28 - August 1**



CINDY FLANAGAN'S

*Concord Dance Academy*

## SUMMER DANCE CAMP 2014

**MINI CAMP - Ages 3-5, 9<sup>am</sup>-12<sup>am</sup>**

**RECREATIONAL CAMP - Ages 4-12, 9<sup>am</sup>-4<sup>pm</sup>**

**INTENSIVE CAMP - Ages 6-13, 9<sup>am</sup>-4<sup>pm</sup>**

*Early drop off at 7:30<sup>am</sup> and late pick up of 5:30<sup>pm</sup> are available.*

**Call for details and registration - Multi-week Discounts**

CONCORD DANCE ACADEMY - 26 Commercial Street - Concord, NH 03301  
603.226.0200 - [cdaoffice@aol.com](mailto:cdaoffice@aol.com) - [www.concorddanceacademy.com](http://www.concorddanceacademy.com)

091260

## Enjoy Retirement

Your independence and our support

**The vibrance of life.  
The serenity of nature.**

The Companionship of Friends  
An Independent Lifestyle  
Friendly and Supportive Staff  
Serene Wooded Setting



**BIRCH HILL**  
*Terrace*

A Continuing Care Retirement Community



**Call (603) 836-2300 to schedule your visit today.**

200 Alliance Way ~ Manchester, NH 03102

[www.BirchHillTerrace.com](http://www.BirchHillTerrace.com)

090805



**5th ANNUAL MANCHESTER**  
**BIKE SWAP**  
**FRIDAY JUNE 6TH 4-9PM**  
**SATURDAY JUNE 7TH 10-4PM**  
**666-4527**  
**412 Kelly St. Manchester**

091742

**MASSAGE**  
 Deep Tissue • Relaxation • Stress Relief

**BOOK ONLINE AT**  
**BEDFORDBODYWORKS.COM**

**\$49** INTRODUCTORY MASSAGE (60 mins.)  
**\$75** INTRODUCTORY MASSAGE (90 mins.)  
 New clients only



**SATURDAY APPOINTMENTS AVAILABLE!**  
**Bedford Bodyworks**  
 40 S. River Rd #21, Bedford  
 836.5640 BedfordBodyworks.com  
 SCHEDULE AN APPOINTMENT ONLINE

7839380



## HERB AND GARDEN DAY

The New Hampshire Audubon (84 Silk Road, Concord, 233-3217, [nhaudubon.org](http://nhaudubon.org), [nhherb-alnetwork.wordpress.com/herbday](http://nhherb-alnetwork.wordpress.com/herbday)) will host Herb and Garden Day on Saturday, June 7, from 9 a.m. to 5 p.m. Learn about herbs for culinary and natural medicine purposes. There will be workshops on cooking, brewing, medicine making, aromatherapy, plant identification and more. Cost is \$35.

*Daily Service to*  
**Boston Logan & Manchester Airports.**




**CALL FOR THE BEST RATES AROUND!**

**Capital City Limousine** PROFESSIONAL CHAUFFEURED SEDANS & LIMOUSINES  
 EXECUTIVE TRANSPORTATION 24-HOURS/7-DAY SERVICE  
 Reservations (603) 223-6500 [www.CapitalCityLimo-NH.com](http://www.CapitalCityLimo-NH.com)

081063

**SEASON PASSES FOR 2014-2015 SEASON**


**Early Bird Rates**



**Early Bird Pricing (now until Aug.1)**  
 \*Juniors (age 4-17).....\$179  
 Adults (18+).....\$219  
 Seniors (age 65+).....\$25  
 Children (up to age 3).....\$25

**Regular Pricing (Aug 2 - End of season)**  
 \*Juniors (age 4-17).....\$240  
 Adults (18+).....\$270  
 Seniors (age 65+).....\$25  
 Children (up to age 3).....\$25

**A COOL FATHER'S DAY GIFT!**  
 \*Purchase 2 Junior passes and get up to 2 Adult passes for \$99 each  
 This is a family pass and juniors & adults must be related



**50 Chalet Way, Manchester • 603-622-6159 • [www.McIntyreSkiArea.com](http://www.McIntyreSkiArea.com)**

081944

**ARE YOU LOOKING FOR A WAY TO PROTECT AND DEFEND YOU AND YOUR FAMILY?**

**FREE 10 DAY TRIAL**  
**Non-competitive training for Adults**

**HOW TO WIN A FIGHT** • **DEFENSE AGAINST MORE THAN ONE ATTACKER**  
**BASIC COMBATIVES** • **MUCH MORE**  
**DEFENSE AGAINST CHOKES**  
**KNIFE DEFENSE**  
**GUN DEFENSE**



**24 BRIDGE ST. | MANCHESTER, NH | 603-625-5835**  
**GRACIE JIU-JITSU TRAINING CENTER**  
[www.GracieJiuJitsuNH.com](http://www.GracieJiuJitsuNH.com)

091775

• **BLOOD DRIVE** at White Birch Banquet Hall (222 Central St., Hudson, redcross.org) on Wed., June 18, from 1 to 6 p.m.  
 • **AMERICAN RED CROSS BLOOD DRIVES** Call 1-800-RED-CROSS or visit [redcrossblood.org](http://redcrossblood.org) for dates, times, locations and to schedule an appointment.

**Screenings**  
 • **COMPUTERIZED CONCUSSION TESTING** at St. Joseph Hospital (172 Kinsley St., Nashua, 595-3168, [stjosephhospital.com/classes](http://stjosephhospital.com/classes)) on Mon., June 23, Mon., July 28 and Mon., Aug. 18, from 6 to 7 p.m. Testing fee is \$10 for kids ages 11 and older.

### Miscellaneous Bake/yard sales/ fundraisers/auctions

• **AMHERST BOY SCOUT TROOP 22 YARD SALE** on Sat., June 7, from 7:30 a.m. to 1:30 p.m. at 199 Meeting Place Plaza (Route 101, Amherst, [yardsale@amhersttroop22.org](mailto:yardsale@amhersttroop22.org)). Proceeds will help benefit the scouts yearly programs.  
 • **TOWN-WIDE YARD SALE** for Wear on Sat., June 7, from 8 a.m. to 2 p.m. Wear residents must get a form to participate by May 22 and return it to the Wear Historical Society ([wearhistoricalsociety.org](http://wearhistoricalsociety.org), 529-7253). The cost to reserve a lawn space is from \$8 to \$20.  
 • **ALPINE CLUB YARD SALE** on Sun., June 8, from 8 a.m. to 3 p.m. at the Alpine Club (175 Putnam St., Manchester, 623-8202, [alpineclubnh.com](http://alpineclubnh.com)). Tables are \$10. The sale will be inside and outside.  
 • **YARD SALE** at Eagle Storage (221 Knox Marsh Road, Dover, [dovert@eaglestorage.net](mailto:dovert@eaglestorage.net)) on Sun., June 8, from 9 a.m. to 3 p.m. to benefit non-profit Amy's Treats. Admission is free but \$2 is appreciated.  
 • **4TH ANNUAL COMMUNITY YARD SALE** at Watson Park (441 Daniel Webster Highway, Merrimack, 494-5789, [merrimacknh.gov](http://merrimacknh.gov)) on Sat., June 21, from 9 a.m. to 2 p.m. Those interested in having a table need to pre-register for \$15.

### Expos/festivals/fairs

• **PISCATAQUA WATERFRONT FESTIVAL** at the Mofatt-Ladd House & Garden (154 Market St., Portsmouth, 430-7968, [portsmouthnh.org](http://portsmouthnh.org)) on Sat., June 7, from 8 to 11 a.m. There will be music, artisan demonstrations and free museum tours.  
 • **HAMPTON BEACH PARK OLDE TYME FAIR** from Thurs., June 19, through Sun., June 22, at Hampton Beach State Park (160 Ocean Blvd, Hampton). Carnival rides, games, fireworks, music, food and a petting zoo. Cost is \$5.  
 • **OYSTER RIVER FESTIVAL** at Oyster River High School (55 Coe Drive, Durham, [orfest.org](http://orfest.org)) on Sat., June 21, from 9 a.m. to 1:30 p.m. Admission is free. There will be live music, activities for kids, a barbecue, crafts and more. Proceeds will benefit the Oyster River Cooperative School District.  
 • **34TH SOMERSWORTH INTERNATIONAL CHILDREN'S FESTIVAL** at Somersworth High School (Somersworth, 692-5869, [nhfestivals.org](http://nhfestivals.org)) on Sat., June 21, from 10 a.m. to 4 p.m. will have food, crafts and activities. There will be different vendors there selling products as well.  
 • **WYMAN TAVERN FESTIVAL** on Sat., June 21, from 10 a.m. to 4 p.m. at the Wyman Tavern (339 Main St., Keene, [hscnh.org](http://hscnh.org)). There will be live 18th century re-enactors, music, games, food, storytelling, tours and demos of the tavern.  
 • **BLACK SWAN INN RENAISSANCE FESTIVAL** on Sat., June 28, and Sun., June 29, from 11 a.m. to 5 p.m. at the Black Swan Inn (354 W. Main St., Tilton, [giazzi@comcast.net](mailto:giazzi@comcast.net), [blackswaninn.net](http://blackswaninn.net)). There will be vendors, knights in armor, music, food and more.

### Games

• **HIGH STAKES SUPER BINGO** presented by the Lake Winnepesaukee Historical Society at the Funspot Bingo Hall (Route 3, Weirs Beach, 366-4377, [funspotnh.com](http://funspotnh.com)) on Sat., June 7. The early session will be at 4:30 p.m., and the regular session will be at 6:45 p.m. Doors open at 2 p.m.

• **BINGO NIGHT** at the River Card Room (185 Elm St., Milford, 249-5548, [riverpokerroom.com](http://riverpokerroom.com)) on Tues., June 10, from 6:45 to 9:30 p.m. Doors open at 5 p.m.

### Car & motorcycle rides/ races/cruises/shows

• **WINGS AND WHEELS** at the Skyhaven Airport (238 Rochester Hill Road, Rochester, [sharefund.org](http://sharefund.org)) on Sat., June 14, from 10 a.m. to 2 p.m. will feature vendors, motorcycle shows, plane rides, police and fire department demonstrations, entertainment and more. Donations go to Gerry's Emergency Food Pantry.  
 • **6TH ANNUAL VINTAGE THUNDERBIRD SHOW** at the Mark Wentworth Home (346 Pleasant St., Portsmouth, 436-0169, [clubs.hemmings.com/nevt](http://clubs.hemmings.com/nevt)) on Sat., June 14, from 2 to 3:30 p.m. for the afternoon car show.

### Other

• **FORUM ON NEW WOMEN'S PRISON** on Fri., June 6, from 7:30 to 9 a.m. with the Greater Concord Chamber Commerce at the Holiday Inn (172 N. Main St., Concord, 224-2508, [concordnhchamber.com](http://concordnhchamber.com)). Cost is \$30 and includes breakfast.  
 • **1965 TIME CAPSULE UNEARTHING CEREMONY** on Fri., June 6, at 6 p.m. at the City Plaza (State Street, Concord, 568-5740, [concord250.org](http://concord250.org)). The town will remove the 1965 time capsule to and put it on display until 2015 when it can be opened. There will be reception to follow with food and music.  
 • **5TH BIRTHDAY CELEBRATION** at Rogers Memorial Library (154 Derry Road, Hudson, 886-6030, [rogerslibrary.org](http://rogerslibrary.org)) on Sat., June 7, from 10 a.m. to 3 p.m. There will be birthday cupcakes an author fair with 20 local authors, music, crafts and contests.  
 • **WOOD DAYS** on Sat., June 7 and Sun., June 8, from 10 a.m. to 4 p.m. at Emerson's Old Ways Traditions (418 Shaker Road, Canterbury, 783-4403, [oldways traditions.net](http://oldways traditions.net)). Learn skills and watch demonstrations in blacksmithing and wood turning. There will also be antique machinery. Donation of \$5 to \$10 is asked.



# POOL AND PATIO SALE



**\$598**  
**5 Piece**  
**Set**

## Huge Savings on American-made High Quality Patio Furniture

Many sets are on sale throughout the store. Here is just one example  
**Gardenella by Telescope made in Granville, NY (on the Vermont border)**

The original sling chair is now over 30 years old with more colors now than ever to choose from. Light and portable, yet built to last for many years. We show our set with a 42" round glass table and four stacking dining chairs in a Gloss White finish with your choice of a textaline sling. **Originally \$1099, Save \$501**



Photograph of an actual Reprieve pool.

## Every Pool Package is on Sale. Save up to \$600!

**\$1199**

Round Complete  
Deluxe Package

**\$1999**

Oval Complete  
Deluxe Package

Here's just one example: The Reprieve Deluxe Pool Package by Sharkline. American-made name brand pool with 30 year warranty\*. Complete Deluxe Accessory Package with ladder, all maintenance equipment, a year's supply of chemicals, high-rate filter and solar heating cover. Want to know more? We have one operating here in our Pool Park, and we'll give you a 100 page folder to give you all the details.

12' - \$1199  
15' - \$1399  
18' - \$1599

21' - \$1699  
24' - \$1799  
27' - \$2099

12' x 17' - \$1999  
15' x 30' - \$2799  
18' x 33' - \$3099



### Father's Day Sale

All Hammocks and Zero Gravity Chairs  
by Hatterars Hammocks and LaFuma

**25% OFF**



The last gas grill you'll ever buy. Napoleon  
Gas Grills with a **lifetime warranty**. Grills on sale.



**Patio Heaters, Propane Fire Pits and  
Outdoor Fire Places. The largest selection  
in New Hampshire.**

## Pool Supply Prices That Beat The "Discount" Stores

**Why Compromise?** We have added many lower-priced products, and lowered the prices on many more! We beat the national discount stores, and still give you the knowledgeable help that you expect from us.

### HERE ARE JUST A FEW EXAMPLES:

25 lb. Jumbo Tabs - 99% trichlor (#2892)  
Gallon Econo Shock - (#2925)  
1lb. Bag Powderized Shock - Poolife (#1015)  
24' Round Solar Cover - Robelle (#2689)  
Sand Filter System - 1 hp, 100lb tank, complete (#3735)

Sale	Save
71.98	45%
3.68	33%
3.68	27%
89.98	31%
349.98	38%



maytronics  
Exceptional Pool  
Experience

**Our Finest Robotic  
Pool Cleaners  
Factory Rebates from  
\$50 to \$100**

**FREE Pool Schools, Wednesday 7PM to 8:30PM. Please call to register.**  
**Intro to Pool Maintenance, June 4   Intro to Chemistry, June 18   Pool School Lite, July 16**

**Now arranging in ground liner replacements.**

Call us for fast, professional pool filter, pump, heater and hot tub repairs on all major brands.  
**Locally owned, nationally certified.**



**SUPERSTORE**

Your store for style, service and selection™

120 Route 101A  
Amherst, NH  
(Next to Lowe's)  
**(603) 880-8471**

**www.SeasonalStores.com**

Beat the crowds. If you require extra service (water lab, advice, training),  
avoid the first 2 hours of the day in any pool store when it is very hot.

June Store Hours:  
Mon. - Fri. 10-9  
Sat. 10-5, Sun. 11-5  
Sale Ends Saturday, June 14th.

\*All warranties and price guaranties are limited, and  
are available in store for you to read before you buy.

Copyright 2014 Gull Group Advertising R142223







News from the local food scene

By Emelia Attridge  
food@hippopress.com

# FOOD

## Get a taste of the competition

Ribfest celebrates its 11th year of finger lickin' eats

By Emelia Attridge  
food@hippopress.com

Barbecue competitors and rib vendors from all over the country are coming to Merrimack for the 11th annual Rock'n Ribfest, New Hampshire's "official state barbecue championship."

Many competitors return year after year, and quite a few who have gone on to the American Royal national barbecue competition in Kansas City, Mo., have won the title there after winning at Ribfest.

"It's a big title," said Colleen Westcott, organizer and member of the Rotary Club of Nashua West, which hosts Ribfest. "It's very technical, and it's very serious."

Forty to 50 sanctioned judges at Ribfest will grade competitors down to the tenth of a point, Westcott said.

"That can make the difference between a team going on for the nationals and just missing it," she said.

The Rotary Club of Nashua West started Rock'n Ribfest 11 years ago, and it's been held the weekend of Father's Day ever since. This year's festival runs Friday, June 13, through Sunday, June 15, at Anheuser-Busch in Merrimack.

"The fundraiser idea was, let's hold a barbecue that brings the community together, a family event, and let's hold the state of New Hampshire grilling and barbecuing competition. It was a hit. People loved it. It's just continually grown year after year," Westcott said. "When everybody [the competitors] starts arriving on Friday, it's like a family reunion."

Westcott said the New Hampshire state competition is early in the season, so many of the competitors start here before going on to nationals, which are held in the fall. Last year, 42,000 guests attended Rock'n Ribfest, along with 42 competitive barbecue teams, and around 50 sanctioned judges.

Those numbers are what the Rotary Club of Nashua West is anticipating for this year's event.

The competitors' barbecue won't be available to the public during the weekend (only the judges will be able to sample the ribs and wings). If you don't happen to be a Kansas City Barbecue Society-sanctioned judge, there's only one way to sample what the competitors are cooking, and that's at A Taste of Ribfest on Friday night. Six of the championship competitors will prepare ribs and wings for A Taste of Ribfest ticket-holders, and they'll talk to tasters about their barbecue. There are only two seatings for the Friday night



Racers on their mark for the Ribfest 5-Miler at last year's Rock'n Ribfest. Courtesy photo.

taste, at 5 p.m. and 7 p.m., and tickets cost \$30.

"It's incredible. You get to taste what a competition rib, what a competition wing tastes like," Westcott said. "You're going to get a good tasting of barbecue like you've never had it."

But don't worry, there are still plenty of opportunities to pig out on barbecue during Ribfest. Unlike the competitors, the professional rib vendors will be selling their 'cue all weekend long.

"Both the competitors and the vendors come from all over," Westcott said. "You get a lot of different flavors and a lot of different techniques coming into Ribfest."

Vendors include Firefly's Bodacious Bar-B-Que of Marlborough, Mass., Aus-som Aussie of Pittsburgh, and Jack's Down Home Barbecue of Philadelphia, just to name a few.

"It's more than just ribs. We've got all sorts of food," Westcott said. "My son loves the fried Oreos."

There's plenty of entertainment to check out all weekend too. New this year is a performance by Josh Logan on Friday night, plus a comedy show Saturday night. There's also a new cooking school for those who'd like to experience a behind-the-scenes look where pitmasters will lead an all-day course on how to cook barbecue like the competitors (early online registration required).

For young families, there's children's entertainment, bouncy houses and a children's stage. There's also the Ribfest 5 Miler on Sunday with a Piglet Race fun run. Sunday is also Military Appreciation Day, and Anheuser-Busch provides

### Rock'n Ribfest

**When:** Friday, June 13, from 4 to 11 p.m.; Saturday, June 14, from 11 a.m. to 10:30 p.m.; and Sunday, June 15, from 11 a.m. to 3 p.m.

**Where:** Anheuser-Busch, 221 DW Highway, Merrimack (free parking at BAE Systems and Harris Pond)

**Cost:** General Admission tickets cost \$10 at the gate (\$7 if purchased in advance by Friday, June 6). Bring cash for food vendors and kids rides.

#### Highlights:

Friday night: A Taste of Ribfest (\$30), Teen Band Competition, and performance by Josh Logan

Saturday: Sweet Swine O'Mine Cooking Class (\$450), Comedy Show with Robbie Printz, Steve Sweeney, Lauren Bancroft and Matt Barry (\$40)

Sunday: Ribfest 5 Miler and Piglet Race, Military Appreciation Day; rib and food vendors, kids activities and live music all weekend long

**Visit:** ribfestnh.com

beer for purchase all weekend long. Many guests make sure to check out the brewery after sampling ribs, Westcott said.

After all the fun, the Rotary Club fundraiser benefits about 40 area non-profits. Westcott said that 90 percent of attendees are aware of this and make sure to come back for a fun weekend and a good cause.

"It really puts a boost back into the community," she said. "They get a surge of support after Ribfest. ... It shows that it's not just us trying to give back, it's the community that wants to give back to the community." 🍷

• **Local cafe changes hands:** Last week, J Dubs Coffee owners Jim and Felicia Whitney announced in a press release that the Manchester cafe will become A&E Coffee as of Monday, June 9. "Since our inception in 2008, J Dubs Coffee has proudly served A&E Coffee, which has awarded us numerous accolades from the local sources," Jim Whitney said in the press release. "After months of discussions, we are excited to announce that Emeran [Langmaid] and her team will be taking over J Dubs. We are confident that A&E Coffee will continue to provide the exceptional service and superior products that our wonderful customers have enjoyed for years." Langmaid opened A&E Coffee Roastery & Tea in 2001 in Amherst, and coffee roasted by the company is currently served at a number of cafes in southern New Hampshire, including J Dubs. The new A&E Coffee Roastery & Tea cafe plans on selling hot and cold coffee and tea, smoothies and espresso drinks. A limited food menu will also be available including pastries. Although the shop will change hands in June, Langmaid said the shop will remain open during early renovations. The cafe will close for about three weeks before reopening in early July.

• **Moving down the block:** Concord Thai food restaurant Siam Orchid has moved down the street from its original location (formerly at the corner of North Main Street and the Franklin Pierce Highway). The restaurant, owned by the Saktanaset family, is now located at 12 N. Main St. in Concord, only a few blocks south. Visit [siamorchid.net](http://siamorchid.net).

• **Farm-to-table series comes to Manchester:** The Farmers Dinner will be in the Queen City on Sunday, June 22, at 5 p.m. at XO on Elm, located at 827 Elm St., Manchester. The dining series takes over a restaurant for an evening, where the host chef will prepare a menu made with locally sourced ingredients from neighboring farms, including a starter, three courses and a dessert. Special guest speakers join the dinner to discuss special topics on local dining and sustainability, and diners eat together in a family-style setting. Tickets cost \$65 for the dinner. There's also an option for specialty cocktails prepared by mixologist Jared Bracci using local spirits from Djinn Spirits Distillery (costs \$20 for cocktails). Visit [thefarmersdinner.com](http://thefarmersdinner.com).

• **Artsy brews:** The first Thursday of every month, the Currier Museum of

47



# Food

## Gone herbal

### Get to know your plants at Herb & Garden Day

By Emelia Attridge  
food@hippopress.com

Pick up basil, fennel or Greek oregano for your culinary garden at Herb & Garden Day on Saturday, June 7, at the McLane Audubon Center in Concord. Event coordinator Eleanor Luna said the plant sale is one of the biggest attractions at the event, which is now in its fifth year.

"The plant sale is huge," she said. "We've got five plant sellers, and they just grow everything local, and a lot of the plants they're selling are endangered plants."

There will be basil, peppers, tomato plants, and oregano as well as flowers (including edible varieties) at the plant sale, all locally grown and many organically grown, Luna said.

The Crust & Crumb Baking Company caters a local breakfast and lunch, with sandwiches, salads, pastries, lavender lemonade and herbal tea as well as vegan-friendly options.

Everything on the menu features herbs (like the cilantro and watermelon gazpacho that appeared on the menu last year).

Herb & Garden Day runs from 9 a.m. to 5 p.m. Along with the plant sale, which runs throughout the day, there's an Herbal Market Fair and workshops scheduled all day. And the day isn't just for avid gardeners or herbalists either.

"Usually it caters to a diverse group of people. A lot of people find that they want to come to the plant sale and they see that we're offering the workshops," Luna said. "It is a lot of newbies and also people who are pretty familiar."

Workshops are offered at different levels, including an heirloom herb gardening workshop that focuses on heirloom herbs and the history of herbal gardening in New Hampshire, a workshop on permaculture, medicinal herbal workshops for heart health, sensual aromatherapy and a summer first aid workshop, with tips on how to make insect repellants and sun care with natural herbs and remedies.

The goal of Herb & Garden Day is to



Visit the plant sale at Herb and Garden Day. Courtesy photo.

#### Herb & Garden Day

**When:** Saturday, June 7, from 9 a.m. to 5 p.m.

**Where:** McLane Audubon Center, 84 Silk Farm Road, Concord

**Cost:** General admission costs \$35 for adults, \$5 for children's admission; access to just the Herbal Market Fair and Plant Sale costs \$5.

**Visit:** nhherbalnetwork.wordpress.com/herbday

educate the public on uses for herbs, like natural remedies. There's also a plant walk with plant identification instruction, and tips on sustainable foraging. Sponsors like Wintergreen Botanicals, New Hampshire Herbal Network, New Chapter, Forgotten Traditions, Sara's Herbs, Blackbird's Daughter Botanicals, Warner River Organics and Lion's Tooth Wellness are all involved in the program.

"That's what keeps this event going year after year," Luna said. "Every year I just look forward to the whole event. It gives people the chance to communicate with each other and network about herbs. ... For people who care about the local food movement and local economy and want to keep the local dollar here in New Hampshire, this is a great event." 🍷

**Food**  
**Lectures/author events/festivals/fairs**  
• **BECOMING A SUSTAINABLE RESTAURATEUR & LODGER** Thurs., June 5, from 5 to 7 p.m., at The Common Man, 25 Water St., Concord. Discussion on sustainability and resources with The Common Man and the Sierra Club. RSVP to Kimry Corrette at kimry@revisionenergy.com.

• **HERB & GARDEN DAY** Sat., June 7, from 9 a.m. to 5 p.m. at NH Audubon Center, 84 Silk Farm Road, Concord. Includes workshops, herb and plant sale, market fair, local breakfast and lunch. Tickets cost \$25 in advance, \$35 on the day of the event, and \$5 for a children's ticket. Visit nhherbalnetwork.wordpress.com.  
• **CUPCAKE BAKING CONTEST** Sat., June 7, from 10 a.m.

to 3 p.m. at Rodgers Memorial Library, 194 Derry Road, Hudson. Celebrates the library's birthday. Contestants can bring in a batch of cupcakes for judging; bring a printed recipe with cupcakes. Register at rmlnh.org/events or call 886-6030.  
• **30TH ANNUAL WOKO CHOWDER FESTIVAL** Sat., June 7, starts 11:30 a.m. and ends when the chowder's all gone. Taste chowder from vari-



## Why change?

Everyone has his own style. When you have found it, you should stick to it. — Audrey Hepburn

**COTTON**

sticking to it

Historic Millyard District at 75 Arms Street, Manchester, NH • Lunch: Monday through Friday • Dinner: Nightly at 5pm  
**603.622.5488** Chef/Author/Owner Jeffrey Paige [www.cottonfood.com](http://www.cottonfood.com)

082172

## Lobster Roll aka "Lobstah" Roll

Enjoy a Lobster Roll, Hand-Cut Fries and Chowder with our Box Lunch

Available weekdays  
for just \$18.95



Try our new **Business Lunch** for \$15



149 Hanover St • Manchester, NH  
603.644.2467 • [HanoverStreetChophouse.com](http://HanoverStreetChophouse.com)



090160

## It's all about the details...



Everything is made  
from scratch

Extensive Wine List & On Tap Craft Beers

Tek•Nique \tek-nek/: the manner  
in which details are treated.



Lunch: 11-4, Tuesday-Saturday  
Dinner: 4-Close, Tuesday-Sunday  
Sunday Brunch: 10am-2pm  
Closed Monday

488-5629

170 Rt. 101 Bedford  
[RestaurantTeknique.com](http://RestaurantTeknique.com)



## Great Food on the fly



Call ahead  
for our drive up window

- **FRESH**, (& local when possible)
- **Gourmet Smoothie Bar**

Serving Breakfast & Lunch  
Everyday 7am-2pm

**TUCKER'S**  
GOOD EATS • GREAT PEOPLE

**206-5757**

1328 Hooksett Rd. Hooksett NH  
[TuckersNH.com](http://TuckersNH.com)



091481



**Pasquale's**  
**New Addition**  
 Neapolitan Brick Oven Pizzeria

Full liquor license, great brick oven baked sandwiches & bar appetizers.

Serving Lunch & Dinner 6 days a week!  
 Monday closed  
 Tu-Wed: 11:30-9  
 Thu: 11:30-10  
 Fri-Sat: 11:30-10:30  
 Sun: 11:30-8

143 Raymond Rd., Candia, NH  
 PasqualeBrickOvenPizzeria.com • 587-0028  
 BRING IN THIS AD AND RECIEVE FREE APPETIZER

HAPPY HOUR  
 TUES-FRI. 4-7

**Purple Finch**  
 —cafe—

Keep it Fresh with our  
 Award Winning Salads

Woodbury Court  
 124 South River Road • Bedford, NH  
 Open Daily 7AM-2PM • 603-232-1953  
 www.PurpleFinchCafe.com

WINNER  
 HIPPO BEST OF 2014  
 091375

**Father's Day, A Day Full of Flavor.**

**Sunday Brunch Buffet**  
 10am- 2pm  
 Dinner 3pm-9pm

**GAUCHOS**  
 CHURRASCARIA  
 Brazilian Steak House

62 Lowell St. Manchester • Free Parking  
 603-669-9460  
 www.gauchosbraziliansteakhouse.com

**SOUTHWEST CHICKEN SANDWICH**

WINNER  
 HIPPO BEST OF 2014  
 091375

**DON'T YOU DESERVE ONE?**

**WE HAVE WHAT YOU CRAVE!**

**YOUR HOMETOWN FAMILY RESTAURANT**

625-9660  
 136 Kelley St., Manchester  
 chezvachon.com  
 Mon-Sat 6-2 | Sun 7-2

*This Summer's Hottest Spot*

*Hot nights, Cool drinks, Great food*

*Come Enjoy The Pool & Tiki Bar*

**Sizzle BISTRO**

232-3344  
 1 Highlander Way, Manchester

# Fresh catch at Surf

## Nashua eatery gets a makeover



Surf Restaurant in Nashua relaunches with a new look and new sushi bar. Courtesy photo.

By Emelia Attridge  
 food@hippopress.com

It's been 13 years since it opened, and now Surf Restaurant in Nashua has a brand new look, and a new sushi bar, too.

"It was time for a reset," owner Michael Buckley said. "We were closed down a hair over two weeks."

During the restaurant's brief hiatus, many things were demolished and replaced, updated or added, like new floors and a fresh coat of paint on the walls. The restaurant reopened on May 20 with a new flow for its new bar and private dining room, which includes a monitor screen for presentations and curtains for privacy. The general layout has been kept the same, Buckley said, because diners love the social activity around the bar.

"We didn't want to lose that," he said. "Even the raw bar is more generous in its space. The raw bar used to be very confined, very claustrophobic."

Now located next to the kitchen is an extended bar space to accommodate the raw bar and Buckley's newest introduction to the Nashua Surf Restaurant: a sushi bar, which takes a cue from Surf Sushi Bar in Portsmouth. The Nashua Surf now has its own smaller version of the sushi bar with a limited menu of maki, nigiri and sashimi.

"The one in Portsmouth is its own entity," Buckley said. "By doing that for the last couple years, we've really enjoyed it. It's a great creative outlet for us; we were able to try something new. It gave our chefs the opportunity to try something new, and we felt that it went hand-in-hand with the sea-

food theme."

With a contemporary seafood menu and casual upscale dining, Buckley said that sushi seemed like the most logical way to introduce something new to Nashua diners.

During the remodeling, four Nashua Surf chefs trained at Surf Sushi Bar in Portsmouth to learn the fundamental techniques of both traditional and American sushi. The menu now available in Nashua features 12 rolls and option for sashimi, which were selected from the most popular and most well-received dishes at the Portsmouth sushi bar.

"These are the dishes that we know people love," Buckley said. "Already this week we've had several people say, 'This is my first time eating sushi. I've always been afraid to try it and I love it.'"

In addition to raw and cooked fish maki, Buckley said there are also rolls that don't feature any fish at all, like the mushroom maki, made by seasoning and roasting portobello mushrooms, then marinated, drained and sliced. The mushrooms are then warmed before rolling the maki with basil, scallion, cream cheese, and sweet potato, rolled "rice side out" and topped with yellow tomato jam ("which is got a little sweet, good tomato flavor, a little black pepper in there," Buckley said) and fried shallots.

"You really end up having this really delicious vegetarian roll," Buckley said. "That's not what you would call typical traditional sushi, but it gives people a chance maybe who are afraid to take that plunge — a foot in the door — and then they try something else."

In the next few weeks, Buckley and the chefs at Surf will introduce a new menu to go with the newly remodeled space. It will broaden small plate offerings and introduce healthy lifestyle options, along with the sushi bar offerings. 🍣

### Surf Restaurant

207 Main St., Nashua  
 595-9293  
 surfseafood.com





**YOU KNOW US FOR PIZZA...  
NOW TRY US FOR CATERING!**



**10% OFF YOUR CATERING ORDER!**

FOR ORDERS PLACED BY AUGUST 31 • \$50 MIN.

ANY REASON...ANY OCCASION...SAL'S PIZZA HAS YOU COVERED!

48 HOUR NOTICE REQUIRED ON ALL CATERING ORDERS. Offer expires August 31, 2014. \$50 minimum order. Valid on catering menu & pizza orders. Cannot be combined with other offers or discounts. Catering menu & pricing may vary by location. VALID AT THE FOLLOWING LOCATIONS: Tremont St - Boston, MA | Chelmsford, MA | North Andover, MA | Peabody, MA | Sturbridge, MA | Woburn, MA | Derry, NH | Salem, NH

WWW.SALS-PIZZA.COM

091689



**NEW!!**

**NEWICK'S  
TACO TUESDAY**

**3 TACOS JUST**

FISH, SHRIMP, CALAMARI, OR CHICKEN

**8.99**

AND \$3 MARGARITAS AT NEWICK'S EVERY TUESDAY ALL DAY

**DON'T FORGET HUMPDAY ON THE HALF SHELL**

**\$1 OYSTERS**

**\$2 DRAFTS**

EVERY WEDNESDAY ALL DAY

**EAT FREE ON YOUR BIRTHDAY**

JUST COME IN ON YOUR BIRTHDAY, SHOW YOUR ID, AND RECEIVE UP TO \$10 OFF YOUR MEAL

NEWICKS.COM

Dover, NH  
431 Dover Pt. Rd.  
603-742-3205

Concord, NH  
317 Loudon Rd.  
603-225-2424

So Portland, ME  
200 Gorham Rd.  
207-899-1409

089589



**Country TAVERN**

Rte. 101A, Nashua

**Perfect Place to  
Meet up with Friends!  
Live Music Weekends**

**14 Draft Beers – Rotating Local Selection**  
Smuttnose, Tuckerman, Woodstock, Henniker, Allegash

**Renovated Loft & Tack Room**  
Open Lunch 'til late Tues-Saturday, Sunday Brunch 10-2

**Wednesday Martini Night** \$3 Off from 3-7pm

**Tuesday & Thursday** Discounted Drafts. 3-7pm  
**Happy Hour** \$2 Off Wines by the Glass

**Friday & Saturday** Live Music. 1/2 Price Apps After 9pm

**See Our Monthly Calendar & Music Schedule at CountryTavern.org**  
452 Amherst St. Nashua NH • (603) 889-5871

091023

**RED SAUCE**

**CHECK OUT  
OUR NEW  
SEASONAL MENU**

**Delicious Gluten-Free  
& Vegetarian options**

**RISTORANTE**

**Dad's & Grads  
Celebrate with Us!**

**We have two function rooms to seat your parties up to 30!**





A little bit of the North End in Nashua!  
With Italian recipes passed through the years.

**589-9332 • 522 Amherst St. Nashua NH • RedSauceRistorante.com**

**BEST OF  
NASHUA  
2013**

092028



Get into the Season!



milk, dark, or white chocolate

Van Otis  
chocolates



www.vanotis.com • 603.627.1611

341 Elm Street, Manchester, NH 03101

091596

Your ticket to the best lunch in Manchester

SUDDENLY

Susan's  
Gourmet Deli

SUDDENLY

Call us for your catering needs!

(603) 625-1850

Across from the Palace Theatre  
87 Hanover St Manchester  
SuddenlySusans.com



090210

If you leave Hungry  
**IT'S YOUR OWN FAULT!**

*Delicious,  
Made from Scratch  
Meals. Family  
Friendly Prices.*

**Harold Square** 266 ROCKINGHAM RD, LONDONDERRY  
HAROLD-SQUARE.COM | 432-7144

091790

Join Us For Happy Hour

3-6pm Only • 7 Days A Week

Select Appetizers \$4.99  
with Purchase of Beverage

DRAFT BEER  
\$2.99



\$4.99

MARTINIS, MARGARITAS, WINE BY THE GLASS

PizzicoRestaurant.com

Nashua Location • 7 Harold Dr. 603-897-0696

Merrimack Location • 7 Continental Blvd. 603-424-1000

090133

COME ENJOY MEXICAN SPICE  
AND MARGARITAS ON ICE

OUR NEW LOCATION IS NOW OPEN IN EPPING!



595 Daniel Webster Hwy Merrimack, NH

1-11 Brickyard Sq, Epping NH

1871 Forest Ave. Portland, ME

WWW.TORTILLAFLATNH.COM

091704

# IN THE KITCHEN



WITH **TERESA STAUBER**

Teresa Stauber is the CEO of Simply Delish, a wholesale baking company based in Manchester. Stauber grew up in Brooklyn but moved to the Granite State 15 years ago. In 2007, she started Simply Delish as a prepared foods company, with the intention of selling products to farmers markets and supermarkets using quality, local ingredients and no preservatives. "Mainly now we just concentrate on all natural tea bread," Stauber said. Simply Delish tea breads like apple, pumpkin and lemon breads, are baked in the Waumbec Mill weekdays and currently available at Harvest Market, Whole Foods supermarkets in New England, select Hannafords locations (on John E. Devine Drive in Manchester, Colby Court in Bedford and in Concord), as well as The Flying Butcher in Amherst.



*What is your must-have kitchen item?*

The mixer that we use — right now we use a 60-quart mixer.

*What would you choose for your last meal?*

Chocolate, definitely any kind of chocolate.

*Favorite restaurant?*

When I go out, I usually go out for a nice glass of wine and appetizers, and I'll go to Corks in Bedford. When we go out to eat, we usually go out as a family — I have young kids. We go to T-Bones for dinner.

*What celebrity would you like to see eating your food?*

I think it would be pretty cool to meet Bobby Flay.

*What is the biggest food trend in New Hampshire right now?*

A lot of people want to do the farm-to-table, and I think it's a great thing. It's important to eat in a more holistic manner if they can. I think that we need to eat less processed foods.

*What is your favorite meal to cook at home?*

Right now, I've been eating a lot of prepared hummus, simple types of things — steamed kale, cauliflower with some quinoa with some curry and turmeric in it, and I make some tofu with that, too.

*What is your favorite dish on your restaurant's menu?*

My favorite bread is the chocolate one. I like it because it has a little hint of cinnamon in it. It's made with Dutch cocoa.

— Emelia Attridge

## French toast with Simply Delish Banana Tea Bread

3 large eggs  
½ cup heavy cream  
1 teaspoon vanilla extract  
¼ teaspoon cinnamon  
Simply Delish Banana Tea Bread  
butter for the pan

Slice banana bread to desired thickness. In a bowl, combine eggs, vanilla, cream and cinnamon, whisking until combined. Heat

a griddle or large skillet over medium heat and brush with butter. Dip each slice into the egg mixture for about 30 seconds to coat completely, then place on the buttered surface. Cook until golden and somewhat crispy, about two minutes per side. Serve with sliced bananas, fresh whipped cream, syrup and a sprinkle of graham cracker crumbs. For a drizzly chocolate, combine two tablespoons chocolate chips and ¼ teaspoon coconut oil in the microwave for about 45 seconds, mixing once during cooking time, until melty.

ous seacoast eateries competing for the people's choice and judge's choice for Best Chowder. Tickets cost \$14 for adults, \$7 for ages 12 and under. Visit prescottpark.org.

• **WINE AND CHOCOLATE LOVERS SOIREE** Sat., June 7, from 6 to 9 p.m. at the Radisson Hotel Nashua, 11 Tara Blvd., Nashua, to benefit the Atlantic Regional Firefighters Burn Foundation. Includes samples of wine and chocolates from local vendors, a silent auc-

tion, 50/50 raffle and entertainment provided by Frank 106.3 FM. Tickets cost \$45 for general admission, \$65 for VIP access (includes early access at 5 p.m., a selection of wines and chocolates, antipasto and "swag bag"), or \$600 for a VIP table for 10 guests. Call 341-8642 or visit the event page on eventbrite.com.

• **JUICING EVENT** Foxy Produce offers juicing demo Sun., June 8, from 10:30 a.m. to 5:30 p.m. at Market Basket, 539 Don-

ald St., Bedford.

• **ROCK'N RIBFEST** Fri., June 13, through Sun., June 15, at Anheuser-Busch, 221 DW Highway, Merrimack. Includes barbecue competition, Ribfest 5 Miler and live music. Admission costs \$10 at the gate, or \$7 if purchased in advance by Fri., June 6, online. Visit ribfestnh.com.

• **SAINT NICHOLAS ORTHODOX CHURCH ANNUAL LAMB BARBECUE** Sat., June 14, from 11 a.m.



Art stays open late from 6 to 9 p.m. with special programming. This month, the art museum features "NH Grown Beer," Thursday, June 5, with beer tastings from Smuttynose, Throwback Brewery and 603 Brewing Co., plus a food demonstration that incorporates beer, make-your-own beer label, a screening of a film about Throwback Brewery and live music with Alli Beaudry. Regular museum admission applies (costs \$12 for adults, \$10 for seniors, \$9 for students, \$5 for youth ages 13 to 17; free admission for members and kids under 13).

• **In the kitchen with dad:** The Culinary Playground is offering two cooking classes next weekend for Father's Day. Preschoolers, ages 3 to 5, can make salsa and homemade tortilla chips for dad on Friday, June 13, at 10 a.m., or 4 p.m., or on Saturday, June 14, at 10 a.m. or 11:30 a.m. Then on Saturday, June 14, from 4 to 6 p.m. older kids (ages 6 and up) and their dads can have fun in the kitchen together. Dad and child pairs will be able to make a jar of barbecue spice rub, crunchy Asian noodle salad and chocolate Fluff cookies. Registration is required for both the preschool and the father and child classes. The preschooler salsa and chips class costs \$16 for each child registration, and the father and child class costs \$50 for each pair. The Culinary Playground is located at 16 Manning St., Suite 105, in Derry. Call 339-1664, or visit [culinary-playground.com](http://culinary-playground.com).

• **Juice, anyone?** Foxy Produce will lead a juicing demonstration for shoppers at the Bedford

Market Basket (located at 539 Donald St., Bedford) on Sunday, June 8, from 10:30 a.m. to 5:30 p.m. If you can't make it this weekend, Foxy Produce will be back on Saturday, June 21, from 10:30 a.m. to 5:30 p.m. at the Market Basket in Nashua (375 Amherst St.) for another demonstration on juicing.

• **Farmers markets now open:** Local farmers markets are scheduled to open throughout the month of June. Some markets aren't open yet, like Bedford (opens Tuesday, June 17), Derry (opens Wednesday, June 18), Manchester (opens Thursday, June 19), Nashua (opens Sunday, June 22), and Tilton (opens Friday, June 27). Summer farmers markets that are now running include Canterbury (Wednesdays from 4 to 6:30 p.m.), Concord (Saturdays from 8:30 a.m. to noon on Capitol Street; Thursdays from 3 to 6 p.m. in the parking lot at the Steeplegate Mall), Contoocook (Saturdays from 9 a.m. to noon), Dover (Wednesdays from 2:15 to 6 p.m.), Deerfield (Fridays from 3:30 to 6:30 p.m.), Durham (Mondays from 2:15 to 6 p.m.), Exeter (Thursdays from 2:15 to 6 p.m.), Hopkinton (Wednesdays from 4 to 7 p.m.), Lee (Thursdays from 3 to 6 p.m.), Merrimack (Wednesdays from 3:30 to 6:30 p.m.), Milford (Saturdays from 10 a.m. to 1 p.m.), Northwood (Thursdays from 3 to 6:30 p.m.), Portsmouth (Saturdays from 8 a.m. to 1 p.m.), Salem (Sundays from 10 a.m. to 2 p.m.), Warner (Saturdays from 9 a.m. to 1 p.m.), and Wear (Moody Pond on Fridays, 3 to 6:30 p.m.; Center Park on Fridays, 3 to 6 p.m.).

to 6 p.m. on the church grounds at 1160 Bridge Street Extension, Manchester. Menu includes marinated lamb, Greek dishes and desserts and Greek music. Call 625-6115.

• **CHOCOLATE, THE PERFECT DRUG** Tues., June 17, at 7 p.m. at Nashua Public Library, 2 Court St., Nashua. Mike Ross of Northern Essex Community College will discuss the chemistry of chocolate within the brain. Registration required. Call 589-4610 or visit [nashualibrary.org](http://nashualibrary.org).

• **JUICING EVENT** Foxy Produce offers juicing demo Sat., June 21, from 10:30 a.m. to 5:30 p.m. at Market Basket, 375 Amherst St., Nashua.

• **NEW HAMPSHIRE DAIRY DAY** Sat., June 21, from 10 a.m. to 4 p.m. at the New Hampshire Farm Museum, 1305 White Mountain Hwy., Milton. Taste New Hampshire dairy products, learn about cows, help make butter and cheese, take a ride on the horse-drawn wagon, plus take a tour of the dairy barn. Free ice cream is donated by Lone Oak Ice Cream of Rochester. Admission costs \$7 for adults, and \$4 for kids ages 4 and up. Visit [farmmuseum.org](http://farmmuseum.org).

• **STRAWBERRY FESTIVAL** Sun., June 22, from 2 to 4 p.m. on Hollis Town Common with strawberry shortcakes, strawberry-rhubarb crisp plus ice cream cones and sundaes with the Hollis Town Band and Hollis Woman's Club.

• **TASTE OF THE NATION PORTSMOUTH** Wed., June 25, from 6:30 to 10 p.m. at Strawberry Banke Museum, 14 Hancock St., Portsmouth. Part of Share Our Strength to eliminate hunger on the seacoast, features samplings from local restaurants and culinary talent. General admission costs \$85, and tickets for VIP admission cost \$175 (includes early access starting at 5:30 p.m.). Visit [ce.strength.org/events/taste-nation-portsmouth](http://ce.strength.org/events/taste-nation-portsmouth).

• **BOOK SIGNING AND TASTING** Sat., June 28, from 11 a.m. to 3 p.m. with chef-author Andy Husbans, signing his book *Grill to Perfection* with steak tip skewer tasting at Tuscan Market, 63 Main St., Salem, 912-5467, [tuscanbrands.com](http://tuscanbrands.com).

• **LATTE LABORATORY** Tues., July 1, at 7 p.m. at the Nashua Public Library, 2 Court St., Nashua. Steve Ruddock, coffee roaster and owner of

Nashua's Riverwalk Cafe and head barista Jed Crook will discuss the science of roasting, history of coffee and brewing methods plus samples. Call 589-4610 or visit [nashualibrary.org](http://nashualibrary.org).

#### Chef events/special meals

• **DINNER THEATER** Fri., June 6, at the Crowne Plaza Hotel, 2 Somerset Parkway, Nashua. Starts with hors d'oeuvres and cocktails at 6 p.m., followed by *Joey & Maria's Comedy Italian Wedding* and dinner at 7:30 p.m. Tickets cost \$75, contact Donna Collins at 882-3616, ext. 1242.

• **GARDEN AFTERNOON TEA** Sun., June 22, from 1 to 3 p.m. at The Cozy Tea Cart Shoppe and Cafe, 104 Route 13, Brookline. Menu includes tea breads, tea sandwiches, pastries and a selection of teas. Reservations required.

• **THE FARMERS DINNER** Sun., June 22, at 5 p.m. at XO on Elm, 827 Elm St., Manchester. Includes locally-sourced menu with three courses, a starter and dessert, plus special guest speakers to discuss topics of dining sustainability. Tickets cost \$65 (optional local spirit



**Winnepesaukee WINE FESTIVAL**  
June 5 • Church Landing, Meredith, NH  
5:30–8 p.m. • \$50 per person  
Dozens of Wines to Try!  
Proceeds benefit local theater programs.  
Tickets: (603) 968-9330 & [TheCman.com](http://TheCman.com)

**Our Pastries want to come to your BBQ!**

**Order your Father's Day Treats now!**

**GOURMET Michelle's PASTRIES & DELI**

Serving Manchester for 17 Years.

819 Union St., Manchester • 647-7150  
[Michellespastries.com](http://Michellespastries.com)

Mon 7:30a-2p • Tues-Fri 7:30a - 5:30p • Sat 8a-12p

**VOTED BEST FARMERS MARKET** by Hippo Readers 4 Years Running!

**CONCORD FARMERS' MARKET**

Early Greens and Rhubarb  
Eggs • Herbs • Venison  
Jams & Jellies • Potted Plants  
Baked Goods • Cheese & Milk  
Maple Syrup  
Specialty Produce  
Special-made Wooden Ware  
Homemade Soaps

Lamb • Honey • Seafood  
NH Wine • Local Ales  
Dog Treats  
Goat Cheese  
Organic Vegetables  
Fresh Mushrooms  
NH Meats • Cut Flowers  
Coffees & More

**THE CONCORD FARMERS' MARKET** NOW THROUGH OCTOBER 25<sup>TH</sup>  
SATURDAYS, 8:30 • NOON ON CAPITOL STREET, CONCORD, NH  
Starting Thursday June 5, a **SECOND** market for Concord at the Steeplegate Mall, Loudon Rd. in the afternoon 3 - 6:30pm.

**ORDER YOUR CAKES!**



**GRADUATION CAKES A SPECIALTY!**  
AND FATHER'S DAY IS SUNDAY, JUNE 15  
Baklava • Spanakopeta  
Fruit Pies • Meat Pies • Pastry Trays  
Cookies • Butter Twists • Eclairs & More



**KAY'S BAKERY**  
Greek & American Baked Specialties  
**625-1132**  
443 Lake Avenue (corner of Hall St.) Manchester  
Tuesday–Friday 7am–5pm, Saturday 7am–1pm

**Rue Bourbon**

**N'AWLINS**

*Grille & All that jazz!*

Outdoor Dinning on the Front Porch

**Live Jazz, Creole and Cajun Cuisine**

Satisfying your hunger for the flavors & sounds of New Orleans here in downtown Manchester!

**860 Elm St. Manchester**  
**606-2488 • [NawlinsGrille.com](http://NawlinsGrille.com)**



**Now Featuring  
Smoked Meats & Cheeses**

**From Fox Country  
Smoke House  
of Canterbury, NH**

**ANGELA'S  
PASTA & CHEESE**

815 Chestnut St.  
Manchester, NH  
**625-9544**  
Mon-Fri: 9-6 • Sat: 9-4  
AngelasPastaAndCheese.com

WINNER  
HIPPO BEST OF 2014  
FOOD & DRINK POST

091823

**Have your Child's  
Next Birthday Here**

**MAKE & TAKE CUPCAKE  
DECORATING**  
Call to sign up

**Cupcakes 101**  
A Sweet Shop

www.Cupcakes101.net 603.488.5962  
Rt. 101, 132 Bedford Center Rd Ste A, Bedford, NH

091738

# COOKBOOK THROWDOWN

By Amy Diaz



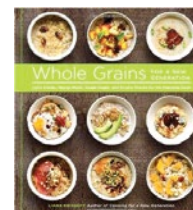
## The How Can It Be Gluten Free Cookbook

by the Editors at America's Test Kitchen (2014, America's Test Kitchen)



**The goal:** To pit two vaguely related cookbooks against each other and arbitrarily declare a champion.

**The competitors:** Both approach cooking with a very specific, grain-focused viewpoint



## Whole Grains for a New Generation

by Liana Krissoff (2012, Stewart, Tabori & Chang)

**Battleground:**

# BLUEBERRY MUFFINS

## How Can It Be Gluten Free

**The cookbook:** As I've said before, if you want to really learn the ins and outs of some facet of cooking — particularly a new way of cooking, like a gluten-free diet — the definitive source is likely to be America's Test Kitchen. They test every aspect of a recipe from all angles — in this case, using different types of flour replacements and trying with and without, say, xanthan gum. In addition to giving you a general explanation of what cooking with gluten products means and what parts of a recipe you have to compensate for, the book gives you a run-down of commercially available flour replacements as well as its own recipe and then gives you recipes for all the basic foods one might be craving if living gluten-free — from cookies and cakes to pasta dishes (spaghetti and meatballs, lasagna) and pancakes.

**The recipe:** "Blueberry Muffins," page 44.

## Whole Grains for a New Generation

**The cookbook:** The title pretty clearly states this book's goal: to cook with more whole grains (think brown rice and quinoa versus white flour). The book helps to walk you through the grains you're likely to find at supermarkets but have never tried as well as the stuff you might already own. The book mixes more exotic fare with whole-grain versions of well-known dishes. You get several variations on breakfast oatmeal and porridge, variations on pancakes ("Fluffy Buckwheat Pancakes," "Cornmeal Pancakes with Sorghum-Plum Compote," "Buttermilk Oat-

cakes" and "Buckwheat Crepes"), "Walnut Waffles" and breads ("Honey Whole Wheat Sandwich Bread" and "Super-Grain Bread") as well as more adventurous dishes such as "Sweet Potato and Millet Cakes with Poblano Cream," and "Bulgur and Black Bean Burgers with Cilantro Mayonnaise and Carrot Slaw."

**The recipe:** "Blueberry Cornmeal Muffins," page 210.

**The result:** Actual gluten-free baking makes a convincing case for not going gluten-free because it sounds like a fun diet. Making the flour mixture is time-consuming, and buying the components (or just buying a pre-made flour replacement mix) is expensive. The resulting muffins weren't my best muffins ever — there was a mushiness that might have been the result of not getting enough water out of the frozen blueberries. But, even by regular muffin-baking standards, the gluten-free muffins are probably still on the "better than average" side of the spectrum. They had a good flavor and, aside from the mushiness, weren't dramatically different from standard flour muffins in texture.

The blueberry cornmeal muffins were meant to be savory — more a dinner accompaniment than a breakfast food. They had a hearty cornbread quality to them and the fruit added just a bit of tang, making them solid companions to a spicy chili. On their second and third day, the muffins did dry out rather considerably — but then again, that's what butter is for.

**The winner**

# THE HOW CAN IT BE GLUTEN FREE COOKBOOK

*Whole Grains for a New Generation* is a solid road map for those looking to improve the overall nutritional quality of their meals and get more creative with, say, breakfast porridge and high-protein but meat-free entrees. Its dinner muffins were tasty but the edge goes to America's Test Kitchen for offering instructions for an equally tasty but more difficult-to-construct dish. For those going gluten-free but still looking to enjoy their favorite recipes, the America's Test Kitchen cookbook helps you meet your health needs and your food cravings.

**WE HAVE A DELICIOUS NEW MENU  
WITH ALL YOUR NEW FAVORITES LIKE**

**THE  
CHICKEN WAFFLE  
SANDWICH**

**Cheers**  
Grille & Bar

**Our Patio is open, and pet friendly.**

17 Depot St., Concord NH | 228-0180 | CheersNH.com

091767

**.50¢ OFF  
a kid's cone**  
Exp. 6-30-14

Have You ever Tried the Best Ice Cream?

**HAYWARD'S**  
HOMEMADE  
**ICE CREAM**

ICE CREAM • YOGURT • LUNCHES

Open Daily: 11AM to 10PM  
7 DW Hwy, So. Nashua  
www.HAYWARDSICECREAM.com

From our Family to yours :)

091738

**Yuki**  
JAPANESE GRILL  
HABACHI AND SUSHI BAR

**Any Two Yuki  
Special Rolls  
\$19.95**  
Not to be combined with other offers.  
Dinner & Lunch. One per table, per visit. With  
coupon. Dine-in or take out. Expires 6/30/14.

**\$3 OFF**  
Your purchase of  
**\$25 or more**  
With this coupon. Valid on dinner only.  
Not to be combined with other offers.  
Expires 6/30/14.

**\$5 OFF**  
Any Two Adult  
**Hibachi Meals**  
With this coupon. Valid on dinner only.  
Not to be combined with other offers.  
Expires 6/30/14.

377 S. Willow St., B1-2, Manchester, NH • Below the DMV • 603-666-6678  
WWW.YUKIJAPANESEGRILL.COM

091739



# bite-sized lessons

## Match the flavors, drop the calories

With easy and simple ingredient swaps, you can recreate the flavors of your favorite higher calorie dishes, like cheesy pizza or creamy pasta, in lower calorie salads. Swap a Reuben Sandwich for this Fresh Express Turkey Reuben Salad without sacrificing taste.

For more recipe ideas, visit [saladswap.com](http://saladswap.com).

## Turkey Reuben Salad

Serves: 4

### Salad Ingredients:

1 package Fresh Express® Iceberg Shreds®  
2 slices of rye bread  
1/2 Taste of Inspirations sliced turkey breast  
2 cups sauerkraut, rinsed and drained  
1/2 bag Cabot® Light shredded cheddar  
2 dill pickles, sliced down the middle and then diced into medium sizes

### Dressing:

1/2 cup low fat Thousand Island Dressing

### To make croutons:

1. Cut bread into 1/2-inch cubes.
2. Bake 15 minutes on a baking sheet at 300° F. Set aside.

### To make salad:

1. Toss greens, pickles and sauerkraut with dressing.
2. Portion onto 4 plates.
3. Top with turkey and cheese. Then, top each salad with rye croutons.

**Simple Swap:** Add more nutrition to your place by choosing dark leafy greens, like Fresh Express® Baby Spinach and Arugula Blend!

**Reuben: 657 Calories**

**Turkey Reuben Salad: 300 Calories**

Recipe courtesy of Fresh Express



## your store dietitians



**Hannah  
Millon-Garvey,  
RD, LD**

**Concord Hannaford**  
**73 Fort Eddy Rd.**

Hannah is available  
Mondays, 3:30 p.m. - 7:30 p.m.  
Thursdays, 10 a.m. - 6:30 p.m.



**Marilyn Mills,  
MS, RD, LD, CDE**

Marilyn is available at the  
following locations and times:

**Hooksett Hannaford**  
**79 Bicentennial Dr.**

Mondays, 10:30 a.m. - 1:30 p.m.  
Wednesdays, 5 p.m. - 8 p.m.

**Manchester Hannaford**  
**201 John E. Devine Dr.**

Thursdays, 10:30 a.m. - 8 p.m.;  
some Saturdays, 11 a.m. - 3 p.m.

**East Side Hannaford**  
**859 Hanover St.**

Fridays, 10:30 a.m. - 5 p.m.



**Heidi Kerman,  
RD**

Heidi is available at the  
following locations and times:

**Londonderry Hannaford**  
**6 Hampton Drive**

Thursdays, 3 p.m. - 8 p.m.  
Fridays, 3 p.m. - 8 p.m.

**Bedford Hannaford**  
**4 Jenkins Road**

Tuesdays, 12 a.m. - 6 p.m.;  
or, 1 p.m. - 7 p.m.



**Jessica O'Connell MBA,  
RD, LD**

Nashua Hannaford  
175 Coliseum Ave.



# 1/2 Price Appetizers

## Happy Hour

3-6pm at the bar  
Mon-Fri

**\$2.95 Draft Beers**  
**\$3.95 House Wines**

\*Happy Hour Pricing is for in the bar only



734-2809  
Hwy 101, Epping, NH  
641-0900  
50 Dow St., Manchester  
www.900degrees.com  
Menu & directions available online.  
Lunch & Dinner • Dine In or Take Out



Join us for an evening  
under the stars at our  
outdoor patio!

# OUR PATIO IS OPEN!

**Open at noon**  
**Every Sunday starting June 1st**  
Featuring Live Music, \$3 Beers,  
And 1/2 off Appetizers all day  
Join us every Sunday night for  
sit-in sessions with  
"ONE BIG SOUL"



StrangeBrewTavern.com • 603.666.4292

88 Market St., Manchester  
HOURS: 4 pm-1am, 7 Days a Week

## The Freshest WHOLE GRAIN Breads



Great Harvest Bread of Nashua, NH  
next to the Blushing Rose on Amherst St.  
(603) 881-4422  
www.greatharvestnashua.com

## Djinn Spirits

Nashua's Distillery Tours & Tastings



**Beat 3 White  
Whiskey Vapor  
Infused Gin**

617.649.6972

www.DjinnSpirits.com

Sat/Sun 10:00AM - 5:00PM

2 Townsend West, Suite 9, Nashua, NH

## the Hudson Mall

Everything you need, all in one place!



Auto Zone • CVS • Dollar Tree  
Stores • Great Clips • HR Block  
1/2 OFF Cards • Hannaford  
Supermarket • McDonald's  
Papa Gino's • Radio Shack • US  
Post Office • Countryside Coffee

77 Derry Road • Route 102  
Hudson • TheHudsonMall.com

## FOOD PERISHABLES

Tasty food from  
fresh ingredients

# Snap peas

OK, I'll admit it. Sometimes I don't eat my vegetables. Don't get me wrong, I love most vegetables and know how important they are for my nutrition but sometimes I just don't feel like it. Either I'm bored with them (I'm over baby carrots) or just uninspired (steamed broccoli again?). The biggest problem with this lukewarm sentiment of mine is that it has become contagious. My 15-month-old is so over vegetables, and she makes this very clear to me by throwing them on the floor. So, driven by both a desire not to mop daily and a commitment to her health, I need to get out of this vegetable rut!

I recently bought a bunch of sugar snap peas, thinking, *they have a good crunch, surely this is just what we need!* My daughter enjoyed them raw at first, but her tolerance was short-lived. So I took the snap peas and I roasted them. AMAZING. Why have I not done this before? And my daughter loved them — simple, good vege-



tables with tons of flavor.

The challenge with most vegetables is keeping them interesting, cooking them in a way that brings out their flavors and doesn't compromise their nutritional value. Sugar snap peas are actually a hybrid of green peas and snow peas, according to the California Department of Health, and were developed in 1979. These relatively new vegetables are low in calories, high in B vitamins and loaded with vitamin C. They're delicious raw but can also be sauteed, stir-fried and, as I recently learned, roasted.

Do yourself a favor and learn from my veggie rut. Pick up some snap peas and roast away! Or, be a true adventurer and grab something totally random from the produce aisle, go home and find out how best to cook it. — Allison Willson Dudas

## Roasted snap peas

1 bag or 2 pounds sugar snap peas  
Olive oil  
Salt & pepper

Preheat oven to 450 degrees. Spread snap peas, without crowding, over a cookie sheet topped with tin foil. Coat or spray with olive oil and sprinkle with salt and pepper. Roast for about 10 minutes until slightly brown. Snap peas will be slightly crunchy and can be eaten hot or at room temperature.

cocktails from mixologist Jared Bracci and Djinn Spirits Distillery, costs \$20). Visit thefarmersdinner.com.

• **CONCORD FOOD CO-OP BRUNCH** The Co-op's Celery Stick Café (24 S. Main St., Concord, 410-3099, concordfoodcoop.coop) offers a brunch buffet every Sun., 10:30 a.m. to 2 p.m. Build-your-own omelet station.

• **CELIAC & GLUTEN INTOLERANCE SUPPORT GROUP** Meets monthly from 7 to 8:30 p.m. at the Merrimack Public Library (470 Daniel Webster Highway, Merrimack, merrimack.lib.nh.us) Includes discussion, demonstration and sample. See royaltemptations.com/blog.

## Church/charity suppers/ bake sales

• **LASAGNA SUPPER** Buffet style supper with homemade lasagna recipes, tossed salad and baked pies on Thurs., June 12, from 5:30 to 4 p.m. at Union Congregational Church, 80 Main St., Union. Dinner costs \$8 for adults, \$4 for children.

• **BREAKFAST BUFFET** Sat., July 12, from 8 to 10 a.m. at Bethany Chapel Community Church, 54 Newbury Road, Manchester. Cost \$7 for adults, \$4 for children ages 6 to 12, and free for children under 6. See bethanychapel.org.

• **COMMUNITY BREAKFAST** Sundays from 8 to 11 a.m. at Philbrick-Clement Post 65 American Legion (12 N. Stark Highway, Weare, 529-2722, nhpost65.us). A la carte breakfast menu benefits the Legion and community outreach. Cost ranges from \$3.50 to \$7.

• **COMMUNITY SUPPER** Held the third Wed. of each month from 5:30 to 6:30 p.m., at the Unitarian Universalist Congregation in Milford at 20 Elm St. See uucm.org.

## Food classes/workshops

• **FEED THE FAMILY** Sun., June 8, from 4 to 6:30 p.m. at the Culinary Playground, 16 Manning St., Suite 105, Derry. Take-and-bake course prepares four meals with five servings each (menu includes minestrone

soup for Crock-Pot, garlic and lemon chicken with green beans and potatoes, spring lasagna, roasted pork). Bring casserole dish, Tupperware and reusable grocery bags. Registration required, workshop costs \$135 and includes ingredients. Call 339-1664, or visit culinary-playground.com.

• **THE HOME HERBALIST** Runs on Mondays, from 6 to 9 p.m. with clinical herbalist Maria Noel Groves at Wintergreen Botanicals, Deerfield Road, Allentown. Nine-class series includes background on herbs and demonstrations. Series meets Mon., June 9, through Mon., Aug. 18. Cost \$38 per class or \$275 for the whole series. Visit wintergreenbotanicals.com.

• **CRAFTING A TRUE TRUFFLE** Tues., June 10, from 6:30 to 8:30 p.m. at Dancing Lion Chocolate (917 Elm St., Manchester, 625-4043, dancinglion.us). Cost \$65, advance registration required.

• **DATE NIGHT** Sat., June 14, from 6:30 to 9:30 p.m. at



# French onion potatoes

Every time I head to my parents' for a week or a weekend I end up returning home with new recipes to try on unsuspecting dinner guests.

This week, my dad did the cooking and whipped up a new potato recipe I'd never tried. Now, my Irish-German family is big on potatoes, traditional or otherwise, and this recipe went over well with the pickiest eater at the table.

Having grown up in a household that serves meat and potatoes at almost every meal, I thought we'd exhausted almost all of the ways to make them. But when I sat down at dinner earlier this week, I was surprised with what I found on my plate.

My dad found the recipe online — he can't remember where — as he was searching to make an anniversary meal for my mom. He said the recipe popped up as a side dish to serve with steak, but he's been using it with pork, chicken and even fish.

Potatoes are one of my all-time-favorite pantry ingredients since they're so versatile, but this recipe calls for a pantry ingredient I never would have thought to mix potatoes with: dried onion soup.

In just a few short minutes you can turn plain potatoes — red, Idaho or Yukon —



into a flavorful side dish. I've never used dried onion soup to flavor more than the occasional pot roast, or maybe a green bean casserole. I should have jumped to potatoes next but never made the connection.

I watched my dad make the potatoes once, and the recipe is incredibly simple. He started by quartering about 2 pounds of Idaho potatoes. He said the first time he made this recipe he used red potatoes, but the family seems to like the flavor of the final product when Idaho or Yukon potatoes are used.

He put the cut potatoes into a large resealable plastic bag. He coated the potatoes in olive oil, and sprinkled in the entire package of soup. After sealing the bag, he shook it until the potatoes were evenly coated. He then spread the potatoes onto a baking sheet and added garlic salt, pepper and parsley in generous doses.

The potatoes baked in the oven at 375 degrees for about 35 minutes, until fork tender.

The soup adds a subtle yet distinct flavor to the potatoes, and when mixed with olive oil, garlic, salt and pepper, the final product is savory and delicious.

— Lauren Mifsud

## Onion Potatoes

3 pounds potatoes  
1 package dried onion soup  
Olive oil (to coat potatoes)  
Pepper, garlic salt and parsley to taste

Preheat oven to 375 degrees. Cut potatoes into quarters and place in a large resealable bag. Add olive oil and onion soup; shake together in the bag until the potatoes are evenly coated. Spread on a baking sheet and add garlic salt, pepper and parsley to taste. Bake for about 35 minutes or until fork tender.

the Culinary Playground, 16 Manning St., Suite 105, Derry. Couples cooking class, make a packed picnic basket with asparagus salad with lemon-dijon vinaigrette, oven fried chicken and chocolate dipped shortbread. Registration required, cost \$150 per couple. Call 339-1664, or visit culinary-playground.com.

• **SCUOLA CULINARIA: PIZZA CLASS** Tues., June 17, from 6 to 9 p.m. at Tuscan Market, 63 Main St., Salem. Call 912-5467. Tickets sold exclusively online, cost \$125. Visit tuscanbrands.com.

from 6 to 8 p.m. With veggies, wine and food tasting, cooking demo, and recipe to take-home. Cost \$25, registration required.

• **HERBS THROUGH THE SEASONS** Runs on Saturdays, from 10 a.m. to 4 p.m. through Nov. 8, with clinical herbalist Maria Noel Groves at Wintergreen Botanicals, Deerfield Road, Allenstown. Each class includes herb walks, lecture and demonstration. Cost \$75 per class or \$500 for the series. Visit wintergreenbotanicals.com.

• **Kids cooking classes/workshops**  
• **FATHER'S DAY SALSA CLASS** For preschoolers, ages 3 to 5. Fri., June 13, at 10 a.m. and 4 p.m.; Sat., June 14, at 10 a.m.

and 11:30 a.m. Kids make salsa and homemade tortilla chips for dad at the Culinary Playground, 16 Manning St., Suite 105, Derry. Registration required, classes cost \$16 for each child. Call 339-1664, or visit culinary-playground.com.

**THE BAKESHOP**  
~On Kelley Street~

**Order Your Cakes & Party Trays for Graduation!**

**Try Our Cronuts Saturdays & Sundays!**

[www.thebakeshoponkelleystreet.com](http://www.thebakeshoponkelleystreet.com)

171 Kelley St., Manchester • 624.3500  
Mon 7:30-2 • Tue-Fri 7:30-6 • Sat 8-5 • Sun 9-1

**OUR PATIO DECK IS NOW OPEN FOR THE SEASON!**

**TAP HOUSE GRILLE**

NEW ENGLAND'S

1292 Hooksett Rd, Hooksett, NH  
**603-782-5137**  
[www.taphousenh.com](http://www.taphousenh.com)  
Tues-Thu 11AM-11PM | Fri 11AM-12AM  
Sat 8AM-12AM | Sun 8AM-10PM

**YOU'VE "HERD" OF THE HUNGRY BUFFALO... NOW COME EXPERIENCE!**

**\*Buffalo Rueben w/Hand Cut Fries**  
**\*Bison Rib Eye**  
**\*Blackened Haddock**

**Plus much much more!**

**50¢ Wings Every Day 4pm to 6pm**

**Open Mic Night Every Thursday Night 8:30pm**

• **BuzzTime Trivia**  
• **Texas Hold'em**  
• **Pool & Live Entertainment!**

**HUNGRY BUFFALO**  
[www.HealthyBuffalo.com](http://www.HealthyBuffalo.com)  
**603-798-3737**

091430 Fox Pond Plaza • Rte. 106 & Rte. 129 - Loudon

**German John's Bakery**

**Authentic German Baeckerei,** featuring soft pretzels, real German sourdough breads, hard rolls, pastries and seasonal specialties.

TUES 11:30, WED/THURS 9:30-3:30, FRI/SAT 9:30-5  
**Bedford Farmers Market starts June 17!**  
[GermanJohnsBakery.net](http://GermanJohnsBakery.net)  
5 WEST MAIN ST., HILLSBOROUGH  
**Call for orders: 464-5079**

**WINNER**  
HIPPO BEST OF 2014  
READERS PICK

**Summer Time is Seafood Time Come Get Hooked!**

- Costa Rican Fish Tacos
- Ignite Mussels
- Sea Conch Fritters
- Sesame Pan Seared Ahi Tuna Salad
- Ocean Fire Salad
- Raw Bar Medley
- Blackened Mahi Mahi
- Sukiyaki Shrimp
- Lemon Dill Arctic Char
- Seafood Cioppino

**HOOKED SEAFOOD RESTAURANT & RAW BAR**

110 Hanover St Manchester, NH  
[HookedNH.com](http://HookedNH.com) • 606-1189



# SUNSET DINNER CRUISE

Aboard MV Kearsarge Restaurant Ship  
Saturday, May 25<sup>th</sup> & Sunday, May 26<sup>th</sup>  
Reservations Suggested



**Open Every Weekend**  
Call for more details at 938-6465 | [www.MVkearsarge.com](http://www.MVkearsarge.com)



**\$5 LUNCHES**  
SELECT MENU MON-FRI, 11-3PM

**HAPPY HOUR**  
MON-THURS 2PM-5PM  
\$2.50 16 oz DRAFT BEER  
\$5 HOUSE MARGARITA'S

**OUTTA THIS WORLD FRESH & AUTHENTIC MEXICAN FOOD!**  
**PUERTO VALLARTA**  
MEXICAN GRILL • 935.9182  
865 Second St., Manchester, NH [PuertoVallartaMGrill.com](http://PuertoVallartaMGrill.com)

## Reward Your Grad with a Tray of Mr. Mac's!



**Celebrate Graduation Day, with the dish that will make your party a HIT!**  
**Order a Take & Bake Tray to cook when you're ready or order it HOT!**

GRANITE STATE CANDY;  
Black, -, -, Grad Favorites:  
Classic All American      Jalapeño Popper Mac  
Cheeseburger Mac      Garden Veggie Mac

**Don't forget...** Mr. Mac's offers Gift Certificates in any amount, the perfect gift for your grad!

**Mr. Mac's**  
macaroni & cheese

**WINNER**  
HIPPO BEST OF 2014  
READERS PICK

606-1760 | Order Online! | [mr-macs.com](http://mr-macs.com) | We Have Gluten Free! | 497 Hooksett Road, Manchester, NH

## FOOD JUST DESSERTS

Recipes for the sweet tooth

# Ice cream pie

I made this dessert during one of the few warm spring days we've had, when it was actually hot and sunny enough to want a cold treat. I had been looking through pie recipes and was drawn to this one, frankly, because it has three ingredients and directions that are easy as pie. (Go ahead and groan.)

In fact, it's so easy, and so versatile, that I made a couple versions of it. My first attempt was a cookies and cream pie, made with a store-bought chocolate crust and cookies and cream ice cream. I served it with a little caramel and chocolate sauce drizzled on top, and it was a hit with the kids. The adults liked it too, but my issue with it was that the whipped topping and ice cream mixture barely fit into the pie crust, so all of the bites that didn't have crust kind of just tasted like a blander version of cookies and cream ice cream.



The next time I went a different route and decided to use raspberry ice cream and graham cracker crusts — and I used two of them. I figured dividing the mixture into two pies would make it taste more like pie and less like just-OK ice cream with a little bit of crust, and I was right. I think it helped that the raspberry ice cream was super flavorful, so the whipped topping nicely mellowed it out, and halving the amount of the ice cream mixture made for a better crust-to-ice cream ratio.

What I like most about this recipe is that you can healthy it up a little by using lite whipped topping and lite ice cream or frozen yogurt, and most people will be none the wiser. — *Meghan Siegler*

### Ice cream pie

- 1.75-quart container of your favorite ice cream
- 1 8-ounce container of whipped topping
- 2 ready-made pie crusts (graham cracker, chocolate or Oreo)

Let the ice cream sit out for about 20 minutes to soften. Spoon it into a large mixing bowl and add whipped topping. Stir until well mixed. Pour mixture into pie crusts and cover. Freeze for about 3 hours until firm. Serve with whatever you desire — more whipped topping, a drizzle of hot fudge or caramel or fresh raspberries or banana slices.

preschoolers, ages 3 to 5. Fri., July 18, at 10 a.m. and 4 p.m., and Sat., July 19, at 10 a.m. and 11:30 a.m. at the Culinary Playground, 16 Manning St., Suite 105, Derry. Pack zucchini with tomatoes, basil and fresh mozzarella. Registration required, classes cost \$16 for each child. Call 339-1664, or visit [culinary-playground.com](http://culinary-playground.com).

• **SUMMERTIME SNACKS** For preschoolers, ages 3 to 5. Fri., Aug. 15, at 10 a.m. and 4 p.m., and Sat., Aug. 16, at 10 a.m. and 11:30 a.m. at the Culinary Playground, 16 Manning St., Suite 105, Derry. Make watermelon smoothies and crunchy chickpea snacks. Registration required, classes cost \$16 for each child. Call 339-1664, or visit [culinary-playground.com](http://culinary-playground.com).

• **SOPHISTICAKES** Baking and cooking classes and birthday parties, 25 Indian Rock Road, Windham, 898-2442, [facebook.com/SophisticakesOf-WindhamNh](http://facebook.com/SophisticakesOf-WindhamNh).

• **NO-BAKE COOKING** First and third Tue. of the month at 3:30 p.m. for kids ages 8 and older at the Wilton Public & Gregg Free

Library, 7 Forest Road, Wilton. See [wiltonlibrarynh.org](http://wiltonlibrarynh.org). Registration required.

### Regular monthly/weekly cooking classes/workshops

• **A MARKET** The Manchester natural foods store's education center offers classes and workshops on health and nutrition. See [myamarket.com](http://myamarket.com).

• **BEDFORD COMMUNITY EDUCATION** Classes offered out of Bedford High School (103 County Road, Bedford, 472-3755). For information, contact Susan Sambrano at [sambranos@sau25.net](mailto:sambranos@sau25.net) or phone 714-4395. Visit [sau25.net/BedfordHigh.cfm](http://sau25.net/BedfordHigh.cfm) and click on Community Enrichment Program under the Community link.

• **BEDFORD ITALIAN CULTURAL SOCIETY** meets on the third Thursday of the month from September through June at 7 p.m. at Bedford Public Library, 3 Meetinghouse Road, Bedford.

• **CHEZ BOUCHER COOKING SCHOOL** One-day workshops, mini-sessions, international cooking, cooking with friends, team-building, classes

for kids and more. Chez Boucher (32 Depot Square, Hampton, 926-2202) can be found online at [chezboucher.com](http://chezboucher.com).

• **COFFEE COFFEE** Cooking classes feature a different dish, also includes cooking technique instruction. Meets Tuesdays at 6:30 p.m. at Coffee Coffee (326 S. Broadway, Salem, 912-5381, [coffeeroastersnh.com](http://coffeeroastersnh.com)). Cost \$30, call in advance.

• **CO-OP CLASSES** The Concord Cooperative Market (24 S. Main St., Concord, 225-6840, [concordfoodcoop.coop](http://concordfoodcoop.coop)), holds regular series on wellness, green living and cooking. Even free classes require registration. Visit [concordfoodcoop.coop](http://concordfoodcoop.coop) for schedule. Interested teachers can contact the Co-op Wellness Coordinator, Maria Noël Groves at 410-3099.

• **CREATIVE FEAST CLASS** ES Liz Barbour's Creative Feast offers classes and demonstrations held at RiverBend & Company (11 Cornerstone Square, Westford, Mass.). Email [lizb@thecreativefeast.com](mailto:lizb@thecreativefeast.com) or visit [thecreativefeast.com](http://thecreativefeast.com).



# Italian wine lessons

New tastes at wine training

By Stefanie Phillips  
food@hippopress.com

Italian wine can be intimidating. That's why the New Hampshire Liquor and Wine Outlets recently held a northern Italian wine training for employees, giving them the chance to taste some Italian wines (they sipped but did not swallow), learn more about the grapes' regions and discover new recommendations.

A panel of four wine distributors led the training. The amount of information they presented was excellent but vast, so I'm going to cover it in two columns. This week, my focus is on white wines.

"Italian wines are tough. You could take a lifetime to learn about them," said Helen Gallo Bryan, Winebow regional vice president, New England, who opened the training. "But Italian wine shouldn't be difficult. Everyone loves Italian wine and Italian food."

Bryan focused on the Veneto region of northern Italy, offering Maculan 2012 Pino & Toi as her first white wine selection. This wine is named for its varieties of 25 percent pinot bianco, 15 percent pinot grigio and 60 percent tai (formerly known as tocai fruliano).

While this wine is similar to a pinot grigio, I didn't find it as acidic as some and enjoyed its crispness. On the nose, you can smell fruit and some floral aromas, with some juiciness on the palate. It is unoaked, or aged in stainless steel tanks. I think this is the first time I have tried this combination of grapes and really enjoyed the blend.

"This is the perfect porch wine," Bryan said. It pairs well with risotto and seafood pasta dishes but can also be enjoyed as an aperitif. It sells for \$14.99 in New Hampshire Liquor and Wine Outlet stores.

Bryan's second white wine offering was Zenato 2012 Lugana di San Benedetto, a wine made from 100-percent trebbiano grapes. It is an alternative to chardonnay, but without the oak, offering notes of peaches, citrus and even bananas. It has some body on the palate, but is smooth and crisp. I also enjoyed this wine, and would buy it in store for something different. It's affordable but unique at \$16.99 a bottle. Try it with roasted chicken, carbonara or grilled fish.

Next, Mionetto USA New England Regional Sales Manager Marty McCabe presented four Prosecco wines. Prosecco has an interesting history, dating back to the town in the northeast corner of Italy. While it was around for a while, eventually the Italians took steps to protect it from becoming widespread. The grape was renamed glera grape and Prosecco had to be the main grape and make up at least 85 percent. Rose Prosecco is not permitted in the Italian wine classification system.

"Champagne is an acquired taste, while



Prosecco is more user friendly," McCabe said, encouraging the employees to remind customers that it isn't just an "occasion" wine. "It stands up to a lot of foods and is a nice palate cleanser," he said.

We tried four different Mionetto Proseccos. Two were frizzante, or "half bubble," and two were spumante, or "full bubble." The only other main differences were the alcohol contents and the sugar content.

I enjoyed the Mionetto "IL" Prosecco and the Mionetto Prosecco Brut, both frizzante, the most out of the four. The "IL" Prosecco was fruit-driven and crisp, with a somewhat higher sugar content. This Prosecco is made in the traditional style, while the Brut is ultra traditional and a New Hampshire favorite. These wines are \$13.99 and \$18.99 respectively. The other two, the Valdobbiadene "Spago" Prosecco and the Valdobbiadene Superiore, which are extra dry, were a little bit too dry for me. These wines retail at \$14.99 and \$19.99 respectively, as the Superiore is the company's flagship bottling.

Melissa Schultz, Opici Wines control states manager, offered one white wine: Viberti Chardonnay from Piedmont. This unoaked chardonnay is aged in stainless steel for a year before it is bottled, unfiltered. In my notes, I wrote the name of this wine and the word "yum." That doesn't usually happen with chardonnay, but I enjoyed this wine's tropical fruit and star fruit flavors. Even at \$18.99 a bottle, I would buy this wine.

The last two white wines we tried were Bertani Due Uve and Alta Luna Pinot Grigio, presented by Riccardo Legnaro, VP Italian Brands for Palm Bay International. While the Alta Luna was a fairly standard pinot grigio to me, I really liked the Due Uve. This wine is a blend of pinot grigio and sauvignon blanc. The aroma was weird, but the flavors were pleasant and the body of the wine was nice. Because the Alta Luna and Due Uve are similarly priced at \$13.99 and \$12.99, I would choose the Due Uve blend for something different and the Alta Luna as a standby.

LIKE US ON

"Been catching our own lobsters since 1961!"

**OPEN 7 DAYS**

**FRESH SEAFOOD & LOBSTER DINNERS**  
**4 CHOWDERS • SAND-FREE STEAMERS**

- Ocean View Dining
- Children's Menu
- Outside Deck
- Full Service Bar with Views of Rye Harbor
- Private Function Room
- Clambakes
- Souvenir Gift Shop

Ray's Lobster Pound will pack live lobsters to go anywhere in U.S.A.

**Near Rye Harbor, N.H.**  
 1677 Ocean Boulevard (Rt.1A)  
 Take Out or Dine In (603) 436-2280

[www.raysseafoodrestaurant.com](http://www.raysseafoodrestaurant.com)

**Create a dining experience with us.**

**Contemporary Asian-American Fusion with Japanese Hot Pots and Full Sushi Bar**

**Casual Fine Dining**

**San Francisco Kitchen**  
 133 Main St., Nashua 886-8833  
 Sun 4-10 • Mon-Wed 11-10 • Thurs-Sat 11-11  
[www.sfkitchen.com](http://www.sfkitchen.com)

## C'mon Get Happy

**Ice Cream Happy Hour Every Monday 4pm-close**  
**Kinder Scoop \$2 • 1 Scoop \$3 • 2 Scoops \$4**

**Buy 1 Scoop**  
**Get Second Scoop**  
**FREE**

Jimmies & sugar or cake cone are FREE! Other toppings & waffle cones cost extra multi-scoop ice cream sizes cannot be split. Expires 6/18/14

Since.....1927

[www.nhchocolates.com](http://www.nhchocolates.com)

**13 Warren St. in Concord, NH**  
**832 Elm St in Manchester, NH**



**Join us**  
at our  
**Award Winning**  
**Restaurant**  
with  
**Award Winning Beers**

**Featuring 17 Hand**  
**Crafted Beers on tap!**



## Spotlight Brew

### Blueberry wheat

An American style Wheat Ale that finishes with a hint of natural blueberry. Highly quaffable with a low hop profile, it's a delicious spring treat! 4.86% ABV

**Serving up delicious**  
**lunches & dinners daily**



**NH's First**  
**Solar Powered**  
**Brewery**



**Serving up amazing**  
**lunches and dinners.**

Mon-Sat 11:30AM - 9PM • Sun 11:30AM - 8PM

40 Andover Road, New London, NH

603.526.6899

[www.FlyingGoose.com](http://www.FlyingGoose.com)

# Concord CORNER



**IT'S THE CAPITAL PLACE**

**Colors & Cabernet**  
Paint a Masterpiece step by step in one sessions and take it home.  
Friday Sessions 6:30pm, \$40, Concord, NH  
Sign up online at [kimballjenkins.com](http://kimballjenkins.com)

**School of Art**  
KIMBALL J. JENKINS ESTATE  
You BYOB & Snacks, we supply all the art materials.  
A great night out with friends!  
NO TALENT NEEDED, JUST FUN PEOPLE! CALL TO SIGN UP 225-3932

**A truly unique shopping experience.**

**Capitol Craftsman & Romance Jewelers**  
16 North Main St. Concord  
224-6166 • [CapitolCraftsman.com](http://CapitolCraftsman.com)

**Special Occasion Dresses**  
**Everyday Fashions**  
**Huge Selection of Accessories**

**BRAVO BOUTIQUE**  
38 N. Main St, Concord, NH  
223-6622 • [BravoBoutiqueNH.com](http://BravoBoutiqueNH.com)

**Luxurious Bath & Body Products**  
**Jane Iredale Mineral Makeup**  
**Therapeutic Spa Services**  
**Dr. Hauschka Skin Care**

OPEN SEVEN DAYS  
25 N. Main St, Concord, NH  
603.226.8883 [LOTIONSNPOTIONS.NH.COM](http://LOTIONSNPOTIONS.NH.COM)

**Joe King's**  
SHOE SHOP

**The Best Styles, Comfort, Selection & Price!**

45 N. Main Street • Concord, NH • [joekings.com](http://joekings.com)

**GONDWANA**  
Divine Clothing Co.

UNIQUE CLOTHING FOR WEDDINGS, WORK & PLAY

**OVER 70 BRANDS INCLUDING:**  
NIC & ZOE, EILEEN FISHER, TIANELLO, FLAX, COMFY, CUTLOOSE, FRESH PRODUCE

[WWW.CLOTHINGNH.COM](http://WWW.CLOTHINGNH.COM)  
13 NORTH MAIN STREET • CONCORD  
OPEN 7 DAYS • 603-228-1101

## DRINK RED, WHITE & GREEN

**Bottles for the budget-conscious wine-lover**

This week, we kept to wines on the lighter side — even when we picked a red.

The **2012 Eve Chardonnay** from Columbia Valley in Washington State (currently on sale for \$11.99, regularly priced at \$13.99) is an example of the less buttery side of chardonnay. This pale gold wine had a minerally aroma as well as notes of light melon. This crispness followed through to the flavor, which had a tang but not the buttery or oaky flavors you expect from this grape. This very crisp, very dry wine almost had us thinking of a sauvignon blanc or pinot grigio for its minerally qualities and overall lightness but the wine had a full mouthfeel that you don't always get with those grapes.

The **2012 Talbott Pinot Noir** from the Kali Hart Vineyards in Monterey (currently on sale for \$18.99, regularly priced at \$21.99) is dark red in color but rather light in flavor — it's the kind of red that



could easily accompany (without overpowering) early summer salads or other lighter dishes. This wine had a rich nose with aromas of Concord grapes and concentrated fruit. But the flavor was lighter and brighter, with cherry notes and a gaminess.

Each week in "Red, White & Green," the wine-lovers taste red and white wines that sell for not too much of the green, less than \$20. The goal? To find a good bottle without breaking the bank. Unless otherwise noted, the prices listed are what you'll find the bottles selling for at the New Hampshire Wine & Liquor Outlet. 🍷

### Drink Beer/wine/liquor tastings

- **ALLAGASH** tasting on Thurs., June 5, from 5 to 7 p.m. at Top Shelf Brews, 826 Lafayette Road, Hampton, 601-2894, [topshelfbrewsstore.com](http://topshelfbrewsstore.com).
- **SHIPYARD** tasting on Thurs., June 5, from 5 to 7 p.m. at The Beer Store, 433 Amherst St., Nashua, 889-2242, [thebeerstorenh.com](http://thebeerstorenh.com).
- **WHITE BIRCH BREWING** tasting on Thurs., June 5, from 5 to 7 p.m. at Lazy Dog Beer Shoppe, 27 Buttrick Road, Londonderry, 434-2500, [lazydogbeer.com](http://lazydogbeer.com).
- **WHITE BIRCH BREWING** tasting on Fri., June 6, from 4 to 7 p.m. at Cornucopia Wine & Cheese Market, 4 Front St., Exeter, 772-4447, [cwincheese.com](http://cwincheese.com).
- **603 BREWERY** tasting on Fri., June 6, from 5 to 7 p.m. at Salem Village Market, 517 S. Broadway, Salem, 458-6745, [salemvillagemarket.com](http://salemvillagemarket.com).
- **603 BREWERY** tasting on Thurs., June 12, from 5 to 7 p.m. at Top Shelf Brews, 826 Lafayette Road, Hampton, 601-2894, [topshelfbrewsstore.com](http://topshelfbrewsstore.com).
- **STONE** tasting on Thurs., June 12, from 5 to 7 p.m. at The Beer Store, 433 Amherst St., Nashua, 889-2242, [thebeerstorenh.com](http://thebeerstorenh.com).
- **SMUTTYNOSE** Tap Take-over on Thurs., June 12, from 8 to 10 p.m., at River Road Tavern, 193 S. River Road, Bedford, 206-5837, [riverroadtavern.com](http://riverroadtavern.com).
- **WOODSTOCK** tasting on Fri., June 13, from 4 to 6 p.m. at The Beer Store, 433 Amherst St., Nashua, 889-2242, [thebeerstorenh.com](http://thebeerstorenh.com).
- **WHITE BIRCH BREWING** tasting on Fri., June 13, from 4

- to 6 p.m. at Craft Beer Cellar, 108 Spit Brook Road, Nashua, 809-4148, [craftbeercellar.com](http://craftbeercellar.com).
- **GREAT RHYTHM BREWING CO** tasting on Thurs., June 19, from 6 to 8 p.m. at The Drinkery, 2 Young Road, Londonderry, 434-1012, [thedrinkeryshop.com](http://thedrinkeryshop.com).
- **EUROBREW, HOLY GRAIL, ST PETERS, XINGU** tasting on Thurs., June 19, from 5 to 7 p.m. at The Beer Store, 433 Amherst St., Nashua, 889-2242, [thebeerstorenh.com](http://thebeerstorenh.com).
- **WHITE BIRCH BREWING** tasting on Fri., June 20, from 5 to 7 p.m. at The Beer Store, 433 Amherst St., Nashua, 889-2242, [thebeerstorenh.com](http://thebeerstorenh.com).
- **HENNIKER BREWING CO** tasting on Thurs., June 26, from 5 to 7 p.m. at Top Shelf Brews, 826 Lafayette Road, Hampton, 601-2894, [topshelfbrewsstore.com](http://topshelfbrewsstore.com).
- **PEAK** tasting on Thurs., June 26, from 5 to 7 p.m. at The Beer Store, 433 Amherst St., Nashua, 889-2242, [thebeerstorenh.com](http://thebeerstorenh.com).
- **GREAT RHYTHM BREWING CO** tasting on Thurs., June 26, from 5 to 7 p.m. at Lazy Dog Beer Shoppe, 27 Buttrick Road, Londonderry, 434-2500, [lazydogbeer.com](http://lazydogbeer.com).

### Beer/wine dinners

- **A NIGHT IN PROVENCE** Sun., June 13, from 6 to 8 p.m., at LaBelle Winery, 345 Route 101, Amherst. Tickets cost \$65 plus tax and gratuity, and a \$25 reservation fee for the event, which is applied to the final bill. Call 672-9898 or visit [labellewinerynh.com](http://labellewinerynh.com).
- **BEER DINNER** Tues., June

24, at 6 p.m. at Restaurant Tek-Nique (170 Route 101, Bedford, 488-5629, [restaurantteknique.com](http://restaurantteknique.com)) with three New Hampshire breweries. Reservations required.

### Beer/wine festivals and special events

- **9TH ANNUAL WINNIPE-SAUKEE WINE FESTIVAL** Thurs., June 5, from 5:30 to 8 p.m. at Church Landing, Meredith. Includes live auctions, appetizers from local restaurants and wine sampling. Tickets are a \$50 donation, which benefits Advice to the Players and the Portsmouth Parks and Recreation Flying Monkey Children's Theater and Arts Program. Call 968-9330, or visit [thecman.com](http://thecman.com).
- **CURRIER AFTER HOURS: NH GROWN BEER** Thurs., June 5, from 6 to 9 p.m. at the Currier Museum of Art, 150 Ash St., Manchester, 669-6144, [currier.org](http://currier.org). Sample local brews from Smuttynose, Throwback Brewery and 603 Brewing Co. with food demo that incorporates beer, make-your-own beer label, and live music with Alli Beaudry. Regular museum admission applies (costs \$12 for adults, \$10 for seniors, \$9 for students, \$5 for youth ages 13 to 17; free admission for members and children under 13).
- **KICKOFF TO SUMMER** Sat., June 7, from noon to 4 p.m. at Henniker Brewing Co., 129 Centerville Road, Henniker, celebrates the release of its summer beer, Artisan Ale. Local food vendors and live music by Ross Livermore. Visit [hennikerbrewing.com](http://hennikerbrewing.com).



# The YARD

Seafood Steak House

Join us for Father's Day Brunch  
Sunday, June 15<sup>th</sup> 2014 • 10:30am-2:30pm

## Breakfast

Eggs Benedict, Scrambled Eggs, Pancakes, Bacon, French Toast,  
Home Fries, Corned Beef Hash, Breakfast Sausage

## Lunch & Dinner

Chef's Choice-Seafood, Roasted Chicken, Bar-B-Que Ribs,  
Swedish Meatballs, Rice Pilaf, Mixed Vegetables, Sweet & Sour  
Pork, Pasta Dish, Omelet Station

**Carving Station- Roast Beef, Roast Turkey, & Baked Ham**  
And an Assortment of fine Desserts

Adults: \$18.95 • Kids under 10: \$9.95  
Reservations Required 603-623-3545

Also Open for Dinner 3pm-8pm, Seafood, Steak, Chicken & More

The Yard Seafood & Steak House

1211 S. Mammoth Rd., Manchester • 623-3545 • info@theyardrestaurant.com  
[www.theYardRestaurant.com](http://www.theYardRestaurant.com)

091844

Come try our  
**NEW SUMMER MENU**  
and enjoy our patio



LUNCH • DINNER • BRUNCH

22 Concord Street  
Downtown Manchester  
[fireflynh.com](http://fireflynh.com)  
**935-9740**

084763

## A TASTE FROM OUR NEW MENU!

- Housemade Red Pepper Hummus
- Tempura Vegetables
- Mill House Salad
- Prosciutto Ricotta Artisan Pizza
- Guacamole Burger
- Steak Tips (Woodstock Marinade) Over Risotto
- Cajun Chicken Pasta
- Homemade Cannoli



**THE DECK IS OPEN**  
LIVE ENTERTAINMENT  
EVERY THURSDAY & FRIDAY

**HAPPY HOUR**  
4PM-7PM  
7 DAYS A WEEK!



50 Phillippe Cote Street, Manchester | (603) 626-7636  
[worldsportsgrille.com](http://worldsportsgrille.com)

091967

## Looking for an excuse to indulge? ChocoLat



Look no further than Choco-Lat liqueur. With the perfect balance of rich luxurious chocolate, velvety cream, and premium spirits, Choco-Lat is the ultimate all-natural decadent liqueur to satisfy your cravings.

### "All Natural Deluxe Chocolate Liqueur"

**Mmmmm..... Choco-Lat Cookies & Cream**  
2 parts Choco-Lat, 2 parts Vanilla Schnapps, Fill with Milk & Garnish with Chocolate syrup.

**Mint Choco-Lat Chip**  
3 parts Choco-lat, 1 part White Crème de Menthe, 1 part Cream or Milk. Serve on the rocks with a sprig of mint.



AVAILABLE at select

Code # 8135 • Retail \$12.99  
SALE PRICE \$9.99

Please drink responsibly

090072



• Young Widows, *Easy Pain A-*

• Strange Talk, *Cast Away*

B

• *The Sea Inside A*

• Top 10

• Children's Room

• Out Next Week

Includes listings for lectures, author events, book clubs, writers' workshops and other literary events. To let us know about your book or event, e-mail Kelly Sennott at [ksennott@hippopress.com](mailto:ksennott@hippopress.com). To get author events, library events and more listed, send information to [listings@hippopress.com](mailto:listings@hippopress.com).

• *Maleficent C-*

• *A Million Ways to Die*

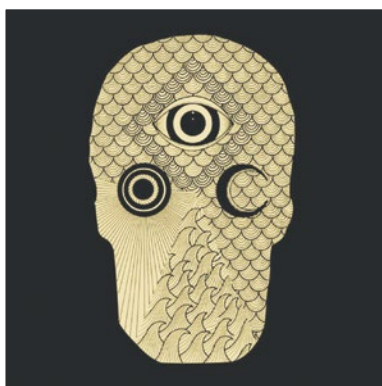
*in the West C-*

• *The Railway Man B*

# POP CULTURE

MUSIC, BOOKS, GAMES, COMICS, MOVIES, DVDS, TV AND MORE

## Young Widows, *Easy Pain* (Temporary Residence Ltd. Records)



Someone kept babbling in my email about this Kentucky-based power-trio, and I kept putting it off because I was sure I'd already reviewed it, but I didn't, so there you go, voila, let's talk about these guys, who've been around for three albums as of now, though their history goes back even further. YW actually "rose from the ashes" of a mathcore band (ever notice how no non-metal bands ever "rise from the ashes" of anything?) which had a pretty

cool name: Breather Resist. Since I generally can't stand mathcore, I like this stoner-metal stuff better, sort of a cross between White Stripes, St Vitus and Rage Against the Machine, all with a quirky Queens of the Stone Age undertow to it. Pretty crankable if you like that sort of stuff. A- — *Eric W. Saeger*

## Strange Talk, *Cast Away* (Windup Records)



Bleeding-edge house-pop experiment that evokes Empire of the Sun with brain-damaged Los Campesinos-style singing. For the benefit of the 95 percent of readers who have no idea what this might sound like, it means pretty, sped-up Orbital techno with a little Daft Punk self-effacement to it along with lots of 80s synthpop flavoring. Like most neo-'80s material, there's a cold desperation underneath it all, which isn't to say this is a Depeche

Mode exercise, more a whiny next-generation-techno-2.0 thing whose hooks make it a little less disposable than its peers. "Eskimo Boy" sounds like something your little brother might write after hearing a few old Howard Jones singles, and that's the core of the matter, but "Picking Up the Pieces" is from another sphere altogether, coming dangerously close to cookie-cutter Assemblage 23-wannabe romance-goth. The title track will make you think of Madonna and your least favorite disaffected shoegaze band at the same time, meaning there's an admitted marketability to it, even if you've heard all the components separately. B — *Eric W. Saeger*

## PLAYLIST

*A seriously abridged compendium of recent and future CD releases*

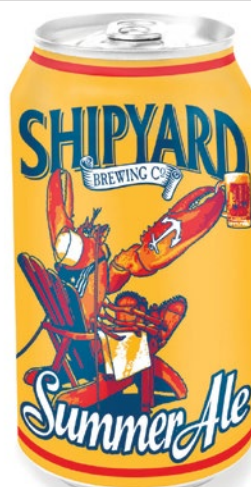
• Famous Kinks groupie **Chrissie Hynde** was too cool for the '80s, but at this point she probably misses them, because all kids want to listen to these days are random *Glee* versions of jungle-infused covers of snap-dance diva songs. Hynde was, of course, the singer for The Pretenders, which means she's been too lazy to put out a full album since 2006, but she intends to spew forth her first solo album, *Stockholm*, next week. The first single (they have to call them "singles" even when no one's going to buy the album or otherwise ever differentiate the "singles" from all the filler) is called "Dark Sunglasses," a mid-tempo *Ellen*-show-ready yawn-rocker that sounds OK, though not nearly as interesting as anything on the first Pretenders album, as if I just had a coronary over the shock of that discovery.

• Back when I was an ace reporter covering the velvet-rope-club circuit, **Imogen Heap** was important somehow, and I really don't remember why, come to think of it. She's British, into techno and sort-of rap. Is that still important to you people. Whatever, this bizarre English girl is no longer with Guy Sigsworth in the Frou Frou project; however, she does have a new album called *Sparks* coming out next week. The single is "You Know Where to Find Me," a sort of lonely-piano song that gets kind of techno just when you think it's the most boring song you've ever heard, sort of like Neneh Cherry but more corporate.

• Edward Furlong Lookalike Contest winner **Jack White** stills plays a mean axe, as heard in "Lazaretto," the title track from his second solo LP, due out Tuesday. This song is a departure from his usual '60s-metal-tinged Hendrix/Mountain impersonations, as there is a lot of Flaming Lips-style techno-ized weirdness-for-the-sake-of-weirdness and some random fiddle in there. If he had known that current tastes also ran to dubstep, I'm sure there would have been some in there, but it's a lonely place for Jack White, living in his castle, having hamburger-eating contests with himself.

• **Quantic** is actually laptop genius Will Holland, an Englishman who lives in Colombia. Streeting next week, *Magnetica* is his first proper album since 2006's *An Announcement to Answer*, meaning he's had lots of time to fine-tune his world-tinged techno weirdness, which you can already hear right now on "Duvidó," the single from this weird album. The tune features someone named Pongo Love, who sings this sort of African chant stuff over Holland's weirdness, which includes bongos, samples and a reggaeton kind of beat, actually the first sort-of-reggaeton beat I've encountered in like two years. Isn't that bizarre? — *Eric W. Saeger*

**GOT BEER?**  
**We do!**  
**2<sup>nd</sup> Street Beverages**  
*Beer • Wine • Tobacco • Grocery & More*  
**865 Second Street, Manchester, NH | 518-7331**  
**Hours; M-Th: 8-9pm, F: 8-10pm, S: 8-9pm, Su: 10-6pm**



**Hundreds of options!**  
**~ On sale now ~**  
 12 pack cans of  
 Shipyard Summer Ale  
 & Sea Dog Wild  
 Blueberry Wheat Ale  
**only \$9.99**





# 20 years of Lewis Cole

Brendan DuBois on writing, *Jeopardy!* and *Fatal Harbor*

By Kelly Sennott  
ksennott@hippopress.com



This year marks the 20th anniversary of Exeter resident Brendan DuBois's first novel, *Dead Sand: A Lewis Cole Mystery*. A few things have changed since that first publication.

DuBois is now a seasoned novelist, with 17 books and 100 short stories to his name. His genre of choice is mystery thriller.

"I think it's an attractive genre," DuBois said during an interview at Me & Ollies in Exeter last week. "It usually involves a crime or crisis that gets the reader's attention. As it proceeds, there's usually some sort of justice or closure attached at the end, which is typical of most thriller and mystery stories. ... If you look at the New York Times bestseller list, most of the fiction there is of the mystery or suspense sort."

Since that first published book, he's also become a *Jeopardy!* game show champion.

"Once a year, they have auditions. ... You basically answer 50 questions on the computer, and if you get enough right, they invite you to do an in-person audition," DuBois said. "I'd read beforehand that they're not just looking for smart players, but they're also looking for people who look good on TV."

In September 2012, he won \$23,000 for being able to identify the 1966 Milton Bradley game accused of being "sex in a box." (It's Twister.) He won one show then returned the next week only to have his butt handed to him. (His words.)

"It was surreal. Very surreal," DuBois said.

But a few things haven't changed since

his first book was published 20 years ago. DuBois still lives on the Seacoast. He still loves to write. And he still likes to explore a character named Lewis Cole, a magazine columnist and former Department of Defense research analyst pensioned off after surviving a training accident. His main guy also lives on the New Hampshire seacoast, in a town called Taylor, inspired by Hampton.

"I worked as a reporter for Foster's and for the Hampton Union. It was there I decided this [the Seacoast] would be a great setting for a book," DuBois said. "You have a power plant at one end, a submarine base at the other. In the summer, there are hundreds of tourists, and in the winter it's deserted. You have wealthy homes in North Hampton and Rye, a trailer park a 10-minute ride away."

*Fatal Harbor: A Lewis Cole Mystery* is the eighth and latest installment in the series, which he'll discuss at many upcoming events in local bookstores and libraries. It's about one of Lewis Cole's best friends, Detective Diane Woods, who is in a near-fatal coma after a violent anti-nuclear demonstration. The book follows Lewis Cole's journey to find justice for his friend. It's a seamless extension of his last novel, *Deadly Cove*, which ended with a cliffhanger.

"I don't know if this is a trade secret or not," DuBois said. "I was at 50 or so pages left of *Deadly Cove*, and I decided to have his best friend, Detective Diane Woods, murdered, which would really shock the readers. ... and also be a jumping-off point for the next book," DuBois said.

Thrilling content is one way to keep audiences involved. Another is through interesting characters.

"You have to create characters that your reader cares about. You can have the page-turning-ist page-turner of all time, but if the readers don't care about what's happening to the character, they'll put the book away," DuBois said. "I think they [readers] like Lewis because he's different. ... He's not really a spy, but he's in an intelligence agency, and he knows how to ask questions and look for information. ... He's very loyal to his friends and to people who come to him looking for help."

Between book and game show appearances, DuBois writes in his Exeter home office from after breakfast till the evening. Newspaper reporting helped him become a stringent obeyer of deadlines; at the time of the interview, he'd just finished writing the next Lewis Cole adventure, tentatively called *Blood Foam*.

"I'm not complaining. My commute is a walk down the hallway. I set my own hours. I always wanted to be a writer," DuBois said.



## Where fashion savvy women shop.

Designer shoes, fashions and accessories at affordable pricing you won't believe!

Sandal Original Price

~~\$159~~

**78% off**  
**Benton Price**  
**\$35.00**



814 Elm Street Manchester, NH 03101

644-2550 | [www.BentonShoeCo.com](http://www.BentonShoeCo.com)

CD's • DVD's • RECORDS • COLLECTIBLES • ELECTRONICS



1015 CANDIA RD (rear) MANCHESTER, NH • 93 Exit #6, Candia Road, 1/4 Mile on right  
(603) 518-5413 • [facebook.com/ThriftysSecondHandStuff](https://www.facebook.com/ThriftysSecondHandStuff)

### Meet Brendan DuBois

**Toadstool Bookstore:** 586 Nashua St., Milford, 673-1734, Thurs., June 5, 6:30 p.m.

**White Birch Bookstore:** 2568 White Mountain Highway, North Conway, 356-3200, Saturday, June 7, 2 p.m.

**Gibson's Bookstore:** 45 S. Main St., Concord, 224-0562, Tuesday, June 10, 7 p.m.

**Barnes & Noble:** 1741 S. Willow St., Manchester, 668-5557, Thurs., June 12, 7 p.m.

**Dover Public Library:** 73 Locust St., Dover, 516-6050, Monday, June 16, 7 p.m.

**Kingston Public Library:** 2 Library Lane, Kingston, 642-3521, Wed., June 18, 7 p.m.

**RiverRun Bookstore:** 142 Fleet St., Portsmouth, 431-2100, Tuesday, Sept. 9, 7 p.m.

**Contact:** [brendandubois.com](http://brendandubois.com)

## TIME flies!

... But,  
your money  
doesn't have to!

Call today! ~ We can help  
you maximize your  
insurance benefits.

[www.BedfordFamilyDental.com](http://www.BedfordFamilyDental.com)



## Dental Arts of Bedford

**Call (603) 647.2278**

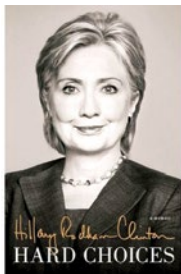
173 South River Road . Suite 5 . Bedford . NH



# TOP 10 U.S. History

For the week of May 25  
(barnesandnoble.com)

- 1 Hard Choices**  
By Hillary Rodham Clinton  
Hardcover, June 10, 2014
- 2 Killing Patton: The Strange Death of World War II's Most Audacious General**  
By Bill O'Reilly, Martin Dugard  
Hardcover, Sept. 23, 2014
- 3 Clouds of Glory: The Life and Legend of Robert E. Lee**  
By Michael Korda  
Hardcover, May 2014
- 4 The Guns at Last Light: The War in Western Europe, 1944-1945**  
By Rick Atkinson  
Paperback, May 2014
- 5 Unbroken: A World War II Story of Survival, Resilience, and Redemption**  
By Laura Hillenbrand  
Hardcover, 2010
- 6 The Dead and Those About to Die: D-Day: The Big Red One at Omaha Beach**  
By John C. McManus  
Hardcover, April 2014
- 7 Maximalist: America in the World from Truman to Obama**  
By Stephen Sestanovich  
Hardcover, February 2014
- 8 I Heard My Country Calling: A Memoir**  
By James Webb  
Hardcover, May 2014
- 9 The Warmth of Other Suns: The Epic Story of America's Great Migration**  
By Isabel Wilkerson  
Paperback, 2011
- 10 Another Great Day at Sea: Life Aboard the USS George H.W. Bush**  
By Geoff Dyer  
Hardcover, May 2014

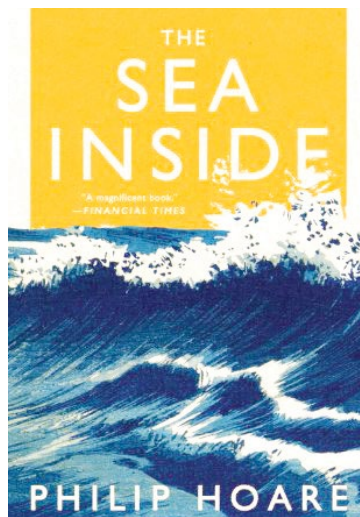


**The Sea Inside**, by Philip Hoare (Melville House, 384 pages)

You don't have to believe that humans descended from aquatic apes to acknowledge the powerful draw of the sea. Rachel Carson's *The Sea Around Us* won the National Book Award in 1951 and still ranked No. 1 among oceanography books on Amazon this week. Capably wading into the literary surf behind her is British scholar Philip Hoare with *The Sea Inside*.

It's an encyclopedia of all things oceanic (except for *Lost's* flight 815), heavily salted with poignant experience, which at times casts the book into memoir territory. Not that this is unwelcome. Hoist high on Hoare's family tree is a slave trader who vanished mysteriously, along with his fortune, and the great-great-grandfather who fled to America only to disappear on a wagon trail. There are, it appears, no uninteresting people in the Hoare family.

The Hoare at hand is an intellectual; his previous books include biographies of Noel Coward and Stephen Tennant, and an examination of the Oscar Wilde trials. In the ocean, however, Hoare found a watery bliss, and here he undertakes the soulful examination of topics as disparate as the varieties of marine life. Like an aimless swimmer on Lake Winnepesaukee, he floats from the death of monk Thomas Merton to the autopsy of a porpoise killed by



dolphins to the re-emergence of the Tasmanian tiger with nonchalant ease, never bewildering the reader or making us wonder what all these things have to do with the sea. In doing so, he shows they're all seamlessly connected, as are we, to what Carson called "Mother Sea."

"The sea defines us, connects us, separates us," Hoare writes, even though "most of us experience only its edges."

Not so the author, who lives near the sea and rides his bike there frequently to swim and occasionally to rescue an injured sea bird.

In 2009, his book *Leviathan, or The Whale* won Britain's prestigious Samuel Johnson Prize for Non-Fiction, and he was co-curator of a massive venture called The Moby-Dick Big Read, in which a different person read a chapter online every day. Not surprisingly, whales frolic throughout *The Sea Inside*, most notably when Hoare swims with whales on the coast of Sri Lanka, resulting in an observation that resounds throughout the book: "Home to a whale is other whales." It's but one link in a beautiful strand of observations on the meaning and significance of home that begin with the opening of the book: "In the years since I have come back to it, the house has grown to be become a part of me. It is held together by memories, even as it is falling apart."

The theme of home — what it is, what it represents — gives *The Sea Inside* a grand-

ness and complexity beyond that of most modern nature writing, but the book is not without its Animal Planet moments, which will satisfy those content to see animals as servants or entertainers.

"Dolphins are not the benevolent mammals we'd like them to be; those beaming faces hide the minds of assassins," Hoare writes, upon the occasion of the porpoise's autopsy. But ever the poet, he adds, "Death wipes away fear, leaving beauty behind. I feel guilty as I photograph it, invading its privacy; an animal out of its element and laid on cold metal, instead of being suspended in water.... I take one last look at the animal, whose wholeness is about to be destroyed."

*The Sea Inside* was published in the United Kingdom last year; its recent U.S. entry is exquisitely timed for beach-goers. But this is not a book to read lying on the shore. There's no dictionary there, for one thing, nor quiet for sober contemplation of whether the first humans emerged from the sea rather than the savannah, and whether London's 17th-century "aquatic theatre" was the result of genius or mental illness.

Also, you might need a tissue, if not when the sea gull perishes, most certainly when the elephant dies. How the story of a captive Indian elephant wends its way into a book about the ocean — no one has yet proposed an aquatic mastodon — is another example of the book's odd charm. In truth, I liked the author more than the book itself, which is occasionally punishing in its demands. But it is, as Hoare wrote of the constellations, "a starry bestiary," icy-sharp, luminous and bold.

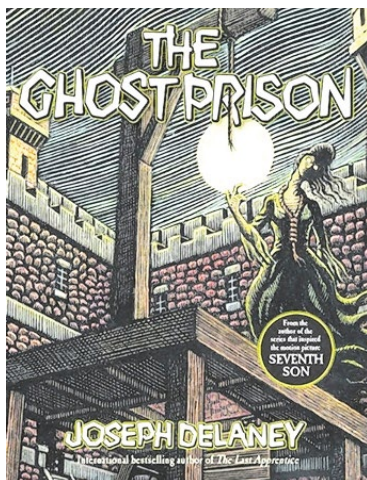
A — Jennifer Graham

## CHILDREN'S ROOM

A weekly recommendation from the Concord Public Library

### The Ghost Prison

written by Joseph Delaney, illustrated by Scott M. Fischer, 2013  
(Young Adult Fiction, grades 6-12)



In this short young adult novel, orphaned 15-year-old Billy Calder gets a job as a night-shift prison guard in a haunted castle. Warnings about the creature locked in the "Witch Well" foreshadow the increasingly suspenseful and gruesome tale. Not for young children or the faint of heart, but great for a ghost story 'round the campfire!

## OUT NEXT WEEK

### The Matchmaker

By Elin Hilderbrand



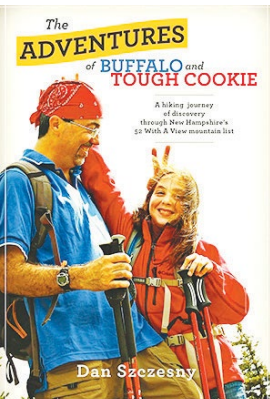
Hits shelves: June 10

**Author best known for:** Bestselling Nantucket-based novels like *Barefoot*, *The Island* and *Silver Girl*.

**One-sentence review:** "Hilderbrand's narrative is thoroughly readable, with likable heroes and believably despicable antagonists." — Publishers Weekly



# Book Report



• **Want to learn about peak-bagging?** Author and hiker Dan Szczeny (who is also an associate publisher for The Hippo) makes an appearance at the Josiah Carpenter Library, 41 Main St., Pittsfield, 435-8406, on Tuesday, June 10, at 5 p.m., to talk about *The Adventures of Buffalo and Tough Cookie*. The program is geared toward children ages 10 and older who enjoy hiking and who are interested in learning about peak-baggers. Szczeny will be joined by his hiking companion, young hiker Janelle, who will help Dan explain the background of the book, from its title to its content, chronicling their journey to complete the lesser-known "52 With a View" White Mountains of New Hampshire list. There will be refreshments that reflect what a hiker would want to put in his backpack for the haul, and a free raffle that includes a backpack full of hiking gear and an autographed copy of the book.

• **Meet Dan Harris:** The Music Hall (28 Chestnut St., Portsmouth) recently announced that just before Dan Harris' sold-out presentation about his New York Times bestseller, *10% Happier: How I Tamed the Voice in My Head, Reduced Stress Without Losing My Edge, and Found Self Help That Actually Works*, he will participate in a book signing. On Tuesday, June 10, at 5 p.m. at The Music Hall, Harris will greet a limited number of readers and fans who were not able to get tickets to the 7 p.m. presentation. Book vouchers are required for admission to the book signing, which runs from 5 to 6 p.m. The \$26 vouchers can be purchased at the Music Hall Box Office at 28 Chestnut St., Portsmouth, over the phone at 436-2400, or online at themusichall.org.

• **Also announced at The Music Hall:** Some of the guests on Writers in the Loft and Writers on a New England Stage were announced: Sue Miller will talk about her book *The Arsonist* on July 1; football fans will get to hear from ESPN fantasy analyst Matthew Berry on Aug. 19; Hampton Sides, bestselling author of *Ghost Soldiers*, makes an appearance on Sept. 17; Anne Rice will talk about her latest novel, *Prince Lestat: The Vampire Chronicles*, on Nov. 4; and on Nov. 20, New York Times bestselling author Janet Evanovich pays a visit. Visit musichall.org for details. — *Kelly Sennott*

## Books

### Author events

• **PAUL DURHAM** visits Gibson's Bookstore, 45 S. Main St., Concord, on Thurs., June 5, at 5 p.m., to talk about *The Luck Uglies* middle-grade children's novel. Call 224-0562, visit gibsonsbookstore.com.

• **DEBBY IRVING** signs and discusses *Waking Up White and Finding Myself in the Story of Race* at the Toadstool Bookshop, 12 Depot Square, Peterborough, Fri., June 6, 4-6 p.m.

• **SY MONTGOMERY AND ELIOT SCHREFFER** sign and

discuss their recent books, *Chasing Cheetahs: The Race to Save Africa's Fastest Cats and Threatened*, respectively, on Sat., June 7, at 11 a.m., at Toadstool Bookshop, 12 Depot Square, Peterborough, 924-3543.

• **CANTERBURY CHILDREN'S CENTER CELEBRATION** at Gibson's Bookstore, 45 S. Main St., Concord, on Sat., June 7, at 11 a.m. Center closed after 33 years; CCC alumna Lillie Scheffy produced book covering CCC's history and visions of founders Bill and Judy Egan, *The Canterbury Children's Center:*

*The Birth and Growth of a One-Room Schoolhouse.*

• **JENNIFER E. MORRIS** visits the Toadstool Bookshop, Lorden Plaza, 614 Nashua St., Milford, Sat., June 7, 2-4 p.m., author of many children's books including *May I Please Have a Cookie?* She'll read and sign *The Ice Cream Shop*, the first book in her Scholastic Reader series. Call 673-1734, visit toadbooks.com.

• **LAUREN CLARK** talks about her book on New England craft brewing, *Crafty Bastards: Beer in New England from the Mayflower to Modern Day*, on Sat., June 7, at 1 p.m., at Barnes & Noble, 1741 S. Willow St., Manchester, 668-5557. She also speaks at Martha's Exchange (185 Main St., Nashua) Mon., June 9, at 6 p.m.

• **SUNDAY GRANITE STATE AUTHORS SERIES** readings, discussions, book signings by Hobblesh authors at LaBelle Winery, 345 Route 101, Amherst, RSVP at tinyurl.com/GSAatLaBelle. Reception at 3 p.m., reading at 3:30 p.m., author meet-and-greet at 4:15 p.m., free. Julia Older presents *Tales of the Francois Vase* on Sun., June 8; and Tom Fitzgerald presents *Poor Richard's Lament* on Sun., July 20.

• **KATHARINE BRITTON** discusses two novels, *Little Island* and *Her Sister's Shadow*, on Sun., June 8, at 1 p.m., at MainStreet BookEnds, 16 E. Main St., Warner, mainstreetbookends.com, 456-2700.

• **DAN SZCZENY** will explain about his book, *The Adventures of Buffalo and Tough Cookie*, with his hiking companion, Janelle, on Tues., June 10, at 5 p.m., at the Josiah Carpenter Library, 41 Main St., Pittsfield, 435-8406. Program geared to children ages 10 and older who are interested in learning more about hiking.

• **BRENDAN DUBOIS** talks about newest Lewis Cole mystery *Fatal Harbor* on Tues., June 10, at 7 p.m., at Gibson's Bookstore, 45 S. Main St., Concord. Visit gibsonsbookstore.com, call 224-0562.

• **DAN HARRIS** award-winning ABC News anchor talks about *10 % Happier: How I Tamed the Voice in My Head, Reduced Stress Without Losing My Edge, and Found Self-Help That Actually Works — A True Story* on Tues., June 10, at 7 p.m., at the Music Hall Loft, 131 Congress St., Portsmouth. Tickets \$40, includes copy of book, bar beverage and book signing meet-and-greet. Call 436-2400, visit themusichall.org.

• **ROBERT BEGIEBING** visits Gibson's Bookstore to talk about his memoir that recounts his childhood, *A Berkshire Boyhood: Confessions and Reflections of a*

**Now Open!** **SPENCER'S DISCOUNT TOBACCO SMOKE SHOP**

**NH's coolest smoke shop**  
Body Jewelry | Tattoo supplies | much more!

- Portable Vaporizers
- Hookahs
- Rolling Machines
- Lowest Price on Tubes-\$1.99!

**603.695.4138**  
Thurs. 10:30-7pm • Fri-Sat. 11-8pm • Sun. 2-6pm  
**1261 HOOKSETT RD. | HOOKSETT NH**

**VIKING RIVER CRUISES**

**Have you thought of a River Cruise?**

**2015 IS AVAILABLE FOR BOOKING... Some 2014 spaces still available**  
Call for availability!

For more information contact:  
**Helen Vacca**  
594-9874 • 353 Main St. Nashua  
hvacca@earthlink.net  
**WWW.VACATIONBOUNDTRAVEL.COM**

**Meet the Authors!**

**June 5<sup>th</sup> 5PM — Paul Durham**  
*The Luck Uglies* Strange things are happening in the Village Drowning, and a terrifying encounter has eleven-year-old Rye O'Chanter convinced that the monstrous, supposedly extinct Bog Noblins have returned.

**June 10<sup>th</sup> 7PM — Brendan DuBois**  
*Fatal Harbor: A Lewis Cole Mystery* Magazine columnist and former Department of Defense research analyst Lewis Cole has traveled some dark roads before in his quest for justice, but in *FATAL HARBOR*, its as personal and dark as it gets.

**June 12<sup>th</sup> 7PM — Robert Begiebing**  
*A Berkshire Boyhood: Confessions and Reflections of a Baby Boomer* Is Robert Begiebing's memoir that recounts his childhood. A Story of growing up from working class roots in the 1950's boomer generation.

**June 13<sup>th</sup> 6PM — Joyce Ray & Amelia Faith**  
Join us for a joint YA Author panel, as two local authors present their novels! Joyce Ray will be presenting her historical fiction novel *Feathers and Trumpets, a Story of Hildegard of Bingen*. While Amelia Faith will be presenting *'If I Make It'* both novels will be sure to thrill your young reader.

**GIBSON'S Bookstore & Café**  
Concord's Indie Bookstore since 1898.  
**45 South Main St., Concord, NH**  
**603-224-0562 • gibsonsbookstore.com**

**THE TOADSTOOL BOOKSHOPS**

**Brendan Dubois**  
At our Milford store  
Thurs, June 5th  
6:30-8pm

The NH author visits to sign and discuss his new mystery featuring ex-DOD analyst Lewis Cole, *Fatal Harbor*. Cole abandons everything to track down the man who nearly kills his father.

**Jennifer Morris**  
At our Milford Store  
Sat, June 7th  
2-4pm

Bring your budding reader and meet the children's book writer and illustrator of *Steve & Wessely At The Ice Cream Shop*. This silly story is perfect for Pre-K to first graders.

**Lauren Clark**  
At Martha's Exchange in Nashua  
Mon, June 9th  
at 6pm

Join us for a lively discussion, signing, and sampling in support of *Crafty Bastards: Beer in New England from the Mayflower to Modern Day*. Think you know beer?

**The Truth About the Harry Quebert Affair by Joel Dicker**

Set in New Hampshire, this international bestseller features a young novelist, his mentor, and the unsolved murder of a missing girl. Signed 1 eds in Milford! (Penguin, *Our Price* \$14.40)

**20% OFF!**

**Cards, Journals, Music, DVDs & e-books too!**  
**www.toadbooks.com**  
**673-1734**  
Lorden Plaza, Milford, NH 03055 • M-T-W 9-7, Th-Fr. 9-8, Sat. 9-6, Sun. 11-5



# Owe money to the IRS?



**Personal one on one care to help you deal with your TAX Problems.**

## FREE Consultation

Better than an accountant or attorney, this former **IRS Revenue Officer of 27 years experience** has been an Enrolled Agent working exclusively with taxpayers, individuals and businesses.

**Call Bob Hamel today!**  
**552-5106**



**Come in and let our friendly, knowledgeable staff assist you**

- Paintings, Prints, Mirrors
- Period & Vintage Furniture
- Sterling & Coin Silver
- References & Supplies
- Coins & Clocks
- Garden & Home Decor
- Military Collectibles
- Jewelry - Victorian, Estate, Costume
- Watches - Vintage Wrist & Pocket

**Space Available for Dealers of Quality Antiques!**

**141 Route 101A, Heritage Place, Amherst NH 03031**

Located at the corner of Rte 101A & North Hollis Rd. Across from Joey's Diner  
**OPEN DAILY 10A.M.-5P.M. • SUN 9A.M.-5P.M.**  
**THURS UNTIL 8 P.M. • 603.880.8422**

**www.101AANTIQUES.com**



# EVERYONE BELONGS AT THE Y

Our **summer memberships** at YMCA Allard Center of Goffstown and YMCA of Downtown Manchester are making health and wellness more accessible this summer! Swimming, specialty programs, group exercise, state-of-the-art health and wellness centers, personal training, and more are available for you!

## SUMMER MEMBERSHIPS

### ADULTS (19+)

2 months just \$69  
3 months just \$99

### FAMILIES

2 months just \$99  
3 months just \$149

### NO JOIN FEES!

Rates apply to new members only. Must sign up by July 15.  
Other restrictions and additional fees may apply.

**www.graniteymca.org**



# HOW TO NOT DIE ALONE

One way, according to author Becky Blades, is to do your laundry. The Kansas writer, artist and business strategist wrote her daughter a guide when she went off to Harvard, filled with some of the most important material the school wouldn't be covering: how to be kind, happy and appropriate in public; how to protect oneself from boring conversations and scary dates; and why it's important to keep your clothes clean. Blades turned her pocket of tiny essays into a multi-media book called *Do Your Laundry or You'll Die Alone*.

Blades takes a visit at Barnes & Noble, 1741 S. Willow St., Manchester, on Thursday, June 12, at 4 p.m. to talk about the book. Call 668-5557.

**Baby Boomer** on Thurs., June 12, at Gibson's Bookstore, 45 S. Main St., Concord. Visit gibsonsbookstore.com, call 224-0562.

• **PEG JONES AND KATHRYN SAMUELSON** speak at the Healing Tree Wellness Center and Spa, LLC, 24 Orchard View Drive, Londonderry, on Sat., June 14, 1-4 p.m., about *Living in the Heart Place with Your Angels* and *Opening the Heart: Meditations on How to Be*, respectively.

• **JOYCE RAY** presents historical fiction novel *Feathers and Trumpets: A Story of Hildegard Bingen* at Gibson's Bookstore, 45 S. Main St., Concord, on Fri., June 13, at 6 p.m. Visit gibsonsbookstore.com.

• **AMELIA FAITH** presents *If I Make It* at Gibson's Bookstore, 45 S. Main St., Concord, on Fri., June 13, at 6 p.m., gibsonsbookstore.com.

• **RICK LYDON** author and teacher signs copies of new book, *In The Roundest of Places: One Teacher's Journey* at the Toadstool Bookshop in Milford, 614 Nashua St., Milford, on Sat., June 14, at 2 p.m. Visit ricklydon.com. Call 673-1734, visit toadbooks.com.

• **GEORGE HOWE COLT** talks about *Brothers: What the Van Goghs, Booths, Marxes, Kelloggs -- And Colts -- Tell Us About How Siblings Shape Our Lives and History* at Gibson's Bookstore, 45 S. Main St., Concord, gibsonsbookstore.com, Tues., June 17, at 7 p.m.

• **KATHLEEN RIOUX** talks about her memoir, *Thunder Moon*, on Tues., June 17, at 7 p.m., at RiverRun Bookstore, 142 Fleet St., Portsmouth.

• **KURT SPRINGS** presents new SF novel *Price of Vengeance: A Dreamscape Warriors Novel* Thurs., June 19, at 6 p.m., at Toadstool Bookshop, Lorden Plaza, Milford. Call 673-1734, visit toadbooks.com.

• **KEVIN MARTIN** talks about *Big Trees of New Hampshire* on Sat., June 21, at 2 p.m., at Toadstool Bookshop, 614 Nashua

St., Lorden Plaza, Milford. Call 673-1734, visit toadbooks.com.

• **JULIE WU** joins Gibson's Bookstore, 45 S. Main St., Concord, on Wed., June 25, at 7 p.m., to talk about *The Third Son*.

• **NICHOLAS SAN MARTINO** gives insider view of Boston Marathon with *Conquering the Beast: Thirty Years With the Boston Marathon* at Toadstool Bookshop, 614 Nashua St., Lorden Plaza, Milford, Sat., June 28, at 2 p.m. Call 673-1734, visit toadbooks.com. Call 673-1734, visit toadbooks.com.

• **SUE MILLER** talks about her newest novel *The Arsonist* at Gibson's Bookstore, 45 S. Main St., Concord, on Mon., June 30, at 7 p.m. Visit gibsonsbookstore.com.

• **ADI RULE** NH native and author talks about newest YA novel *Strange Sweet Song* on Sun., June 29, at 2 p.m., at MainStreet BookEnds, 16 E. Main St., Warner, 456-2700, mainstreetbookends.com.

• **REBECCA MAKKAI** talks about *The Hundred-Year House* on Wed., June 30, at 7 p.m., at Gibson's Bookstore, 45 S. Main St., Concord, gibsonsbookstore.com/event/rebecca-makkai. Call 224-0562, visit gibsonsbookstore.com.

### Lectures and discussions

• **AN EVENING WITH ROBERT REDFORD** at Middlesex Community College at Lowell Memorial Auditorium (50 Merrimack St., Lowell, Mass.) on Fri., June 20, at 8 p.m. Tickets \$45-\$65.

• **COVERED BRIDGES OF NEW HAMPSHIRE** program hosted by Hopkinton Historical Society on Thurs., June 12, at 7 p.m., at Contoocook Railroad Depot, 896 Main St., Contoocook, presented by Glenn Knoblock, about covered bridge design, technology, designers, folklore. Includes tour of oldest remaining covered railroad bridge in the U.S. Part of summer exhibit, "Along the River: Exploring Community Con-

nections." Free event. Visit alongtheriver.org.

• **DEBUNKING OLD WIVES' TALES** program at the Nashua Public Library, 2 Court St., Nashua, 589-4610, Tues., June 24, at 7 p.m. Dr. Noemi Custodia-Loria, assistant dean at Northern Essex Community College, presents the real answers to questions like: is it dangerous to hold your sneeze? Does cracking your knuckles cause arthritis? Does eating carrots really improve your vision? Free. Visit nashualibrary.org.

### Poetry

• **POETRY SOCIETY OF NH** meets on the third Wed. of each month at 7 p.m. at Gibson's Bookstore for a poetry reading followed by an open mike hosted by Don Kimball. All are welcome; come to listen or to read.

• **HYLA BROOK READING SERIES** is held at the Beantown Coffee House & Café at 201 Route 111 in Hampstead (beantowncoffee.com) in winter, and at Robert Frost Farm at 122 Rockingham Road in Derry in the spring and summer (robertfrostfarm.org). Free and open to the public. An open mike follows the readings. For info, email Robert Crawford at bobik9@aol.com.

• **HYLA BROOK POETS WORKSHOPS** meet on the third Saturday of each month at 10 a.m. at the Coffee Factory in Derry. For info, contact Robert Crawford at bobik9@aol.com.

• **SLAM FREE OR DIE** at Milly's Tavern, 500 Commercial St., Manchester, 858-3286, includes a poetry open-mike session. Doors open and sign-ups start at 7 p.m., open mike begins around 8 p.m., with featured poets and slams following the open mike. \$3 cover charge. Email SlamFreeorDie@gmail.com or call 858-3286.

• **POETS JAM FACTORY** Jam your poetry to live music every Wed. 7:30-10 p.m. at Raxx Billiards, 1211 Elm St., Manchester, ages 18+.



**SALE DATES: Thurs. June 5 - June 11, 2014**

**SAVE OVER 60%**



**2 Pk Coppertone® Sport Continuous Spray**  
SPF 30 - 6 oz each  
**OR**  
**Neutrogena® 3 Pk Wet Skin Kids Continuous Spray Suncare**  
2 pk 5oz each SPF 70 with bonus 1 oz lotion.  
**YOUR CHOICE**  
**9<sup>99</sup>**



**60% Savings!**  
**Wetsuits**  
Short sleeve, short leg. Neoprene/nylon, flat stitched, rubberized fabric on neck, arm & leg openings. Internal key pocket. Assorted colors.  
**Comp. \$49.99**  
**\$20**

# Ocean State JOB LOT

**STORE HOURS: Mon-Sat 8am-9pm; Sun 9am-8pm**

**Ball Jars**



**Case of 12 32 oz Jars**  
Widemouth or regular - 12 Ct  
**10<sup>99</sup>**

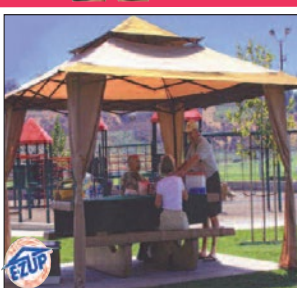
**Case of 12 16 oz Jars**  
Widemouth or regular - 12 Ct  
**9<sup>99</sup>**



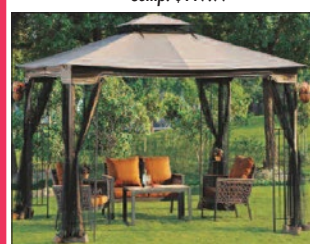
**For ages 3-8**  
**129<sup>99</sup>** **Super Quad 12 Volt Battery Powered Ride On**  
Comp. \$277



**89<sup>99</sup>** **Swift Gazebo**  
12'x12'  
One-piece steel frame. Slant legs.  
Comp. \$119.99



**129<sup>99</sup>** **Pagoda**  
13' x 13'  
Measurement is eave to eave.



**199<sup>99</sup>** **Regency II Gazebo**  
Includes 4 corner shelves, 2 tracks & center hanging hook



**189<sup>99</sup>** **Summit X Gazebo**  
10'x17'  
Dual adjustable awnings with vents. Double reinforced steel frame. Easy quick latch sliders.  
Comp. \$289.99



**99<sup>99</sup>** **Portal® 9'x8' Speed Up Tent**  
Sets up in 2 mins.  
Comp. \$149.99



**89<sup>99</sup>** **Portal® 10'x10' Speed Up Screenhouse**  
Sets up in 2 mins. 7' center ht  
Comp. \$129.99



**\$55**  
**\$55**  
**39<sup>99</sup>** **XLarge Aluminum Folding Camp Cot**  
Lightweight aluminum frame. 84"x36"x20", 350 lbs capacity  
**OUR REG. \$49.99**



**\$35**  
**\$35**  
**\$50** **Highrise Self-Inflating Queen Size Air Mattress**  
inflates in 3 minutes  
Comp. \$89.99

**1 Gallon Algaecide OR 1 Gallon Clarifier**  
**YOUR CHOICE**

**4<sup>99</sup>**



**1 Gallon Liquid Shock OR 1 Pound Powdered Shock**  
**YOUR CHOICE**

**2<sup>99</sup>**



**Solar Pool Blankets Pay for Themselves Over & Over!**



**3 YR Warranty**  
15' Round **\$33**  
18' Round **\$48**  
24' Round **\$73**  
16'x32' Rect. **\$75**  
18'x36' Rect. **\$82**  
20'x40' Rect. **\$97**

**Concentrated Stabilized Chlorines**  
3" Jumbo Tabs • Quick Tabs • Sticks



**7 lbs \$29.99**  
**15 lbs \$59.99**  
**25 lbs \$79.99**



**Beach & Pool Cover-ups**  
Comp. \$30-\$50  
**\$10**



**Famous Maker Swimsuits**  
Comp. \$50-\$100  
**\$15**



**Maxi Dresses**  
Tank styles or beaded halter prints  
Comp. \$30  
**\$10**



**Performance Golf Shirts**  
8 pro shop brands. 100% polyester.  
**\$10**



**Famous Maker Polos**  
100% cotton pique  
**\$10**



**Active Shorts**  
Assorted fun prints. 100% Polyester  
**\$12**  
**Better Cargo Shorts**  
100% cotton twill.  
**\$12**



**Specialty Store Label Linen Blouse**  
Linen/cotton  
Comp. \$30  
**\$8**



**Drawstring Shorts**  
Elastic waist, side pockets, Missy & Plus sizes  
Comp. \$18  
**\$5**  
**Famous Label Active Shorts**  
100% polyester mesh, side pockets  
Comp. \$20



**Ladies Scarves & Hats**  
Comp. \$18-\$20  
**\$5**



**Famous Maker Sunglasses**  
Values \$15-\$35  
**OR**  
**Famous Maker Flip Flops**  
Comp. \$18-\$28  
**\$5**



**SAVE \$150**

**Ocean Breeze® Air Conditioner**  
**Portable Unit**  
12 k BTU Electronic  
Cools 400 to 450 sq ft room. Exhaust window hose kit.  
Comp. \$449  
**\$299**



**Ocean Breeze® 60 Pint Electronic Dehumidifier**  
Auto-off fill bucket or optional hose drain adaptor  
Comp. \$259  
**\$199**



**SAVE \$150**

**Ocean Breeze® Air Conditioner Window Unit**  
12 k BTU Electronic  
Cools 400 to 450 sq ft room. Exhaust window hose kit.  
**\$299**



**99<sup>99</sup>** **5,000 BTU Window Air Conditioner**



**Colored Denim Capris**  
Cotton/Spandex  
**\$10**



**50lb Sunflower Seed** Our Reg. \$29.99... **\$25**  
**25lb Signature Blend** ..... **\$23**  
**20lb Country Blend** Our Reg. \$8.50... **750**



**Maleficent (PG)**

The central villain in *Sleeping Beauty* gets a disturbing backstory in *Maleficent*, a variation on the fairy tale that demonstrates why you should never trust anybody.

Don't, for example, trust boys, as young Maleficent (Isabelle Molloy) does when she first meets young Stefan (Michael Huggins). Happy young Maleficent, budding protector of the magical land known as the Moors, filled with assorted gnome-y, fairy-y, pixie-dusty creatures, becomes friends with Stefan, a human boy with big ambitions. Years later, the grown Maleficent (Angelina Jolie) successfully fights off an attempted human invasion of the Moors, mortally wounding the human king. The king tells his men that whoever kills Maleficent will be his pick to succeed him on the throne. Grown Stefan (Sharlto Copley), now the king's page, goes back to the Moors, ostensibly to warn Maleficent. They hang out and snuggle and Maleficent drinks something Stefan offers her, something that knocks her out. He at first seems like he plans to kill her but then decides merely to cut off her wings and present those to the king as proof that she's dead.

Let me say that again: He drugs Maleficent and then cuts off her giant wings which are part of her body. In a PG movie. Maybe you don't bring the seven-year-old just hoping for some princess-y fun.

The wingless Maleficent is, as one would imagine, deeply angry. Stefan ends up on the throne and even has a child with the old king's daughter, solidifying his royalty. But the betrayed Maleficent, now living up to her name's Latin prefix with her bad-fairy wardrobe and her totalitarian rule of the Moors, isn't a live-and-let-live kind of gal. She shows up at baby Aurora's christening and curses her with an eternal slumber, scheduled to start on her 16th birthday when she pricks her finger on a spinning wheel. (Only means of



Maleficent

breaking the curse? That fairy tale all-purpose balm, True Love's Kiss.) Peace-seeking fairies Knotgrass (Imelda Staunton), Thistlewit (Juno Temple) and Flittle (Lesley Manville) agree to raise Aurora in some hidden place until she reaches 16 to keep her safe from the curse. Meanwhile back in the castle the king burns all the spinning wheels and goes crazy.

Maleficent sends her shape-shifter crow buddy Diaval (Sam Riley) to follow the inept fairies and finds Aurora's hideaway. Through the years, Maleficent and Diaval hang out watching Aurora, frequently interceding when the incompetent fairies put Aurora in danger by, say, letting her toddle off a cliff. When the nearly 16-year-old Aurora (Elle Fanning) finally meets Maleficent, she's convinced she's met her fairy godmother. Maleficent takes Aurora on a field trip to the Moors, which Aurora decides seems like a cooler place to live than the human country. Meanwhile, Maleficent is now desperate to find a way to stop Auro-

ra from falling to the curse. Perhaps Prince Phillip (Brenton Thwaites), who Aurora meets in the forest, can help with that.

So, to "don't trust boys" you can add "don't trust the 'aunts' who are bitterly, neglectfully raising you" and "don't trust the idea of fairy godmothers," "don't trust your parents, because your dad might be crazed with fear and your mother might just vanish from a story without more than a line of explanation" and also "don't trust crows." In fact, in this feminist (I guess) revision of the Sleeping Beauty tale the only really trustworthy person seems to be the early-era-Jonas-Brothers-coiffed prince who is suspicious of both the idea of a sleeping curse and the OK-ness of kissing a girl when she's unconscious.

I guess *Maleficent* could win over fans of old-school fairy tales who wish the modern versions would have more Grimm-ness to them. The cutting of Maleficent's wings is both disturbing as an actual event and

super creepy when viewed as an allegory. But, after getting to this very dark place, the movie switches back to a more Disney-ish tone, with the bemused Maleficent letting the young Aurora, whom she calls "Beasty," play with her horns or getting her a make-shift flower sippy-cup when the trio of stupid fairies forget to feed her. (One moment of Aurora/Maleficent bonding is particularly cute and affectionate possibly because the little 5-year-old Aurora in that scene is being played by Jolie's real-life daughter, Vivienne Jolie-Pitt.) At times, it seems like the movie is at a loss for how to make the momentum of the story focused on Aurora when Jolie's Maleficent is the more central character. The final third or so of the movie feels like a muddle of action, unearned emotion and a very predictable resolution to the whole "sleeping" part of the Sleeping Beauty story.

Throughout, Jolie looks great in her Maleficent get-up, especially during the "mal" section of her story. But the movie doesn't give her much to do other than look great. A movie like this, particularly one aimed at kids, needs to be funny or charming or a good adventure romp but *Maleficent* seems to have given all its effort to Jolie's wardrobe and some moderately fun sets. Most Disney villains can be counted on for at least one good song and a few moments of fun — Jolie's character gets none of that (though maybe Maleficent traded in her song for the red lipstick and her otherworldly cheekbones).

*Maleficent* is neither great nor terrible, just another blah reinvention in the half-baked spirit of the James Franco-starring *Oz the Great and Powerful* or the Tim Burton-helmed *Alice in Wonderland*. **C-**

*Rated PG for sequences of fantasy action and violence, including frightening images. Directed by Robert Stromberg and written by Linda Woolverton, Maleficent is an hour and 37 minutes long and distributed by Walt Disney Co.*

**REVIEWLETS**

\* indicates a movie worth seeing. For reviews of graded films, go to [hippopress.com](http://hippopress.com)

**Opening soon:**

**June 6:** *Edge of Tomorrow* (PG-13) features Tom Cruise and Emily Blunt reliving the same day over and over in this sci-fi outing; *The Fault in Our Stars* (PG-13) is an adaptation of the popular YA novel, starring Shailene Woodley and Ansel Elgort.

**June 13:** *22 Jump Street* Channing Tatum and Jonah Hill continue their bromance; *How To Train Your Dragon 2* (PG) The 2010 animated movie gets a sequel.

**Now playing:**

***The Amazing Spider-Man 2* (PG-13)**

Andrew Garfield, Emma Stone. This not-terrible, not great, OK-I-guess second entry in the Spider-Man reboot series gets better as the movie wears on. **B-**

***Blended* (PG)**

Adam Sandler, Drew Barrymore. Somewhere in all the uncomfortable Africa humor and the odd Hooters product placement is a romantic comedy for the combined family that could be something, with a few rewrites. **C-**

***Chef* (PG-13)**

Jon Favreau, John Leguizamo. Chef is not a perfect movie, either as a look at the food scene or as an examination of one man's life that stays consistent throughout. But Favreau has interesting stuff to say about creation and its public consumption, parenting and the course of a career. And whatever remaining sins you still have a problem with are completely papered over by some of the most stomach-growl-causing food porn in the history of food porn. Because I totally can't resist its charms: **A**

***Legends of Oz: Dorothy's Return* (PG)**

Voices of Lea Michele, Dan Aykroyd. If you were underwhelmed by the James Franco-fronted *Oz The Great and Powerful*, then prepare to be completely bored and annoyed by *Legends of Oz*, a "return to Oz" tale with no heart or wit but plenty of Lea Michele singing. **C-**

***Moms' Night Out* (PG)**

Sarah Drew, Sean Austin. Patricia Heaton also has a supporting role in this vaguely faith-y comedy about a group of women dealing with assorted motherhood travails. Oddly,

Heaton has been a part of sitcoms (*Everybody Loves Raymond*, *The Middle*) that, though more general-audience-seeking than this movie seems to be, have had sharper, smarter, funnier and more thoughtful commentary on family, individual identity and faith. *Mom's Night Out* has good intentions but is bland. **C-**

***Million Dollar Arm* (PG)**

Jon Hamm, Aasif Mandvi. Plus Alan Arkin as the cranky old guy speaking old-guy truths. This tale of a slickster sports agent seeking a big pay-off by discovering the unknown

Indian athletes that will crack the Indian market for major-league baseball answers the question of whether Jon Hamm can be something other than Don Draper (refreshingly, yes) and is a moderately better than average offering of sports movie shmaltz. **B-**

***Neighbors* (R)**

Seth Rogen, Rose Byrne. Plus Zac Efron, who is surprisingly deft at the movie's blend of broad comedy and existential angst. Rogen and Byrne are the homeowners suddenly faced with living next to a fraternity. **B-**





A Million Ways to Die in the West

## A Million Ways to Die in the West (R)

**Seth MacFarlane brings his Family Guy style of comedy to the genre of the classic Hollywood Western in A Million Ways to Die in the West, a movie that isn't nearly as funny as the title or the trailers promise.**

We meet Albert (MacFarlane, who directs, co-wrote and stars in this movie) as he is trying to talk his way out of a middle-of-town, high-noon-style showdown. Offering an apology and a promise of payment for damage his sheep did to a neighbor's ranch would seem to be the normal order of things but in Albert's world of Old Stump, Arizona, circa 1880s, this choice of civilized behavior over gun fight makes him seem like kind of a loser. This is underlined by his girlfriend Louise (Amanda Seyfried), who dumps him, giving him the "I need to work on myself" brush-off. Of course, she doesn't work on herself so much as immediately start dating Foy (Neil Patrick Harris), owner of the local mustache accessories store. A distraught Albert complains to his buddy Edward (Giovanni Ribisi) that he hates the West and wants to move to San Francisco. But then Anna (Charlize Theron) comes to town. She takes a liking to the snarky Albert after he saves her from danger during one of the nightly bar fights at the town saloon. She convinces him to stay in town a little bit longer, even after he recklessly accepts a challenge for a showdown from Foy one week hence. She teaches him how to become a better shot and he finds himself less interested in impressing his ex-girlfriend.

What Albert doesn't know, however, is that Anna is actually the wife of Clinch Leatherwood (Liam Neeson), most terrifying outlaw in the land. Anna might not like Clinch all that much anymore but he is still headed for Old Stump to retrieve her.

A town mustachery run by a villainous Neil Patrick Harris, a bordello where the madam is played by Alex Borstein and one of the girls is played by Sarah Silverman, an excellent Doc Brown reference — *A Million Ways to Die in the West* sounds like it should have worked. I wanted it to work — I went in to

the movie moderately excited to see it. That it mostly doesn't work perplexes me. Is it too much something? Too little? Is MacFarlane a guy in need of an editor? Or a focus group? I started wondering, while watching the movie, if this movie was an example of a photo-negative variation on the George Lucas problem. Lucas's movies and ideas seem to work best when other people execute them. MacFarlane is actually pretty good at story-telling execution — he knows how to get a movie to hit certain beats (even plays with that structure in a way that can be interesting), has fun with casting, knows how to use the cut-away joke, can mix zaniness and more subtle humor. Does he need to have somebody else's ideas as a framework? (The argument against this theory would be *Ted*, the mostly fun MacFarlane movie from 2012.)

I would kind of put *A Million Ways to Die in the West* into the same category as his "We Saw Your Boobs" song and dance from the Oscars a year ago. There is a way that a song like that could have worked — could have been pompousness-deflating and silly but also kind of a goofy showbiz-y style parody. He did not go that way. He went the other way and cheesed off everybody and short-circuited whatever fun the whole endeavor could have had. While *A Million Ways to Die in the West* has its own moments of crudity and a tone-deaf mixing in of rather dark stuff (the violence Clinch threatens Anna with, to give one example) that doesn't have nearly the payoff to justify it, it fails in some different way. Perhaps it fails because it's all set up, because so much attention is going into the creation of the movie's exact tone — it's not "in the West" so much as "in the Western" with the movie specifically calling to mind a 1950s/1960s version of the West overlaid with modern sensibilities — that the individual jokes didn't get as much development as they needed. The main joke of a modern-sensibilities-having wiseguy riffing on the terribleness of the times isn't so funny that the movie can get away with it being told over and over. Or perhaps MacFarlane didn't go far enough on the olden-days-through-modern-eyes theme; MacFarlane

**TOWN HALL THEATRE**  
(603) 654-FILM (3456)  
www.wiltontownhalltheatre.com

Continuing thru June 12 - Ralph Fiennes  
"THE GRAND BUDAPEST HOTEL"  
Every Evening 7:30 Sun mat 2:00-4:30

Continuing thru June 12 - from India  
"THE LUNCHBOX" (Hindi)  
Every Evening 7:30 Sun mats 2:00-4:30

**SATURDAY AFTERNOON LIBRARY CLASSIC FILM**  
Donald O'Connor laugh-out-loud comedy  
"FRANCIS THE TALKING MULE" (1950)  
Sat 4:30 pm - free admission - donations to charity

**Admission Prices: All Shows • Adults \$7.00**  
Children (under 12) and Seniors (65 and over) \$5.00 | Active Military FREE

**Milford Drive-In THEATER**  
Friday 6/6 - Saturday 6/8  
**Weekends ONLY**  
Route 101 • Milford NH • 603-673-4090  
All new digital projection & dolby digital sound  
★Shows Start at Dusk★

SCREEN #1	SCREEN #2
Maleficent PG	Edge of Tomorrow PG-13
Million Dollar Arm PG	Godzilla PG-13

Check website for details • MilfordDriveIn.com

## A Paw Above The Rest

Located inside the American K9 Country facility we provide top notch care and primping for your pet

- Full Service Grooming Salon for Cats and for Dogs
- Over 60 Yrs Combined Experience!
- Pet & Show Clips
- Hydro Spa Bathing System



Call and set up at time to pamper your pet

**(603) 472-7282**

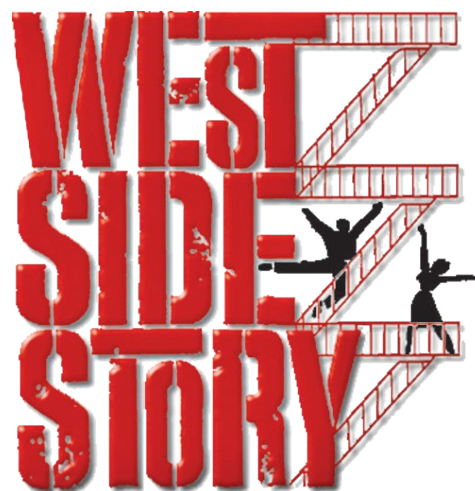
www.AmericanK9Country.com



American K9 Country, Inc.  
336 Rt. 101 • Amherst, NH

## SATURDAY JUNE 21ST

### AN EVENING WITH BERNSTEIN



Join us outdoors at  
the Capital Commons  
Garage at 7pm

New Hampshire Master  
Chorale Performs  
Leonard Bernstein's Mass

9:14pm  
West Side Story  
SING-A-LONG



Buy tickets for both events at:  
<http://nhmasterchorale.weebly.com>  
or just for the Sing-A-Long:  
[redrivertheatres.org](http://redrivertheatres.org)



**IT'S A BUYER'S MARKET!**  
**There is No One We Can't Help!**  
**Lowest Fixed Rates in 60 Years!**  
**First Time Home Buyers**  
**— Little or No \$\$ Down!**

- FHA, VA, USDA & Senior Loans!
- Underwater? Fannie or Freddie? We can Help!
- Commercial & Business Loan Programs!

**Alpha Mortgage & Financial Services**  
**Closing Loans in 14 Days!**  
**(603) 595-7699**  
[www.AlphaMortgages.com](http://www.AlphaMortgages.com)  
 Efstathia C. Booras - Broker  
 Licensed By the New Hampshire Banking Department |  
 NH24021 | MA Broker MB1988, MLO24021 | ME CSO7003  
 We Arrange But Do Not Make Mortgage Loans 088575

**FREE Introductory Session June 9th, 6pm**

Start the summer right, learn how to cleanse your body with nutritionalist

**Ruth Clark RD,LD,MPH**  
 Call us to Preregister

*Mystic Images*  
 SALON & SPA  
[mysticimagesspa.com](http://mysticimagesspa.com) 603-554-1796  
 292 Route 101, Unit E, Salzberg Sq. Amherst  
[Facebook.com/mysticimages](https://www.facebook.com/mysticimages)

**GET PAID TO QUIT SMOKING**

**Volunteers will complete computer tasks and questionnaires.**

**This is a research study conducted by The Geisel School of Medicine at Dartmouth and the University of Vermont.**

**FOR MORE INFORMATION**  
 CALL TOLL-FREE 855-290-2822  
 ASK ABOUT THE EFFECTS OF QUITTING SMOKING STUDY

**GEISEL SCHOOL OF MEDICINE AT DARTMOUTH**

089509

**NORTH SIDE PLAZA**  
*Your kind of place!*

Cityside Laundromat • Coldwell Banker Residential Brokerage • Fantastic Sams  
 Hannaford Supermarket • H & R Block • Masello • Salon Services • Mathnasium  
 NH Liquor and Wine Outlet • New Happy Garden • Radiant Nail & Spa • Shorty's Mexican  
 Roadhouse • Subway • Supertan • The Workout Club • YoFlava

**DW Highway North • Manchester**  
[NorthsidePlazaNH.com](http://NorthsidePlazaNH.com)

091145

Finlay pushes Eric to deal with the past — especially after he finds a magazine article about Takeshi Nagase (Hiroyuki Sanada), who during the war (played by Tanroh Ishida) was one of the secret police who participated in Eric's torture.

I recognize that what I'm about to say is inappropriately off topic for a movie of this seriousness but: holy crap, is it good to see Nicole Kidman play her age. Or, roughly her age — according to Wikipedia, the real Eric was about 61 when he met the real Patti, who was about 44. Kidman will be 47 this year and Firth will be 54. After seeing Kidman in movies where she is almost alien in her expressionlessness, here she has, you know, facial movements. It's possible her brow furrows, I can't remember, I was just so delighted to see her looking like a person in her 40s (a super attractive movie-star person in her 40s but still).

There is something so genuine and so refreshing about a woman looking roughly her real age *and* looking very attractive — it's, like, hope-inducing. In so many movies, you see women in their 40s who seem to be pretending to be in their 20s or women in their 30s treated as being decades older. I don't think I have a realistic sense of what any woman at any age is supposed to look like — Hollywood has taught me that women look like Gwyneth Paltrow from age 18 to age 43 and after that we look like Judi Dench. I was ridiculously happy, in the middle of this tale of great psychological injury and the horrors of war, at seeing Kidman look like a normal, attractive late-middle-aged woman.

*Rated R for strong crude and sexual content, language throughout, some violence and drug material. Directed by Seth MacFarlane and written by Seth MacFarlane & Alec Sulkin & Wellesley Wild, A Million Ways to Die in the West is distributed by Universal Pictures and is an hour and 56 minutes long.*

**The Railway Man (R)**  
**A man who served as British soldier in the Pacific in World War II remains tormented by his time as a prisoner of war decades later in *The Railway Man*, a solid if grim movie based on a true story.**

During the war, young Eric Lomax (Jeremy Irvine) was in Singapore when it was captured by the Japanese. He and his fellow servicemen were taken to prison camps and forced to work on the Burma Railway, a fate Eric knew to be terrible because, as a train aficionado, he understood the near impossibility of the task. A member of the Signal Corps, Eric had organized the men to smuggle components of a radio into the prison with them — a clever scheme that left Eric open to extra punishment when the Japanese found out.

Decades later, Eric (Colin Firth), still a fan of trains and now a collector of old train schedules, meets Patti (Nicole Kidman), who is newly single and on vacation. He falls for her and we soon montage through their courtship and wedding, attended by Eric's veteran friends including his best buddy, Finlay (Stellan Skarsgard). Finlay — who (Sam Reid) was also with Eric in the POW camp — knows what Patti doesn't really understand yet: that Eric remains tormented by the horrors he suffered in the camp. He has nightmares and hallucinations — basically, he suffers from what we now call PTSD. But Eric can't bring himself to talk about it, even with Patti. After Patti pushes Finlay to tell her what happened,

Finlay pushes Eric to deal with the past — especially after he finds a magazine article about Takeshi Nagase (Hiroyuki Sanada), who during the war (played by Tanroh Ishida) was one of the secret police who participated in Eric's torture.

I recognize that what I'm about to say is inappropriately off topic for a movie of this seriousness but: holy crap, is it good to see Nicole Kidman play her age. Or, roughly her age — according to Wikipedia, the real Eric was about 61 when he met the real Patti, who was about 44. Kidman will be 47 this year and Firth will be 54. After seeing Kidman in movies where she is almost alien in her expressionlessness, here she has, you know, facial movements. It's possible her brow furrows, I can't remember, I was just so delighted to see her looking like a person in her 40s (a super attractive movie-star person in her 40s but still).

There is something so genuine and so refreshing about a woman looking roughly her real age *and* looking very attractive — it's, like, hope-inducing. In so many movies, you see women in their 40s who seem to be pretending to be in their 20s or women in their 30s treated as being decades older. I don't think I have a realistic sense of what any woman at any age is supposed to look like — Hollywood has taught me that women look like Gwyneth Paltrow from age 18 to age 43 and after that we look like Judi Dench. I was ridiculously happy, in the middle of this tale of great psychological injury and the horrors of war, at seeing Kidman look like a normal, attractive late-middle-aged woman.

Anyway, back to the movie.

The movie is a fascinating look at this part of the war, which I know little about and which isn't often discussed in American histories of the war (usually, the British participation is all about the European theater and the Blitz). And it has interesting things to say about forgiveness and connection. Eric and Takeshi both remain tormented by their war experiences years later. Takeshi is as desperate to atone as Eric is to find peace. This segment of the story is run through a little too quickly, but if you take what is there as a compression of reality it is handled believably. And, of course, you can't ask for better actors doing this kind of work than Firth, Kidman and Skarsgard. Firth and Skarsgard in particular have the ability to add substance to total throwaway movies. Here they both help to smooth over any of the movie's bumpier bits.

*The Railway Man* isn't my pick for a fun date night, but it is an engrossing tale of war and forgiveness. **B**

*Rated R for disturbing prisoner of war violence. Directed by Jonathan Teplitzky with a screenplay by Frank Cottrell Boyce and Andy Paterson (based on a book by Eric Lomax), The Railway Man is an hour and 56 minutes long and is distributed by The Weinstein Company.*



**AMC Tyngsborough**  
440 Middlesex St.,  
Tyngsborough, Mass.,  
978-649-3980.  
**Chunky's Cinema & Pub**  
151 Coliseum Ave., Nashua,  
chunkys.com  
**Chunky's Cinema & Pub**  
150 Bridge St., Pelham,  
635-7499  
**Cinemagic Hooksett**  
1226 Hooksett Road, Hooksett,

644-4629, cinemagicmovies.com  
**Cinemagic Merrimack 12**  
11 Executive Place Dr.,  
Merrimack, 423-0240,  
cinemagicmovies.com  
**Flagship Cinemas Derry**  
10 Ashleigh Dr., Derry,  
437-8800  
**AMC at The Loop**  
90 Pleasant Valley St., Methuen,  
Mass., 978-738-8942

**O'Neil Cinema 12**  
Apple Tree Mall, Londonderry,  
434-8633  
**Regal Concord**  
282 Loudon Road, Concord,  
226-3800  
**Regal Hooksett 8**  
100 Technology Drive,  
Hooksett  
**Showcase Cinemas Lowell**  
32 Reiss Ave., Lowell, Mass.,  
978-551-0055

## MOVIES OUTSIDE THE CINEPLEX

### RED RIVER THEATRES

111 S. Main St., Concord, redri-  
vertheatres.org, 224-4600

• **Fading Gigolo** (R, 2014)  
Thurs., June 5, at 7:45 p.m.

• The Grand Budapest Hotel (R,  
2014) Thurs., June 5, at 2:05 &  
5:30 p.m.

• **Fed Up** (PG, 2014) Thurs.,  
June 5, at 2:10, 5:45 & 7:30

p.m.; Fri., June 6, at 2, 4, 6 &  
8 p.m.; Sat., June 7, at 2, 4, 6

& 8 p.m.; Sun., June 8, at 2, 4  
& 6 p.m.; Mon., June 9, at 5:45

& 7:30 p.m.; Tues., June 10,  
at 2:10, 5:45 & 7:30 p.m.; &

Thurs., June 12, at 2:10, 5:45 &  
7:30 p.m.

• **Belle** (PG-2014) Thurs., June  
5, at 2, 5:35 & 8 p.m.; Fri., June

6, at 1, 3:30, 6 & 8:30 p.m.; Sat.,  
June 7, at 1, 3:30, 6 & 8:30 p.m.;

Sun., June 8, at 1, 3:30 & 6 p.m.;

Mon., June 9, at 5:35 & 8 p.m.;

Tues., June 10, at 2, 5:35 & 8

p.m.; Wed., June 11, at 5:35 &  
8 p.m.; & Thurs., June 12, at 2,

5:35 & 8 p.m.

• **The Lunchbox** (PG, 2013)  
Fri., June 6, at 1:15, 3:35, 5:50 &

8:05 p.m.; Sat., June 7, at 1:15 &  
3:35 p.m.; Sun., June 8, at 1:15,

3:35 & 5:50 p.m.; Mon., June 9,  
at 5:25 & 7:45 p.m.; Tues., June

10, at 2:05 p.m.; & Thurs., June  
12, at 2:05, 5:25 & 7:45 p.m.

• **After Tiller** (PG-13, 2013) Sat.,  
June 7, at 7 p.m.

• **Putin's Kiss** (NR, 2011) Tues.,  
June 10, at 7 p.m.

• **The Iron Horse** (PG), June 13,  
at 7 p.m., with live accompani-  
ment by Jeff Rapsis.

**WILTON TOWN HALL**  
40 Main St. in Wilton, 654-3456,  
wiltontownhalltheatre.com

• **The Grand Budapest Hotel**  
(R, 2014) Thurs., June 5, through

Thurs., June 12, at 7:30 p.m.  
Additional screenings Sun., June

8, at 2 & 4:30 p.m.

• **The Lunchbox** (PG, 2013)  
Thurs., June 5, through Thurs.,

June 12, at 7:30 p.m. Additional  
screenings Sun., June 8, at 2 &

4:30 p.m.

• **Francis the Talking Mule**  
(1950) Sat., June 7, at 4:30 p.m.

**MANCHESTER CITY  
LIBRARY**  
405 Pine St., Manchester, 624-  
6550, manchester.lib.nh.us

• **Woman of the Year** (NR, 1942)

on Wed., June 11, at 1 p.m.  
• **Gravity** (PG-13, 2013) on  
Wed., June 18, at 1 p.m.

### WEST BRANCH COMMUNITY LIBRARY

76 N. Main St., Manchester,  
624-6560, manchester.lib.nh.us

• **Planes** (PG, 2013) Fri., June 6,  
at 3 p.m.

• **Robocop** (PG-13, 2014) Fri.,  
June 13, at 3 p.m.

• **The Incredibles** (PG, 2004)  
Fri., June 20, at 3 p.m.

### CURRIER MUSEUM OF ART

150 Ash St., Manchester, currier.  
org, 669-6144

• **Uprooted** (documentary) pro-  
duced by UNH, tells stories of

five refugees who resettled in  
NH, Sat., June 21, at 3 p.m., fol-  
lowed by discussion

### CONCORD PUBLIC LIBRARY

45 Green St., Concord, 230-  
3682, onconcord.com/library

• **Meet the Robinsons** (G, 2007)  
on Tues., June 10, at 3:30 p.m.

### CHUNKY'S CINEMA

151 Coliseum Ave., Nashua,  
880-8055

• **Little Lunch Dates** series,  
*How to Train Your Dragon* (PG,

2010) on Wed., June 11, at 11:30  
a.m., noon & 12:30 p.m.

• **World Cup** on the big screen  
throughout the series, starting

June 12

### RODGERS MEMORIAL LIBRARY

194 Derry Road, Route 102,  
Hudson, rogerslibrary.org, 886-  
6030

• **Cinema Celebration** on  
Thurs., June 12, at 6:30 p.m.

• **Teen movie** Thurs., July 24, at  
1 p.m.

### KELLEY LIBRARY

234 Main St., Salem, 898-7064,  
kelleylibrary.org, features a

movie night the first Thursday  
of the month at 6:30 p.m.

• **City Slickers** (PG-13, 1991)  
Fri., June 13, at 6:30 p.m.

### POLLARD MEMORIAL LIBRARY

401 Merrimack St., Lowell,  
Mass., 978-970-4120, pollard-

ml.org, Film night on second  
Thursday of the month at 6:30

p.m.  
• **The Deflowering of Eva van**  
*End* a film by Michiel ten Horn

on Thurs., June 12, at 6:30 p.m.

### FOX RUN STADIUM 15

45 Gosling Road, Newington

• **Rise of the Cyberman/The Age**  
*of Steel* Mon., June 16, at 7:30

p.m.

### THE MUSIC HALL

28 Chestnut St., Portsmouth,  
436-2400, themusichall.org,  
Some films are screened at

Music Hall Loft, 131 Congress  
St.

• **Under The Skin** (R, 2013)  
Thurs., June 5, at 7 p.m.

• **The Double** (R, 2014) Fri.,  
June 6, at 7 p.m.; Wed., June 11,

at 7 p.m.; & Thurs., June 12, at  
7 p.m.

• **Child's Pose** (2013) Sun., June  
8, at 4 p.m.; Wed., June 11, at

7 p.m.; & Thurs., June 12, at 7  
p.m.

• **Only Lovers Left Alive** (R,  
2013) Fri., June 13, at 7 p.m.;

Sun., June 15, at 7 p.m.; Tues.,  
June 17, at 7 p.m.; & Thurs.,

June 19, at 7 p.m.

### PORTSMOUTH MUSIC AND ARTS CENTER

973 Islington St., Portsmouth

• **From Nothing, Something**  
documentary about the creative

process Sat., June 14, at 7 p.m.,  
followed by Q&A with film

director Tim Cawley

### ROCHESTER OPERA HOUSE

31 Wakefield St., Rochester,  
rochesteroperahouse.com, 332-  
2211

• **Everyone's Going To Die** Sat.,  
June 7, at 8 p.m.

### THE FLYING MONKEY

39 S. Main St., Plymouth, 536-  
2551, flyingmonkeynh.com

• **Metropolis** (1927) live music  
with accompaniment by Jeff

Rapsis on Thurs., June 12, at  
6:30 p.m.

• **The Last Unicorn** (1982) Sun.,  
June 8, at 1 p.m.

• **Metropolis** (1927) Thurs., June  
12, at 6:30 p.m. Silent film with  
musical accompaniment by Jeff

*Got Stress? Relief is here!*  
DAYTIME SPECIAL:  
**1-Hour Massage \$45!**  
*What's the Catch?*  
\*CASH ONLY (For this Promo)  
\*MONDAY - FRIDAY before 5:00pm  
(\$55/hr after 5:00 and on Weekends, Visa/MC ok)  
  
**Absolute Relief**  
Physical Massage Therapy  
944 Elm St. Manchester  
(Above Ben & Jerry's)  
*Purchase 24/7 at 603-627-6678  
or at absoluterelief.com*

**WANTED  
Dead or Alive**  
  
We pick up your junk vehicle or un-  
wanted metal, dispose of it, and recycle  
it. We also dispose of household items,  
electronics, or any other metal  
**S & S Metals**  
**196 Rockingham Rd.**  
**Londonderry, NH**  
**537-1000**  
**www.ssmetalsnh.com**

**IRS TROUBLES?**  
**Saving Taxpayers Hundreds of Thousands of Dollars**  
**Tax Preparation Taxpayer Compliancy**  
Past due tax returns or  
lost records no problem  
**Rodger W. Wolf & Company**  
**CPA-MBA Certified Tax Resolution Specialist**  
*The best compliment you can give me is a referral*  
**95 Eddy Rd., Suite #617, Manchester 836-5001**  
**www.RodgerWWolfCPA.com • Rodger@wolfcpa.comcastbiz.net**

**Ste. Marie  
Child Care  
Center**  
Now accepting  
registrations for Summer  
and Fall 2014!  
Openings available for  
Before & After  
School Programs.  
For more information, please call  
**(603) 668-2356**  
  
**stemarie.childcare@gmail.com**  
**133 Wayne Street  
Manchester, NH 03102  
Tel: (603) 668.2356**

  
**FITWISE**  
**PERSONAL TRAINING, LLC**  
**MAKE A CHANGE IN  
YOUR LIFE!**  
**HERE AT FITWISE**  
WE OFFER FAST, FUN, EFFECTIVE  
WORKOUTS, IN A CONVENIENT &  
COMFORTABLE ENVIRONMENT.  
  
**CALL US TODAY AT  
603.626.3978**  
**250 COMMERCIAL ST.  
MANCHESTER, SUITE 2005  
WWW.FITWISEFJ.COM**



By Michael Witthaus  
mwitthaus@hippopress.com

• **Up the road:** After a long Monday night residency in Londonderry, **CDL Trio** – Ken Clark, Nick David and Ephraim Lowell – move to Thursdays in Manchester. Unlike the band's previous gig, this isn't a jam night, though the Mr. Nick and the Dirty Tricks front man promises musician friends might stop by to join in, so expect some surprises at this jazz-oriented nightspot. See CDL Trio on Thursday, June 5, at 9 p.m. at N'awlins Grille & All That Jazz, 860 Elm St., Manchester. See nawlinsgrille.com.

• **Sing out:** Screw up your courage and **Sing for a Cause**, as a state-based charity holds a karaoke contest benefiting low-income families looking for safe, affordable housing. A panel of judges will pick the best rendition sung from the screen, with proceeds going to nonprofit The Way Home. Sing for a Cause – a Karaoke Experience to End Homelessness is on Friday, June 6, at 9 p.m. at Milly's Tavern, 500 Commercial St., Manchester. Tickets are \$15; to register, call 218-1424.

• **Local star:** There are still a few seats left to see **Seth Meyers** perform a rare night of standup comedy. The *Saturday Night Live* (and Manchester High School West) alumni is riding high with his new NBC *Late Night* talk show, and is tapped to host the 66th Primetime Emmy Awards next August. See Seth Meyers on Saturday, June 7, at 8 p.m. at Palace Theatre, 96 Hanover St., Manchester. Tickets are \$100 at palacetheatre.org for the event, a fundraiser for the historic downtown theater.

• **It's Fitz:** Ellen DeGeneres lip-synched **Fitz and the Tantrums**' song "The Walker" in her Oscars trailer this year; the energetic SoCal alt soul band also scored big with "Out of My League," from last year's *More Than Just a Dream*, and a tour with Bruno Mars. Garage pop rockers Sleeper Agent join for a summer Seacoast show. See Fitz and the Tantrums on Sunday, June 8, at 8 p.m. at Casino Ballroom, 169 Ocean Blvd., Hampton Beach. Tickets \$19.75 (\$25/DOS) at casinoballroom.com.

• **Mag-A-Palooza:** Area musicians led by the **Adam Ezra Band** gather to remember a 14-year-old girl who lost her battle with cancer in February. During her brief life, Maggie Philbrook was a percussionist who liked to play loud things." Ross Livermore Band, Joe Young, and MB Padfield also appear at the all-day memorial event. Attend Mag-A-Palooza on Sunday, June 8, at noon at McIntyre Ski Area, 50 Chalet Way, Manchester. Tickets are \$10 for adults and \$5 for children at brownpapertickets.com.

Follow on Twitter: @hipponitemusic  
Listen on Spotify: [spoti.fi/11v1t3b](https://open.spotify.com/playlist/11v1t3b)

## NITE

# Redemption song

In *Trouble & Love*, Mary Gauthier finds hope

By Michael Witthaus  
mwitthaus@hippopress.com

An orphan at birth, a teenage runaway who spent her 18<sup>th</sup> birthday in jail and then battled addiction into her early 30s, Mary Gauthier has endured a lot in her life. But if her new album is any indication, it was loving and losing that hurt the most.

After the first serious romance of her life ended, "I wrote 35 songs over a year and a half," she said recently, "all the different stages of letting go and walking through the breakup."

From those, she and producer Patrick Grannado chose eight to make *Trouble & Love* (out June 10), arranged as chapters to make it a cohesive whole.

"Like a novel, I wanted each song to be in its place as the story unfolds," she said. "We're living in singles time again where tracks stand on their own, [and] I need a compelling reason to ask people to listen to a record."

From the bitter opener "When a Woman Goes Cold" to the set-closing "Another Train," it's a watertight work, full of brilliant lyrical turns and aching sorrow. It's personal and powerful, particularly on the spare "Oh Soul." Accompanied by Darrell Scott on vocals, and with oblique Robert Johnson imagery and lines like "a body is but a prison when a soul's a refugee, oh soul I sold you away," the fingerpicked neo-gospel folk tune is the record's most harrowing track.

"That song is one of the hardest," Gauthier said. "How far you go to be with someone

### Mary Gauthier

**When:** Monday, June 9, at 8 p.m.

**Where:** Red & Shorty's, 4 Paul St., Dover

**Tickets:** \$30 at [elysiumarts.com/folkclub](http://elysiumarts.com/folkclub)

**More:** [marygauthier.com](http://marygauthier.com)



Mary Gauthier

... do you sell your soul? And if you do, is it ever worth it? That one really takes courage to play. No one wants to stand on stage and admit that."

On "How You Learn To Live Alone," she describes the aftermath of breakup as a time when "you sit inside the rubble till rubble feels like home." Perhaps no songwriter paints sorrow with such a deft brush. Even Gauthier admits it can be overpowering.

"I had a journalist yesterday tell me that he has to listen to Leonard Cohen to cheer up after he listens to me," she recalled with a laugh. "OK, I get it, this stuff can be therapeutic at times."

On the other hand, Jimmy Buffett regularly performs "Wheel Inside the Wheel," a rollicking Gauthier song written about her hometown of New Orleans.

"They call me the saddest songwriter on earth, and he's the happiest dude God ever made ... the guy with the puka shells and a constant smile," she said. "I never anticipated him recording one of my songs, and

it was such an honor and thrill that he did."

The darkness lifts as *Trouble & Love* ends, with the hopeful line, "There will always be another train." It's a reminder that these are stories of ruin *and* recovery.

"There's something about taking a very serious blow that opens you up in a way that enlarges you," Gauthier said. "I don't know how it works. I can't figure out the math of it."

But it reinforces Gauthier's belief that, for all its bruised bleakness, her new album is a chronicle of redemption. "It transformed me. I'm not the same person at the end of this process," she said. "I've been made humbler, kinder and more compassionate. At the end of some breakup records, you're just in pain and pissed, with nothing changed inside — the hurt didn't open you up. But this one made me a better person."

Gauthier waits a couple of beats before adding, "But I don't want to be *too* good of a person, you know? I don't want to go through too many of these." 🐾

## Dark horse sprint

### Tristan Omand enlists top area talent for latest

By Michael Witthaus  
mwitthaus@hippopress.com

On the cover of Tristan Omand's new record *Eleven Dark Horses*, a mist-snorting stallion stirs to its feet, ready for movement. Painted by fellow troubadour Dan Blakeslee, the image is a fitting one — the Concord songwriter is a habitué of the road.

"I've been nearly everywhere," he sings on the leadoff track, "nearly everywhere but home."

But the restless Omand settled down to make his latest album at Rocking Horse Studio with producer Brian Coombes. Some of the region's best players give his music texture, without over-adorning it — the grittiness shines though. Atmospheric instrumentation punctuates the 11

tunes, including Myron Kibbe's rustic guitar, Joey Pierog sighing quietly on bowed bass, high lonesome lap steel from Zach

### Tristan Omand CD Release Show

**When:** Thursday, June 12, at 9 p.m.

**Where:** Tupelo Music Hall, 2 Young Road, Londonderry

**Tickets:** \$12

**More:** [tupelohall.com](http://tupelohall.com)



...nchles and stellar work from fiddler Jordan Tirrell-Wysocki.

Standout songs include “21 Windows,” with a melancholy fiddle line trailing Omand as he sings, “the North wind did moan,” and “The Place,” an optimistic tune about finding hope, and “a map to the place where the pines grow tall.” Fittingly, though, the record ends with Omand singing and playing alone on the evocative ballad, “Gone Gone Highway.”

Omand is known for playing raucous one-man shows from Manchester to Kentucky, but to mark the new album, many of the players will join him at a release show June 12 at Tupelo Music Hall. The evening will also feature performances from guests Jay Psaros and Badfellows. Later in the month, Omand will appear with the same configuration at the third annual Granite State Music Festival (June 22 in Concord).

To record the songwriter, Coombes took a spare approach, employing a single M-49 tube ceiling microphone with stereo mics behind him to capture reverb bouncing from the wall.

“If we wanted more guitar we lowered it, more vocals, we raised it,” he said.

Other elements, like drums, were woven in later; Coombes’ playing also elevates the mood with accordion, melodica, and glockenspiel, along with vintage electronics like Omnicord and Moog Taurus pedal.

Primarily, Coombes was excited by Omand’s unique writing style.

“I have a degree in English with a focus on 20th-century American literature, so the first time we got together it was more about Tristan’s lyrics and how I was interpreting them,” he said. “I was able to engross myself ... it’s almost like these are a collection of William Faulkner short stories.”

Omand’s hardscrabble landscape is filled with damaged souls, broken down vans with rusted bumpers and hitchhikers catching rides in stolen cars, hopping trains



and sleeping under stars.

“I just sat and listened to every gravel-road-like word, there’s one inside us all dying to get out, just one little innocent bird,” he sings on “Bluebird.”

For Omand, who made his first record at home and the second on a shoestring budget, working in a well-equipped studio like

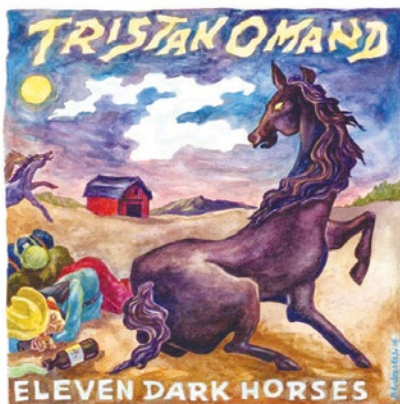
Rocking Horse was both liberating and challenging — sometimes financially. He spoke of buying a guitar to use on a single track, only to sell it a few weeks later to cover some of the recording costs.

“There’s your chorus,” he recalled thinking. “But it came at the right time and left at the right time.”

The title of *Eleven Dark Horses* comes from an unused track inspired by Omand’s hero Johnny Cash. Along with the commissioned Blakeslee watercolor and liner notes from journalist Chris Hislop, it’s his first album to have a lyric insert.

“It makes me real happy that’s there,” said Coombes. “Of any record I’ve done here, this is the one that’s most deserving.”

“You want people to spend time with it, make it a complete experience,” Omand interjected with a smile. “This was something I needed to do.” 🍷



## Night Life Music, Comedy & Parties

• **JOEY & MARIA'S ITALIAN WEDDING** at Crowne Plaza Hotel (2 Somerset Pkwy, Nashua 886-1200) on Friday, June 6 at 6 p.m. The wildly funny, audience interactive dinner production, this nation's longest running, all-but-traditional wedding celebration, comes complete with a customized Italian dinner, dancing and performance that will set the scene for

an evening you and yours will not soon forget.

• **ED GERHARD** at Bow Lake Grange Hall (, Strafford 664-7200) on Saturday, June 7 at 8 p.m. \$22 - 18th Annual Benefit Concert for the Grange. Ed Gerhard's music has touched concert audiences all over the world. Known for his gorgeous tone and compositional depth, Gerhard can move a listener with a single note.

• **GATHERING TIME** at

Belknap Mill (Beacon Street E, Laconia 530-2267) on Saturday, June 7 at 7 p.m. \$25 - Benefits Lakes Region Community Services. New York based folk rock group with “harmonies that can charm the birds out of the trees through strong original songs and songs ranging from traditional folk to classic rock”.

• **MICHAEL TARBOX** at Sumner Knight Chapel (0 Chapel Drive, Keene 499-7435) on Saturday, June 7 at 7 p.m. \$20



University of New Hampshire  
Manchester



## CHOOSE UNH THIS SUMMER

Earn four UNH credits in as little four weeks this summer. This is a great time to fulfill prerequisites and explore new fields of study. Reduce your course load next year and feel confident knowing UNH credits will transfer most anywhere! The next sessions begin **June 23** and **July 28**.

**Registration is now open**

[manchester.unh.edu/transfer](http://manchester.unh.edu/transfer)

[t](#) [f](#) [g+](#) [unhmanchester](#)

091964

## OUTTA THE PARK!

Check out our new indoor sports facility.



**Unparalleled Baseball and Softball Instruction. One to One, Group or Personal Training. Individualized pitching, hitting, and fielding instruction.**

**Training Athletes Age 9 - Adult**  
Baseball • Softball • Lacrosse • Soccer • Golf



**201 Allard Drive, Manchester NH**  
just off exit 5 on I-293  
**(603) 782-4949 • usanh.com**

086320



**400 Bedford Street  
Manchester, NH  
Manchester- Millyard  
623-2000**

**8 Willow Street  
Salem, NH  
Behind Tuscan Kitchen/Market  
898-2000**

**MorganStorage.com**



091802



**FREE JUNK CAR REMOVAL!**  
We will pay up to \$500  
for some cars and trucks.  
Please mention this Hippo ad

**MURRAY'S**  
**AUTO RECYCLING**  
**877-JUNKBOX**  
LONDONDERRY, NH

55 Hall Rd. Londonderry  
**425-2562**  
**WE SELL PARTS**

080614

**Formerly Car World,**  
**LKQ offers BIG SAVINGS**  
on used auto parts. Bring your  
tools and pick from our lot of  
over 1000 cars!

1-800-500-USED (1-800-500-8733)  
Open Mon-Fri 8-6<sup>PM</sup>, Sat & Sun 8-2<sup>PM</sup>

**LKQ**  
**PICK YOUR PART**  
134 Raymond Rd. Candia NH

085172



## DEAD RINGERS

Recreating historic Grateful Dead set lists, and intermittently crafting their own, Dark Star Orchestra performs Friday and Saturday, June 6 and 7 at 8 p.m. at at Casino Ballroom (169 Ocean Blvd. Hampton Beach, 800-745-3000). 2014 marked the band's 16th anniversary and its biggest milestone - surpassing the Dead in number of shows played. Endorsed both by critics and fans, DSO has played alongside every living member of the original Grateful Dead as well as their soundman of nearly three decades. Tickets are \$32.80 at casinoballroom.com.

**Lighten Up - Summer's Coming!**

**Cut. Color. Style**  
**Only \$65** Add 5 FREE foils when you mention this ad

**Matrix Hairpocalypse**  
BARBERING & COSMETOLOGY

Big city style at a great neighborhood salon  
**www.Hairpocalypse.com**

Tues-Fri 'til 8PM  
**603-627-4301**  
904 Hanover Street  
Manchester NH

085172

**TUESDAYS AND WEDNESDAYS 8:30 PM to CLOSE**  
**\$13 PER PERSON on:**  
**THURSDAYS 9 PM to CLOSE**  
**ALL YOU CAN BOWL AND FREE PIZZA SLICES!**

**City Sports Grille**  
Sports Bar • Pub-Style Menu

**LIVE MUSIC**  
Thursday 6/5  
**KARAOKE WITH DJ DAVE**  
Friday 6/6 | Sat. 6/7  
**KICK START | HATING MONDAY**

**KARAOKE CONTEST**

**Strike Up Some Fun At SPARE TIME**  
216 Maple St., Manchester • 625-9656  
**sparetimemanchester.com**

085172

- Smokey-voiced singer from Boston with a sound that combines Appalachian music, blues and gospel in exciting, unexpected combinations. - All profits from this event go towards the renovation and restoration of the Sumner Knight Chapel.

- **BLUEGRASS JAM SESSION** at Garrison Players Arts Center (Route 4, Rollinsford 750-4278) on Friday, June 13 at 6:30 p.m. Musicians and Fans: Come listen or jam with Mark Wiley and his Bluegrass Friends. Every month at GPAC.
- **HEART OF NEW HAMPSHIRE** at Top O' The Hill Disc Golf (68 Southwest Road, Canterbury 783-4471) on Saturday, June 14 at 1 p.m. \$20/Concert 7 \$20/tournament - Live concert event and disc golf series tournament starring Pat & The Hats, Diamond Joe and more TBA...
- **SUMMER CONCERT SERIES** at Community Park (Main St., Henniker 428-3230) on Wednesday, June 18 at 7 p.m. The Honey Dew Drops — Award winning Virginia country duo. Angela Robinson Bandstand - in the event of rain, show held inside Community Center
- **GRANITE STATE MUSIC FESTIVAL** at Kiwanis Riverfront Park (Loudon Rd., Concord 534-3592) on Saturday, June 21 at 12 p.m. \$40/weekend - Lucius, Adam Ezra Group, Roots of Creation, and Kingsley Flood w/ Karen Grenier, the Ross Livermore Band, Ian Ethan Case, the Jandee Lee Porter Band, the Folksoul Band, Erik "Fingers" Ray, Mines of Paris, Donkilo! Afro Funk Orchestra, Four Legged Faithful, Tristan Omand, People Skills, Dreadnaught, the Brooks Young Band, Ghost Dinner Band, the Chris Peters Band, and Senayit.
- **SUMMER CONCERT SERIES** at Community Park (Main St., Henniker 428-3230) on Wednesday, June 25 at 7 p.m. Jeff Dearborn & Contocook Blues Society — Upbeat Chicago blues. Angela Robinson Bandstand - in the event of rain, show is held inside the Community Center

### Karaoke

- **603 LOUNGE** 14 W. Hollis St., Nashua, 821-5260, Thursdays at 8 p.m.
- **AMSTERDAM** 8 Temple Street, Nashua, 204-5534, Thursdays at 7 p.m.
- **ANTHONY'S PIER** Weirs Beach, 263 Lakeside Ave., Laconia, 366-5855, Thursdays at 5 p.m. w/Bobby Freedom
- **ASIA** 42 Third St., Dover, 742-0040, Fridays and Saturdays, 8:30 p.m.-midnight w/ DJ Shadow Walker
- **BEIJING & TOKYO** 61 S. Main St., Concord, 228-0888, Fridays and Saturdays at 9 p.m.
- **BRITISH BEER COMPANY** 1071 S. Willow St., Manchester 232-0677, Thursdays 9:30 p.m.
- **CITY SPORTS GRILLE** 216 Maple St., Manchester, 625-9656, Thursdays at 9 p.m.
- **CHEN'S** 122 E. Broadway, Derry, 437-8338, Saturdays at 8:30 p.m.
- **CHEN YANG LI** 520 South St., Bow, 228-8508, Thursdays at 9 p.m.
- **ELEMENT LOUNGE** 1055 Elm St., Manchester, 627-2922, Sundays at 6 p.m. and Tuesdays at 8 p.m. with DJ Sharon.
- **FODY'S GREAT AMERICAN TAVERN** 9 Clinton St., Nashua, 577-9015, Tuesdays at 9 p.m.
- **JADE DRAGON LOUNGE** 515 DW Highway, Merrimack Commons, 424-2280, Friday 8:30 p.m.
- **LAFAYETTE CLUB** Manchester, 623-9323, Thursdays at 9 p.m. w/ DJ Lance
- **MILANO'S SPORTS BAR** 1 Broad St., Nashua, Saturdays and Sundays at 8 p.m. w/ DJ Bernie D
- **MURPHY'S TAPROOM** 494 Elm St., Manchester, Mondays, 8 p.m.
- **NEW WA TOY** 611 Mast Road, Manchester, 688-1088, Thursdays and Saturdays 8 p.m. to midnight
- **JONATHON'S LOUNGE** at Park Place Lanes, 16 Rockingham Road, Windham, 978-228-0876, M-F at 8 p.m.
- **PIT ROAD LOUNGE** 388 Loudon Road, Concord, 226-

- 0533, Tuesdays, Wednesdays and Thursdays at 9 p.m.
- **SLADE'S** 4 W. Hollis St., Nashua, 886-1334, Tuesdays through Friday at 9 p.m.
- **STEVE-N-JAMES TAVERN** 187 Rockingham Road, Derry, 434-0600, Thursdays at 8 p.m. w/ DJ Sharon Mulrennan.
- **THEO'S RESTAURANT** 102 Elm St., Manchester, 669-4678, Wednesdays, 7:30-10:30 p.m.

### Trivia nights

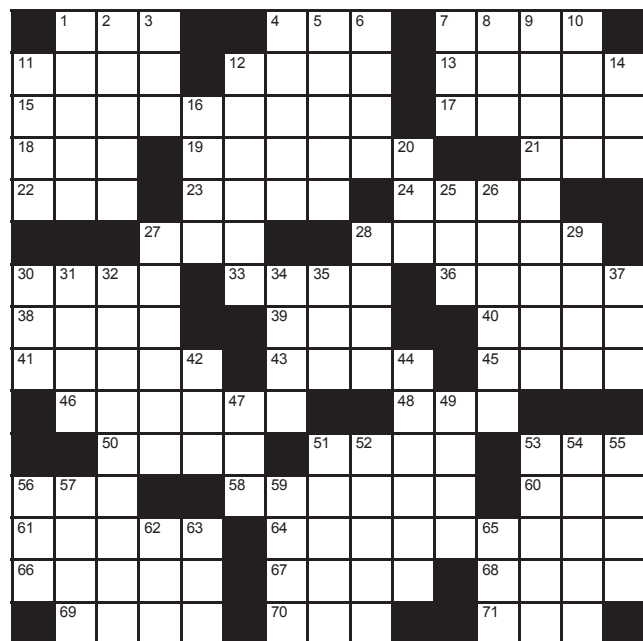
- **BARLEY HOUSE** 132 N. Main St., Concord, 228-6363, Wednesdays 8-10 p.m.
- **BLUE MERMAID** 409 the Hill, Portsmouth, 427-2583, Mondays 7-9 p.m.
- **BRITISH BEER COMPANY** 1071 S. Willow St., Manchester 232-0677, Tuesdays 9 p.m.
- **CHEERS** 17 Depot St., Concord, 228-0180, Fridays 9 p.m.
- **FODY'S TAVERN** Railroad Square, Nashua, Wednesdays 8 p.m.
- **HALLIGAN TAVERN** 32 West Broadway, Derry 965-3490 Tuesdays 8 pm.
- **HART'S TURKEY FARM** 233 DW Hwy., Meredith, 279-6212, Thursdays 6 p.m.
- **HOLY GRAIL** 64 Main St., Epping Tuesdays 8 p.m.
- **J'S TAVERN** Milford Tuesdays 8 p.m.
- **KARMA HOOKAH & CIGAR BAR** 1077 Elm St., Manchester, 647-6653, Tuesdays 8 p.m.
- **MOLLY'S TAVERN** New Boston Thursday 8 p.m.
- **O'SHEA'S IRISH TAVERN & CIGAR BAR**, 449 Amherst St., Nashua 886-0224, Wednesdays at 8 p.m.
- **PATRICK'S PUB & EATERY** 18 Weirs Road, Gilford, 293-0841, Mondays 7 p.m.
- **PEDDLER'S DAUGHTER** 48 Main St., Nashua, 821-7535, Tuesdays 9 p.m.
- **SHASKEEN** 909 Elm St., Manchester, 625-0246, Mondays 8 p.m.
- **WILD ROVER** 21 Kosciuszko St., Manchester, 669-7722, last Monday of every month at 7 p.m.



# Winery Puzzles

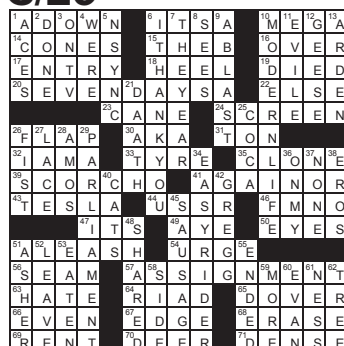
## Across

1. Used for 'The Acid Queen' listening sessions?
4. Dance-punk group Sheep On Drugs (abbr)
7. Mexican food 'Satan Gave' to Beck
11. Winery Dogs drummer Portnoy
12. Green room crash spot
13. '05 Shinedown album '\_\_\_ Them' (2,3)
15. '67 Pink Floyd hit 'See \_\_\_' (5,4)
17. Winery Dogs bassist Sheehan
18. Donovan 'Wynken, Blynken And \_\_\_'
19. Band's beginning
21. Killswitch Engage '\_\_\_ Of The Storm'
22. Mother Love Bone 'Half \_\_\_ Monkey Boy'
23. Stevie Ray Vaughan's unkind



- 'Mood'
24. Led Zep 'Living Loving \_\_\_ (She's Just A Woman)'
27. Gene Simmons "I'm living in sin, at the Holiday \_\_\_"
28. Classic Queen album '\_\_\_ The World' (4,2)
30. Folksters that spin tall tales?
33. Birch of The Raincoats
36. Like extra CD track 38. Bass amp maker
39. 'Penetrator' Nugent 40. J Geils '\_\_\_ On The Wall'
41. What Cradle Of Filth's 'Black Goddess' does
43. Horror-costumed shock rockers
45. 70s rockers \_\_\_ East
46. Historic Harlem theater
48. Astbury of The Doors Of The 21st Century
50. Ethereal 'A Day Without Rain' singer

## 5/29



51. Stevie Nicks 'Stand \_\_\_'
53. UK studio for live transmission
56. Metallica 'Garage \_\_\_'
58. '80 Steely Dan 'Hey Nineteen' album
60. 'Keep Pushin' \_\_\_ Speedwagon
61. Charting soundtrack 'Hunchback Of \_\_\_ Dame'
64. Like album in 2 languages
66. Rage Against The Machine 'Fistful Of \_\_\_'
67. Icehouse 'Electric \_\_\_'
68. 'Seven Day Fool' soul/jazz singer James
69. Styx song about 24 hours? (1,3)
70. What scalper did to ticket he couldn't sell
71. Bassman extraordinaire Claypool

## Down

1. Star vehicles
2. What you're out on, when starving
3. Ol' schooler Shannon
4. Assured Warrant song?
5. Damn Yankees 'Coming \_\_\_' (2,3)
6. '03 Story Of The Year hit 'Until The \_\_\_ Die' (3,1)
7. AFI 'Crop \_\_\_'
8. FM Static 'Take Me \_\_\_ Am' (2,1)
9. Dougie MacLean's oft-covered Scottish folk song
10. Bryan Adams 'The \_\_\_ Thing That Looks Good On Me Is You'
11. 'You're The Only One' Maria
12. 'Get 'Em Outta Here' \_\_\_ Monkey
14. Hippie shirt tie-\_\_\_
16. 'Musicforthemorningafter' Pete
20. Popular UK mag (abbr)
25. 'Pick Up The Pieces' funksters (abbr)
26. John Hiatt 'The Tiki Bar \_\_\_' (2,4)
27. Well-lit 'Breaking Hearts' Elton John song? (2,4)
28. Amount you get when shelved
29. 'Don't \_\_\_ With My Money' Penguin Prison
30. Tom Petty '\_\_\_ So Bad'
31. Sarah McLachlan "\_\_\_ I do believe I failed you"
32. What Aretha Franklin demands to be
34. HIM 'Please Don't Let \_\_\_' (2,2)
35. Boy band \_\_\_ Edition
37. Glenn Phillips label
42. Family Stone bandleader 44. Winery Dogs guitarist Kotzen
47. Fall behind on tour
49. 'Don't Matter' singer/rapper
51. 'The House Jack \_\_\_' Metallica
52. Dramarama 'Haven't Got \_\_\_' (1,4)
53. Bodyguard, perhaps 54. Timbaland programs them
55. Lola's drink: Cherry \_\_\_
56. Managers knows them, with the outs
57. Meat Loaf '\_\_\_ Dry Eye In The House' (3,1)
59. 70s Björn Ulvaeus pop band
62. Husky-voiced sing/songer Chris
63. Texan Joe 65. Improvising "come together"

© 2014 Todd Santos

## Have a Seat!

Hundreds of New & Used Office Chairs to choose from.



Office Alternatives  
a division of surplus  
office equipment

186 GRANITE ST. MANCHESTER

668-9230

Call us. We should have it.  
SurplusOfficeEquipment.com

## NOW IS A CRITICAL TIME TO PROTECT YOUR FAMILY FROM TICK-BORNE ILLNESS



Tick borne illness can affect both pets and humans. Tick larvae are about the size of this period. Making them hard to detect.

Our parasite screening and prevention package includes: a wellness exam, intestinal parasite testing and heartworm and tick borne disease testing.

CALL FOR AN APPOINTMENT



South Willow  
Animal  
Hospital

373 S. Willow St. Manchester, NH  
(In the Shaw's / DMV Plaza)

641-6252 • SouthWillowAH.com  
M-F: 8AM-6PM • Sat: 8AM-3PM

## Michelob Ultra Golf Promo Thurs, June 5th 5-6pm



JUNE 5th CHARITY  
CORN HOLE  
TOURNAMENT  
Teams of 2, entry fee \$50  
Benefits Granite State Rockettes  
AAU Basketball team

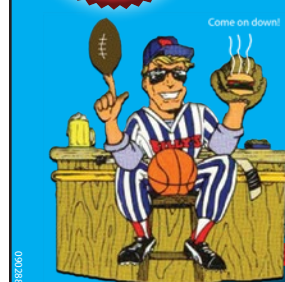
COME CHEER ON  
CALIFORNIA CROME  
In our Belmont  
horse race party



Saturday  
June 7th



THANK YOU FOR ALL OF YOUR VOTES!  
BEST SPORTS BAR | BEST WINGS | BEST BATHROOM



BILLY'S  
Sports  
Bar & Grill

622-3644 | BillysSportsBar.com

34 Tarrytown Rd. Manchester

NEW HOURS: Sun: 7:30AM-10PM • Mon: 11:30AM- 10PM • Tues & Wed: 11:30AM- 12AM • Sat: 9AM-1AM



# MUSIC THIS WEEK

<b>Amherst</b> <b>La Belle Winery</b> 345 Route 101 672-9898	<b>Bristol</b> <b>Back Room at Mill</b> 2 Central St. 744-0405	<b>Sabatino's North</b> 1 E. Broadway 432-7999 <b>Steve-N-James Tavern</b> 187 Rockingham Rd 434-0600	<b>Exeter</b> <b>Shooter's Pub</b> 10 Columbus Ave. 772-3856	<b>Salt Hill Pub Hanover</b> 7 Lebanon St. 676-7855	<b>Laconia</b> <b>Anthony's Pier</b> 263 Lakeside Ave. 366-5855 <b>Baja Beach Club @ China Bistro</b> 89 Lake St. 524-0008 <b>Broken Spoke Saloon</b> 1072 Watson Rd 866-754-2526 <b>Cactus Jack's</b> 1182 Union Ave. 528-7800 <b>Crazy Gringo</b> 306 Lakeside Ave. 366-4411 <b>Fratello's Lakes</b> 799 Union Ave. 528-2022 <b>Jazz Bar</b> 290 Lakeside Ave. 366-9100 <b>Margate Resort</b> 76 Lake St. 524-5210 <b>Naswa Resort</b> 1086 Weirs Blvd. 366-4341 <b>Paradise Beach Club</b> 322 Lakeside Ave. 366-2665 <b>Patio Garden</b> Lakeside Ave. <b>Pitman's Freight Room</b> 94 New Salem St. 527-0043 <b>Tower Hill Tavern</b> 264 Lakeside Ave. 366-9100 <b>Lobster Pound</b> 72 Endicott St. 366-2255 <b>Weirs Beach Smokehouse</b> Rt 3 Laconia 366-2400	<b>London</b> <b>Hungry Buffalo</b> 58 New Hampshire 129 798-3737 <b>Manchester</b> <b>BBQ New</b> 333 Valley St., 782-5054 <b>Breezeway Pub</b> 14 Pearl St. 621-9111 <b>British Beer Company</b> 1071 S. Willow St. 232-0677 <b>City Sports Grille</b> 216 Maple St. 625-9656 <b>CK's Grill</b> 791 Second St 669-2868 <b>Club 313</b> 93 S. Maple St. 628-6813 <b>Derryfield Country Club</b> 625 Mammoth Road 623-2880 <b>Don Quijote</b> 333 Valley St. 792-1110 <b>Drynk</b> 20 Old Granite St. 641-2583 <b>Element Lounge</b> 1055 Elm St. 627-2922 <b>Farm Bar &amp; Grille</b> 1181 Elm St. 641-3276 <b>Fratello's</b> 155 Dow St. 624-2022 <b>Gauche's Churrascaria</b> 62 Lowell St. 669-9460 <b>Hanover St. Chophouse</b> 149 Hanover St. 644-2467 <b>Ignite Bar &amp; Grille</b> 100 Hanover St. 494-6225 <b>J. Dubs Coffee</b> 1000 Elm St. 622-7944 <b>Jade Dragon MHT</b> 1087 Elm St. 669-5523 <b>Jam Factory</b> 1211 Elm St. 203-1458 <b>Jokers</b> 1279 S. Willow St. 935-9947 <b>Karma Hookah &amp; Cigar Bar</b> 1077 Elm St. 647-6653 <b>Luigi's Pizza Bar &amp; Grille</b> 712 Valley St. 622-1021 <b>Mad Bob's Saloon</b> 342 Lincoln St. 669-3049	<b>McGarvey's</b> 1097 Elm St. 627-2721 <b>Midnight Rodeo (Yard)</b> 1211 S. Mammoth Road 623-3545 <b>Milly's Tavern</b> 500 Commercial St. 625-4444 <b>Murphy's Taproom</b> 494 Elm St. 644-3535 <b>N'awlins Grille</b> 860 Elm St. 606-2488 <b>Olympic Lounge</b> 506 Valley St. 644-5559 <b>Penuche's on Hanover</b> 96 Hanover St. 626-9830 <b>Piccola's</b> 815 Elm St. 296-4070 <b>Raxx Lounge</b> 1195 Elm St. 203-1458 <b>Salona Bar &amp; Grill</b> 128 Maple St. 624-4020 <b>Shaskeen</b> 909 Elm St. 625-0246 <b>Shorty's</b> 1050 Bicentennial Dr. 625-1730 <b>Sizzle Bistro</b> 1 Highlander Way 232-3344 <b>Social 24</b> 24 Depot St. 782-8489 <b>Starbucks</b> 1111 S. Willow St. 641-4839 <b>Strange Brew Tavern</b> 88 Market St. 666-4292 <b>Theos</b> 102 Elm St. 669-4678 <b>TJ's Bar &amp; Grill</b> 23 Central St. 660-2241 <b>Unwine'd</b> 865 Second St. 625-9463 <b>Wild Rover</b> 21 Kosciuszko St. 669-7722 <b>XO on Elm</b> 827 Elm St. 206-5721
<b>Auburn</b> <b>Auburn Pitts</b> 167 Rockingham Rd 622-6564	<b>Brookline</b> <b>Cozy Tea Cart</b> 104 Route 13 104-9111 <b>Mad Hatter Bar &amp; Grill</b> 99 Route 13 672-1800	<b>Dover</b> <b>11th Frame Bar</b> 887 B Central Ave. 742-9632 <b>Asia</b> 42 Third St. 742-9816 <b>Barley Pub</b> 328 Central Ave. 742-4226 <b>Cara Irish Pub</b> 11 Fourth St. 343-4390 <b>Cartelli's</b> 446 Central Ave. 750-4002 <b>Dover Brick House</b> 2 Orchard St. 749-3838 <b>Fury's Publick House</b> 1 Washington St 617-3633 <b>Jimmy's Sports Bar</b> 15 Mechanic St. 740-4477 <b>Kelley's Row</b> 421 Central Ave. 750-7081 <b>Loft at Strafford Farms</b> 58 Route 108 743-3045 <b>RJ's</b> 83 Washington St. <b>Roger's Pizza</b> 869 Central Ave. 742-9870 <b>Sonny's Tavern</b> 328 Central Ave 343-4332 <b>Top of the Chop</b> One Orchard St. 740-0006	<b>Gilford</b> <b>Ellacoya Barn &amp; Grille</b> 2667 Lakeshore Rd 293-8700 <b>Patrick's</b> 18 Weirs Rd. 293-0841 <b>Goffstown</b> <b>Village Trestle</b> 25 Main St. 497-8230 <b>Wa Toy</b> 611 Mast Rd 668-1088 <b>Hampstead</b> <b>Pasta Loft Brickhouse</b> 220 East Main St 378-0092 <b>Village Square</b> 472 State St. 329-6879 <b>Hampton</b> <b>Boardwalk Inn</b> 139 Ocean Blvd. 929-7400 <b>Breakers By the Sea</b> 409 Ocean Blvd 926-7702 <b>La Bec Rouge</b> 73 Ocean Blvd 926-5050 <b>Old Salt</b> 409 Lafayette Rd 926-8322 <b>Ron's Landing</b> 379 Ocean Blvd 929-2122 <b>Wally's Pub</b> 144 Ashworth Ave. 926-6954 <b>Whales Tales</b> 169 Ocean Blvd 967-4771	<b>Hillsborough</b> <b>Mama McDonough's Irish Pub</b> 5 Depot St., 680-4148 <b>Hollis</b> <b>Alpine Grove</b> 19 S. Depot Road 882-9051 <b>Hooksett</b> <b>Asian Breeze</b> 1328 Hooksett Rd 621-9298 <b>New England's Tap House Grille</b> 1292 Hooksett Rd. 782-5137 <b>Pizza Man</b> River Road <b>Hudson</b> <b>AJ's Sports Bar &amp; Grill</b> 11 Tracy Lane 718-1102 <b>JD Chaser's</b> 2B Burnham Rd 886-0792 <b>Nan King Restaurant &amp; Lounge</b> 222 Central St. 882-1911 <b>SoHo</b> 49 Lowell Rd. 889-6889 <b>Kingston</b> <b>Bucco's Tavern</b> 143 Main St. 642-4999 <b>Kingston 1686 House</b> 127 Main St. 642-3637	<b>Londonderry</b> <b>Coach Stop Restaurant &amp; Tavern</b> 176 Mammoth Rd 437-2022 <b>Stumble Inn Bar &amp; Grill</b> 20 Rockingham Road 432-3210 <b>Twins Smoke Shop</b> 128 Rockingham Rd <b>Whippersnappers</b> 44 Nashua Rd No. 13 434-2660	<b>Merredith</b> <b>Camp</b> 300 Daniel Webster Highway 279-3003 <b>Giuseppe's Ristorante</b> 312 Daniel Webster Hwy 279-3313	
<b>Bedford</b> <b>Bedford Village Inn</b> 2 Olde Bedford Way 472-2001 <b>Copper Door</b> 15 Leavy Drive 488-2677 <b>Shorty's</b> 206 Rte 101, 488-5706 <b>Starbucks</b> 220 S. River Rd 263-0061	<b>Concord</b> <b>Barley House</b> 132 N. Main St. 228-6363 <b>Granite Restaurant</b> 96 Pleasant St. 227-9000 <b>Hermanos</b> 11 Hills Ave. 224-5669 <b>Makris</b> 354 Sheep Davis Rd 225-7665 <b>Penuche's Ale House</b> 6 Pleasant St. 228-9833 <b>Pit Road Lounge</b> 388 Loudon Rd 226-0533 <b>Red Blazer</b> 72 Manchester St. 224-4101 <b>Tandy's Top Shelf</b> 1 Eagle Square 856-7614 <b>True Brew Barista</b> 3 Bicentennial Square 225-2776	<b>Dover</b> <b>11th Frame Bar</b> 887 B Central Ave. 742-9632 <b>Asia</b> 42 Third St. 742-9816 <b>Barley Pub</b> 328 Central Ave. 742-4226 <b>Cara Irish Pub</b> 11 Fourth St. 343-4390 <b>Cartelli's</b> 446 Central Ave. 750-4002 <b>Dover Brick House</b> 2 Orchard St. 749-3838 <b>Fury's Publick House</b> 1 Washington St 617-3633 <b>Jimmy's Sports Bar</b> 15 Mechanic St. 740-4477 <b>Kelley's Row</b> 421 Central Ave. 750-7081 <b>Loft at Strafford Farms</b> 58 Route 108 743-3045 <b>RJ's</b> 83 Washington St. <b>Roger's Pizza</b> 869 Central Ave. 742-9870 <b>Sonny's Tavern</b> 328 Central Ave 343-4332 <b>Top of the Chop</b> One Orchard St. 740-0006	<b>Gilford</b> <b>Ellacoya Barn &amp; Grille</b> 2667 Lakeshore Rd 293-8700 <b>Patrick's</b> 18 Weirs Rd. 293-0841 <b>Goffstown</b> <b>Village Trestle</b> 25 Main St. 497-8230 <b>Wa Toy</b> 611 Mast Rd 668-1088 <b>Hampstead</b> <b>Pasta Loft Brickhouse</b> 220 East Main St 378-0092 <b>Village Square</b> 472 State St. 329-6879 <b>Hampton</b> <b>Boardwalk Inn</b> 139 Ocean Blvd. 929-7400 <b>Breakers By the Sea</b> 409 Ocean Blvd 926-7702 <b>La Bec Rouge</b> 73 Ocean Blvd 926-5050 <b>Old Salt</b> 409 Lafayette Rd 926-8322 <b>Ron's Landing</b> 379 Ocean Blvd 929-2122 <b>Wally's Pub</b> 144 Ashworth Ave. 926-6954 <b>Whales Tales</b> 169 Ocean Blvd 967-4771	<b>Hillsborough</b> <b>Mama McDonough's Irish Pub</b> 5 Depot St., 680-4148 <b>Hollis</b> <b>Alpine Grove</b> 19 S. Depot Road 882-9051 <b>Hooksett</b> <b>Asian Breeze</b> 1328 Hooksett Rd 621-9298 <b>New England's Tap House Grille</b> 1292 Hooksett Rd. 782-5137 <b>Pizza Man</b> River Road <b>Hudson</b> <b>AJ's Sports Bar &amp; Grill</b> 11 Tracy Lane 718-1102 <b>JD Chaser's</b> 2B Burnham Rd 886-0792 <b>Nan King Restaurant &amp; Lounge</b> 222 Central St. 882-1911 <b>SoHo</b> 49 Lowell Rd. 889-6889 <b>Kingston</b> <b>Bucco's Tavern</b> 143 Main St. 642-4999 <b>Kingston 1686 House</b> 127 Main St. 642-3637	<b>Merredith</b> <b>Camp</b> 300 Daniel Webster Highway 279-3003 <b>Giuseppe's Ristorante</b> 312 Daniel Webster Hwy 279-3313		
<b>Belmont</b> <b>El Jimador</b> 171 DW Highway 527-8122 <b>Lakes Region Casino</b> 1265 Laconia Rd. 267-7778 <b>Lodge at Belmont</b> Route 106 877-872-2501 <b>Top of the Town</b> 88 Ladd Hill Rd 528-3244	<b>Concord</b> <b>Barley House</b> 132 N. Main St. 228-6363 <b>Granite Restaurant</b> 96 Pleasant St. 227-9000 <b>Hermanos</b> 11 Hills Ave. 224-5669 <b>Makris</b> 354 Sheep Davis Rd 225-7665 <b>Penuche's Ale House</b> 6 Pleasant St. 228-9833 <b>Pit Road Lounge</b> 388 Loudon Rd 226-0533 <b>Red Blazer</b> 72 Manchester St. 224-4101 <b>Tandy's Top Shelf</b> 1 Eagle Square 856-7614 <b>True Brew Barista</b> 3 Bicentennial Square 225-2776	<b>Dover</b> <b>11th Frame Bar</b> 887 B Central Ave. 742-9632 <b>Asia</b> 42 Third St. 742-9816 <b>Barley Pub</b> 328 Central Ave. 742-4226 <b>Cara Irish Pub</b> 11 Fourth St. 343-4390 <b>Cartelli's</b> 446 Central Ave. 750-4002 <b>Dover Brick House</b> 2 Orchard St. 749-3838 <b>Fury's Publick House</b> 1 Washington St 617-3633 <b>Jimmy's Sports Bar</b> 15 Mechanic St. 740-4477 <b>Kelley's Row</b> 421 Central Ave. 750-7081 <b>Loft at Strafford Farms</b> 58 Route 108 743-3045 <b>RJ's</b> 83 Washington St. <b>Roger's Pizza</b> 869 Central Ave. 742-9870 <b>Sonny's Tavern</b> 328 Central Ave 343-4332 <b>Top of the Chop</b> One Orchard St. 740-0006	<b>Gilford</b> <b>Ellacoya Barn &amp; Grille</b> 2667 Lakeshore Rd 293-8700 <b>Patrick's</b> 18 Weirs Rd. 293-0841 <b>Goffstown</b> <b>Village Trestle</b> 25 Main St. 497-8230 <b>Wa Toy</b> 611 Mast Rd 668-1088 <b>Hampstead</b> <b>Pasta Loft Brickhouse</b> 220 East Main St 378-0092 <b>Village Square</b> 472 State St. 329-6879 <b>Hampton</b> <b>Boardwalk Inn</b> 139 Ocean Blvd. 929-7400 <b>Breakers By the Sea</b> 409 Ocean Blvd 926-7702 <b>La Bec Rouge</b> 73 Ocean Blvd 926-5050 <b>Old Salt</b> 409 Lafayette Rd 926-8322 <b>Ron's Landing</b> 379 Ocean Blvd 929-2122 <b>Wally's Pub</b> 144 Ashworth Ave. 926-6954 <b>Whales Tales</b> 169 Ocean Blvd 967-4771	<b>Hillsborough</b> <b>Mama McDonough's Irish Pub</b> 5 Depot St., 680-4148 <b>Hollis</b> <b>Alpine Grove</b> 19 S. Depot Road 882-9051 <b>Hooksett</b> <b>Asian Breeze</b> 1328 Hooksett Rd 621-9298 <b>New England's Tap House Grille</b> 1292 Hooksett Rd. 782-5137 <b>Pizza Man</b> River Road <b>Hudson</b> <b>AJ's Sports Bar &amp; Grill</b> 11 Tracy Lane 718-1102 <b>JD Chaser's</b> 2B Burnham Rd 886-0792 <b>Nan King Restaurant &amp; Lounge</b> 222 Central St. 882-1911 <b>SoHo</b> 49 Lowell Rd. 889-6889 <b>Kingston</b> <b>Bucco's Tavern</b> 143 Main St. 642-4999 <b>Kingston 1686 House</b> 127 Main St. 642-3637	<b>Merredith</b> <b>Camp</b> 300 Daniel Webster Highway 279-3003 <b>Giuseppe's Ristorante</b> 312 Daniel Webster Hwy 279-3313		
<b>Boscawen</b> <b>Alan's</b> 133 N. Main St. 753-6631	<b>Deerfield</b> <b>Lazy Lion Café</b> 4 North Road 463-7374	<b>Epping</b> <b>Holy Grail</b> 64 Main St. 679-9559	<b>Exeter</b> <b>Shooter's Pub</b> 10 Columbus Ave. 772-3856	<b>Salt Hill Pub Hanover</b> 7 Lebanon St. 676-7855	<b>Laconia</b> <b>Anthony's Pier</b> 263 Lakeside Ave. 366-5855 <b>Baja Beach Club @ China Bistro</b> 89 Lake St. 524-0008 <b>Broken Spoke Saloon</b> 1072 Watson Rd 866-754-2526 <b>Cactus Jack's</b> 1182 Union Ave. 528-7800 <b>Crazy Gringo</b> 306 Lakeside Ave. 366-4411 <b>Fratello's Lakes</b> 799 Union Ave. 528-2022 <b>Jazz Bar</b> 290 Lakeside Ave. 366-9100 <b>Margate Resort</b> 76 Lake St. 524-5210 <b>Naswa Resort</b> 1086 Weirs Blvd. 366-4341 <b>Paradise Beach Club</b> 322 Lakeside Ave. 366-2665 <b>Patio Garden</b> Lakeside Ave. <b>Pitman's Freight Room</b> 94 New Salem St. 527-0043 <b>Tower Hill Tavern</b> 264 Lakeside Ave. 366-9100 <b>Lobster Pound</b> 72 Endicott St. 366-2255 <b>Weirs Beach Smokehouse</b> Rt 3 Laconia 366-2400	<b>London</b> <b>Hungry Buffalo</b> 58 New Hampshire 129 798-3737 <b>Manchester</b> <b>BBQ New</b> 333 Valley St., 782-5054 <b>Breezeway Pub</b> 14 Pearl St. 621-9111 <b>British Beer Company</b> 1071 S. Willow St. 232-0677 <b>City Sports Grille</b> 216 Maple St. 625-9656 <b>CK's Grill</b> 791 Second St 669-2868 <b>Club 313</b> 93 S. Maple St. 628-6813 <b>Derryfield Country Club</b> 625 Mammoth Road 623-2880 <b>Don Quijote</b> 333 Valley St. 792-1110 <b>Drynk</b> 20 Old Granite St. 641-2583 <b>Element Lounge</b> 1055 Elm St. 627-2922 <b>Farm Bar &amp; Grille</b> 1181 Elm St. 641-3276 <b>Fratello's</b> 155 Dow St. 624-2022 <b>Gauche's Churrascaria</b> 62 Lowell St. 669-9460 <b>Hanover St. Chophouse</b> 149 Hanover St. 644-2467 <b>Ignite Bar &amp; Grille</b> 100 Hanover St. 494-6225 <b>J. Dubs Coffee</b> 1000 Elm St. 622-7944 <b>Jade Dragon MHT</b> 1087 Elm St. 669-5523 <b>Jam Factory</b> 1211 Elm St. 203-1458 <b>Jokers</b> 1279 S. Willow St. 935-9947 <b>Karma Hookah &amp; Cigar Bar</b> 1077 Elm St. 647-6653 <b>Luigi's Pizza Bar &amp; Grille</b> 712 Valley St. 622-1021 <b>Mad Bob's Saloon</b> 342 Lincoln St. 669-3049	<b>McGarvey's</b> 1097 Elm St. 627-2721 <b>Midnight Rodeo (Yard)</b> 1211 S. Mammoth Road 623-3545 <b>Milly's Tavern</b> 500 Commercial St. 625-4444 <b>Murphy's Taproom</b> 494 Elm St. 644-3535 <b>N'awlins Grille</b> 860 Elm St. 606-2488 <b>Olympic Lounge</b> 506 Valley St. 644-5559 <b>Penuche's on Hanover</b> 96 Hanover St. 626-9830 <b>Piccola's</b> 815 Elm St. 296-4070 <b>Raxx Lounge</b> 1195 Elm St. 203-1458 <b>Salona Bar &amp; Grill</b> 128 Maple St. 624-4020 <b>Shaskeen</b> 909 Elm St. 625-0246 <b>Shorty's</b> 1050 Bicentennial Dr. 625-1730 <b>Sizzle Bistro</b> 1 Highlander Way 232-3344 <b>Social 24</b> 24 Depot St. 782-8489 <b>Starbucks</b> 1111 S. Willow St. 641-4839 <b>Strange Brew Tavern</b> 88 Market St. 666-4292 <b>Theos</b> 102 Elm St. 669-4678 <b>TJ's Bar &amp; Grill</b> 23 Central St. 660-2241 <b>Unwine'd</b> 865 Second St. 625-9463 <b>Wild Rover</b> 21 Kosciuszko St. 669-7722 <b>XO on Elm</b> 827 Elm St. 206-5721
<b>Bow</b> <b>Chen Yang Li</b> 520 South St. 228-8508	<b>Derry</b> <b>Coffee Factory</b> 55 Crystal Ave 432-6006 <b>Halligan Tavern</b> 32 W. Broadway 965-3490	<b>Epping</b> <b>Holy Grail</b> 64 Main St. 679-9559	<b>Gilford</b> <b>Ellacoya Barn &amp; Grille</b> 2667 Lakeshore Rd 293-8700 <b>Patrick's</b> 18 Weirs Rd. 293-0841 <b>Goffstown</b> <b>Village Trestle</b> 25 Main St. 497-8230 <b>Wa Toy</b> 611 Mast Rd 668-1088 <b>Hampstead</b> <b>Pasta Loft Brickhouse</b> 220 East Main St 378-0092 <b>Village Square</b> 472 State St. 329-6879 <b>Hampton</b> <b>Boardwalk Inn</b> 139 Ocean Blvd. 929-7400 <b>Breakers By the Sea</b> 409 Ocean Blvd 926-7702 <b>La Bec Rouge</b> 73 Ocean Blvd 926-5050 <b>Old Salt</b> 409 Lafayette Rd 926-8322 <b>Ron's Landing</b> 379 Ocean Blvd 929-2122 <b>Wally's Pub</b> 144 Ashworth Ave. 926-6954 <b>Whales Tales</b> 169 Ocean Blvd 967-4771	<b>Hillsborough</b> <b>Mama McDonough's Irish Pub</b> 5 Depot St., 680-4148 <b>Hollis</b> <b>Alpine Grove</b> 19 S. Depot Road 882-9051 <b>Hooksett</b> <b>Asian Breeze</b> 1328 Hooksett Rd 621-9298 <b>New England's Tap House Grille</b> 1292 Hooksett Rd. 782-5137 <b>Pizza Man</b> River Road <b>Hudson</b> <b>AJ's Sports Bar &amp; Grill</b> 11 Tracy Lane 718-1102 <b>JD Chaser's</b> 2B Burnham Rd 886-0792 <b>Nan King Restaurant &amp; Lounge</b> 222 Central St. 882-1911 <b>SoHo</b> 49 Lowell Rd. 889-6889 <b>Kingston</b> <b>Bucco's Tavern</b> 143 Main St. 642-4999 <b>Kingston 1686 House</b> 127 Main St. 642-3637	<b>Londonderry</b> <b>Coach Stop Restaurant &amp; Tavern</b> 176 Mammoth Rd 437-2022 <b>Stumble Inn Bar &amp; Grill</b> 20 Rockingham Road 432-3210 <b>Twins Smoke Shop</b> 128 Rockingham Rd <b>Whippersnappers</b> 44 Nashua Rd No. 13 434-2660	<b>Merredith</b> <b>Camp</b> 300 Daniel Webster Highway 279-3003 <b>Giuseppe's Ristorante</b> 312 Daniel Webster Hwy 279-3313	
<b>Bradford</b> <b>Appleseed Restaurant</b> 63 High St., 938-2100	<b>Concord</b> <b>Barley House</b> 132 N. Main St. 228-6363 <b>Granite Restaurant</b> 96 Pleasant St. 227-9000 <b>Hermanos</b> 11 Hills Ave. 224-5669 <b>Makris</b> 354 Sheep Davis Rd 225-7665 <b>Penuche's Ale House</b> 6 Pleasant St. 228-9833 <b>Pit Road Lounge</b> 388 Loudon Rd 226-0533 <b>Red Blazer</b> 72 Manchester St. 224-4101 <b>Tandy's Top Shelf</b> 1 Eagle Square 856-7614 <b>True Brew Barista</b> 3 Bicentennial Square 225-2776	<b>Dover</b> <b>11th Frame Bar</b> 887 B Central Ave. 742-9632 <b>Asia</b> 42 Third St. 742-9816 <b>Barley Pub</b> 328 Central Ave. 742-4226 <b>Cara Irish Pub</b> 11 Fourth St. 343-4390 <b>Cartelli's</b> 446 Central Ave. 750-4002 <b>Dover Brick House</b> 2 Orchard St. 749-3838 <b>Fury's Publick House</b> 1 Washington St 617-3633 <b>Jimmy's Sports Bar</b> 15 Mechanic St. 740-4477 <b>Kelley's Row</b> 421 Central Ave. 750-7081 <b>Loft at Strafford Farms</b> 58 Route 108 743-3045 <b>RJ's</b> 83 Washington St. <b>Roger's Pizza</b> 869 Central Ave. 742-9870 <b>Sonny's Tavern</b> 328 Central Ave 343-4332 <b>Top of the Chop</b> One Orchard St. 740-0006	<b>Gilford</b> <b>Ellacoya Barn &amp; Grille</b> 2667 Lakeshore Rd 293-8700 <b>Patrick's</b> 18 Weirs Rd. 293-0841 <b>Goffstown</b> <b>Village Trestle</b> 25 Main St. 497-8230 <b>Wa Toy</b> 611 Mast Rd 668-1088 <b>Hampstead</b> <b>Pasta Loft Brickhouse</b> 220 East Main St 378-0092 <b>Village Square</b> 472 State St. 329-6879 <b>Hampton</b> <b>Boardwalk Inn</b> 139 Ocean Blvd. 929-7400 <b>Breakers By the Sea</b> 409 Ocean Blvd 926-7702 <b>La Bec Rouge</b> 73 Ocean Blvd 926-5050 <b>Old Salt</b> 409 Lafayette Rd 926-8322 <b>Ron's Landing</b> 379 Ocean Blvd 929-2122 <b>Wally's Pub</b> 144 Ashworth Ave. 926-6954 <b>Whales Tales</b> 169 Ocean Blvd 967-4771	<b>Hillsborough</b> <b>Mama McDonough's Irish Pub</b> 5 Depot St., 680-4148 <b>Hollis</b> <b>Alpine Grove</b> 19 S. Depot Road 882-9051 <b>Hooksett</b> <b>Asian Breeze</b> 1328 Hooksett Rd 621-9298 <b>New England's Tap House Grille</b> 1292 Hooksett Rd. 782-5137 <b>Pizza Man</b> River Road <b>Hudson</b> <b>AJ's Sports Bar &amp; Grill</b> 11 Tracy Lane 718-1102 <b>JD Chaser's</b> 2B Burnham Rd 886-0792 <b>Nan King Restaurant &amp; Lounge</b> 222 Central St. 882-1911 <b>SoHo</b> 49 Lowell Rd. 889-6889 <b>Kingston</b> <b>Bucco's Tavern</b> 143 Main St. 642-4999 <b>Kingston 1686 House</b> 127 Main St. 642-3637	<b>Merredith</b> <b>Camp</b> 300 Daniel Webster Highway 279-3003 <b>Giuseppe's Ristorante</b> 312 Daniel Webster Hwy 279-3313		
<b>Bedford</b> <b>Bedford Village Inn</b> 2 Olde Bedford Way 472-2001 <b>Copper Door</b> 15 Leavy Drive 488-2677 <b>Shorty's</b> 206 Rte 101, 488-5706 <b>Starbucks</b> 220 S. River Rd 263-0061	<b>Concord</b> <b>Barley House</b> 132 N. Main St. 228-6363 <b>Granite Restaurant</b> 96 Pleasant St. 227-9000 <b>Hermanos</b> 11 Hills Ave. 224-5669 <b>Makris</b> 354 Sheep Davis Rd 225-7665 <b>Penuche's Ale House</b> 6 Pleasant St. 228-9833 <b>Pit Road Lounge</b> 388 Loudon Rd 226-0533 <b>Red Blazer</b> 72 Manchester St. 224-4101 <b>Tandy's Top Shelf</b> 1 Eagle Square 856-7614 <b>True Brew Barista</b> 3 Bicentennial Square 225-2776	<b>Dover</b> <b>11th Frame Bar</b> 887 B Central Ave. 742-9632 <b>Asia</b> 42 Third St. 742-9816 <b>Barley Pub</b> 328 Central Ave. 742-4226 <b>Cara Irish Pub</b> 11 Fourth St. 343-4390 <b>Cartelli's</b> 446 Central Ave. 750-4002 <b>Dover Brick House</b> 2 Orchard St. 749-3838 <b>Fury's Publick House</b> 1 Washington St 617-3633 <b>Jimmy's Sports Bar</b> 15 Mechanic St. 740-4477 <b>Kelley's Row</b> 421 Central Ave. 750-7081 <b>Loft at Strafford Farms</b> 58 Route 108 743-3045 <b>RJ's</b> 83 Washington St. <b>Roger's Pizza</b> 869 Central Ave. 742-9870 <b>Sonny's Tavern</b> 328 Central Ave 343-4332 <b>Top of the Chop</b> One Orchard St. 740-0006	<b>Gilford</b> <b>Ellacoya Barn &amp; Grille</b> 2667 Lakeshore Rd 293-8700 <b>Patrick's</b> 18 Weirs Rd. 293-0841 <b>Goffstown</b> <b>Village Trestle</b> 25 Main St. 497-8230 <b>Wa Toy</b> 611 Mast Rd 668-1088 <b>Hampstead</b> <b>Pasta Loft Brickhouse</b> 220 East Main St 378-0092 <b>Village Square</b> 472 State St. 329-6879 <b>Hampton</b> <b>Boardwalk Inn</b> 139 Ocean Blvd. 929-7400 <b>Breakers By the Sea</b> 409 Ocean Blvd 926-7702 <b>La Bec Rouge</b> 73 Ocean Blvd 926-5050 <b>Old Salt</b> 409 Lafayette Rd 926-8322 <b>Ron's Landing</b> 379 Ocean Blvd 929-2122 <b>Wally's Pub</b> 144 Ashworth Ave. 926-6954 <b>Whales Tales</b> 169 Ocean Blvd 967-4771	<b>Hillsborough</b> <b>Mama McDonough's Irish Pub</b> 5 Depot St., 680-4148 <b>Hollis</b> <b>Alpine Grove</b> 19 S. Depot Road 882-9051 <b>Hooksett</b> <b>Asian Breeze</b> 1328 Hooksett Rd 621-9298 <b>New England's Tap House Grille</b> 1			

<b>Thursday, June 5</b> <b>Amherst</b> <b>La Belle Winery:</b> Music on the Terrace Kickoff: Sonic Boomers <b>Bedford</b> <b>Shorty's:</b> Chad LaMarsh; Michael Troy <b>Boscawen</b> <b>Alan's:</b> John Pratt in Lounge <b>Concord</b> <b>Granite:</b> CJ Poole & The Sophisticated Approach <b>Hermanos:</b> Mike Stockbridge <b>Penuche's:</b> Live Music <b>Dover</b> <b>Brickhouse:</b> Ben Cook	<b>Cara:</b> Bluegrass w/ Steve Roy <b>Fury's:</b> Erin's Guild <b>Kelley's Row:</b> Side Car <b>Epping</b> <b>Holy Grail:</b> Chris O'Neil & Gina <b>Gilford</b> <b>Patrick's:</b> Paul Warnick <b>Laconia</b> <b>Paradise Beach Club:</b> DJ Gin-E <b>Pitman's Freight Room:</b> Ervin Dhimo Trio <b>Londonderry</b> <b>Coach Stop:</b> Marc Apostolides <b>Whippersnappers:</b> Triano Duo	<b>Manchester</b> <b>Breezeway:</b> DJ Pet-Resurrection <b>Club 313:</b> DJ Pez & DJ Carlos <b>Derryfield:</b> DJ Sean O'Brien <b>Drynk:</b> Co-Ed Thursdays with DJ Shawn Danjah White & Friends <b>Fratello's:</b> Fernando Argenti <b>Jazz Open Mic</b> <b>Karma:</b> DJ Midas w/Reed on drums <b>Milly's:</b> Lakes Region Big Band <b>Murphy's Taproom:</b> Cam Mac-Master <b>N'awlins Grille:</b> CDL Trio <b>Raxx:</b> DJ Mike <b>Shaskeen:</b> Invading Kim; Lauren Hurley <b>Strange Brew:</b> Soup Du Jour	<b>Mason</b> <b>Marty's Driving Range:</b> Eastwood Peak <b>Merrimack</b> <b>Homestead:</b> Steve Tolley <b>Nashua</b> <b>Boston Billiard Club:</b> DJ & Beach Night <b>Newmarket</b> <b>Stone Church:</b> Live Irish Music w/ Jordan Tirrell-Wysocki & Jim Prendergast & More <b>Peterborough</b> <b>Harlow's:</b> The Thing In The Spring: Ol' Factory w/Will Kindler	<b>Plaistow</b> <b>Racks Bar &amp; Grill:</b> Blues Jam w/ Steve Devine <b>Portsmouth</b> <b>British Beer Company:</b> Jackson Wetherbee <b>Fat Belly's:</b> DJ: SKD <b>Martingale Wharf:</b> Josh Cramoy <b>Portsmouth Book &amp; Bar:</b> Noct-ambule <b>Press Room:</b> Bow Thayer and Dylan /Sevey <b>Red Door:</b> Local Heroes <b>Ri Ra:</b> Hott Commodity <b>Rudi's:</b> Sal Hughes & Rob Gerry <b>Thirsty Moose:</b> Funkwagon	<b>Weare</b> <b>Boondocks:</b> Acoustic Thursdays <b>Friday, June 6</b> <b>Bedford</b> <b>Shorty's:</b> Don Campbell Duo <b>Belmont</b> <b>Lakes Region Casino:</b> DJ Redd Dogg <b>Boscawen</b> <b>Alan's:</b> Doug Mitchell <b>Concord</b> <b>Makris:</b> Live Music <b>Pit Road Lounge:</b> Live Music <b>Red Blazer:</b> Live Music <b>Tandy's:</b> DJ Iceman Streetz (105.5 JYY)
--	---	---	--	--	--



# READER SURVEY



# TELL US WHAT YOU THINK OF **the Hippo**

Fill out the Reader Survey for a chance to win gift certificates to local restaurants

Go to: [hippopress.com/survey](http://hippopress.com/survey)





# KANGLE SPA

Wellness Spa & Sauna  
Table Shower, Dry  
Sauna, Bare Foot Body  
Work, Body Scrub

WALK-INS WELCOME

7 DAYS A WEEK  
9am-11pm

FREE SAUNA

978-777-3988

325A N. Main St. (Rte. 114)  
Middleton, MA 01949

Workout at Lunchtime AND ...  
Back to work w/o a Shower?!



You Bet! Psst ...  
Your "Secret" is Safe w/Us!

Noontime Dance Party Mon - Fri at 12:30pm!

Manchester Jazzercise

32 Hayward St • jazzercise.com  
New! Download FREE Jazzercise App

Sell your Jewelry to a Jeweler  
You Can Trust

If We Can't buy your item,  
we may be able to sell it!

Why You'll Love Us!

Fast, Free & Accurate offers for your jewelry.

Our Reputation. Voted Region's best Jeweler  
19 consecutive years!

Convenience. We're open 6 days a week  
and have evening hours on Thursdays!

Knowledge. We have GIA Graduate  
Gemologists, an Accredited Jewelry  
Professional, a Numismatic (Coin)  
Specialist, Experienced & Professional  
Jewelry, Watch, Coin & Diamond buyers  
on staff!

625-4653 • 1650 Elm Street Manchester, NH • Bellmans.com • facebook.com/bellmanjewelers  
"71-66-A Presentation Silver, Teapot, Indonesian" photo courtesy of the Naval History and Heritage Command. Collection of Curator Branch.



Bellman's

IT'S A MATTER OF TRUST



**THE GOLD CLUB**  
WORLD FAMOUS GENTLEMEN'S CLUBS

**OPEN FOR LUNCH**  
DAILY 11:30 AM  
MONDAY THROUGH FRIDAY

OPEN SEVEN DAYS A WEEK  
390 South River Road | Bedford, NH | 603.668.7444  
WWW.THEGOLDCLUBS.COM

TEXT THE WORD GOLDNH TO 90210 TO WIN A FREE VIP PARTY

**Merrimack**  
Giorgio's Ristorante & Martini Bar  
707 Milford Road  
883-7333  
**Homestead**  
641 Daniel Webster Highway 429-2022  
**Jade Dragon**  
515 DW Highway 424-2280  
**Pacific Fusion**  
356 Daniel Webster Highway 424-6320

## Milford

**Chapanga's**  
168 Elm St. 249-5214  
**Clark's Tavern**  
40 Nashua St. 769-3119  
**Giorgio's Ristorante & Meze Bar**  
524 Nashua St. 673-3939  
**J's Tavern**  
63 Union Sq. 249-9222  
**Madison's Irish Pub**  
586 Nashua St. 672-2060  
**Pasta Loft**  
241 Union Sq. 672-2270  
**Shaka's Bar & Grill**  
11 Wilton Rd. 554-1224  
**Tiebreakers at Hampshire Hills**  
50 Emerson Road 673-7123  
**Nashua**  
603 Lounge  
14 W. Hollis St. 821-5260

**Riverdam Coffee**  
35 Railroad Sq. 578-0200  
**Slade's Food & Spirits**  
4 W. Hollis St. 886-1344  
**Stella Blu**  
70 E. Pearl St. 578-5557  
**Shorty's**  
48 Gusabel Ave 882-4070  
**Unums**  
47 E. Pearl St. 821-6500  
**Villa Banca**  
194 Main St. 598-0500  
**Wicked Twisted**  
38 East Hollis St. 577-1718  
**New Boston**  
**Molly's Tavern**  
35 Mont Vernon Rd 487-2011  
**New London**  
**Flying Goose**  
40 Andover Road 526-6899  
**Newington**  
**Momma D's Casa di Pasta** 347 Shattuck Way 431-6511  
**Newmarket**  
**KJ's Sports Bar**  
N. Main St. 659-2329  
**Lamprey River Tavern**  
110 Main St. 659-3696  
**Stone Church**  
5 Granite St. 292-3546  
**Whippersnappers:**  
Last Kid Picked  
**Manchester**  
**Breezeway Pub:** DJ McKay NRG Dance  
**British Beer Company:** Brandon Lepere Band  
**Club 313:** DJ Bob  
**Derryfield:** Deck: John Ridlon; Last Laugh  
**Element:** Friday Night Dance Party w/DJ Smallz  
**Fratello's:** Chris Cavanaugh  
**Jade Dragon:** Tigerlily  
**Milly's:** Sing For The Cause - Karaoke to End Homelessness  
**Murphy's Taproom:** Dustin Ladale; Mugsy  
**N'awlins Grille:** Live Jazz  
**Raxx:** DJ Mike  
**Shaskeen:** Ever Fab  
**Strange Brew:** BJ Magoon  
**Wild Rover:** Live Music  
**Merrimack**  
**Homestead:** Paul Luff  
**Jade Dragon:** DJ Laura  
**Pacific Fusion:** Chip n' Dip  
**Milford**  
**Pasta Loft:** Pearly Biggs

**Riverdam Coffee**  
35 Railroad Sq. 578-0200  
**Slade's Food & Spirits**  
4 W. Hollis St. 886-1344  
**Stella Blu**  
70 E. Pearl St. 578-5557  
**Shorty's**  
48 Gusabel Ave 882-4070  
**Unums**  
47 E. Pearl St. 821-6500  
**Villa Banca**  
194 Main St. 598-0500  
**Wicked Twisted**  
38 East Hollis St. 577-1718

## New Boston

**Molly's Tavern**  
35 Mont Vernon Rd 487-2011

## New London

**Flying Goose**  
40 Andover Road 526-6899  
**Newington**  
**Momma D's Casa di Pasta** 347 Shattuck Way 431-6511

## Newmarket

**KJ's Sports Bar**  
N. Main St. 659-2329  
**Lamprey River Tavern**  
110 Main St. 659-3696  
**Stone Church**  
5 Granite St. 292-3546

**Newport**  
Salt Hill Pub Newport  
58 Main St. 863-7774

## Newton

**Hen House**  
85 S. Main St. 382-1705

## North Hampton

**Locals** 215 Lafayette Rd. 379-2729

## Northwood

**Tough Tymes** 221 Rochester Rd 942-5555

## Pelham

**Shooters**  
116 Bridge St. 635-3577

## Peterborough

**Harlow's Pub**  
3 School St. 924-6365

## Plaistow

**Corner Pocket**  
181 Plaistow Rd. 382-3130  
**Dugout Grille**  
93 Main St. 819-4947  
**Racks Bar & Grill**  
20 Plaistow Rd. 974-2406  
**Sad Cafe**  
148 Plaistow Rd. 382-8893

**Portsmouth**  
**Blue Mermaid Island Grill**  
The hill at Hanover and High streets 427-2583

**True Brew:** Rachel Vogelzang

## Dover

**Asia:** DJ Shadow Walker  
**Brickhouse:** The Royal Noise  
**Cara:** Sean Fell;  
**Chameleon Club:** DJ Shawwny O'  
**Fury's:** Truffle  
**Kelley's Row:** Clark & Wilson Unplugged

## Epping

**Holy Grail:** Boo Boo Groove

## Gilford

**Patrick's:** Sev!

## Goffstown

**Village Trestle:** John Erlman Acoustic Jam

## Hampton

**Wally's Pub:** Diezel

## Hooksett

**Asian Breeze:** DJ Alban

## Laconia

**Pitman's:** Jeremy Wallace Trio

## Londonderry

**Coach Stop:** Joe McDonald

**Whippersnappers:**  
Last Kid Picked

## Manchester

**Breezeway Pub:** DJ McKay NRG Dance  
**British Beer Company:** Brandon Lepere Band  
**Club 313:** DJ Bob  
**Derryfield:** Deck: John Ridlon; Last Laugh  
**Element:** Friday Night Dance Party w/DJ Smallz  
**Fratello's:** Chris Cavanaugh  
**Jade Dragon:** Tigerlily  
**Milly's:** Sing For The Cause - Karaoke to End Homelessness  
**Murphy's Taproom:** Dustin Ladale; Mugsy  
**N'awlins Grille:** Live Jazz  
**Raxx:** DJ Mike  
**Shaskeen:** Ever Fab  
**Strange Brew:** BJ Magoon  
**Wild Rover:** Live Music

## Merrimack

**Homestead:** Paul Luff  
**Jade Dragon:** DJ Laura  
**Pacific Fusion:** Chip n' Dip

## Milford

**Pasta Loft:** Pearly Biggs

**Tiebreakers:** Live Music

## Nashua

**Amsterdam:** Live Music  
**Arena:** Live Music / DJ Danjah  
**Country Tavern:** Live Music  
**Fody's:** Live Music  
**Killarney's:** Live Music  
**Martha's Exchange:** GiO Dee  
**Stella Blu:** Live Music  
**Wicked Twisted:** Off Duty Angels

## Peterborough

**Harlow's:** Rough Francis & State Champion

## Plaistow

**Racks Bar & Grill:** Live Music  
**Sad Cafe:** Live Music

## Portsmouth

**British Beer Company:** Live Music  
**Dolphin Striker:** Nobody's Fault  
**Fat Belly's:** DJ: CHN  
**Gas Light:** Nightclub: DJ KoKo P & Flashback Fridays; Grill: Keith Henderson; Pub: Jimmy D; Deck: Tim Theriault

## Martingale Wharf:

Live Music  
**Portsmouth Book & Bar:** Willie Alexander & Preacher Jack  
**Press Room:** Simone Felice  
**Red Door:** Live Music  
**Ri Ra:** DJ Jesse Felluss  
**Rudi's:** Chris Klaxton & Seth Lewis  
**Rusty Hammer:** Live Music  
**Thirsty Moose:** Eight Feet Tall

## Salem

**Black Water Grill:**  
Rick Breton & Crew

## Seabrook

**Castaways:** Jerry Sutherland  
**Chop Shop:** Inner Child

## Sunapee

**Sunapee Coffee House:** Attila Vural

**Saturday, June 7 Bedford**

**Shorty's:** Sonic Boomers

## Belmont

**Lakes Region Casino:** Live Music



**British Beer Company**  
103 Hanover St.  
501-0515

**Daniel Street Tavern**  
111 Daniel St. 430-1011

**Dolphin Striker**  
15 Bow St. 431-5222

**Fat Belly's**  
2 Bow St. 610-4227

**Hilton Garden Inn**  
100 High St. 431-1499

**Jitto's Supersteak**  
3131 Lafayette Rd  
436-9755

**Martingale Wharf**  
99 Bow St., 431-0901

**MoJo's BBQ Grill**  
95 Brewery Lane  
436-6656

**Oar House**  
50 Ceres St. 436-4025

**Paddy's American Grill**  
27 International Dr. 430-9450

**Portsmouth Gas Light**  
64 Market St. 431-9122

**Portsmouth Pearl**  
45 Pearl St. 431-0148

**Press Room**  
77 Daniel St. 431-5186

**Red Door**  
107 State St. 373-6827

**Red Hook Brewery**  
35 Corporate Dr.  
430-8600

**Ri Ra Irish Pub**  
22 Market Sq. 319-1680

**Rudi's**  
20 High St. 430-7834

**Rusty Hammer**  
49 Pleasant St. 436-9289

**Thirsty Moose**  
21 Congress St.  
427-8645

**Wet Bar at Pages**  
172 Hanover St.  
436-0004

**Raymond**  
**Famous Legends**  
4 Essex Dr. 895-4474

**Salem**  
**Black Water Grill**  
43 Pelham Road  
328-9013

**Coffee Coffee**  
326 S. Broadway  
912-5381

**Jocelyn's Lounge**  
355 S. Broadway  
870-0045

**JT's Bar and Grill**  
326 S. Broadway  
893-4055

**Sayde's Restaurant**  
136 Cluff Crossing  
890-1032

**Varsity Club**  
67 Main St. 898-4344

**Seabrook**  
**Chop Shop Pub**  
920 Lafayette Rd  
760-7704

**Honey Pot Bar & Lounge**  
920 Lafayette Road  
760-2013

**Master McGrath's**  
Route 107 474-6540

**Prime Time Sports Grill**  
620 Lafayette Rd  
760-7230

**Sunapee**  
**One Mile West Tavern**  
6 Brook Road 863-7500

**Sunapee Coffee House**  
Rte. 11 & Lower Main  
St. 229-1859

**Tilton**  
**Black Swan Inn**  
354 W. Main St.  
286-4524

**Warner**  
**The Local**  
2 East Main St. 456-6066

**Weare**  
**Boondocks Tavern & Country Grille**  
487 South Stark  
Highway 529-7747

**Windham**  
**Common Man**  
88 Range Road 898-0088

**Jonathon's Lounge**  
Park Place Lanes, Route  
28 800-892-0568

**The Castleton**  
92 Indian Rock Rd.  
800-688-5644

**Boscawen**  
**Alan's:** Max Sullivan

**Concord**  
**Hermanos:** Joel Cage

**Penuche's Ale House:** Van Burens

**Pit Road Lounge:** Live Music

**Tandy's:** DJ Iceman Streetz (105.5 JYY)

**True Brew:** Juliana Cable

**Dover**  
**Asia:** DJ Shadow Walker

**Brickhouse:** Human Speakers; Stop Tito Collective; The Lonely Ghosts Collective

**Cara:** Lunch At The Dump; Chameleon: DJ Shawnyy O'

**Fury's:** Whiskey Kill

**Kelley's Row:** Gooseimp Orchestra

**Sonny's:** Nothern Curse/Ramlord

**Epping**  
**Holy Grail:** Matt Gelanis

**Epsom**  
**Circle 9:** Karen Morgan & Pony Express

**Gilford**  
**Patrick's:** Corey Brackett & Paul Costley

**Goffstown**  
**Village Trestle:** Kim Riley

**Hampton**  
**Wally's Pub:** Herland Brothers

**Hooksett**  
**Asian Breeze:** Live Music

**Tap House Grille:** Downtown Dave & The Deep Pockets

**Laconia**  
**Baja Beach Club:** DJ

**Pitman's Freight Room:** The Gerry Beaudoin Trio w/Special Guest: Harry Allen

**Londonderry**  
**Coach Stop:** Paul Luff

**Manchester**  
**British Beer Company:** Winter Brave

**Club 313:** Divas Gone Wild w/ Mercadies

**Derryfield:** Chad LaMarsh Band; Deck: Dogfather's

**Element:** Dance Party with DJ Smallz

**Fratello's:** Scott McRae

**Jade Dragon:** Carolina Burn

**Jam Factory:** The Floods

**Midnight Rodeo:** Rory Scott Band

**Murphy's Taproom:** Chris Donahue; Jimmy's Down

**N'awlins Grille:** Live Jazz

**Penuche's:** Peter Prince & Moon Boot Lover w/ DJ Midas

**Raxx:** DJ Mike

**Shaskeen:** Todo Bien

**Strange Brew:** The Gravel Project

**Merrimack**  
**Homestead:** Lachlan Maclearn

**Jade Dragon:** Slakas

**Milford**  
**Clark's Tavern:** Rumblefish

**J's Tavern:** Freight Only

**Pasta Loft:** Razzles

**Nashua**  
**Amsterdam:** Live Music

**Boston Billiard Club:** DJ Anthem Throwback

**Country Tavern:** Jeff Mrozek

**Fody's:** Live Music

**Killarney's:** Live Music

**Stella Blu:** Live Music

**Wicked Twisted:** Chance

**Newmarket**  
**Stone Church:** Fling Fest

**Peterborough**  
**Harlow's:** Major Stars & Gertrude Atherton

**Plaistow**  
**Racks Bar & Grill:** Live Music

**Sad Cafe:** Marianas

**Portsmouth**  
**British Beer Company:** Chuck & John

**Dolphin Striker:** Boo Boo Groove

**Fat Belly's:** DJ

**Gas Light:** Nightclub: DJ KoKo P; Grill: Malcolm Salls; Pub: Amanda Cote; Deck: Jimmy D & Eddy's Show

**Hilton Garden:** Cormac McCarthy

**Martingale Wharf:** Los Sugar Kings

**Oar House:** Don Severance

**Portsmouth Book & Bar:** Willie Alexander & Preacher Jack

**Press Room:** Red Sky Mary

**Red Door:** DJs and Special Guests

## Drading The Next Oil Fill Up? Save With Pellets!



**HARMAN**  
BUILT TO A STANDARD. NOT A PRICE.

Save Time, Money and the Planet by Heating your home with PELLETS. 100% renewable energy

**Hearth Designs** 603-644-4328  
1191 Hooksett Road, Hooksett, NH (Next to Portland Glass)  
\*See your tax advisor for details 089243

# BUILD A HANDS-ON FUTURE TODAY WITH US.

NH SCHOOL OF MECHANICAL TRADES

## Now Enrolling

HVAC  
Oil Heat Technician  
Gas Heat Technician  
Gas, Plumbing & Electrical

**NEW** Facilities Maintenance Program



**NH SCHOOL OF MECHANICAL TRADES**

For more classes and information:  
**NHTradeSchool.com**  
**622-6544**  
7 PERIMETER RD • MANCHESTER

# THE DERRYFIELD

WEDNESDAY IS PRIME RIB NIGHT  
Starting at: **\$10.99**  
4 p.m. 'til it's gone!

**WINNER**  
HIPPO BEST OF 2014  
-G.O. FARMERS PICKS

## JUNE 6<sup>TH</sup> & 7<sup>TH</sup> ENTERTAINMENT THIS WEEK

**FRI. JUNE. 6<sup>TH</sup> IN THE LOUNGE SAT. JUNE. 7<sup>TH</sup>**  
**LAST LAUGH CHAD LAMARSH BAND**

**DECK: JOHN RIDLON DECK: DOGFATHERS**



## NEXT WEEK

FRIDAY JUNE 13<sup>TH</sup> • NIMBUS 9 • DECK- AMANDA COTE DUO  
SATURDAY JUNE 14<sup>TH</sup> • HYPERCANE • DECK- THE CRANK'S ACOUSTIC  
TRIVIA NIGHT EVERY MONDAY! 6pm-8pm | Check out our new Express Lunch Menu!  
Live Entertainment on the deck every night ( weather permitting)  
625 MAMMOTH RD., MANCHESTER, NH • WIFI • FREE PARKING  
(603) 623-2880 • DerryfieldRestaurant.com  
200 SEAT BANQUET FACILITY • OFF-SITE CATERING • SPECIALIZING IN WEDDINGS & CORPORATE MEETINGS

## GET THE CROWDS AT YOUR GIG

**Want to get your show listed in the Music This Week?** Let us know all about your upcoming show, comedy show, open mike night or multi-band event by sending all the information to [music@hippopress.com](mailto:music@hippopress.com). Send information by 9 a.m. on Friday to have the event considered for the next Thursday's paper.



# HIPPO LIST

**OVER 2000  
BROKEN-IN TIRES**  
Many Set of 4  
**CANON TIRE**  
802-674-5600  
**NEW TIRES TOO!**

**MANNY'S  
TRUCKING:**  
Local and long distance  
moves. Clean outs, junk  
disposal of basements,  
garage, attics, yards.  
No job too big or small.  
Licensed and insured.  
**603-889-8900**

**WANTED  
DIABETIC  
TEST STRIPS**  
Will pay up to  
**\$10.00 per box.**  
Call **603-623-3954**

**The  
King  
James  
Bible  
in  
Tracts**  
All Free Downloads  
**BornAgain4U.net**

**PLACE YOUR AD TODAY!**  
CALL: 625-1855 extension: 25

**BUSINESS CARDS**  
FULL COLOR BOTH SIDES  
Only **\$50** FOR **1000**  
Only **\$38** FOR **500**  
**hippo-print.com**  
**(603) 625-1855x33**

**BUY NEW ENGLAND** 877-423-6399 • 860-423-6391 • [communitypapersne.com](http://communitypapersne.com)

**CASH FOR CARS:**  
Any Make, Model or Year.  
We Pay MORE! Running  
or Not, Sell your Car or  
Truck TODAY. Free Towing!  
Instant Offer:  
1-800-871-0654

**AVIATION MAINTENANCE**  
Training Financial Aid if  
qualified. Job Placement  
Assistance. Call National  
Aviation Academy Today!  
FAA Approved. CLASSES  
STARTING SOON! 1-800-  
292-3228 or NAA.edu

**ZIGGY'S  
ELECTRIC**  
Residential • Commercial  
Additions • Renovations  
Pools • Jacuzzis  
Service Calls  
Licensed & Insured  
**603-695-9080 / 603-429-2869**

**Intuitive  
Matchmaking**  
Psychic Love Readings  
Spiritual Advice on  
Love & Relationships  
**603-262-1560**

**hippo  
prints**  
quality • speed  
convenience  
**professional printing**  
603.625.1855x25  
**hippo-print.com**

**LEE'S  
TREE  
SERVICE**  
  
**40 YEARS  
EXPERIENCE**  
  
**FULLY INSURED**  
  
375 Franklin Rd.  
Salisbury, NH 03268  
**603-648-2975**

**CASH  
FOR CARS**  
**Any Car...**  
Any Condition!  
**We Pay  
Top Dollar**  
Get Cash-Same Day  
**603-286-2288**

**PSYCHIC  
READINGS**  
Angie D'Anjou,  
Spiritual Consultant  
Meditation ~ Energy  
Balance ~ Reiki  
Past-Life Regression  
Home Parties ~ Classes  
**Crystal &  
Metaphysical**  
Shop in Hudson, NH  
**ANGIEDANJOU.COM**  
**603.321.4818**

**SOAP BUBBLE LAUNDROMAT  
at Pembroke, NH**  
Try our professional wash, dry & fold service \$1/lb with a  
15lb min. soap, bleach & fabric softener are included. Free  
pick and delivery for senior citizens and disabled veterans.  
**15 Mill Falls Rd**

**Lawn mowing as little as  
\$30 per week.**  
*Save your back,  
let us do the work!*  
• 5 step fertilization program  
• Bark Mulch • Edging  
• Landscaped beds  
**FREE Estimates**  
**Henaults Landscaping**  
622-7400 / 494-0320

**Massage and Bodywork**  
**By Tammy**  
**OFFERING:**  
**Massage**  
**Craniosacral**  
**Marma Therapy**  
**Aromatherapy Consults**  
**Foot Massage**  
LIC#931M  
Concord, NH • 290-0638  
**reconnectmassage.net**

**TAKE VIAGRA/CIALIS?**  
40 100mg/20mg Pills, for  
only \$99! Plus 4 BONUS  
Pills FREE! #1 Male  
Enhancement! Discreet  
Shipping 1-888-797-9013

**GUARANTEED AUTO  
CREDIT APPROVAL**  
**Bruce Bennett Will  
Get You Approved.**  
**Call TODAY**  
**DRIVE TOMORROW**  
**855-332-1901**

**WARM WEATHER IS YEAR  
ROUND IN ARUBA.**  
The water is safe, and  
the dining is fantastic.  
Walk out to the beach.  
3-Bedroom weeks  
available. Sleeps  
8. \$3500. Email:  
carolaction@aol.com for  
more information.

**T-SHIRTS CUSTOM PRINTED.**  
\$5.50 heavyweight.  
"Gildan" Min. order of 36  
pcs. HATS- Embroidered  
\$6.00. Free Catalog.  
1-800-242-2374 Berg  
Sportswear 40.

## NITE MUSIC THIS WEEK

**Ri Ra:** Bling Cherry  
**Rudi's:** PJ Donahue Trio  
**Thirsty Moose:** Hot Like Fire

**Salem**  
**Black Water Grill:** Live Music

**Seabrook**  
**Chop Shop:** Tigerlily

**Weare**  
**Boondocks:** Live Band

**Sunday, June 8**  
**Bedford**  
**Copper Door:** Jim Devlin

**Concord**  
**Hermanos:** State Street Combo  
**Penuche's:** Van Burens

**Dover**  
**Brickhouse:** Poor Howard  
**Cara:** Irish Session w/ Carol  
Coronis & Ramona Connelly  
**Sonny's:** Jazz Series w/ FTET

**Londonderry**  
**Whippersnappers:** Gardner

**Manchester**  
**British Beer Co:** Bloody Blues  
Brunch Series: Sharon Jones  
Trio  
**Derryfield:** Deck: Chad  
LaMarsh  
**Jam Factory:** Paul Jamilkows-  
ki; Rachel Alix; Average Joel;  
Barbara Sloboda  
**Murphy's:** Sinatra Sunday  
**Shaskeen:** Rap night, Industry  
night  
**Social 24:** Sunday Funday Win-  
ter Jam Sessions  
**Strange Brew:** Howard Randall

**Meredith**  
**Giuseppe's:** Open Stage with  
Lou Porrazzo

**Portsmouth**  
**British Beer Co:** Live Music  
**Dolphin Striker:** Jim Gallant  
**Gas Light:** Deck: Dave Gerard  
& Rockspring; club: Seacoast  
Tea Dance w/DJ Susan Eshera

**Press Room:** Yarn  
**Red Door:** Green Lion Crew  
**Rudi's:** Jazz Brunch w/Jim  
Dozet

**Monday, June 9**  
**Concord**  
**Hermanos:** State Street Combo  
**Londonderry**  
**Whippersnappers:** Muse  
Triana

**Manchester**  
**Derryfield:** DJ S.O.B.  
**Fratello's:** Rob Wolfe  
**Murphy's Taproom:** Dave  
Ainsworth  
**N'awlins Grille:** Live Jazz

**Merrimack**  
**Homestead:** Scott McRae

**Newmarket**  
**Stone Church:** Stormy Mon-  
days hosted by the Wild Eagles  
Blues Band

**Portsmouth**  
**Dolphin Striker:** Old School  
**Press Room:** Matt McCabe  
**Red Door:** Hush Hush Sweet  
Harlot  
**Ri Ra:** Oran Mor

**Tuesday, June 10**  
**Concord**  
**Hermanos:** Glen Paladino

**Dover**  
**Fury's Publick House:** Tim  
Therault  
**Sonny's:** Soggy Po' Boys

**Londonderry**  
**Whippersnappers:** VJ Mark

**Manchester**  
**Derryfield:** Deck: Chris Cava-  
naugh  
**Fratello's:** Kim Riley  
**Milly's:** Manchuka  
**Murphy's Taproom:** Drew  
Yount  
**N'awlins Grille:** Live Jazz  
**Raxx:** DJ Mike  
**Shaskeen:** Brett Wilson

**Strange Brew:** All Stars  
**Newmarket**  
**Stone Church:** Bluegrass Jam  
w/Dave Talmage

**Portsmouth**  
**Blue Mermaid:** Honky Tonk  
Tuesdays  
**Dolphin Striker:** Pete Peterson  
& Derek T

**Wednesday, June 11**  
**Concord**  
**Hermanos:** Glen Paladino

**Dover**  
**Fury's Publick House:** Amulus  
**Sonny's Tavern:** Local Music  
White Dynamite

**Gilford**  
**Patrick's:** Justin Jaymes

**Manchester**  
**Derryfield:** Deck: MB Padfield  
**Fratello's:** Brian Gray  
**Jade Dragon:** Copacabana  
Salsa Night  
**Milly's:** Ryan Sandford / Old  
School Hip Hop (25+)  
**Murphy's Taproom:** Brandon  
Lapere  
**Strange Brew:** Jon Ross

**Merrimack**  
**Homestead:** Chris Cavanaugh  
**Pacific Fusion:** Joe McDonald

**Nashua**  
**Killarney's:** Kieran McNally  
**Napa East:** Live Music

**Portsmouth**  
**Dolphin Striker:** Dan Walker  
**Fat Belly's:** Mellisa Morin  
**Red Door:** Red On Red w/  
Evareddy (Ladies Night)  
**Ri Ra:** Irish Wednesdays w/  
Great Bay Sailor

**Weare**  
**Boondocks:** Blues Jam w/  
Howard Randall

## COMEDY THIS WEEK AND BEYOND

**Thursday, June 5**  
**Concord**  
**Holiday Inn:** Stephen  
Bjork, Alana Susko  
(Children's Miracle  
Network benefit)

**Derry**  
**Halligan Tavern:** Matt  
Kona/Sam Ike

**Milford**  
**JD Chaser's:** Joke In  
The Box w/Larry Lee  
Lewis, Dennis Wirth,  
Millhouse G

**Friday, June 6**  
**Plymouth**  
**Flying Monkey:** Jim  
Breuer

**Newmarket**  
**Stone Church:** JOKE  
- Josh Day and Mike  
Howlett

**Saturday, June 7**  
**Manchester**  
**Headliners:** Steve  
Scarfo

**Wednesday, June 11**  
**Manchester**  
**Murphy's:** Laugh Free  
Or Die Open Mic  
**Shaskeen:** Well  
Spoken Comedy Tour

**Thursday, June 12**  
**Derry**  
**Halligan Tavern:**  
Greg Boggis/Lauren  
Bancroft

**Friday, June 13**  
**Nashua**  
**Chunky's:** Steve  
Sweeney

**Saturday, June 14**  
**Merrimack**  
**Anheuser-Busch:**  
Steve Sweeney/Robbie  
Printz/Lauren Bancroft/  
Matt Barry

**Raymond**  
**Veronica Laffs:** Doug  
Blay

**Wednesday, June 18**  
**Manchester**  
**Murphy's Taproom:**  
Laugh Free Or Die  
Open Mic  
**Shaskeen:** Comedy  
Open Mic



**Bank of New Hampshire Pavilion at Meadowbrook** 72 Meadowbrook Lane, Gilford, 293-4700, meadowbrook.net  
**Capitol Center for the Performing Arts** 44 S. Main St., Concord, 225-1111, ccanh.com  
**The Colonial Theatre** 95 Main St., Keene, 352-2033, thecolonial.org  
**Dana Humanities Center at Saint Anselm College** 100 Saint Anselm Drive, Manchester, 641-7700, anselm.edu/dana  
**The Flying Monkey** 39 S. Main St., Plymouth, 536-2551, flyingmonkeynh.com  
**Hampton Beach Casino Ballroom** 169 Ocean Blvd., Hampton Beach, 929-4100, casinoballroom.com

**Leddy Center** 38c Ladd's Lane, Epping, 679-2781, ledlycenter.org  
**Lowell Boarding House Park** 40 French St., Lowell, Mass., lowellsummermusic.org  
**Lowell Memorial Auditorium** East Merrimack Street, Lowell, Mass., 978-454-2299, lowellauditorium.com  
**The Middle Arts & Entertainment Center** 316 Central St., Franklin, 934-1901, themiddlenh.org  
**The Music Hall** 28 Chestnut St., Portsmouth, 436-2400, themusichall.org  
**The Old Meeting House**, 1 New Boston Road, Francestown  
**Palace Theatre**, 80 Hanover St., Manchester, 668-5588, palacetheatre.org

**Prescott Park Arts Festival** 105 Marcy St., Portsmouth, prescottpark.org, 436-2848  
**Rochester Opera House** 31 Wakefield St., Rochester, 335-1992, rochesteroperahouse.com  
**Stockbridge Theatre** Pinkerton Academy, Route 28, Derry, 437-5210, stockbridgetheatre.com  
**Tupelo Music Hall** 2 Young Road, Londonderry, 437-5100, tupelohall.com  
**Verizon Wireless Arena** 555 Elm St., Manchester, 644-5000, verizonwirelessarena.com  
**Whittemore Center Arena, UNH** 128 Main St., Durham, 862-4000, whitcenter.com

• **Cheap Trick** Thursday, June 5, 8 p.m. Casino Ballroom  
 • **Dark Star Orchestra** Friday, June 6, 8 p.m. Casino Ballroom  
 • **Rik Emmett** Friday, June 6, 8 p.m. Tupelo  
 • **Jim Breuer Comedy** Friday, June 6, 7:30 p.m. Flying Monkey  
 • **Dark Star Orchestra** Saturday, June 7, 8 p.m. Casino Ballroom  
 • **Los Lonely Boys** Saturday, June 7, 8 p.m. Tupelo  
 • **Jonny Lang** Saturday, June 7, 8 p.m. Music Hall  
 • **Melissa Etheridge** Sunday, June 8, 8 p.m. Cap Center  
 • **Fitz & The Tantrums** Sunday, June 8, 8 p.m. Casino Ballroom  
 • **Tristan Omand CD Release** Thursday, June 12, 8 p.m. Tupelo  
 • **Comedy with Jim Colliton and Derek Richards** Friday, June 13, 8 p.m. Tupelo  
 • **Lisa Marie Presley** Sunday, June 15, 8 p.m. Tupelo  
 • **Lynyrd Skynyrd/Charlie Daniels Band** Sunday, June 15, 8 p.m. Meadowbrook  
 • **Hot Tuna/Leon Russell** Tuesday, June 17, 2 p.m. Lebanon Opera House  
 • **Everclear, Soul Asylum, Eve 6 and Spacehog** Wednesday, June 18, 8 p.m. Casino Ballroom  
 • **English Beat** Thursday, June 19, 8 p.m. Tupelo  
 • **Ziggy Marley** Thursday, June

19, 8 p.m. Boarding House Park  
 • **George Thorogood & The Destroyers** Friday, June 20, 8 p.m. Casino Ballroom  
 • **Willie Nelson/Alison Krauss/Kacey Musgraves** Friday, June 20, 8 p.m. Meadowbrook  
 • **Delta Rae** Friday, June 20, 7:30 p.m. Boarding House Park  
 • **George Thorogood & The Destroyers** Saturday, June 21, 8 p.m. Casino Ballroom  
 • **Big Bad Voodoo Daddy** Saturday, June 21, 7:30 p.m. Flying Monkey  
 • **Amos Lee** Saturday, June 21, 7:30 p.m. Boarding House Park  
 • **Patty Griffin** Saturday, June 21, 7 p.m. Prescott Park  
 • **Matisyahu** Sunday, June 22, 8 p.m. Casino Ballroom  
 • **Liz Longley** Thursday, June 26, 8 p.m. Tupelo  
 • **David Bromberg** Friday, June 27, 8 p.m. Tupelo  
 • **Happy Together Tour w/ Turtles, Mitch Ryder, Mark Farner** Friday, June 27, 8 p.m. Casino Ballroom  
 • **Artimus Pyle Band** Friday, June 27, 7:30 p.m. Flying Monkey  
 • **Lucinda Williams** Friday, June 27, 7:30 p.m. Boarding House Park  
 • **Jamey Johnson** Saturday, June 28, 8 p.m. Casino Ballroom

• **Neko Case** Saturday, June 28, 7:30 p.m. Boarding House Park  
 • **Elvis Costello** Saturday, June 28, 8 p.m. Cap Center  
 • **Drive-By Truckers w/ Deer Tick** Sunday, June 29, 8 p.m. Casino Ballroom  
 • **Peter Frampton/Doobie Brothers** Sunday, June 29, 8 p.m. Meadowbrook  
 • **Fall Out Boy/Paramore** Monday, June 30, 8 p.m. Meadowbrook  
 • **Pat Benetar & Neil Giraldo** Wednesday, July 2, 8 p.m. Casino Ballroom  
 • **Boston/Night Ranger** Thursday, July 3, 8 p.m. Meadowbrook  
 • **Badfish! A Tribute to Sublime** Saturday, July 5, 8 p.m. Casino Ballroom  
 • **O.A.R. & Phillip Phillips** Saturday, July 5, 8 p.m. Meadowbrook  
 • **Rosanne Cash** Saturday, July 5, 7 p.m. Prescott Park  
 • **Styx/Foreigner/Don Felder** Sunday, July 6, 7:30 p.m. Meadowbrook  
 • **B.B. King** Thursday, July 10, 8 p.m. Casino Ballroom  
 • **Shawn Colvin** Thursday, July 10, 7:30 p.m. Flying Monkey  
 • **Trombone Shorty & Orleans Avenue** Thursday, July 10, 7:30 p.m. Boarding House Park  
 • **Jeff Dunham** Friday, July 11, 6:30 & 9:45 p.m. Meadowbrook



## SWISS BLISS

Swiss guitarist Attila Vural performs on Friday, June 6, at 7 p.m. at Sunapee Community Coffeehouse (17 Lower Main St., Sunapee 763-2668), sharing his musical innovations of openhearted journeys, with inspirations of Latin American rhythm, tonalities from old jazz, and sober melodies close to straightforward Pop. A musical journey with Attila will take the listener to places that you would not have thought a solo guitar might discover. "A magician on his eight strings," writes one critic. No cover charge, but a hat is passed during the evening.

**KEITH Murphy's T.A.P.R.O.O.M.**

**120 BEERS ON TAP! THE BIGGEST SELECTION IN NH!**

**UPCOMING EVENTS**

6/6 MUGSY 7:30PM  
 6/7 CHRIS DONAHUE 4PM  
 6/7 JIMMY'S DOWN 7:30PM  
 6/8 DAN MORGAN 2PM

**Join Us On: WEDNESDAY NIGHTS**  
**For Our: KICK THE KEG SPECIALS!**

**OVER 60 DRAFTS On Special For \$2.99PM—Close**  
**TUES - 50 DRAFTS \$2**  
**WED - LADIES 1/2 PRICE DRINKS AFTER 6PM**  
**THURS - \$3 DRAFTS ALL DAY**  
**FRI - \$2 DRAFTS UNTIL 9PM**  
**Sinatra Sundays on the Deck • at 9am**  
**MURPHY'S DINER**  
**OPEN UNTIL 3AM FRI & SAT**  
 494 Elm St. Manchester • 644-353 • MurphysTaproom.net

**BRITISH BEER COMPANY**

**NEW ENGLAND'S BEST BANDS EVERY WEEKEND! NEVER A COVER**

1071 WILLOW ST. MANCHESTER, NH  
 99 HANOVER ST. AT PORTWALK PLACE PORTSMOUTH, NH

**BRITISHBEER.COM**  
 504-245-2887

**Daily Homemade Specials & Made-From-Scratch Soups**

**2 for Tuesdays**  
 Buy 1 Burger Get 1 FREE  
 May be shared. Dine in Only.

**Live Music**  
**Sat. June 7th**  
**Kim Riley**  
**Acoustic Rock**  
**Every Friday | 7-11pm**  
**Acoustic Open Mic Jam**  
**Special Guest Scot Gibbs—June 6th**  
**Every Sunday | 3-7pm**  
**Blues Jam Special Guest This Week, Thru Down Band**

**Happy Hour Specials**  
**Mon-Fri | 4pm-6pm**  
**Sunday Breakfast**  
**9am-Noon**

**VILLAGE TRESTLE**  
 FOOD & DRINK  
 25 MAIN ST. GOFFSTOWN

**25 Main St. Goffstown Village • villagetrestle.com • 497-8230**





## Drew Law Office, PLLC

Immigration Attorneys / Abogados de inmigración  
82 Palomino Lane #602, Bedford, NH 03110

(603) 644-3739

www.immigrationNH.com



091930

## SIGNS OF LIFE

All quotes are by Laurie Anderson, born June 5, 1947.

**Gemini (May 21 – June 20)** *Your eyes. / It's a day's work to look in to them. / Your eyes. / It's a day's work just to look in to them. —It Tango. Look someone in the eye.*

**Cancer (June 21 – July 22)** *You know the little clock, the one on your VCR / the one that's always blinking twelve noon / because you never figured out / how to get in there and change it? —Same Time Tomorrow. Get in there and change it.*

**Leo (July 23 – Aug. 22)** *It was a large room. / Full of people. All kinds. / And they had all arrived at the same building at more or less the same time. And they were all free. / And they were all asking themselves the same question: / What is behind that curtain? —Born, Never Asked. Go ahead. Peek.*

**Virgo (Aug. 23 – Sept. 22)** *I met this guy, and he looked like might have been a hat check clerk at an ice rink. / Which, in fact, he turned out to be. —Let X=X. You're in for a good time with the hat check clerk.*

**Libra (Sept. 23 – Oct. 22)** *I'm lying in the shade of my family tree / I'm a branch that broke off / What will become of me? —Beautiful Pea Green Boat. Chart your own path.*

**Scorpio (Oct. 23 – Nov. 21)** *I dreamed I had to take a test / In a Dairy Queen on another planet. / And then I looked around / And there was this woman. / And she was making it all up. / She was writing it all down. / And she was laughing. / She was laughing her head off. / And I said: Hey! Give me that pen! —Talk Normal. Make it up, write it down and share your pen.*

**Sagittarius (Nov. 22 – Dec. 21)** *Hey Pal! How do I get to town from here? / And he said: Well just take a right where they're going to build that new shopping mall, / go straight past where they're going to put in*

*the freeway, / take a left at what's going to be the new sports center, / and keep going until you hit the place where they're thinking of building that drive-in bank. / You can't miss it. —Big Science. You can't stop progress.*

**Capricorn (Dec. 22 – Jan. 19)** *And one day you get the letter / you've been waiting for forever. And everything it says / is true. And then the last line says: / Burn this. —Same Time Tomorrow. It's up to you what you do with a message received.*

**Aquarius (Jan. 20 – Feb. 18)** *Well I saw a couple of hula dancers just hula-ing down the street. / And they said: Well I wonder which way the tide is gonna roll tonight? / And I said: Hey hold up hula dancers! You know the tide's gonna roll out / And then it's gonna roll right back in again. —Closed Circuits. Relax and ride the wave.*

**Pisces (Feb. 19 – March 20)** *You're walking. And you don't always realize it, but you're always falling. / With each step you fall forward slightly. And then catch yourself from falling. Over and over, you're falling. / And then catching yourself from falling. And this is how you can be walking and falling at the same time. —Walking and Falling. You will multitask with ease.*

**Aries (March 21 – April 19)** *Well I dreamed there was an island / That rose up from the sea. / And everybody on the island / Was somebody from TV. / And there was a beautiful view / But nobody could see. / Cause everybody on the island / Was saying: Look at me! Look at me! / Look at me! Look at me! —Language is a Virus. Don't miss a beautiful view.*

**Taurus (April 20 – May 20)** *I no longer love the color of your sweaters. / I no longer love the way you hold your pens and pencils. / I no longer love it. —Sweaters. It happens.*

## NITE SUDOKU

### Conceptis Sudoku

By Dave Green

	5		4			2	
		7		8			
					1	3	
		1		6	9		
3		4		1	7		8
		5	9		3		
	7	8					
			1		4		
	6		9			8	

Difficulty Level ★★

6/05

## SU DO KU

Fill in the grid so that every row, every column, and every 3x3 box contains the digits 1 through 9. Last week's puzzle answers are below

5/29

2	6	8	7	5	1	3	4	9
1	7	9	3	4	6	5	2	8
3	4	5	9	2	8	6	1	7
8	3	6	4	7	5	1	9	2
4	9	1	2	6	3	7	8	5
5	2	7	1	8	9	4	6	3
9	8	4	6	3	7	2	5	1
6	1	3	5	9	2	8	7	4
7	5	2	8	1	4	9	3	6

Difficulty Level ★★

5/29

## Do you also smoke tobacco?

Dartmouth has a new treatment research program that might help,  
**ALL CALLS AND PARTICIPATION ARE CONFIDENTIAL.**

### THE PROGRAM INVOLVES:

- PERSONS AGE 18 TO 65 • COMPREHENSIVE ASSESSMENT
- INCENTIVE PROGRAM FOR QUITTING MARIJUANA
- INDIVIDUAL AND COMPUTER-ASSISTED COUNSELING
- PROGRAM FOR TOBACCO SMOKING IF INTERESTED

Please call (855) 290-2822 if you are interested in learning more about this study.



GEISEL SCHOOL OF MEDICINE  
AT DARTMOUTH

088792

## HIPPO CLASSIFIEDS 625-1855 x25



### WANTED

#### BUYING 20'S THRU 50'S WOMAN'S ACCESSORIES

Dresses, hats, costume jewelry, purses, perfume bottles or anything related to ladies. Call Kathy 669-1584.



### YARD SALE

First Presbyterian Church June 7th 8am-3pm 75 Second St Manchester. Rain or Shine table rentals \$10 call for info 660-1460



### EVENT

**SUPER SINGLES DANCE:**  
Sat June 7, 2014  
Holiday Inn Hotel 4  
Highwood Dr. (Rte 133)  
Tewksbury, MA \$15  
each for info call 781-439-9401



### HELP WANTED

**SALES/ROUTE & PROMOTIONS:**  
Earn 100/350 Paid Daily! Company truck and training provided.

(VALID DRIVERS LICENSE REQUIRED)  
Call Mike IMMEDIATELY  
603-660-3323

#### ON THE SPOT HIRING!!

Cash paid daily  
500/1200 weekly.  
Training and company truck provided. (VALID DRIVERS LICENSE REQUIRED) Call Mr. Mac 603-836-5336



### FOR SALE

**1999 MERCEDES CLK 320:**  
2 Dr/Coup Good Shape, Runs Good, 180K Highway miles \$2000/BO 261-0745



### PUBLIC NOTICE

**PUBLIC AUCTION:**  
2000 Honda Accord  
1992 Honda Accord  
2005 Dodge Caravan  
Auction to be held at 410 Mammoth Rd. Londonderry, NH, 03053 at 9AM on 6/11/14. Starting bid will be towing and storage cost to that date. Contact Skip at 603-231-9199 with any questions.

### LOW SINGING VOICE? WE NEED YOU!

We're looking for women who have **LOW VOICES**, love to sing & have fun, **PLUS** be part of an award winning a cappella show chorus.



Find out more about us on [meetup.com](http://meetup.com) and [profilechorus.org](http://profilechorus.org).

### PHLEBOTOMY AND SAFETY TRAINING CENTER

273 Derry Rd., Litchfield, NH 03052

### 5 week phlebotomy course - \$800

July Registration!

**CALL TO REGISTER TODAY!**

(603) 883-0306

### JUNK REMOVAL SERVICE

*Yards • Basements • Attics & More!  
Mattresses • Couches • Desks • Beds • Carpets/Rugs  
Construction debris • Car parts • Appliances & More!*

**DUMPSTERS AND LOADING AVAILABLE**

603-770-7551 • WWW.PALMERCLEANOUTS.COM



# "Make It Rain" — it'll be your downfall

## Across

- 1 Brother of Dubya  
4 Does nothing  
10 "And others" abbreviation  
14 Let go  
15 Fed. securities

- 16 1958 Chevalier musical  
17 Actress Kirshner  
18 Like some fibrillation  
19 Agents under J. Edgar Hoover, informally  
20 Put effort into test prep

- 22 Serviceability  
23 Ex-R.E.M. lead  
24 Hiccups, e.g.  
27 "Dang straight!"  
30 Certain Sooner  
31 Problem while drying out  
33 Backside  
34 Not quite transparent  
35 In-basket stamp: abbr.  
37 Necklace part  
39 Address for Bill and Ted  
40 Detach  
42 Become less hostile  
44 Irish airline \_\_\_\_ Lingus  
45 Research your blind date, say  
46 Mister, in Rio  
48 Polar expedition vehicle

- 49 10-rated Bo  
51 Amateur  
52 Bunk up  
56 Cupid's specialty  
58 Bar in a steering mechanism  
59 "32 Flavors" singer DiFranco  
60 Attack of the flu  
61 Leisurely walk  
62 Alkali in cleansers  
63 Barracks bunks  
64 Where everything from the theme answers collects  
65 Young bloke

- 13 Jeremy of the NBA  
21 "Lock Up the Wolves" metal band  
22 "\_\_\_\_ and Away"  
24 The two things tires do best?  
25 "Harold and \_\_\_\_"  
26 Nasty expression  
28 Course for U.S. immigrants  
29 "\_\_\_\_ how I roll"  
31 "Hugs not \_\_\_\_"  
32 Carpentry joint part  
36 Horse-drawn vehicles, despite their name  
38 That naval vessel  
41 Cosmetics aisle brand  
43 Sweet-talk  
47 Day division, in Venice  
50 Great Rift Valley locale  
52 In \_\_\_\_ (as found)  
53 Alpaca group  
54 Longtime Yankees nickname  
55 Conked out  
56 "Resurrection" network  
57 Ranch call  
58 Cough syrup amt.

## Down

- 1 Impromptu concerts  
2 Goes offstage  
3 Reason cosmetology is a no-go?  
4 "Freeze!"  
5 Where sand and plastic shovels go?  
6 When tripled, a 1970 war film  
7 Make Kool-Aid  
8 Abacus piece  
9 Fashionable initials  
10 Sandwich spread  
11 Party in New York City?  
12 Get better in barrels

5/29



©2014 Jonesin' Crosswords  
(editor@jonesincrosswords.com)

## We'll Keep You Moving

Choose from our complete line of scooters

- Compact Travel Scooters
- Medium Portable Scooters
- Full Size Luxury Scooters
- Heavy Duty Scooters



We match YOU with the scooter that fits YOU best!

LEBANON, NH:  
240 MERIDEN RD  
(603) 448-5225  
(800) 639-3305

CONCORD, NH:  
66 AIRPORT RD  
(603) 224-0135  
(800) 427-0137



KEENE MEDICAL  
PRODUCTS, INC.

Bringing Healthcare Home Since 1975

PORTSMOUTH, NH:  
6 ROBERT AVE, UNIT 1  
(603) 431-6006  
(800) 504-2738

NASHUA, NH:  
101 ELM ST  
(603) 595-2097  
(855) 499-4770





# LOWELL SUMMER MUSIC SERIES

lowellsummermusic.org

No Ticket Fees!

BOARDING HOUSE PARK  
40 FRENCH ST, LOWELL  
978-970-5200

Thursday, June 19

**Ziggy Marley**

Friday, June 20

**Delta Rae**

Saturday, June 21

**Amos Lee**

Friday, June 27

**Lucinda Williams**

Saturday, July 28

**Neko Case**

Thursday, July 10

**Trombone Shorty & Orleans Avenue**

Saturday, July 12

**Andrew Bird**

Saturday, July 19

**Barenaked Ladies**

Fri-Sun, July 25-27

**Lowell Folk Festival**

Saturday, August 2

**Howie Day  
Carbon Leaf**

Friday, August 8

**Marcia Ball**

Saturday, August 9

**Gregg Allman**

Thursday, August 14

**JJ Grey & Mofro**

Friday, August 15

**Ben Taylor**

Saturday, August 16

**Lyle Lovett  
& His Large Band**

Friday, August 22

**Peter Wolf & the  
Midnight Travelers**

Friday, September 5

**Classic Albums Live:  
Abbey Road**

## What's in a name

Vanellope, Rydder, Jceion and Burklee head the latest annual list of the most common baby names on the Social Security Administration register of first-time-appearing names. There were 63 Vanellopes (girls), but only 10 each for Rydder and Jceion, the most popular debut names for boys. Other notables were Hatch (eight times) and Psalms (seven). (In other "name" news, among the finalists in April's "Name of the Year" contest sponsored by Deadspin.com were the actual monikers Curvaceous Bass, (Dr.) Eve Gruntfest, Chillie Poon and the winner, Shamus Beaglehole.

## Editorial privilege

To celebrate today's 25th anniversary of the weekly distribution of News of the Weird by Universal Uclick, Chuck Shepherd recalls a few of his favorite stories (among the more than 25,000 covered).

- (1989) In the mid-1980s, convicted South Carolina murderer Michael Godwin won his appeal to avoid the electric chair and serve only life imprisonment. In March, while sitting naked on a metal prison toilet, attempting to fix a TV set, the 28-year-old Godwin bit into a wire and was electrocuted.

- (1991) Dee Dee Jonrowe, leading the Beargrease Sled Dog Marathon in January in northern Minnesota, took a wrong turn and went 300 yards before recognizing her error. The mistake cost her team only a few minutes, but stopping to calculate her location allowed the dogs an unsupervised rest, and by the time she was ready to go, two of her dogs had begun to copulate. She was forced to wait on them for 25 minutes and lost the lead.

- (1991) In March, Florence Schreiber Powers, 44, a Ewing, N.J., administrative judge on trial for shoplifting two watches, called her psychiatrist to testify that Powers was under stress at the time of the incidents. The doctor said Powers was unaware of her actions "from one minute to the next," for the following 20 reasons: a recent auto accident, a traffic ticket, a new-car purchase, overwork, husband's kidney stones, husband's asthma (and breathing machine that occupies their bedroom), menopausal hot flashes, an "ungodly" vaginal itch, a bad rash, fear of breast and anal cancer, fear of dental surgery, son's need for an asthma breathing machine, mother's and aunt's illnesses, need to organize her parents' 50th wedding anniversary, need to cook Thanksgiving dinner for 20 relatives, purchase of 200 gifts for Christmas and Chanukah, attempt to sell her house without a real estate agent, lawsuit against wallpaper cleaners, purchase of furniture

that had to be returned, and a toilet in her house that was constantly running. She was convicted anyway.

- (1991 and before) Gary Arthur Medrow, 47, was arrested in March in Milwaukee (the latest of his then-30-plus arrests over 23 years) for once again causing mischief by telephoning a woman and trying to persuade her to physically pick up another person and carry her around a room. In the latest incident, after repeatedly calling, he told her another woman had been impersonating her, had been in an accident, and had been seen carrying someone away (and that Medrow needed evidence that she could or could not do that). He had previously talked cheerleaders, motel workers and business executives into lifting and carrying.

- (1992) A 38-year-old man, unidentified in news reports, was hospitalized in Princeton, W. Va., in October with gunshot wounds. He had been drinking beer and cleaning his three guns and had accidentally shot himself with each one. He said the first shot didn't hurt, the second "stung a little," and the third "really hurt," prompting him to call for help.

- (1994) In Toronto in March, Sajid Rhatti, 23, and his 20-year-old wife brawled over whether Katey Sagal, who plays Peg Bundy on "Married With Children," is prettier than Christina Applegate, who plays her daughter. First, the wife slashed Rhatti in the groin with a wine bottle as they scuffled, but she dressed his wounds and the couple sat down again to watch another episode of the show. Moments later, the brawl erupted again, and Rhatti, who suffered a broken

arm and shoulder, stabbed his wife in the chest, back and legs before they begged neighbors to call an ambulance.

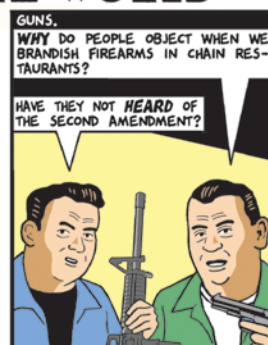
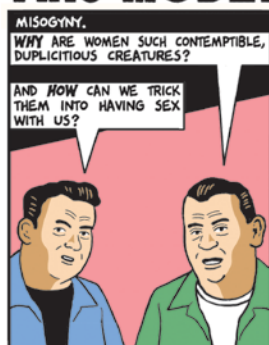
- (1999) From a May police report in The Messenger (Madisonville, Kentucky), concerning two trucks being driven curiously on a rural road: A man would drive a truck 100 yards, stop, walk back to a second truck, drive it 100 yards beyond the first truck, stop, walk back to the first truck, drive it 100 yards beyond the second truck, and so on, into the evening. He did it, he told police, because his brother was passed out drunk in one of the trucks, and he was trying to drive both trucks home, at more or less the same time. (Not surprisingly, a blood-alcohol test showed the driver, also, to be impaired.)

- (2002) The Lane brothers of New York, Mr. Winner Lane, 44, and Mr. Loser Lane, 41 (their actual birth names), were profiled in a July Newsday report, made more interesting by the fact that Loser is successful (a police detective in South Bronx) and Winner is not (a history of petty crimes). A sister said she believes her parents selected "Winner" because their late father was a big baseball fan and chose "Loser" just to complete the pairing.

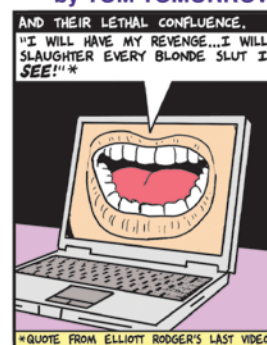
- (1988) And finally, there was ol' Hal Warden, the Tennessee 16-year-old who was married at 15 and granted a divorce from his wife, 13. Hal had previously been married at age 12 to a 14-year-old (and fathered children with both), but the first wife divorced Hal because, she told the judge, "He was acting like a 10-year-old."

Visit [newsftheweird.universe.net](http://newsftheweird.universe.net).

## THIS MODERN WORLD



by TOM TOMORROW





# Tupelo

It's All About the Music

## MUSIC HALL®

### TRISTAN OMAND

CD Release



**Thurs.,  
June 12**

8:00 p.m.  
\$12  
GA

### NIGHT OF COMEDY

Jim Colliton, Derek Richards, and Mark Bedard



**Fri.,  
June 13**

8:00 p.m.  
\$18-\$23  
RS-Tables

### JANDEE LEE PORTER

CD Release Party



**Fri.,  
June 20**

7:30 p.m.  
\$20  
GA

### LIZ LONGLEY



**Thurs.,  
June 26**

8:00 p.m.  
\$20-\$25  
RS-Theater

### DAVID BROMBERG



**Fri.,  
June 27**

8:00 p.m.  
\$40-\$50  
RS-Theater

### JOHNNY A



**Fri.,  
July 11**

8:00 p.m.  
\$30-\$35  
RS-Theater

### NIGHT OF COMEDY

George Hamm, Johnny Cail, & Ken Richard



**Sat.,  
July 12**

8:00 p.m.  
\$18-\$23  
RS-Tables

### CRACKER UNPLUGGED

Featuring David Lowery and Johnny Hickman



**Thurs.,  
July 17**

8:00 p.m.  
\$35-\$50  
RS-Theater

### ALBERT CUMMINGS



**Fri.,  
July 18**

8:00 p.m.  
\$22-\$30  
RS-Theater

### THE PAT TRAVERS BAND



**Sat.,  
July 19**

8:00 p.m.  
\$40-\$45  
RS-Theater

### PEGI YOUNG AND THE SURVIVORS



**Fri.,  
July 25**

8:00 p.m.  
\$25-\$40  
RS-Theater

### THE FIXX

TWO SHOWS!



**Thurs., July 31  
& Fri., Aug. 1**

8:00 p.m.  
\$40-\$45  
RS-Theater

SEE IT.  
HEAR IT.  
LIVE IT.

# LIVE @ Ballroom

CASINO  
HAMPTON BEACH SINCE 1899

NEW  
SHOW!  
ON SALE  
THIS FRIDAY  
@10AM

**SNOOP DOGG** sunday 07/06



fri	06/20	<b>GEORGE THOROGOOD &amp; THE DESTROYERS</b>
sat	06/21	<b>GEORGE THOROGOOD &amp; THE DESTROYERS</b>
sun	06/22	<b>MATISYAHU</b>
wed	06/25	<b>IRON AND WINE</b>
fri	06/27	<b>THE HAPPY TOGETHER TOUR</b>
sat	06/28	<b>JAMEY JOHNSON</b>
sun	06/29	<b>DRIVE-BY TRUCKERS W/DEER TICK</b>
tue	07/01	<b>THE GO-GO'S</b>
wed	07/02	<b>PAT BENATAR &amp; NEIL GIRLADO</b>
sat	07/05	<b>BADFISH! A TRIBUTE TO SUBLIME</b>
wed	07/09	<b>SLASH FEATURING MYLES KENNEDY AND THE CONSPIRATORS</b>
thu	07/10	<b>B.B. KING</b>
fri	07/11	<b>TRAVIS TRITT</b>
sat	07/12	<b>YONDER MOUNTAIN STRING BAND &amp; RAILROAD EARTH</b>
sun	07/13	<b>JOHN HIATT AND THE COMBO &amp; THE ROBERT CRAY BAND</b>
wed	07/16	<b>AN EVENING WITH YES</b>
thu	07/17	<b>EXTREME</b>

WOW, WE RAN OUT OF ROOM! OVER 40 MORE SHOWS AT CASINOBALLROOM.COM

**DETAILS AND INFO AT CASINOBALLROOM.COM!**

**GRAB SOME BUDS**



**GRAB SOME BUDS**

TICKETS: CASINOBALLROOM.COM • 603-929-4100 • TICKETMASTER.COM [ticketmaster](http://ticketmaster.com)

Facebook.com/CasinoBallroom 169 OCEAN BLVD, HAMPTON BEACH, NH Twitter.com/CasinoBallroom

2 Young Road • Londonderry, NH • 603-437-5100

Full Schedules and Tickets: [TupeloHall.com](http://TupeloHall.com)

091912



# RESTORE YOUR LIFE

## Alleviate Hand and Foot Pain & Suffering

***Burning, shooting, stabbing pain... Numbness, tingling, shocking sensations of your hands or feet may be due to Peripheral Neuropathy.***

There is currently no accepted cure for Peripheral Neuropathy and the pain associated with nerve damage can last for decades. Symptoms start small and get worse and worse. Often, people find themselves taking more and more prescription medications to try to alleviate the pain. Over time these medications lose their effectiveness, require larger dosing, and often cause damage to multiple systems of the body.

Come and experience a state of the art, medically based, non-narcotic treatment similar to the treatments received by pro athletes. Administered by an experienced nurse practitioner in a warm and comforting environment.

**Call today to make  
an appointment!**

**We accept all  
major insurances.**

**Proven to  
reduce pain and  
improve quality  
of life.**



***Neuropathy Comfort Center  
of New England***

25 Nashua Rd., Suite E1, Londonderry, NH 03053  
**603.552.3309 • [www.happyhandshappyfeet.com](http://www.happyhandshappyfeet.com)**